

Report No. 471(55/1.0/9)

NUTRITIONAL INTAKE IN INDIA 1999-2000

NSS 55th Round
July 1999- June 2000



National Sample Survey Organisation
Ministry of Statistics & Programme Implementation
Government of India

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PREFACE

The National Sample Survey Organisation (NSSO) has been carrying out all-India household surveys on Consumer Expenditure and Employment & Unemployment with a large sample usually once in every five years. The sixth such survey was conducted in the 55th round (July 1999-June 2000) - which covered Non-agricultural Enterprises in the Informal Sector in addition. The schedule of enquiry on Consumer Expenditure for the survey was, more or less, similar to that adopted in previous quinquennial rounds.

The present report is the ninth in the series of reports through which the results on consumer expenditure survey are being released. The present report deals with the aspect of nutritional intake by the Indian population. The Report contains detailed tables on "intake of calorie, protein, fat - per diem per consumer unit" distribution of intake of nutrients over different food groups, distribution of households / persons over different calorie intake levels; number of meals taken by households during the reference period; etc.

This report is focused on nutritional intakes of the people of the country. Estimates are presented at the level of State / UT, separately for residence types - rural and urban sectors. Among the different nutrients only three nutrients - viz. calorie, protein and fat - are discussed in this report. This report gives an idea about intake of these nutrients in different monthly per capita expenditure classes from different items of food. This report also presents information on whether meals were taken at home or not, and if not, whether the meals were taken from school, balwadi, employer or consumed by purchasing while away from home.

This report has four sections and two appendices. Section 1 of the report is introductory while Section 2 presents Sample Design and Estimation Procedure. Section 3 gives Concepts and Definitions. Section 4 discusses Survey Findings. The detailed tables are provided in Appendix A while Nutrition Chart has been provided in Appendix B.

The Field Operations Division (FOD) of the Organisation conducted the fieldwork for the survey. The collected data were processed and tabulated by the Data Processing Division (DPD) of the NSSO. The Survey Design & Research Division (SDRD) of the NSSO developed the survey design and prepared the report.

I am grateful to the Chairman and members of the Governing Council, Heads of various Divisions of the NSSO and their colleagues for the contribution made in preparing the report.

Comments/suggestions from the readers will be most welcome.

New Delhi
August 2001

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NSS Report No. 471: Nutritional Intake in India, 1999-2000

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Highlights

- ❖ This report is mainly focussed on nutritional intakes of the people of the country.
- ❖ The average intake of calorie, protein and fat per consumer unit per diem was found to be 2668 kcal, 73.4 gm and 44.9 gm, respectively, in the rural areas and 2637 kcal, 71.5 gm and 60.7 gm, respectively, in the urban areas of the country.
- ❖ The average per capita per diem intake of calorie, protein and fat at the national level were 2149 kcal, 59.1 gm and 36.1 gm in the rural areas, the corresponding figures being 2156 kcal, 58.5 gm and 49.6 gm, respectively, in the urban areas.
- ❖ Out of the total calorie intake of the average Indian, 68% in the rural areas and 55% in urban areas were derived from cereals alone.
- ❖ The contribution of cereals to the average intake of protein in the country was 67% in the rural sector and 57% in the urban sector.
- ❖ In rural areas, oils and fats accounted for 7% of total calorie intake, milk and milk products accounted for 6%, pulses, nuts and oilseeds for 5% and sugar and honey for 5%. These contributions were somewhat higher in urban India – oils and fats 11%, milk and milk products 8%, pulses, nuts and oilseeds 7% and sugar and honey 6%.
- ❖ About 28% of the population and 27% of households had calorie intake level of '90-110%' compared to the norm level of 2700 kcal per consumer unit per diem.
- ❖ In rural India, average per capita calorie intake per diem seems have fallen by average 100 kcal between 1972-73 and 1999-2000; in contrast, there might have been some rise in this average in urban India during the same period.
- ❖ The average intake of protein per capita per diem appears to have decreased from 62 gm to 59 gm over the period 1972-2000 in rural areas; but in urban areas there was perhaps some increase in the same average, from 56 gm to 59 gm.

Section One

Introduction

1.1 To carry on with all life processes we need food. Food provides energy, helps in repairing damaged parts of cells and tissues and also makes new material necessary for growth and reproduction of living beings. The major components of food are: carbohydrates, proteins, fats, vitamins and minerals. These are called nutrients. It is needless to emphasize the importance of data on intake levels of nutrients of the persons of a country for understanding their general health status. The measures of nutritional intake status also indicate the availability of adequate food to the people. This report is mainly focussed on nutritional intakes of the people of the country. Estimates are presented at the level of State / UT, separately for residence types - rural and urban sectors. These are based on the data of household consumer expenditure survey¹

¹ **Household consumer expenditure survey:** It was originally the practice to collect data on household consumer expenditure in every round of NSS, starting from the very first round (1950-51). From 1972-73, according to a decision of the Governing Council of NSSO, the consumer expenditure survey became a quinquennial feature and was also integrated with the employment and unemployment survey in the sense that a common sample of households was subjected to both the enquiries. However, independent samples of households for these two surveys were canvassed during the 55th round. An annual series of consumer expenditure surveys was again launched from the 42nd round (1986-87) to fill the data gaps which planners and researchers had begun to feel. It is the larger-scale quinquennial surveys, however, which are expected to be more useful for the study of trends in the level of consumer expenditure and of the emergence of new

carried out during NSS 55th Round (July 1999 – June 2000). However, among the different nutrients only three nutrients – viz, calorie, protein and fat – are discussed in this report. This report gives an idea about intake of these nutrients in different monthly per capita expenditure classes from different items of food. The nutritional intake of a sample household has been measured by converting the quantities of the items of food consumed by the household into equivalent amounts of energy, protein and fat (see Appendix -B). This is the ninth report of the series of reports through which results of the household consumer expenditure survey of NSS 55th round are being brought out. This report also presents information on whether meals were taken at home or not, and if not, whether the meals were taken from school, balwadi, employer or consumed by purchases during absence from home.

1.2 A similar report² based on NSS 50th round was released by NSSO³ earlier.

spending patterns. So far, six quinquennial surveys of consumer expenditure have been conducted and these were conducted in the 27th, 32nd, 38th, 43rd, 50th and 55th rounds of NSS. They relate, respectively, to the years 1972-73, 1977-78, 1983, 1987-88, 1993-94 and 1999-2000.

² *Report No. 405: Nutritional Intake in India, 1993-1994*

³ **The National Sample Survey:** The NSS was set up in 1950, with the idea of having a permanent survey organisation to collect data on various facets of the

1.3 The Sample Design and Estimation Procedure adopted followed in the NSS 55th round survey is given in Section Two. Section Three presents important concepts and definitions adopted in the survey and used in this report. The survey findings on the nutritional intakes are presented in

Section Four. The detailed tables on the nutritional content of various food items are provided separately for each State, UT and all-India in Appendix A and nutritional conversion chart used for the calculation has been provided in Appendix B.

economy through nationwide sample surveys in order to assist in socio-economic planning and policy-making. The NSS is a continuing survey in the sense that it is carried out in the form of successive "rounds", each round usually of a year's duration, covering several topics of current interest in a specific survey period. At present each NSS round reaches, at the all-India level, about 12,000 to 14,000 villages and blocks in the Central sample (covered by the Central agency NSSO) and an independent sample of about 14,000 to 16,000 villages and blocks in the State sample (covered by the Governments of various States and union territories). The entire area of the country - rural and urban - is covered, with the exception of some interior areas of Nagaland and Andaman & Nicobar Islands, and Ladakh and Kargil districts of Jammu & Kashmir.

Section Two

Sample Design & Estimation procedure

2.1 Sample Design

2.1.1 **General:** A stratified sampling design was adopted for selection of the sample first-stage units (FSU's). The FSU's were villages (panchayat wards for Kerala) for rural areas and Urban Frame Survey (UFS) blocks for urban areas. The ultimate stage units (USU's) were enterprises for schedule 2.0 and households for schedule 1.0/ 10/ 10.1, which were selected by the method of circular systematic sampling with equal probability from the corresponding frame in the FSU. Large FSU's were subdivided into hamlet-groups (rural)/ sub-blocks (urban) that were grouped into two segments, and USU's were selected independently from each of these segments. For the purpose of systematic sampling, households in the frame of second stage stratum 2 were arranged by means of livelihood and land possessed classes for rural samples and by means of livelihood and MPCE classes for urban samples.

2.1.2 **Sampling frame for first stage units:**

List of villages (panchayat wards for Kerala) as per 1991 Census and latest lists of UFS blocks were respectively used for selection of rural and urban sample FSU's. For selection of sample villages from the State of Jammu & Kashmir, list of villages as per 1981 Census was used as the sampling frame. It may be mentioned that all the uninhabited villages of the country as per 1991 Census, interior villages of Nagaland situated

beyond 5 km of a bus route and inaccessible villages of Andaman & Nicobar Islands were left out of the survey coverage of the NSS 55th round.

2.1.3 **Stratification**

2.1.3.1 **Rural:** Two special strata were formed at the State/ UT level, viz.,

Stratum 1: all FSUs with population between 1 to 100, and

Stratum 2: FSUs with population more than 15,000.

[Note: The above two strata were spread across a given state and were not confined to any particular administrative division within the state.]

The above-noted strata of either type were formed if at least 50 such FSU's were there in the respective frames. Otherwise, they were merged with the general strata.

While forming general strata (consisting of FSU's other than those covered under strata 1 & 2), efforts were made to treat each district as a separate stratum. If limitation of sample size did not allow the formation of many strata, smaller districts within a particular NSS region were merged to form a stratum. Each district with rural population of 2 million or more as per 1991 Census (1.8 million or more as per 1981 Census in case of Jammu & Kashmir) was split into a number of strata.

2.1.3.2 **Urban** : Strata were formed within NSS Regions as follows:

stratum number	composition of strata by considering population of various towns as per the 1991 Census
1, 3, 5 *	'hospital area' (HA) / 'industrial area' (IA) / 'bazaar area' (BA) blocks taken together, of each single city with a population of 10 lakhs or more (there could be a maximum of 3 such cities within an NSS Region)
2, 4, 6 *	Other blocks of each single city with a population of 10 lakhs or more
7	HA or IA or BA blocks of all towns with population between 50,000 and less than 10 lakhs
8	Other blocks of all towns with population between 50,000 and less than 10 lakhs
9	HA or IA or BA blocks of all towns with population less than 50,000
10	Other blocks of all towns with population less than 50,000

* Stratum numbers 3, 4, 5 and 6 remain void if there is only one city in an NSS region with a population of 10 lakhs or more.

If sample size was not adequate for forming so many strata, all blocks of stratum 7 were merged with those of stratum 8 and all blocks of stratum 9 were merged with those of stratum 10.

2.1.4 **Sample size:** A total number of 10,384 FSU's was selected for survey in the *central sample* at all-India level (rural & urban combined) in the 55th round. For *state sample*, there was normally an equal matching. Exceptions were only for Nagaland (urban), Delhi, Goa and Maharashtra (urban) where the state sample size was higher than central sample. Sample for the whole round for each State/UT and sector (i.e., rural/ urban) was

allocated equally among the four sub-rounds. Sample FSU's for each sub-round were selected afresh in the form of two independent sub-samples. The details of allocation and survey of FSUs, households and persons were given in Statement 1.

2.1.5 Allocation of first-stage units (FSU's): State/ UT level rural sample size was allocated among the rural strata in proportion to population. State/ UT level urban sample size was first allocated among the three classes of towns (i.e., 10 lakh +, 50000 to less than 10 lakhs and less than 50000) in proportion to population. Then sample allocation for each of the three classes of towns, within an NSS region, was further allocated between two strata types consisting of – (i) HA/ IA/ BA blocks, and (ii) the rest, in proportion to total number of FSU's in the respective frames with double weightage given to the first category of blocks. Stratum level allocations for both rural and urban areas of a sub-round were made in even numbers in order to facilitate selection of FSU's in the form of two independent sub-samples. Sub-sample numbers were 1 & 2 for sub-round 1; 3 & 4 for sub-round 2; 5 & 6 for sub-round 3 and 7 & 8 for sub-round 4.

2.1.6 **Selection of first-stage units:** For each sub-round, sample FSU's from each stratum were selected in the form of 2 independent sub-samples by following circular systematic sampling with (a) probability proportional to population for all rural strata other than stratum 1, and (b) equal probability for rural stratum 1 as well as all urban strata. Thus, stratum level allocation of FSUs was a multiple of 8.

2.1.7 **Formation of hamlet-groups in large villages and number of hamlet-groups selected for survey :** Depending upon the values of approximate present population (P) and approximate total number of non-agricultural enterprises (E), decision was taken to divide the FSU into a fixed number of

hamlet-groups (hg's - the term applicable for rural samples) / sub-blocks (sb's - the term applicable for urban samples) as per the rules given below:

value of P	no. of hg's/ sb's formed in the FSU as per population criterion	value of E	no. of hg's/ sb's formed in the FSU as per enterprise criterion
(1)	(2)	(3)	(4)
less than 1200	1 @	less than 100	1 @
1200 – 1999	5	100 – 249	5
2000 – 2399	6	250 – 299	6
2400 – 2799	7	300 – 349	7
2800 – 3199	8	350 – 399	8
	(and so on)		(and so on)

@ no. of hb's/ sb's = 1 means the whole FSU is considered for listing.

[For rural areas of Himachal Pradesh, Sikkim and Poonch, Rajouri, Udhampur and Doda districts of Jammu & Kashmir, number of hg's formed in the village as per population criterion was: 1 for P < 600, 5 for P = 600 to 999, 6 for P = 1000 to 1199, 7 for P = 1200 to 1399, 8 for P = 1400 to 1599, and so on.]

The number (D) of hamlet-groups (hg)/ sub-blocks (sb) formed in the FSU was the higher of the two values as per population and enterprise criteria. If the value of P was less than 1200 (600 for certain hilly areas specified above) as well as the value of E was less than 100 for an FSU, hg/ sb formation was not resorted to and the whole FSU was considered for listing. In case hg's/ sb's were formed in the sample FSU, the same was done by more or less equalizing population.

2.1.8 Formation of segments within FSU:

The hg/ sb having maximum concentration of non-agricultural enterprises was selected with certainty for listing of households/ enterprises.

This hg/ sb was referred to as segment 1. From the remaining (D-1) hg's/ sb's of the FSU, 2 more hg's/ sb's were selected circularly systematically and these 2 selected hg's/ sb's together were referred to as segment 2 for doing a combined listing of households/ enterprises. Thus, the listing of households/ enterprises was done only in segments 1 and 2 of the FSU. The FSU not requiring hg/ sb formation was to be treated as segment 1.

2.1.9 Stratification of households : All the households listed in a segment (both rural & urban) were stratified into two second stage strata, viz., 'affluent households' (forming second stage stratum 1) and the rest (forming second stage stratum 2). In the rural sector, a maximum of ten households which were relatively affluent compared to others and possessed at least certain item(s) like motor car/ jeep, colour TV, telephone, etc. or owned land / livestock in excess of certain limits were included in second stage stratum 1. In urban sector, the households having MPCE (monthly per capita consumer expenditure) greater than a certain limit for a given town/city were treated as 'affluent' households for the present survey and were included in the frame of second stage stratum 1, and the rest of the urban households were included in the frame of second stage stratum 2.

2.1.10 Number of households/ enterprises selected for survey: The number of households/ enterprises selected for survey from each FSU in general is given below:

segment	number of households allotted for consumer expenditure schedule		
	second stage stratum (SSS)		
	1	2	total
(1)	(2)	(3)	(4)

FSU with hg/ sb formation:

1	1	3	4
2	1	7	8

FSU with no hg/ sb formation:

2.2 Estimation Procedure:

2.2.1 Approach: The estimate for a sub-round was obtained by combining the estimates of the corresponding sub-sample replicates. Similarly, an estimate for the Round was obtained by combining the four sub-round-wise estimates.

2.2.2 The following notations are being used in this section:

- a = subscript for the a-th stratum
- r = subscript for the r-th sub-sample replicate (r = 1,2,...,8)
- q = subscript for the q-th sub-round (q = 1,2,3 and 4)
- f = subscript for the f-th sampled village/ block as First Stage Unit (FSU)
- s = subscript for the s-th segment of sampled village/ block (s = 1 and 2)
- c = subscript for the c-th 2nd stage stratum of households in the sampled village/ block (c = 1,2)
- j = subscript for the j-th sampled household
- p = subscript for pooled estimate
- z = size used for selection of an FSU from the sampling frame
- Z = total of sizes in the sampling frame for the stratum

[Note: For urban sector, z=1 and Z=N which is the total number of UFS blocks (FSU's) in the frame.]

n = number of sampled FSU surveyed within a stratum and a sub-sample replicate (including zero cases but excluding

- casualty and not reported cases) and used for tabulation
- L= number of sub-sample replicates surveyed and used for tabulation
- D = number of hamlet-groups/ sub-blocks formed in rural/ urban sampled FSU
- H = total number of households listed in the appropriate frame
- h = number of sampled households surveyed and used for tabulation from the frame
- E = total number of enterprises listed in the appropriate frame
- e = number of sampled enterprises surveyed and used for tabulation from the frame
- y, x = value of characteristic y, x obtained in the sample
- \bar{y}, \bar{x} = estimated value of aggregate of characteristic y, x obtained from the sample.

2.2.3 ESTIMATES OF AGGREGATE: In the formulae given in this section, \bar{y} is the estimate of aggregate of any characteristic y for a given stratum (a), and for a particular sub-round (q) and sub-sample replicate (r). These formulae are provided for the general case of FSU's having two segments 1 and 2. For the FSU's requiring no hg/ sb formation, the formula is identical to that given for segment 1 while the contribution from segment 2 is taken as zero for estimating a characteristic of household from a given 2nd stage stratum (c) in the selection frame

Rural:
$$\hat{Y}_c = \frac{Z}{n} \sum_{f=1}^n \frac{1}{Z_f} \sum_{s=1}^2 B_{fsc} \sum_{j=1}^{h_{fsc}} y_{fscj} \quad (1)$$

Here $B_{fsc} = \frac{H_{fsc}}{h_{fsc}}$, for segment 1 (s=1)

and $B_{fsc} = \frac{D_f - 1}{2} \times \frac{H_{fsc}}{h_{fsc}}$, for segment 2 (s=2).

$$\text{Urban: } \hat{Y}_c = \frac{Z}{n} \sum_{j=1}^n \sum_{s=1}^2 B_{fsc} \sum_{j=1}^{h_{fsc}} y_{fscj} \quad \dots(2)$$

Here $B_{fsc} = \frac{H_{fsc}}{h_{fsc}}$, for segment 1 (s=1) and

$$B_{fsc} = \frac{D_f - 1}{2} \times \frac{H_{fsc}}{h_{fsc}}, \text{ for segment 2 (s=2).}$$

Note: For tabulating any characteristic from this detailed schedule $\hat{Y} = \sum_c \hat{Y}_c$ is to be used.

2.2.3.1 COMBINED ESTIMATE FROM SUB-SAMPLES:

In the previous section, the estimate of a characteristic \hat{Y} as obtained for a stratum (a), for a particular sub-round (q) and a sub-sample replicate (r), actually represent \hat{Y}_{aqr} . The combined /pooled estimate for a particular stratum and a particular sub-round is computed as the average of sub-sample replicate estimates and is given below:

$$\hat{Y}_{aq} = \frac{1}{L} \sum_{r=1}^L \hat{Y}_{aqr} \quad \dots(3)$$

2.2.3.2 ESTIMATE OF AGGREGATES FOR A SUB-ROUND AT STATE/ UT/ REGION LEVEL:

If \hat{Y}_{qr} be the State/ UT/ Region level aggregate from the r-th sub-sample replicate and q-th sub-round, and \hat{Y}_{qp} , the combined/ pooled estimate of the aggregate based on the whole sample, for a given sub-round q, then

$$\hat{Y}_{qr} = \sum_a \hat{Y}_{aqr} \quad \dots(4)$$

based on sub-sample replicate group r, and

$$\hat{Y}_{qp} = \frac{1}{L} \sum_{r=1}^L \hat{Y}_{qr} \quad \dots(5)$$

based on all sub-sample replicates.

2.2.3.3 ESTIMATES OF AGGREGATE FOR THE ROUND (i.e., taking all the 4 sub-rounds together) AT STATE/ UT/ REGION LEVEL:

The estimates of

aggregates for the whole round are computed as the simple average of the sub-round estimates derived in section 2.2.2, and are given below:

$$\hat{Y}_r = \frac{1}{4} \sum_{q=1}^4 \hat{Y}_{qr} \quad \dots(6)$$

based on sub-sample replicate 1 and 2*and

$$\hat{Y}_p = \frac{1}{4} \sum_{q=1}^4 \hat{Y}_{qp} \quad \dots(7)$$

based on whole sample.

**Note: In the Round, sub-samples 1, 3, 5 and 7 (in sub-rounds 1 to 4) are combined together to form sub-sample replicate 1 (annual) while sub-samples 2, 4, 6 & 8 (in sub-rounds 1 to 4) are combined together to form sub-sample replicate 2 (annual). This has been followed in the remaining sections also. Stratum level estimate for the Round is obtained similarly.*

2.2.4 ESTIMATES OF RATIO: If \hat{X} and \hat{Y} be the State/ UT/ Region level aggregate estimate corresponding to variables x and y, then the estimate of ratio is given below:

$$\hat{R}_r = \frac{\hat{Y}_r}{\hat{X}_r} \quad \dots(8)$$

based on sub-sample group r, and

$$\hat{R}_p = \frac{\hat{Y}_p}{\hat{X}_p} \quad \dots(9)$$

based on the whole sample.

The formulae for \hat{X} are obtained similarly by replacing \hat{Y} by \hat{X} and y by x in the above formulae stated in previous sections.

Note: Estimates for the sub-round \hat{R}_{qr} and \hat{R}_{qp} have been obtained by replacing \hat{Y}_r and \hat{Y}_p by \hat{Y}_{qr} and \hat{Y}_{qp} , respectively and \hat{X}_r and \hat{X}_p by \hat{X}_{qr} and \hat{X}_{qp} , respectively..

Statement 1: Number of sample villages/ blocks allotted and surveyed and number of sample households and persons surveyed

State/UT	no. of villages		no. of blocks		no. of households surveyed		no. of persons surveyed	
	allotted	surveyed	allotted	surveyed	rural	urban	rural	urban
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Andhra Pr.	432	432	320	320	5181	3806	22600	16524
Arunachal Pr	80	74	24	21	827	233	4314	953
Assam	296	291	72	71	3462	852	19272	3370
Bihar	624	611	192	190	7311	2279	40109	11764
Goa	16	16	24	24	192	284	944	1239
Gujarat	208	208	232	232	2479	2764	12807	12855
Haryana	96	96	64	64	1132	758	6502	3732
Himachal Pr.	144	140	80	80	1634	947	7793	3429
J & K	208	131	128	84	1472	1008	8322	5035
Karnataka	232	232	208	208	2763	2470	14154	11220
Kerala	240	240	168	168	2604	2015	12324	9115
M.P.	432	432	264	264	5144	3145	28816	16075
Maharashtra	352	352	440	440	4121	5234	20399	24172
Manipur	64	64	56	56	738	665	3997	3522
Meghalaya	80	80	32	32	933	384	4901	1673
Mizoram	40	39	72	72	428	858	2276	4169
Nagaland	40	40	24	24	480	264	2441	1102
Orissa	296	293	88	88	3477	1050	17059	4560
Punjab	184	184	160	160	2152	1883	12067	8348
Rajasthan	272	272	168	168	3229	1985	19021	10159
Sikkim	88	88	24	24	1056	288	5173	1171
Tamil Nadu	352	352	360	359	4173	4212	17338	16571
Tripura	136	86	48	40	1031	569	4853	2408
U.P.	792	791	392	391	9432	4638	57397	25051
West Bengal	384	384	288	288	4550	3432	23508	14061
A.& N. Is.	24	24	16	16	273	191	1514	788
Chandigarh	16	16	64	64	180	765	654	3105
D.&N. Haveli	16	16	8	8	192	96	914	381
Daman & Diu	16	15	16	16	180	192	821	946
Delhi	16	16	96	96	187	1081	982	4883
Lakshadweep	8	7	16	16	84	192	363	1202
Pondicherry	24	24	32	32	288	384	1222	1577
all-India	6208	6046	4176	4116	71385	48924	374856	225160

Section Three

Concepts and Definitions

3.0 The concepts and definitions followed in the sixth quinquennial survey on household consumer expenditure are more or less as the earlier rounds. The concepts and definitions of the terms used or relevant in this report are given.

3.1 Household: A group of persons normally living together and taking food from a common kitchen constitutes a household. The word 'normally' means that temporary visitors are excluded but temporary stay-aways are included. Thus, a son or daughter residing in a hostel for studies is excluded from the household of his/her parents, but a resident employee or resident domestic servant or paying guest (but not just a tenant in the house) is included in the employer/host's household. 'Living together' is usually given more importance than 'sharing food from a common kitchen' in drawing the boundaries of a household in case the two criteria are in conflict; however, in the special case of a person taking food with his family but sleeping elsewhere (say, in a shop or a different house) due to space shortage, the household formed by such a person's family members is taken to include the person also. Each inmate of a mess, hotel, boarding and lodging house, hostel, etc., is considered a single-member household except that a family living in a hotel (say) is considered to be one household only; and the same applies to residential staff of such establishments.

3.2 Household size: The size of a household is the total number of persons in the household.

3.3 Consumer unit: Consumer unit is the rate of equivalence of a normal person determined on the basis of age-sex composition of a person. It is usual to assess the calorie needs of men, women and children in terms of those of the average man by applying various coefficients to the different age and sex groups. Consumer unit of a normal male person doing sedentary work and belonging to the age group 20-39 is taken as one unit and the other coefficients are worked out on the basis of calorie requirements. To facilitate comparisons between calorie requirements of persons of different ages and sexes the conversion table shown below has been used.

Statement 2: Number of consumer units assigned to a person

age in completed years	male	female
(1)	(2)	(3)
less than 1	0.43	0.43
1-3	0.54	0.54
4-6	0.72	0.72
7-9	0.87	0.87
10-12	1.03	0.93
13-15	0.97	0.80
16-19	1.02	0.75
20-39	1.00	1.71
40-49	0.95	0.68
50-59	0.90	0.64
60-69	0.80	0.51
70+	0.70	0.50

3.3 Household consumer expenditure:

The expenditure incurred by a household on domestic consumption during the reference period is the household's consumer expenditure. The household consumer expenditure is the total of the monetary values of consumption of various groups of items, namely, (i) food, *pan* (betel leaves), tobacco, intoxicants and fuel & light, (ii) clothing and footwear and (iii) miscellaneous goods and services and durable articles.

3.4 For groups (i) and (ii), the total value of consumption is derived by aggregating the monetary value of goods actually consumed during the reference period. An item of clothing and footwear is considered to be consumed if it is brought into maiden or first use during the reference period. The consumption may be out of (a) purchases made during the reference period or earlier; (b) home grown stock; (c) receipts in exchange of goods and services; (d) any other receipt through gift, charity, borrowing; and (e) free collection. Home produce is evaluated at the ex farm or ex factory prices. For evaluating the consumption of the items of group (iii), i.e., items categorised as miscellaneous goods and services and durable goods, a different approach is followed. In this case, the expenditure made during the reference period for the purchase of goods and services is considered to be consumption.

3.5 It is pertinent to mention here that the consumer expenditure of a household on food items relates to the actual consumption by the normal resident members of the household and also by the guests, whether during ceremonies or otherwise. To avoid double counting, transfer payments like charity, loan, advance, etc., made by the household are not

considered consumption for items of groups (i) and (ii), since transfer receipts of these items have been taken into account. However, the item 'cooked meals' is an exception to the rule. Meals prepared in the household kitchen and provided to the employees and/or others would automatically get included in domestic consumption of employer (payer) household. There is a practical difficulty in estimating the quantities and values of individual items used for preparing the meals served to employees or to others. Thus, to avoid double counting, cooked meals received, as perquisites from employer household or as gift or charity are not recorded in the recipient household. As a general principle, cooked meals purchased from the market for consumption of the normal resident members and of guests and employees are recorded in the purchaser household.

3.6 This procedure of recording cooked meals served to others in the expenditure of the serving households only leads to bias-free estimates of average per capita consumption as well as total consumer expenditure. However, as the proportions of donors and recipients of free cooked meals are likely to vary in opposite directions over the expenditure classes, the nutritional intake derived from the consumer expenditure survey data may present a somewhat distorted picture. These derived nutrition intakes may get inflated for the rich (net donors) and somewhat understated for the poor (net recipients). This point has to be kept in mind while using the NSS consumer expenditure data for any studies relating to the nutritional status of households.

3.7 **Reference period:** Reference period means the period of time for which data on

consumption was collected. The reference period used for the survey was a “moving” one, varying from household to household, although it was a fixed length of period. During the 55th round of NSS, information on consumption of food, pan, tobacco & intoxicants was collected independently for two different reference periods of last 30 days and last 7 days from the same households. For items of clothing, footwear, durable goods, education and medical (institutional) expenses, data were collected for the reference period of “last 365 days” preceding the date of survey. For the remaining items, a reference period of “last 30 days” preceding the date of survey was used. However, the monthly estimates presented in this report are based on data collected for the “last 365 days” for clothing, footwear, durable goods, education and medical (institutional) expenses and for the “last 30 days” for the rest of the items.

3.8 Sector : The word “sector” is used for the rural-urban demarcation: rural and urban are the only two sectors as far as this report is concerned.

3.9 Major States : This refers to the following States of India: Andhra Pradesh, Assam, Bihar, Gujarat, Haryana, Karnataka, Kerala, Madhya Pradesh, Maharashtra, Orissa, Punjab, Rajasthan, Tamil Nadu, Uttar Pradesh and West Bengal.

3.10 Monthly per capita consumer expenditure (MPCE): For a household, this is its total consumer expenditure derived for 30 days divided by its size. A person’s MPCE is understood as that of the household to which he or she belongs.

3.11 MPCE class: The MPCE classes are normally revised during quinquennial surveys of Consumer Expenditure. Usually, 12 MPCE classes are formed from a table giving estimated cumulative percentage frequency distribution of persons by MPCE for each sector separately and also combinedly. The upper limits of these classes correspond broadly to cumulative percentages 5%, 10%, 20%, 30%, 40%, 50%, 60%, 70%, 80%, 90%, 95% and 100% - of population. The class limits obtained in this manner are given below:

sl. no.	rural (in Rs)	urban (in Rs)
1	0 – 225	0 - 300
2	225 – 255	300 - 350
3	255 – 300	350 - 425
4	300 – 340	425- 500
5	340 – 380	500 - 575
6	380 – 420	575 - 665
7	420 – 470	665 - 775
8	470 – 525	775- 915
9	525 – 615	915 - 1120
10	615 – 775	1120 - 1500
11	775 – 950	1500 - 1925
12	950+	1925+

3.12 Nutrients*: A wide range of nutrients are necessary to a person for the performance of various bodily functions and also to lead a healthy life. The nutrients include **proteins, fat, carbohydrate, vitamins and minerals.** These nutrients are chemical ingredients which are present in the food substances. The food containing these nutrients which we consume daily are classified as cereals, pulses, nuts & oilseeds, vegetables, fruits, milk & milk products and also as foods, fleshy in nature (fish, meat & poultry).

* Ref : Nutritive Value of Indian Foods by C. Gopalan et al , National Institute of Nutrition, Hyderabad (1978)

3.12.1 **Proteins, fat and carbohydrate** get oxidized in the body to yield energy, which the body needs. Although proteins provide energy, their primary function is to provide amino acids for building body proteins. Fats, particularly the vegetable oils, besides being a concentrated source of energy, provide essential fatty acids which perform functions akin to vitamins in the body. Vitamins and minerals do not supply energy but they play an important role in the regulation of the metabolic activity in the body and help in the utilization of the proximate principles.

3.12.2 **Proteins:** Proteins are the source materials needed to build and repair our body. Proteins, like carbohydrates and fats, are compounds of carbon, hydrogen and oxygen but they also contain other elements such as nitrogen and sulphur, which play an important role in many life processes. All foods except refined sugar, oil and fats contain protein to varying degrees. Some food contains high amount of protein and can be classified as protein rich food. Example of such food is animal food like meat, fish and egg and plant food like pulses, oil seeds and nuts. Milk also can be classified under this category if due allowance is made for the large amount of water in it. It contains over 20% protein. Soyabean is a very rich source of protein containing over 40% of protein. Cereals are moderate sources of protein as they contain about 10% protein. Rice contains less protein (7%) than wheat (approx. 10%) and other cereals. However, as the cereals are consumed in large quantity daily, they contribute a considerable quantity of protein to the daily intake. Leafy vegetables, fruits, roots, tubers are generally poor sources of protein as they contain less than 2% protein. The protein values were

calculated from the nitrogen contents and the factor used was 6.25 for the entire foodstuff.

3.12.3 **Fats:** Fat is an important component of diet and serves a number of functions in the body. Fats are generally insoluble in water, but soluble in organic solvents. They are members of a heterogeneous group of chemicals called Lipids. Fat is a concentrated source of energy and per unit weight it supplies more than twice the energy furnished by either protein or carbohydrate. It also imparts palatability to a diet and retards the pace of emptying the stomach. Presence of fat in the diet is important for the absorption of fat soluble vitamins like vitamin A and carotene present in the diet. Apart from these functions, some fats, particularly those derived from vegetable sources provide what is known as "essential fatty acids" (EFA) which have vitamin-like functions in body. Fats in the diet can be of two kinds, visible and invisible fat. The visible fats are those derived from animal fats like butter and ghee which are solid fats and those derived from vegetable fats like groundnut, mustard, coconut, sunflower, til which are liquid fats. The invisible fats are present in other food items like cereals, pulses, oilseeds, milk, egg, meat etc. These invisible fats are believed to contribute significantly to the total fat and essential fatty acid contents of diet depending upon the nature and quantity of foodstuff present in the diet. The values of fat relate to the total other extractives and are measured in gm.

3.12.4 **Carbohydrates:** Carbohydrates are a class of energy yielding substances which include starch, glucose, cane sugar, milk etc. Grain foods and roots and tubers are largely composed of starch, a complex carbohydrate. Food ingredients like simple sugar, namely,

cane sugar and glucose are pure carbohydrates. Glucose derived from starch and other sugar present in the diet is the main source of energy in the body. Carbohydrates derived from cereals form the chief source of energy in Indian diets.

3.13 Energy: Protein, fat and carbohydrates are mainly the energy yielding components of a diet. Proteins normally supply 10-12% of energy in most diets; energy that carbohydrate and fat contribute may vary from diet to diet. It is desirable that the energy from fat should not exceed 30% and the rest may be derived from carbohydrate (60%). Quantitative food requirements are usually estimated in terms of energy. The unit of measuring energy is calorie which is the amount of heat necessary to raise the temperature of one kg of water by 1°C from 14.5°C to 15.5°C. The calorie unit of measurement of food items is 1000 times the conventional calorie unit of energy. Hence in some studies the unit of energy - nutrient notations like "kcal" (i.e., kilo calories or 1000 calories) or simple "cal" are used. Throughout this report, however, only calories have been used to represent the unit of energy for nutrition, which is one thousand times the conventional calorie unit.

3.14 Food items by Major Groups: A classification of food commodities into 10 major food groups as in the table below has been framed. Energy intake is presented as a break-up over those 10 groups, which usually contribute towards generation of energy in the body when consumed.

Statement 3: Classification of item groups

food group no.	name of the food group	food group no.	name of the food group
(1)	(2)	(1)	(2)

I	cereals and cereal substitutes	VI	meat, eggs & fish
II	roots and tubers	VII	milk & milk products
III	sugar and honey	VIII	oils & fats
IV	pulses and nuts and oilseeds	IX	misc. food, food product & beverages
V	vegetables and fruits	X	alcoholic beverages

3.15 Meal: One or more readily eatable (generally cooked) items of food with cereal as its usual major constituent, for the purpose of consumption of a person, is termed as a meal. Energy and other nutrients for normal living and pursuit of normal vocations are provided by the meals when consumed daily once or more by a human being.

3.16 Meals taken away from home - free: The meals taken while away from home are those which are provided free by (i) employer(s) to him, (ii) schools / balwadis as mid-day meal and (iii) other households during ceremonial or other occasions, etc. to the person as guest/visitor or otherwise.

3.17 Meals taken away from home - on payment: The meals taken while away from home on payment are those which are obtained from hotels/restaurants, eating houses etc., or from office/factory canteens on payment or on credit or purchase at subsidised rate.

3.18 Milk and milk products: This group includes *ghee*, butter, curd, ice cream, etc. Milk-based sweetmeats (*pera*, *rosogolla*, etc.) come under 'beverages, refreshments and processed food' unless they are prepared from milk, sugar, etc., within the household. In

the latter case, consumption of milk, sugar, etc., is accounted separately instead of as a single item under 'milk products'.

3.19 Cereal substitutes: Normally, cereals are a major constituent of a person's staple diet. But at times by choice or due to reasons of scarcity, some people may not opt for much of cereals or any cereal at all. Then the cereal requirement may be made up by such consumption as of tapioca, mahua, and jackfruit seeds etc., which are cereal substitutes. However, potato or sweet potato consumed as substitute of cereals are considered as root-vegetables and not as cereal substitutes.

3.20 "Norm" Level of Calorie Intake: The requirement of calorie of a person in terms of age and sex used in this report ignores the variation due to the factors like body weight, nature of work, state of health, etc. although the requirement is not a fixed amount in reality but a variable depending upon all these factors. Nutritionists, attempting to assess calorie requirements per consumer unit, differ in their approaches to the problem - some specifying calorie requirement as function of body weight while others assign requirements depending on nature of work (sedentary / moderate / heavy). From the 26th round, the NSS has been using a level of 2700 kcal per consumer unit per diem as a standard

measure of actual intake. This level is referred to and reported as the "norm" level of calorie intake for both rural and urban areas in this report. Estimates of calorie intake per consumer unit per day expressed as percentages of this "norm" level for different categories of persons are presented side by side for showing the existing situation at different levels. The eight PCU calorie intake levels created for presenting the estimates in this report are:

1. less than 70
2. 70 – 80
3. 80 – 90
4. 90 – 100
5. 100 – 110
6. 110 – 120
7. 120 – 150
8. 150 & above.

Section Four

Survey Findings

4.0 Data on household consumer expenditure help in the generation of different kinds of indicators that are helpful in assessing the living standards of different sections, groups or classes of the population and the population in different States of the country. One such indicator is the level of nutritional intake. In this section, an attempt is made to study the level and pattern of the intake of three nutrients, viz., protein, fat and calorie. The estimates are presented separately for rural and urban areas of States, UTs and all-India. However, the statements in the text and discussions based on them are restricted to only the major States. Distribution of households and persons by calorie intake levels separately by MPCE class are discussed at State and all-India level. The number of meals consumed at home or consumed outside with or without payment is also presented in this report. Finally, the results of this round have been compared with those of earlier rounds of NSS for examination of time trend, if any.

The detailed tables in respect of all the States, Union Territories and all-India are presented in Appendix.

4.1 Nutritional intakes: variation over MPCE classes

4.1.1 Statement 1 shows per capita and per consumer unit intake of calorie, protein and fat per diem by MPCE class, along with percentage of total expenditure, spent on food and average monthly per capita expenditure separately for rural and urban areas of the

country. The overall averages of intake of calorie, protein and fat per consumer unit per diem were found to be 2668 kcal, 73.4 gm and 44.9 gm, respectively, in the rural areas and 2637 kcal, 71.5 gm and 60.7 gm, respectively, in the urban areas of the country. The statement also reveals the patterns mentioned in the next paragraph.

4.1.2 Although the percentage of total expenditure spent on food is a decreasing function of MPCE, actual food expenditure per capita rises over the MPCE classes and the per capita or per consumer unit per diem intake of each of the three nutrients under study – calorie, protein and fat – is an increasing function of MPCE. All the intake levels were very low for persons belonging to the lower MPCE classes and quite high for the persons belonging to the higher MPCE classes.

4.1.3 Figures 1, 2 and 3 depict the rise in average intake of calorie, protein and fat, per consumer unit per diem with increase in MPCE for India as a whole. However, each graph shows the rural and urban patterns for the chosen nutrient separately. As the sample sizes are fairly large, even for the highest MPCE classes, the points in these figures may be taken as fairly reliable.

4.1.4 Figure 1 shows surprising agreement between rural and urban patterns except at the very top. This means that over the greater part of the range, average calorie intake is roughly equal for rural and urban households at the same level of MPCE. In both sectors,

the average intake rises from about 1750 to 3500 or even more, as average MPCE increases from the lowest to the highest level. Note that the overall (all MPCE classes) average is roughly equal for the two sectors, because the urban average of MPCE is higher.

4.1.5 While the overall (all MPCE class) average of intake of protein is nearly equal for rural and urban India., Figure 2 shows that average protein intake tended to be somewhat higher for rural households compared to urban households at the same level of MPCE, except for MPCE levels below Rs 700, approximately. This difference may be largely due to higher levels of cereal consumption by rural households.

4.1.6 Figure 3 shows that the average intake of fat was consistently higher for urban households than for rural households at any given level of MPCE, at all levels of MPCE. The overall average is also considerably higher for urban India.

In terms of engel elasticities of demand, demand for calorie shows the lowest engel elasticity while that for fat shows the highest engel elasticity.

4.1.7 Theoretically, one may argue that intake per consumer unit is a more suitable basis for comparison than per capita intake of nutrients per diem. But, the measure 'per consumer unit intake of nutrients per diem' gives the same picture as the measure 'per capita intake of nutrients per diem'. The per capita per diem intake of calorie, protein and fat at the national level were 2149 kcal, 59.1 gm and 36.1 gm in the rural areas; whereas these averages were 2156 kcal, 58.5 gm and 49.6 gm, respectively, in the urban areas.

4.2 Nutritional Intakes: Inter-state variation: Statement 2 shows per capita and per consumer unit intake of calorie, protein and fat per diem separately for the rural and urban population of each major State and all-India. It is observed that, inter-State variation in the average level of intake of calorie, protein and fat was much more in rural sector than in urban sector. States where the average intake of calorie per consumer unit per diem was relatively high among the major States were: Haryana (3029 kcal), Rajasthan (3029 kcal) and Punjab (2955 kcal) in the rural areas and Rajasthan (2869 kcal) and Orissa (2802 kcal) in the urban areas. On the other hand, Tamil Nadu (2265 kcal) and Assam (2342 kcal) in the rural areas and Maharashtra (2484 kcal), Karnataka (2494 kcal) and Kerala (2498 kcal) in the urban areas were found to have much lower average intake of calorie than the national average.

4.3 Variation in intake of calorie and protein over MPCE classes

4.3.1 Statement 3 shows the percentage intake of calorie and protein from different groups of food items by MPCE class at all-India level. It is observed that the major part of calorie or protein was derived from the cereals. On the whole, considering all the MPCE classes together, out of the total calorie intake 68% in the rural areas and 55% in urban areas were derived from cereals alone.

4.3.2 The contribution to total calorie intake from cereal substitutes was very low. Therefore, the share of it did not matter much although the variation over MPCE classes was significant.

4.3.3 The percentage contribution of cereals to the average intake of protein in the country was 67% in the rural sector and 57% in the

urban sector. These proportions declined progressively with the rise of monthly per capita expenditure level, both in rural and urban areas. However, the percentage of total intake of protein derived from other types of food groups, especially milk & milk products showed an opposite trend, i.e., the proportions increased with the rise of per capita expenditure for both the rural and urban sectors.

4.3.4 Protein as a nutrient was derived mostly from cereals. Pulses as a source of protein came next to the cereals, followed by milk & milk products and egg, fish and meat in both rural and urban India. But this ranking was different for households in different MPCE classes.

4.3.5 The percentage of total intake of calorie and protein obtained from different groups of food items is shown in Statement 4 separately for rural and urban sectors of the major States.

4.3.6 In the rural areas, the people of Orissa (82%) derived the highest percentage of calorie from cereals followed by Assam (76%), West Bengal (74%) and Bihar (74%). On the other hand, people of Punjab (51%), Haryana (53%), Gujarat (57%) and Kerala (57%) reported lower percentages of calorie derived from cereals.

4.3.7 So far as the urban sector is concerned, people of Orissa (72%), Bihar (67%) and Assam (65%) were found to have much higher percentage of calorie intake derived from cereals compared to the Indian average (55%) whereas the people of Gujarat (46%), Punjab (48%) and Haryana (49%) reported much lower percentages of total calorie intake obtained from cereals.

4.3.8 Columns (5) to (8) of Statement 4 give the percentage of total intake of protein derived from four major food groups, viz., cereals, pulses, milk & milk products and egg, fish and meat. For all the States, cereals were the primary source of protein in both rural and urban areas. In the rural areas, pulses were the next major source of protein following cereals for Andhra Pradesh, Bihar, Karnataka, Madhya Pradesh, Maharashtra, Orissa, Tamil Nadu and Uttar Pradesh, whereas it was the major group milk and milk products which was second to cereals in this respect for Gujarat, Haryana, Punjab and Rajasthan. For the people of rural areas of Kerala, Assam and West Bengal, especially for Kerala, the major group egg, fish and meat was the source contributing most towards total protein intake next to cereals. However, the percentage contributions of egg, fish and meat was only 9% for Assam and West Bengal.

4.3.9 The picture was somewhat different in case of urban areas so far as the shares in the total intake of protein of the three food groups – pulses, milk and milk products and egg, fish and meat - other than cereals is concerned. Among the States, Tamil Nadu (15%), Punjab (21%) and Kerala (22%) had the highest percentage of total intake of protein from pulses, from milk and milk products and from egg, fish and meat, respectively.

4.4 Distribution of total calorie intake over different food groups

4.4.1 Statements 5R and 5U show the distribution of total calorie intake over nine different food groups. The group number assigned to an item has been provided in Appendix B and the corresponding item group(s) have been indicated in Section Three.

4.4.2 So far as calorie intake is concerned, the major source of energy in all the major States in both the sectors, was cereals. Groups coming next in percentage terms to cereals were oils & fats (food group VIII) followed by milk & milk products (food group VII), pulses, nuts and oilseeds (food group IV) and sugar and honey (food group III) in both the rural and urban areas of the country.

4.4.3 In rural areas, only around 32% of total calorie intake was accounted by items other than cereals. Out of this 32%, oils and fats (food group VIII – 7%), milk and milk products (food group VI – 6%), pulses, nuts & oilseeds (food group IV – 5%), and sugar and honey (food group III – 5%) contributed significant proportions to the total intake of calorie. In urban areas also, the picture is the same; only the proportions of calorie intake from non-cereals was relatively high (45%) and the contributions to total calorie intake from the four groups mentioned were also somewhat higher.

4.5 Variation over calorie intake level for MPCE classes: households

4.5.1 The calorie intake figures have been expressed as percentages of a 'norm' requirement of 2700 kcal per consumer unit per diem (hereinafter termed PCUPD). Eight intake levels of calorie per consumer unit per diem have been formed. In the distributions of persons and households by calorie intake per consumer unit per diem, the calorie intake level is presented not in terms of 'calorie per consumer unit per diem' but in terms of 'percent of norm'. In Statements 6, 7 (R & U), 8, 9 and 10 (R&U), the calorie intake level 'X – Y' means a range of calorie intake per consumer unit per diem from X % of 2700 kcal to Y % of 2700 kcal.

4.5.2 Statement 6 shows the distribution of households by calorie intake level for each MPCE class for rural as well as urban areas at the national level. Accordingly, the households with lower calorie intake level tend to be clustered in the lower MPCE classes and the households with higher calorie intake level are concentrated in the upper MPCE classes; and this observation holds true for both the sectors.

4.5.3 Statement 7 shows the distribution of households by calorie intake level for each major State and all-India, separately for rural and urban areas. The corresponding distributions for persons are shown in Statement 9. Statement 7 shows that the proportion of rural households having calorie intake level 'less than 90%' of requirement was relatively high in States like Assam and Tamil Nadu and relatively low in Rajasthan, Punjab and Haryana. In these three States, i.e., Rajasthan, Punjab and Haryana, the proportion of rural households having calorie intake level 150% or more of requirement was comparatively high. The same Statement shows that the proportion of urban households having calorie intake level 'less than 90%' of requirement was the highest in Tamil Nadu and the lowest in Rajasthan. The proportion of urban households having calorie intake level above 150% was more than 10% only in Rajasthan and Kerala.

4.6 Variation over calorie intake level for MPCE classes: persons

4.6.1 Statement 8 gives distribution of persons by calorie intake level separately for different MPCE classes for rural and urban sectors at all-India level. The pattern emerging from the statement is almost similar to that for households (vide Statement 6).

4.6.1 Statement 10 shows per 1000 distribution of households and persons by calorie intake level for each MPCE class in both the sectors of the country.

4.6.2 It is observed from the statement that 41% of the rural households which accounted for 45% of the rural population had an intake of “less than 90%” of the required level of 2700 kcal per consumer unit per diem. In urban areas also 41% of households had an intake level of ‘less than 90%’ of the required norm (2700 kcal) but the corresponding percentage of population was relatively high (48%) compared to rural areas. From this, one may conclude that average household size of the persons taking 90% or less of required calorie norm was higher than the rest of the population, especially in the urban sector.

4.6.3 About 27% of the population and 28% of households had calorie intake level of ‘90-110%’ of the required calorie norm (2700 kcal \pm 10% fluctuation). As expected, proportion of households and population having calorie intake level of ‘less than 90%’ decreased over increasing MPCE classes. A reverse picture is observed for the calorie intake level of 110% & above. These patterns are observed for both the sectors (rural and urban).

4.7 Number of meals consumed per household at home, away from home – free / on payment

4.7.1 Statement 11 gives average household size and the average number of meals taken per household for each major State and all-India, separately for rural and urban areas for NSS 50th and 55th rounds. Meals are shown under three categories, viz., taken at home, taken away from home but free and taken away from home on payment.

4.7.2 It is observed that the average number of meals consumed per household during the reference period of the ‘last 30 days’ preceding the date of survey was 365 and 311 in rural and urban areas, respectively, at all-India level. It means that the average number of meals consumed per day per person was 2.41 in rural areas and 2.28 in urban areas. Thus, the number of meals consumed on an average per person per day was marginally higher in rural areas compared to urban areas. The number of meals taken away from home free i.e., without any payment, by Indian households was only 6 in both rural and urban areas. However, the figures corresponding to different major States varied from 2 to 16 in rural areas and 2 to 13 in urban areas. In both rural and urban areas, the figures were high only for Kerala and Tamil Nadu.

4.7.3 Regarding taking meals away from home on payment, the average number of meals consumed per household was negligible at the national level. It ranged between 1 to 6 in rural areas and 1 to 11 in urban areas of major States. At the national level, the average was 1 per household in rural areas and 3 per household in urban areas. However, one point may be noted: the States which consumed more meals per household without any payment also tended to consume more meals per household on payment. In particular, Kerala (urban) shows the highest average number of meals (11) taken away from home on payment.

4.7.4 While comparing the figures for number of meals between 50th (1993-94) and 55th (1999-2000) rounds it is observed that the average number of meals consumed per household has slightly increased from 1993-94 to 1999-2000. In rural areas, the average number of meals per person per day was 2.38 in 1993-94 against 2.41 in 1999-2000

and in urban areas, the number of meals per person per day was 2.24 in 1993-94 while it became 2.28 in 1999-2000.

4.7.5 Statement 12 shows the average number of meals consumed per person by sex at home and elsewhere on payment. It does not show any significant gender disparity. The difference in the average number of meals consumed per person at home was only one meal in 30 days favouring females. The difference in the number of meals taken away from home was also only 1, but this difference favoured males. Overall, there was no gender bias in the average number of meals consumed per day, although there was a little bias in taking meals away from home.

4.8 Comparison of per capita intake of Nutrients over NSS rounds (NSS 27th, 38th, 50th and 55th rounds)

4.8.1 Statement 13 shows the average per capita per diem intake of calorie, protein and fat for the major States and all-India for some quinquennial surveys of consumer expenditure – for which the estimates are available - for both the rural and urban sectors. Columns (2), (3), (4) and (5) show the average intake of calorie during 1972-73, 1983, 1993-94 and 1999-2000, which seem to indicate that at the national level, the intake of calorie decreased over the four surveys, dropping by about 117 kcal per capita per diem during 1972 – 2000 in rural areas. However, during the same period in urban areas, the corresponding averages did not show any clear tendency to rise or fall; the average for 55th round was higher by 49 kcal per capita per diem than the average for the 27th round. The Statewise averages generally showed fluctuations without any clear trend. There were States where the estimates sometimes increased over the period and sometimes decreased. Among the 15 major States, the

per capita intake of calories appears to have increased over 1972-2000 in rural areas of Kerala, Orissa and West Bengal and in urban areas of Kerala, Tamil Nadu, and West Bengal. Kerala was the only State where these estimates increased considerably over the NSS rounds.

4.8.2 Per capita per diem intake of protein has been compared under columns (6), (7), (8) and (9) of Statement 13. It appears that for rural India, as a whole, the average intake of protein per capita per diem fell slightly from 62 gm to 59 gm over the period 1972-2000 while there was a small increase in this average from 56 gm to 58.5 gm in urban India. In the major States the pattern was not the same. There was considerable drop in the average intake in rural areas of Assam, Bihar, Gujarat, Haryana, Madhya Pradesh, Punjab, Tamil Nadu and Uttar Pradesh and in urban areas of Haryana and Punjab. On the other hand, the average intake of protein per capita per diem showed rising trend in rural areas of Kerala, and in urban areas of Karnataka, Kerala and Tamil Nadu.

4.8.3 So far as the intake of fat over successive NSS rounds is concerned, one finds a very different picture: the average per capita intake per diem increased over the rounds in all the major States and for all-India for both rural and urban areas. The increase was a monotonic function over time in almost all the States in both rural and urban areas. The rise in the average intake was considerable in absolute as well as relative terms.

4.8.4 Statement 14 shows per thousand distribution of *households* by calorie intake level in both rural and urban sectors for each of the 15 major States and all-India for NSS 38th, 50th and 55th rounds. In this statement the calorie intake levels have been classified

into three major groups, viz. (i) norm level of calorie intake, with $\pm 10\%$ fluctuation (90% to 110% of 2700 kcal), (ii) below norm (less than 90%) and (iii) above norm (110% & above).

4.8.5 Comparing figures for rounds 50 and 55, it is observed that the proportion of households belonging to the calorie intake level within $\pm 10\%$ of norm was almost the same in rural areas at national level while there was a one percentage point increase in urban India. However, the proportion of such households was somewhat lower in round 38 in both rural and urban India. As regards households taking calorie 90% or less of the requirement, the proportion of such households in the rural areas has increased and the same for urban areas has decreased for most of the major States during the period 1983-2000.

4.8.6 Statement 15 shows per 1000 distribution of *persons* by calorie intake level (levels are the same as in Statement 14) for major States and all-India, separately

for rural and urban areas. The pattern is similar to that for *households* shown in Statement 14.

4.9 Some results have been presented graphically in Figures 1 to 12 to highlight the findings of this report.

Statement 1: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food and average monthly per capita expenditure, by MPCE class

all-India

MPCE class (Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			average monthly per capita expenditure (Rs)
		calorie (kcal)	protein (gm)	fat (gm)	calorie (kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)

Rural

0-225	67	1383	36.3	14.7	1755	46.1	18.7	190.98
225-255	67	1609	43.2	16.9	2023	54.3	21.2	241.82
255-300	66	1733	47.1	20.8	2173	59.0	26.1	278.69
300-340	65	1868	50.6	24.2	2330	63.1	30.2	321.04
340-380	65	1957	53.6	26.4	2433	66.7	32.8	360.83
380-420	64	2054	56.3	29.4	2548	69.9	36.5	399.90
420-470	63	2173	59.6	36.1	2698	74.0	44.8	445.49
470-525	62	2289	63.0	39.9	2834	78.0	49.4	496.74
525-615	60	2403	66.1	45.8	2967	81.7	56.5	566.62
615-775	58	2581	72.8	52.8	3177	89.6	65.0	686.00
775-950	55	2735	76.9	60.8	3355	94.3	74.6	851.58
950-more	46	3178	88.8	80.8	3893	108.8	99.0	1344.76
all classes	59	2149	59.1	36.1	2668	73.4	44.9	486.16

Urban

0-300	64	1398	38.8	18.6	1745	48.4	23.3	255.77
300-350	64	1654	46.4	24.3	2047	57.4	30.1	327.13
350-425	62	1729	47.4	27.6	2143	58.8	34.2	389.14
425-500	60	1912	51.9	36.4	2359	64.0	44.8	463.92
500-575	58	1968	54.0	39.9	2417	66.3	49.0	537.22
575-665	56	2091	56.8	46.2	2557	69.4	56.5	618.61
665-775	54	2187	59.6	51.9	2665	72.6	63.3	718.67
775-915	52	2297	61.9	54.4	2788	75.1	66.0	840.53
915-1120	49	2467	65.0	63.2	2990	78.8	76.6	1009.67
1120-1500	45	2536	68.9	68.8	3063	83.2	83.1	1286.19
1500-1925	41	2736	73.0	80.9	3309	88.3	97.8	1692.16
1925-more	32	2938	80.1	91.5	3578	97.5	111.5	3074.27
all classes	48	2156	58.5	49.6	2637	71.5	60.7	854.92

Statement 2: Per capita and per consumer unit intake of calorie, protein and fat per diem, by major states

state	per capita per diem intake of			per consumer unit per diem intake of		
	calorie (kcal)	protein (gm)	fat (gm)	calorie (kcal)	protein (gm)	fat (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)
Rural						
Andhra Pradesh	2021	49.4	29.5	2503	61.2	36.5
Assam	1915	47.7	22.3	2342	58.3	27.2
Bihar	2121	58.7	26.5	2638	73.0	33.0
Gujarat	1986	54.2	53.8	2460	67.1	66.7
Haryana	2455	75.3	59.1	3029	92.9	72.9
Karnataka	2028	54.2	36.6	2508	67.1	45.3
Kerala	1982	52.4	38.8	2489	65.8	48.7
Madhya Pradesh	2062	58.2	31.3	2560	72.3	38.8
Maharashtra	2012	56.5	39.7	2500	70.2	49.3
Orissa	2119	49.9	16.3	2635	62.1	20.2
Punjab	2381	71.7	58.7	2955	88.9	72.9
Rajasthan	2425	76.9	53.5	3029	96.1	66.8
Tamil Nadu	1826	44.9	29.5	2265	55.7	36.6
Uttar Pradesh	2327	69.7	37.6	2918	87.5	47.1
West Bengal	2095	51.6	24.2	2573	63.4	29.7
all-India	2149	59.1	36.1	2668	73.4	44.9
Urban						
Andhra Pradesh	2052	50.8	41.5	2508	62.0	50.7
Assam	2174	56.5	38.7	2630	68.3	46.8
Bihar	2171	61.0	34.2	2645	74.4	41.7
Gujarat	2058	54.7	67.0	2518	66.9	82.0
Haryana	2172	62.5	56.3	2665	76.7	69.1
Karnataka	2046	53.5	45.1	2494	65.2	54.9
Kerala	1995	55.2	42.9	2498	69.1	53.7
Madhya Pradesh	2132	60.6	43.5	2604	74.1	53.2
Maharashtra	2039	55.9	52.6	2484	68.1	64.1
Orissa	2298	57.8	27.4	2802	70.5	33.4
Punjab	2197	64.8	57.9	2667	78.7	70.3
Rajasthan	2335	70.4	61.5	2869	86.5	75.5
Tamil Nadu	2030	51.7	43.2	2509	63.9	53.4
Uttar Pradesh	2131	62.0	45.5	2610	76.0	55.8
West Bengal	2134	55.5	40.2	2597	67.6	48.9
all-India	2156	58.5	49.6	2637	71.5	60.7

Statement 3: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class

all-India

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses*	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)

Rural

0-225	80.85	0.09	81.04	8.31	1.64	2.01	2547
225-255	79.22	0.31	78.86	9.21	2.25	2.22	2451
255-300	76.74	0.05	76.07	9.90	3.26	3.31	5147
300-340	75.13	0.07	74.81	9.86	4.54	2.96	5588
340-380	73.36	0.06	72.29	10.35	6.28	3.35	5892
380-420	71.65	0.09	70.82	10.31	6.45	4.40	5895
420-470	68.37	0.11	68.44	10.75	8.17	3.82	6783
470-525	66.54	0.12	67.03	10.78	10.01	3.97	6635
525-615	63.77	0.14	64.30	11.61	11.01	4.14	8253
615-775	60.32	0.25	60.32	12.73	13.65	4.74	9383
775-950	57.12	0.35	57.72	12.04	15.89	5.29	5337
950-more	50.82	0.35	52.21	11.93	18.88	6.28	7474
all classes	67.55	0.16	67.43	10.91	9.19	4.04	71385

Urban

0-300	73.59	0.03	74.84	9.86	4.48	3.50	1585
300-350	70.16	0.06	70.99	10.09	5.07	3.98	1586
350-425	67.79	0.07	69.18	10.84	6.84	4.73	3290
425-500	64.21	0.08	65.76	12.21	7.91	5.16	3886
500-575	61.58	0.06	62.99	12.82	9.19	5.42	3926
575-665	58.88	0.10	61.11	12.94	10.91	5.80	4374
665-775	55.72	0.11	57.36	14.51	12.41	5.99	4785
775-915	52.80	0.09	55.35	13.31	13.13	6.08	5150
915-1120	48.43	0.12	51.52	13.37	15.24	6.22	5677
1120-1500	47.09	0.10	48.57	14.88	16.16	6.55	6651
1500-1925	41.17	0.10	43.70	14.13	19.35	6.62	3901
1925-more	37.25	0.09	38.92	13.96	21.11	9.79	4113
all classes	55.05	0.09	57.03	13.10	12.43	5.98	48924

* pulses are inclusive of gram and gram products

Statement 4: Percentage of total intake of calorie and protein obtained from different groups of food items by major states

all-India

state	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses*	milk & milk products	egg, fish & meat	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Rural							
Andhra Pradesh	72.06	0.01	65.58	11.17	8.00	6.80	5181
Assam	75.91	0.01	68.24	8.94	3.90	9.22	3462
Bihar	74.29	0.04	73.17	10.57	5.77	2.38	7311
Gujarat	56.69	0.01	64.44	12.90	13.55	1.13	2479
Haryana	52.56	0.00	58.47	10.29	25.12	0.68	1132
Karnataka	64.88	0.01	61.48	13.90	9.85	4.70	2763
Kerala	57.42	3.37	49.66	7.94	7.81	20.81	2604
Madhya Pradesh	71.64	0.06	74.10	11.56	6.36	1.27	5144
Maharashtra	63.84	0.46	66.54	13.37	7.09	2.97	4121
Orissa	81.85	0.06	77.26	7.20	2.49	4.33	3477
Punjab	50.50	0.00	57.83	11.34	22.21	1.02	2152
Rajasthan	65.30	0.00	70.66	6.58	17.18	0.88	3229
Tamil Nadu	67.12	0.20	60.36	13.92	7.39	7.37	4173
Uttar Pradesh	66.73	0.02	68.86	11.52	9.24	2.33	9432
West Bengal	74.43	0.00	68.96	7.47	3.78	9.30	4550
all-India	67.55	0.16	67.43	10.91	9.19	4.04	71385

Urban

Andhra Pradesh	61.40	0.00	56.40	13.04	12.23	6.50	3806
Assam	64.59	0.00	57.15	10.95	10.43	11.29	852
Bihar	66.94	0.00	66.97	11.89	7.87	3.82	2279
Gujarat	46.43	0.05	55.24	14.33	16.86	2.17	2764
Haryana	48.88	0.00	57.15	12.54	20.22	1.33	758
Karnataka	56.98	0.01	53.87	14.64	13.27	6.97	2470
Kerala	53.22	1.57	44.88	9.56	9.56	22.25	2015
Madhya Pradesh	59.23	0.03	64.53	12.52	10.05	2.47	3145
Maharashtra	52.12	0.24	56.10	13.78	11.77	6.10	5234
Orissa	72.47	0.00	68.10	9.80	5.57	6.07	1050
Punjab	47.56	0.00	54.33	13.79	20.54	1.82	1883
Rajasthan	56.02	0.01	64.45	10.72	15.38	1.48	1985
Tamil Nadu	54.71	0.02	48.97	14.95	12.99	8.84	4212
Uttar Pradesh	57.40	0.00	62.29	12.08	11.76	3.69	4638
West Bengal	59.74	0.01	57.42	8.81	7.69	13.09	3432
all-India	55.05	0.09	57.03	13.10	12.43	5.98	48924

* pulses are inclusive of gram and gram products

Statement 5R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein, and fat per consumer unit per diem for the rural sector of each major state

State	average no. of consumer units per hh	% of total calorie intake obtained from food group										av. intake per consumer unit per diem		
		I (cereals)	II (roots & fibres)	III (sugar & honey)	IV (pulses, nuts & oilseeds)	V (veg. & fruits)	VI (meat, egg & fish)	VII (milk & milk prod.)	VIII (oils & fats)	IX (misc. food & prod.)	total	calorie (Kcal)	protein (gm)	fat (gm)
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
Andhra Pradesh	3.31	72.06	1.12	3.21	5.12	1.94	1.13	4.84	6.92	3.66	100.00	2503	61.2	36.5
Assam	4.48	75.91	2.73	3.18	3.62	2.35	1.62	2.28	5.62	2.69	100.00	2342	58.3	27.2
Bihar	4.26	74.29	5.02	2.72	4.50	1.95	0.46	3.91	5.71	1.43	100.00	2638	73.0	33.0
Gujarat	4.01	56.69	2.53	7.71	5.95	1.94	0.21	9.20	13.53	2.24	100.00	2460	67.1	66.7
Haryana	4.51	52.56	2.73	10.83	4.96	1.84	0.13	19.03	6.58	1.34	100.00	3029	92.9	72.9
Karnataka	3.95	64.88	1.16	5.66	8.56	2.44	0.86	6.36	6.70	3.38	100.00	2508	67.1	45.3
Kerala	3.63	57.42	4.51	5.70	8.90	2.46	4.02	5.11	6.39	5.49	100.00	2489	65.8	48.7
Madhya Pradesh	4.30	71.64	2.44	5.26	5.25	1.64	0.24	4.46	7.19	1.89	100.00	2560	72.3	38.8
Maharashtra	3.81	63.84	1.87	7.07	8.34	1.91	0.59	4.84	8.89	2.65	100.00	2500	70.2	49.3
Orissa	3.72	81.85	3.51	2.46	2.98	1.75	0.72	1.34	3.74	1.64	100.00	2635	62.1	20.2
Punjab	4.39	50.50	3.05	11.24	5.48	2.17	0.23	16.58	8.29	2.45	100.00	2955	88.9	72.9
Rajasthan	4.58	65.30	1.49	6.34	3.54	1.31	0.17	13.41	6.46	1.98	100.00	3029	96.1	66.8
Tamil Nadu	3.25	67.12	1.65	3.88	7.49	2.10	1.26	4.48	7.08	4.94	100.00	2265	55.7	36.6
Uttar Pradesh	4.58	66.73	4.62	5.38	5.85	1.97	0.44	6.69	6.67	1.65	100.00	2918	87.5	47.1
West Bengal	4.15	74.43	5.32	2.97	2.76	2.19	1.75	2.25	6.52	1.82	100.00	2573	63.4	29.7
all-India	4.05	67.55	3.25	5.14	5.46	1.97	0.77	6.17	7.37	2.32	100.00	2668	73.4	44.9

Statement 5U: Percentage of total calorie obtained from different food groups, along with average intake of calorie, protein, and fat per consumer unit per diem for the urban sector of each major state

State	average no. of consumer units per hh	% of total calorie intake obtained from food group										av. intake per consumer unit per diem		
		I (cereals)	II (roots & fibres)	III (sugar & honey)	IV (pulses, nuts & oilseeds)	V (veg. & fruits)	VI (meat, egg & fish)	VII (milk & milk prod.)	VIII (oils & fats)	IX (misc. food & prod.)	total	calorie (Kcal)	protein (gm)	fat (gm)
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
Andhra Pradesh	3.44	61.40	1.40	4.30	7.49	2.61	1.08	7.41	9.03	5.28	100.00	2508	62.0	50.7
Assam	3.38	64.59	2.59	3.87	4.39	2.69	2.12	5.84	9.38	4.51	100.00	2630	68.3	46.8
Bihar	4.20	66.94	4.72	4.08	5.39	2.54	0.74	5.39	7.48	2.72	100.00	2645	74.4	41.7
Gujarat	3.67	46.43	2.43	7.43	6.96	2.94	0.39	10.94	18.31	4.17	100.00	2518	66.9	82.0
Haryana	3.79	48.88	3.01	9.06	5.97	2.78	0.27	14.33	10.96	4.73	100.00	2665	76.7	69.1
Karnataka	3.65	56.98	1.42	6.24	8.39	2.63	1.23	8.56	9.23	5.33	100.00	2494	65.2	54.9
Kerala	3.50	53.22	2.71	5.82	9.63	2.57	4.46	6.37	7.08	8.15	100.00	2498	69.1	53.7
Madhya Pradesh	4.15	59.23	2.77	6.36	6.25	2.87	0.49	6.99	10.00	5.03	100.00	2604	74.1	53.2
Maharashtra	3.73	52.12	2.09	7.45	8.39	3.00	1.12	7.95	12.87	5.02	100.00	2484	68.1	64.1
Orissa	3.59	72.47	3.82	3.81	4.33	2.48	1.10	3.26	5.71	3.02	100.00	2802	70.5	33.4
Punjab	3.51	47.56	3.50	9.77	6.58	2.95	0.40	15.01	10.69	3.53	100.00	2667	78.7	70.3
Rajasthan	4.15	56.02	1.91	6.56	6.27	2.89	0.29	11.46	11.61	2.99	100.00	2869	86.5	75.5
Tamil Nadu	3.14	54.71	1.80	4.88	8.03	3.08	1.58	8.08	9.05	8.80	100.00	2509	63.9	53.4
Uttar Pradesh	4.15	57.40	4.60	6.57	5.98	3.18	0.67	8.41	10.21	2.98	100.00	2610	76.0	55.8
West Bengal	3.36	59.74	5.63	4.23	3.52	3.18	2.58	4.70	10.78	5.65	100.00	2597	67.6	48.9
all-India	3.70	55.05	2.90	6.15	6.86	2.94	1.12	8.23	11.24	5.52	100.00	2637	71.5	60.7

Statement 6: Per 1000 distribution of households by calorie intake levels for each MPCE class

all- India

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)

Rural

0-225	654	177	98	44	13	7	3	3	1000	2547
225-255	416	239	185	93	40	16	9	3	1000	2451
255-300	311	231	200	134	66	28	23	7	1000	5147
300-340	182	207	231	173	104	48	43	11	1000	5588
340-380	145	181	225	179	127	69	61	14	1000	5892
380-420	96	153	190	199	149	94	96	23	1000	5895
420-470	71	115	170	200	161	110	131	42	1000	6783
470-525	53	90	150	176	171	127	173	60	1000	6635
525-615	37	72	130	156	161	134	222	88	1000	8253
615-775	27	46	88	134	145	141	274	145	1000	9383
775-950	19	34	61	110	126	126	295	230	1000	5337
950-more	23	16	44	69	90	107	271	381	1000	7474
all classes	134	124	151	149	124	92	143	82	1000	71385

Urban

0-300	660	173	90	41	17	7	10	3	1000	1585
300-350	417	232	177	88	34	20	17	14	1000	1586
350-425	320	234	192	124	60	31	30	10	1000	3290
425-500	221	225	195	149	100	46	47	16	1000	3886
500-575	188	179	203	173	116	64	55	21	1000	3926
575-665	131	152	207	194	135	74	84	24	1000	4374
665-775	85	138	187	204	150	107	101	27	1000	4785
775-915	52	112	172	211	166	108	128	50	1000	5150
915-1120	33	77	136	203	170	134	171	76	1000	5677
1120-1500	22	51	114	161	174	133	238	107	1000	6651
1500-1925	13	32	69	135	155	128	298	170	1000	3901
1925-more	13	16	48	87	116	112	293	314	1000	4113
all classes	134	125	152	161	130	91	136	73	1000	48924

* expressed as a percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Statement 7: Per 1000 distribution of households by calorie intake level by major states

State	calorie intake level*									no. of sample hhs
	<70	70 - 80	80 - 90	90 - 100	100 - 110	110 - 120	120 - 150	≥150	all	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Rural										
Andhra Pradesh	142	142	151	156	118	86	133	70	1000	5181
Assam	195	173	208	160	114	68	67	15	1000	3462
Bihar	123	133	164	140	137	97	140	66	1000	7311
Gujarat	167	136	167	142	123	95	117	53	1000	2479
Haryana	68	85	133	145	106	89	227	145	1000	1132
Karnataka	194	131	159	141	110	77	117	72	1000	2763
Kerala	153	146	144	137	123	90	127	80	1000	2604
Madhya Pradesh	162	138	160	151	114	83	121	71	1000	5144
Maharashtra	151	136	172	160	130	80	107	63	1000	4121
Orissa	98	119	156	176	136	107	145	64	1000	3477
Punjab	66	91	116	142	149	100	193	143	1000	2152
Rajasthan	43	62	115	140	144	123	231	142	1000	3229
Tamil Nadu	274	157	137	128	86	68	95	54	1000	4173
Uttar Pradesh	77	89	128	145	128	107	193	132	1000	9432
West Bengal	123	140	160	170	134	92	131	51	1000	4550
all-India	134	124	151	149	124	92	143	82	1000	71385
Urban										
Andhra Pradesh	143	136	153	163	144	91	110	59	1000	3806
Assam	102	150	146	202	117	80	108	94	1000	852
Bihar	108	107	139	153	136	101	178	78	1000	2279
Gujarat	118	129	171	177	143	93	114	54	1000	2764
Haryana	114	169	121	170	146	83	101	98	1000	758
Karnataka	150	125	158	165	120	80	125	76	1000	2470
Kerala	147	129	148	123	106	85	160	102	1000	2015
Madhya Pradesh	147	130	152	166	120	104	119	62	1000	3145
Maharashtra	142	129	164	185	131	85	118	46	1000	5234
Orissa	60	69	132	184	174	132	182	68	1000	1050
Punjab	96	125	151	146	130	87	190	75	1000	1883
Rajasthan	65	97	135	174	147	112	166	104	1000	1985
Tamil Nadu	191	134	149	132	107	78	130	80	1000	4212
Uttar Pradesh	155	119	136	153	125	81	147	84	1000	4638
West Bengal	115	140	168	163	130	98	115	71	1000	3432
all-India	134	125	152	161	130	91	136	73	1000	48924

* expressed as a percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Statement 8: Per 1000 distribution of persons by calorie intake levels for each MPCE class

all-India

MPCE class (Rs)	calorie intake level*									no. of sample persons
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)

Rural

0-225	657	183	99	39	11	5	2	4	1000	15678
225-255	415	243	184	98	38	15	6	2	1000	15115
255-300	317	231	204	133	65	27	18	6	1000	30628
300-340	186	209	240	173	106	43	36	6	1000	32252
340-380	144	182	229	187	127	70	53	9	1000	33600
380-420	95	164	193	202	152	93	84	16	1000	32675
420-470	76	119	177	209	162	108	121	28	1000	36911
470-525	56	98	157	180	172	129	164	45	1000	35102
525-615	37	79	137	167	165	140	210	65	1000	42353
615-775	27	55	92	141	155	147	272	111	1000	46227
775-950	22	38	65	115	138	133	301	189	1000	24828
950-more	25	19	43	77	98	121	280	337	1000	29487
all classes	151	138	163	155	124	89	125	55	1000	374856

Urban

0-300	654	183	98	39	15	5	3	3	1000	10214
300-350	422	246	182	85	31	16	13	7	1000	10040
350-425	323	238	205	124	58	29	19	4	1000	19660
425-500	228	237	198	150	99	37	41	10	1000	21728
500-575	188	192	217	173	117	58	40	13	1000	21120
575-665	134	162	213	195	137	68	71	20	1000	22308
665-775	89	147	199	210	146	105	86	18	1000	23158
775-915	54	124	181	218	165	107	117	34	1000	23392
915-1120	35	93	146	213	171	134	152	56	1000	23296
1120-1500	21	58	136	168	168	142	219	88	1000	24471
1500-1925	14	39	81	142	169	138	291	127	1000	13643
1925-more	11	20	65	97	140	127	295	245	1000	12130
all classes	162	149	171	163	124	82	105	43	1000	225160

* expressed as a percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Statement 9: Per 1000 distribution of population by calorie intake level by major states

state	calorie intake level*									no. of sample persons
	<70	70 80	80 90	90 100	100 110	110 120	120 150	≥150	all	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Rural										
Andhra Pradesh	173	165	172	169	115	78	92	36	1000	22600
Assam	218	183	214	155	103	61	53	13	1000	19272
Bihar	137	148	174	148	134	94	122	43	1000	40109
Gujarat	201	155	180	145	115	86	91	27	1000	12807
Haryana	72	87	143	143	107	92	234	122	1000	6502
Karnataka	217	152	171	140	104	71	97	47	1000	14154
Kerala	187	174	155	137	122	83	94	48	1000	12324
Madhya Pradesh	187	151	169	162	113	76	100	41	1000	28816
Maharashtra	179	158	187	165	127	73	77	34	1000	20399
Orissa	110	137	174	181	138	98	123	40	1000	17059
Punjab	71	109	130	149	153	96	178	113	1000	12066
Rajasthan	46	68	129	155	157	135	211	98	1000	19021
Tamil Nadu	337	176	139	123	78	57	64	27	1000	17338
Uttar Pradesh	85	101	143	160	136	110	176	90	1000	57397
West Bengal	150	162	166	164	128	80	111	39	1000	23508
all-India	151	138	163	155	124	89	125	55	1000	374856
Urban										
Andhra Pradesh	176	161	171	170	133	81	75	33	1000	16524
Assam	147	167	152	174	124	75	99	61	1000	3370
Bihar	140	131	164	158	138	94	130	46	1000	11764
Gujarat	156	161	196	164	132	82	80	29	1000	12855
Haryana	139	179	144	177	147	73	78	64	1000	3732
Karnataka	190	149	173	162	111	68	97	48	1000	11220
Kerala	198	153	174	125	102	77	120	51	1000	9115
Madhya Pradesh	172	148	171	171	112	95	93	37	1000	16075
Maharashtra	184	163	180	174	114	71	89	26	1000	24172
Orissa	62	92	156	189	165	131	162	42	1000	4560
Punjab	117	161	168	151	125	82	144	50	1000	8348
Rajasthan	74	114	157	186	156	111	142	61	1000	10159
Tamil Nadu	225	159	166	141	97	68	95	49	1000	16571
Uttar Pradesh	167	140	158	165	125	76	122	46	1000	25051
West Bengal	142	165	183	162	121	89	90	47	1000	14061
all-India	162	149	171	163	124	82	105	43	1000	225160

* expressed as a percentage of a "norm" level of 2700 kcal per consumer unit per diem.

Statement 10: Per 1000 distribution of households and persons by calorie intake level for each MPCE class all-India

MPCE class (Rs)	calorie intake level* for								no. of sample	
	households				persons				households	persons
	less than 90	90 - 110	110 & above	all	less than 90	90 - 110	110 & above	all		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Rural										
0-225	929	57	13	1000	939	50	11	1000	2547	15678
225-255	840	133	28	1000	842	136	23	1000	2451	15115
255-300	742	200	58	1000	752	198	51	1000	5147	30628
300-340	620	277	102	1000	635	279	85	1000	5588	32252
340-380	551	306	144	1000	555	314	132	1000	5892	33600
380-420	439	348	213	1000	452	354	193	1000	5895	32675
420-470	356	361	283	1000	372	371	257	1000	6783	36911
470-525	293	347	360	1000	311	352	338	1000	6635	35102
525-615	239	317	444	1000	253	332	415	1000	8253	42353
615-775	161	279	560	1000	174	296	530	1000	9383	46227
775-950	114	236	651	1000	125	253	623	1000	5337	24828
950-more	83	159	759	1000	87	175	738	1000	7474	29487
all classes	409	273	317	1000	452	279	269	1000	71385	374856
Urban										
0-300	923	58	20	1000	935	54	11	1000	1585	10214
300-350	826	122	51	1000	850	116	36	1000	1586	10040
350-425	746	184	71	1000	766	182	52	1000	3290	19660
425-500	641	249	109	1000	663	249	88	1000	3886	21728
500-575	570	289	140	1000	597	290	111	1000	3926	21120
575-665	490	329	182	1000	509	332	159	1000	4374	22308
665-775	410	354	235	1000	435	356	209	1000	4785	23158
775-915	336	377	286	1000	359	383	258	1000	5150	23392
915-1120	246	373	381	1000	274	384	342	1000	5677	23296
1120-1500	187	335	478	1000	215	336	449	1000	6651	24471
1500-1925	114	290	596	1000	134	311	556	1000	3901	13643
1925-more	77	203	719	1000	96	237	667	1000	4113	12130
all classes	411	291	300	1000	482	287	230	1000	48924	225160

* expressed as a percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Statement 11: Average number of meals consumed per household at home, and away from home (i) free and (ii) on payment during the period of last 30 days, separately for NSS 50th and 55th rounds, for rural and urban areas of major States

state	55 th round				50 th round			
	average household size	average no. of meals consumed per household			average household size	average no. of meals consumed per household		
		at home	away from home			at home	away from home	
			free	on payment			free	on payment
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Rural								
Andhra Pradesh	4.09	336	7	1	4.16	339	9	1
Assam	5.48	398	2	0	5.09	352	3	1
Bihar	5.29	368	2	1	4.99	331	1	0
Gujarat	4.96	319	6	0	5.05	318	8	1
Haryana	5.56	427	6	1	5.55	413	7	0
Karnataka	4.89	366	7	1	5.11	377	8	1
Kerala	4.56	380	15	6	4.56	368	8	4
Madhya Pradesh	5.34	360	6	1	5.11	350	3	0
Maharashtra	4.73	338	7	1	4.73	332	7	0
Orissa	4.63	353	6	1	4.71	363	3	1
Punjab	5.45	467	6	1	5.19	445	7	0
Rajasthan	5.72	384	3	0	5.23	386	4	0
Tamil Nadu	4.03	339	16	2	4.04	326	17	3
Uttar Pradesh	5.74	396	6	1	5.35	363	5	0
West Bengal	5.10	358	2	1	4.99	325	4	1
all-India	5.04	365	6	1	4.9	350	6	1
Urban								
Andhra Pradesh	4.21	308	8	3	4.36	310	10	2
Assam	4.09	270	2	1	4.3	292	2	1
Bihar	5.12	353	4	2	4.78	302	3	2
Gujarat	4.49	276	5	2	4.5	274	5	3
Haryana	4.65	341	5	1	4.38	318	7	2
Karnataka	4.45	297	6	5	4.65	303	7	5
Kerala	4.39	357	13	11	4.42	336	9	9
Madhya Pradesh	5.07	327	4	1	4.94	315	5	2
Maharashtra	4.55	286	7	4	4.38	277	5	4
Orissa	4.38	307	7	3	4.33	299	6	4
Punjab	4.26	363	3	3	4.46	383	4	1
Rajasthan	5.10	319	5	1	4.71	316	5	1
Tamil Nadu	3.88	328	11	5	3.9	311	18	7
Uttar Pradesh	5.08	332	6	1	5.16	341	6	1
West Bengal	4.08	249	3	2	4.03	237	5	5
all-India	4.53	311	6	3	4.46	301	7	4

Statement 12: Average number of meals consumed per person at home and elsewhere on payment or free from specified sources during the period of last 30 days by age and sex of members

all-India

age group	average no. of meals consumed per person									
	away from home								all	
	at home		free		on payment		all		M	F
	M	F	M	F	M	F	M	F		
(1)	(2)	(3)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)
Rural										
0-4	72	72	1	1	0	0	1	1	73	73
5-9	79	79	2	2	0	0	2	2	81	81
10-14	76	77	2	1	0	0	2	1	78	78
15-29	71	71	1	1	1	0	2	2	73	72
30-44	70	71	1	1	1	0	2	1	71	71
45-59	70	71	1	1	0	0	1	1	71	71
60+	69	69	1	1	0	0	1	1	70	70
all ages	72	73	1	1	0	0	2	1	74	74
estd. no. of persons reporting	3504433	3293740	279162	211212	60205	12945	85684	57695	3509442	3295474
no. of persons reporting in the sample	190415	178594	14665	10835	3620	674	4244	2751	190622	178652
Urban										
0-4	70	70	1	1	0	0	1	2	71	71
5-9	76	76	2	2	0	0	2	2	78	78
10-14	72	73	2	1	0	0	2	2	74	74
15-29	66	68	2	1	2	0	3	2	69	70
30-44	66	68	1	1	2	0	3	1	68	69
45-59	66	68	1	1	1	0	3	1	69	69
60+	67	67	1	1	0	0	2	1	69	69
all ages	68	69	2	1	1	0	3	2	71	71
estd. no. of persons reporting	1193149	1084122	105268	82536	57343	15288	27061	14774	1199419	1085653
no. of persons reporting in the sample	114871	105961	9689	7490	5260	1291	2661	1340	115464	106048

Statement 13: Changes in average per capita intake of calorie, protein and fat per diem over NSS rounds, by major States

State	Per capita per diem intake of											
	Calorie according to				Protein according to				Fat according to			
	27 th round (1972-1973) (Kcal)	38 th round (1983) (Kcal)	50 th round (1993-1994) (Kcal)	55 th round (1999-2000) (Kcal)	27 th round (1972-1973) (gm)	38 th round (1983) (gm)	50 th round (1993-1994) (gm)	55 th round (1999-2000) (gm)	27 th round (1972-1973) (gm)	38 th round (1983) (gm)	50 th round (1993-1994) (gm)	55 th round (1999-2000) (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Rural												
Andhra Pradesh	2103	2204	2052	2021	53.0	56.0	50.8	49.4	21.0	24.0	27.2	29.5
Assam	2074	2056	1983	1915	53.0	52.0	49.5	47.7	15.0	18.0	21.0	22.3
Bihar	2225	2189	2115	2121	65.0	65.0	60.2	58.7	17.0	20.0	23.0	26.5
Gujarat	2142	2113	1994	1986	58.0	59.0	55.6	54.2	40.0	44.0	47.4	53.8
Haryana	3215	2554	2491	2455	90.0	78.0	78.4	75.3	47.0	47.0	53.6	59.1
Karnataka	2202	2260	2073	2028	57.0	60.0	55.1	54.2	23.0	26.0	28.6	36.6
Kerala	1559	1884	1965	1982	38.0	47.0	50.8	52.4	19.0	32.0	32.7	38.8
Madhya Pradesh	2423	2323	2164	2062	68.0	68.0	63.0	58.2	21.0	25.0	28.3	31.3
Maharashtra	1895	2144	1939	2012	54.0	62.0	54.8	56.5	24.0	30.0	33.5	39.7
Orissa	1995	2103	2199	2119	49.0	51.0	52.7	49.9	8.0	13.0	14.8	16.3
Punjab	3493	2677	2418	2381	85.0	79.0	74.7	71.7	50.0	52.0	59.8	58.7
Rajasthan	2730	2433	2470	2425	84.0	75.0	79.4	76.9	46.0	42.0	52.8	53.5
Tamil Nadu	1955	1861	1884	1826	49.0	47.0	46.8	44.9	18.0	22.0	24.7	29.5
Uttar Pradesh	2575	2399	2307	2327	76.0	73.0	70.4	69.7	28.0	29.0	35.5	37.6
West Bengal	1921	2027	2211	2095	50.0	52.0	54.8	51.6	13.0	17.0	21.4	24.2
all-India	2266	2221	2153	2149	62.0	62.0	60.2	59.1	24.0	27.0	31.4	36.1
Urban												
Andhra Pradesh	2143	2009	1992	2052	51.0	50.0	49.6	50.8	31.0	32.0	34.9	41.5
Assam	2135	2043	2108	2174	56.0	52.0	53.5	56.5	25.0	25.0	30.8	38.7
Bihar	2167	2131	2188	2171	61.0	61.0	61.4	61.0	25.0	26.0	32.7	34.2
Gujarat	2172	2000	2027	2058	57.0	55.0	54.9	54.7	58.0	53.0	57.9	67.0
Haryana	2404	2242	2140	2172	67.0	67.0	63.6	62.5	42.0	49.0	49.4	56.3
Karnataka	1925	2124	2026	2046	46.0	55.0	53.1	53.5	32.0	36.0	37.6	45.1
Kerala	1723	2049	1966	1995	44.0	51.0	52.4	55.2	27.0	38.0	37.0	42.9
Madhya Pradesh	2229	2137	2082	2132	61.0	62.0	59.8	60.6	34.0	36.0	40.3	43.5
Maharashtra	1971	2028	1989	2039	55.0	56.0	55.5	55.9	41.0	45.0	47.9	52.6
Orissa	2276	2219	2261	2298	55.0	56.0	57.2	57.8	23.0	24.0	28.1	27.4
Punjab	2783	2100	2089	2197	70.0	63.0	61.8	64.8	52.0	49.0	53.7	57.9
Rajasthan	2357	2255	2184	2335	70.0	69.0	66.5	70.4	47.0	47.0	51.6	61.5
Tamil Nadu	1841	2140	1922	2030	44.0	45.0	48.7	51.7	23.0	29.0	33.9	43.2
Uttar Pradesh	2161	2043	2114	2131	62.0	62.0	63.2	62.0	35.0	34.0	41.2	45.5
West Bengal	2080	2048	2131	2134	58.0	55.0	56.6	55.5	31.0	31.0	34.2	40.2
all-India	2107	2089	2071	2156	56.0	57.0	57.2	58.5	36.0	37.0	42.0	49.6

Statement 14: Changes in per 1000 distribution of households by calorie intake level over NSS rounds, by major States

State	calorie intake level*											
	38th round (1999-2000)				50th round (1993-1994)				55th round (1999-2000)			
	less than 90	90 - 110	110 & above	all	less than 90	90 - 110	110 & above	all	less than 90	90 - 110	110 & above	all
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Rural												
Andhra Pradesh	355	256	389	1000	409	284	306	1000	435	274	289	1000
Assam	441	303	256	1000	494	358	147	1000	576	274	150	1000
Bihar	367	251	382	1000	373	283	346	1000	420	277	303	1000
Gujarat	424	266	310	1000	464	264	271	1000	470	265	265	1000
Haryana	224	239	537	1000	259	241	500	1000	286	251	461	1000
Karnataka	389	211	400	1000	427	240	333	1000	484	251	266	1000
Kerala	547	199	254	1000	457	233	310	1000	443	260	297	1000
Madhya Pradesh	305	254	441	1000	356	277	367	1000	460	265	275	1000
Maharashtra	409	258	333	1000	497	267	236	1000	459	290	250	1000
Orissa	431	231	338	1000	309	306	385	1000	373	312	316	1000
Punjab	220	201	579	1000	244	255	501	1000	273	291	436	1000
Rajasthan	261	219	520	1000	196	264	539	1000	220	284	496	1000
Tamil Nadu	554	174	272	1000	513	218	270	1000	568	214	217	1000
Uttar Pradesh	273	229	498	1000	265	271	464	1000	294	273	432	1000
West Bengal	514	228	258	1000	322	313	365	1000	423	304	274	1000
all-India	376	235	389	1000	369	274	358	1000	409	273	317	1000
Urban												
Andhra Pradesh	470	260	270	1000	481	269	250	1000	432	307	260	1000
Assam	412	324	264	1000	378	353	269	1000	398	319	282	1000
Bihar	364	295	341	1000	330	318	354	1000	354	289	357	1000
Gujarat	442	279	279	1000	410	297	293	1000	418	320	261	1000
Haryana	364	217	419	1000	416	255	330	1000	404	316	282	1000
Karnataka	399	236	365	1000	447	258	297	1000	433	285	281	1000
Kerala	481	202	317	1000	476	252	272	1000	424	229	347	1000
Madhya Pradesh	369	299	332	1000	409	312	279	1000	429	286	285	1000
Maharashtra	484	265	251	1000	459	304	236	1000	435	316	249	1000
Orissa	318	339	343	1000	286	295	419	1000	261	358	382	1000
Punjab	385	236	379	1000	404	265	331	1000	372	276	352	1000
Rajasthan	361	235	404	1000	318	296	386	1000	297	321	382	1000
Tamil Nadu	567	195	238	1000	529	212	259	1000	474	239	288	1000
Uttar Pradesh	440	252	308	1000	384	280	337	1000	410	278	312	1000
West Bengal	439	287	274	1000	357	323	321	1000	423	293	284	1000
all-India	439	257	304	1000	416	281	304	1000	411	291	300	1000

* expressed as a percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Statement 15: Changes in per 1000 distribution of persons by calorie intake level over NSS rounds, by major States

	calorie intake level*											
	38th round (1999-2000)				50th round (1993-1994)				55th round (1999-2000)			
	Less than 90	90 – 110	110 & above	all	Less than 90	90 – 110	110 & above	all	Less than 90	90 – 110	110 & above	all
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Rural												
Andhra Pradesh	393	268	339	1000	484	294	223	1000	510	284	206	1000
Assam	488	299	213	1000	539	345	116	1000	615	258	127	1000
Bihar	396	253	351	1000	418	300	281	1000	459	282	259	1000
Gujarat	467	265	268	1000	537	256	207	1000	536	260	204	1000
Haryana	257	264	479	1000	284	276	441	1000	302	250	448	1000
Karnataka	423	214	363	1000	486	244	270	1000	540	244	215	1000
Kerala	612	194	194	1000	551	230	218	1000	516	259	225	1000
Madhya Pradesh	337	271	392	1000	410	285	304	1000	507	275	217	1000
Maharashtra	444	267	289	1000	574	253	172	1000	524	292	184	1000
Orissa	462	228	310	1000	354	320	325	1000	421	319	261	1000
Punjab	241	215	544	1000	276	282	442	1000	310	302	387	1000
Rajasthan	288	237	475	1000	230	277	493	1000	243	312	444	1000
Tamil Nadu	629	167	204	1000	613	208	178	1000	652	201	148	1000
Uttar Pradesh	310	244	446	1000	310	296	393	1000	329	296	376	1000
West Bengal	536	231	233	1000	372	323	306	1000	478	292	230	1000
all-India	409	242	349	1000	420	284	296	1000	452	279	269	1000
Urban												
Andhra Pradesh	538	258	204	1000	543	261	196	1000	508	303	189	1000
Assam	499	323	178	1000	449	353	199	1000	466	298	235	1000
Bihar	444	295	261	1000	392	325	283	1000	435	296	270	1000
Gujarat	521	275	204	1000	492	304	203	1000	513	296	191	1000
Haryana	435	230	335	1000	458	282	260	1000	462	324	215	1000
Karnataka	488	219	293	1000	516	252	231	1000	512	273	213	1000
Kerala	559	206	235	1000	545	256	199	1000	525	227	248	1000
Madhya Pradesh	446	298	256	1000	470	305	223	1000	491	283	225	1000
Maharashtra	571	244	185	1000	548	280	171	1000	527	288	186	1000
Orissa	357	339	304	1000	338	301	361	1000	310	354	335	1000
Punjab	481	250	269	1000	481	275	244	1000	446	276	276	1000
Rajasthan	426	238	336	1000	381	305	315	1000	345	342	314	1000
Tamil Nadu	656	182	162	1000	598	219	182	1000	550	238	212	1000
Uttar Pradesh	521	241	238	1000	460	281	259	1000	465	290	244	1000
West Bengal	531	267	202	1000	450	313	237	1000	490	283	226	1000
all-India	520	251	229	1000	488	281	232	1000	482	287	230	1000

* expressed as a percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Figure 1: Daily Calorie Intake per Consumer Unit by MPCE classes : rural and urban India

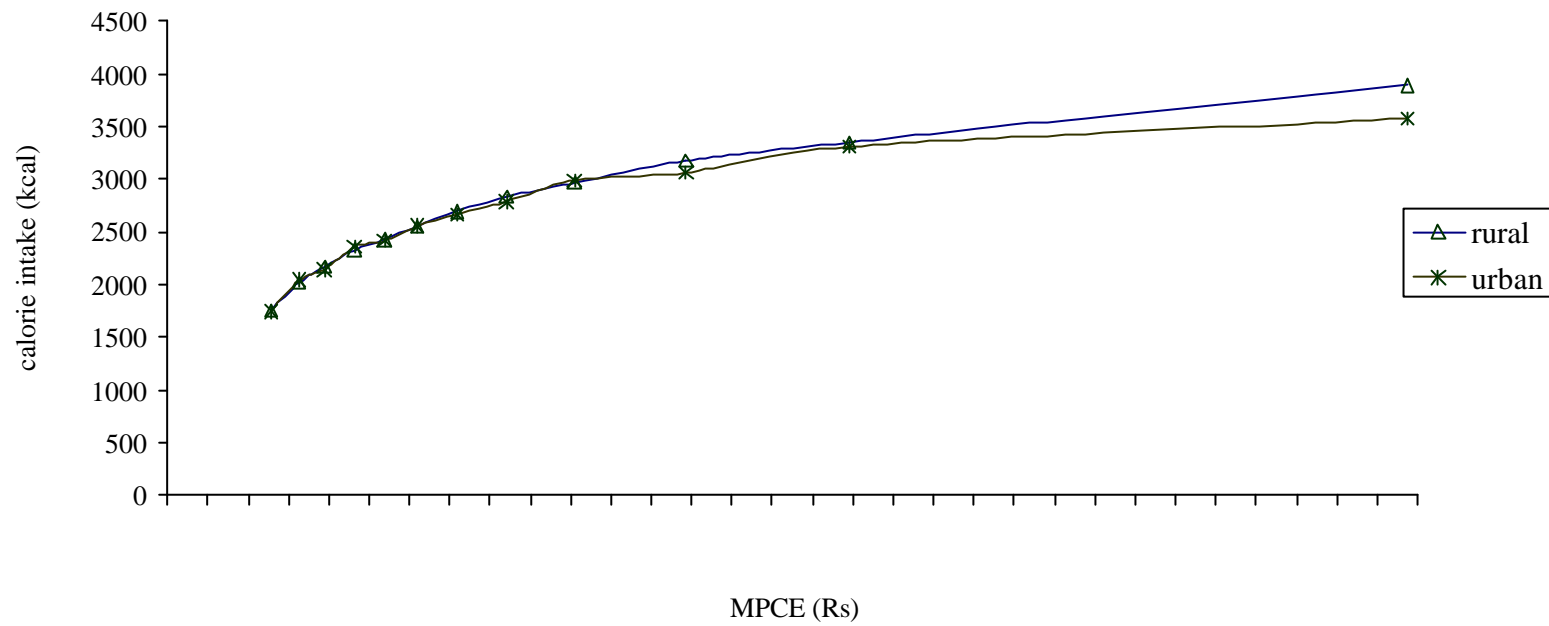


Figure 2: Daily protein intake Per Consumer Unit by MPCE classes : rural and urban India

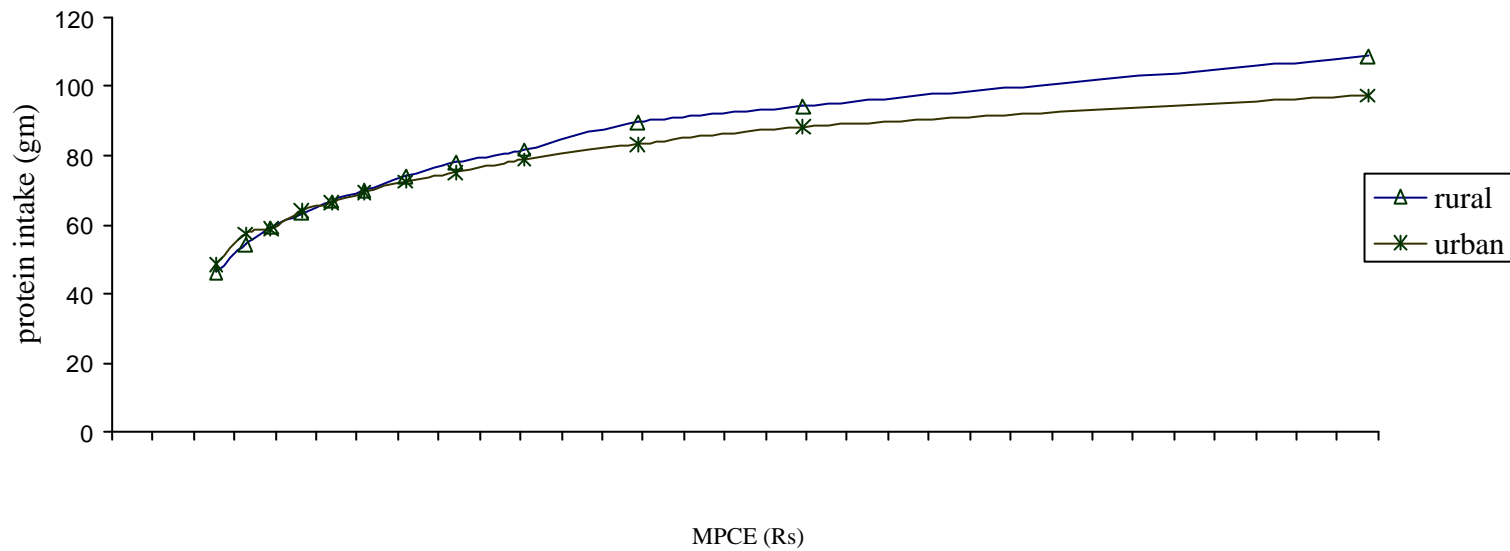


Figure 3: Daily fat Intake Per Consumer Unit by MPCE classes : rural and urban India

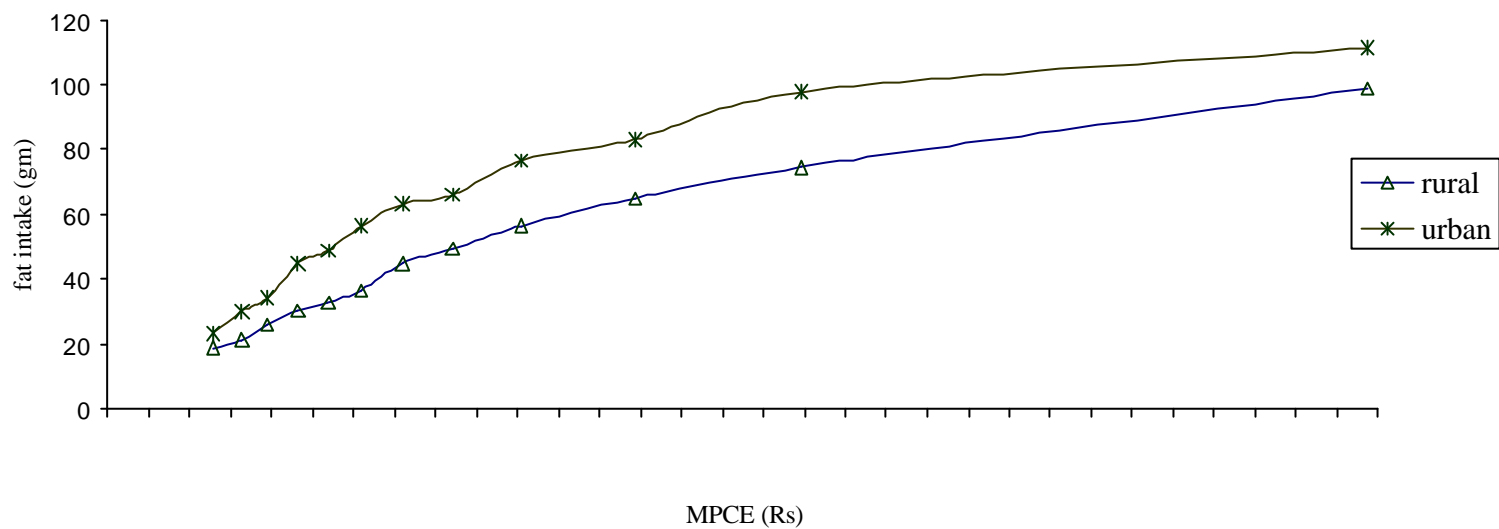


Figure 4R: Average Intake of Calorie (kcal) Per Consumer Unit Per Diem in Rural India, by MPCE classes

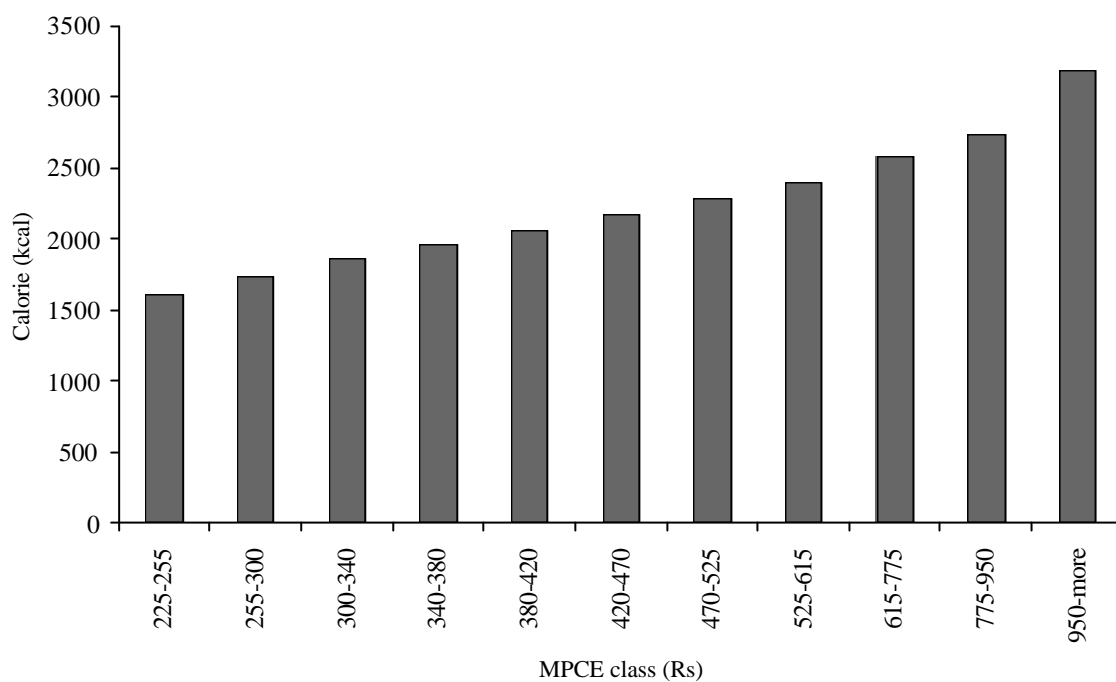


Figure 4U: Average Intake of Calorie (kcal) Per Consumer Unit Per Diem in Urban India, by MPCE classes

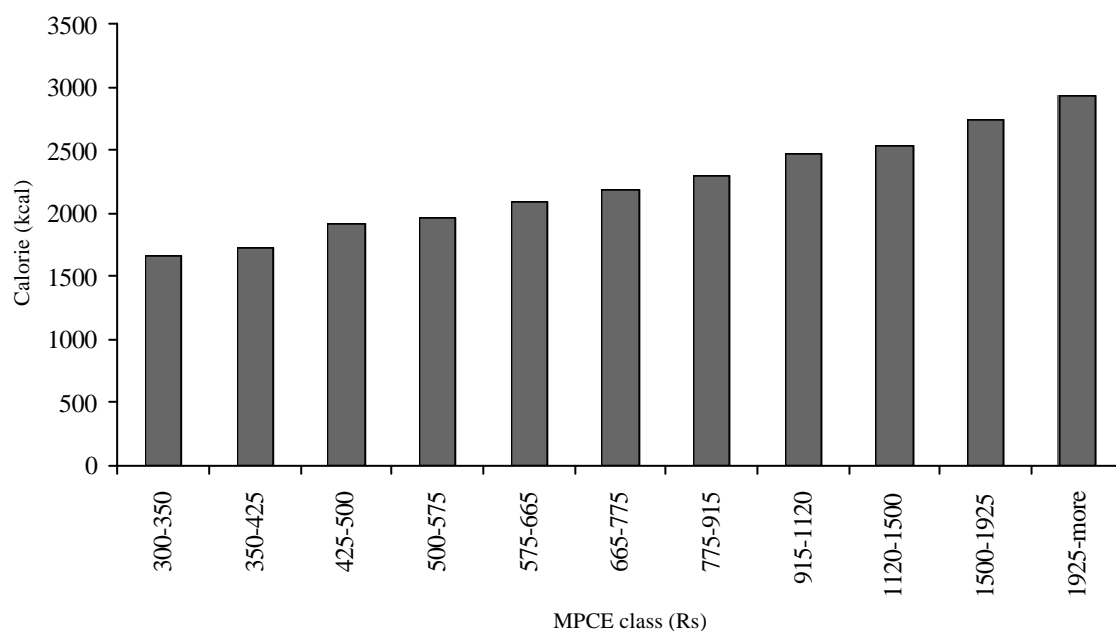


Figure 5R: Average Intake of Calorie (kcal) Per Capita Per diem by major States in Rural India

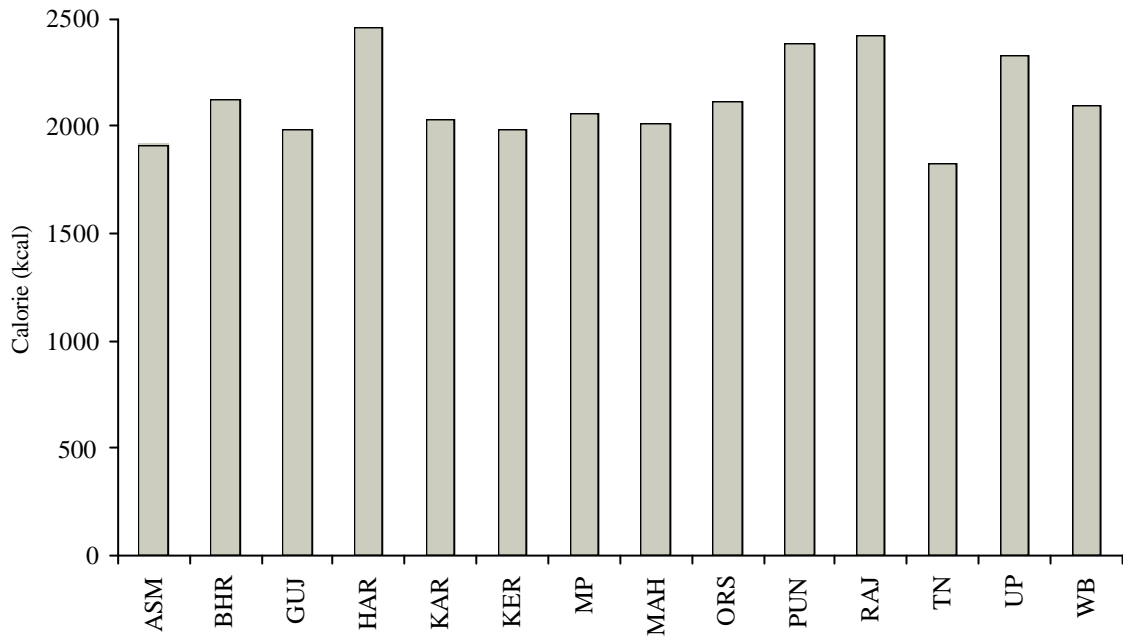
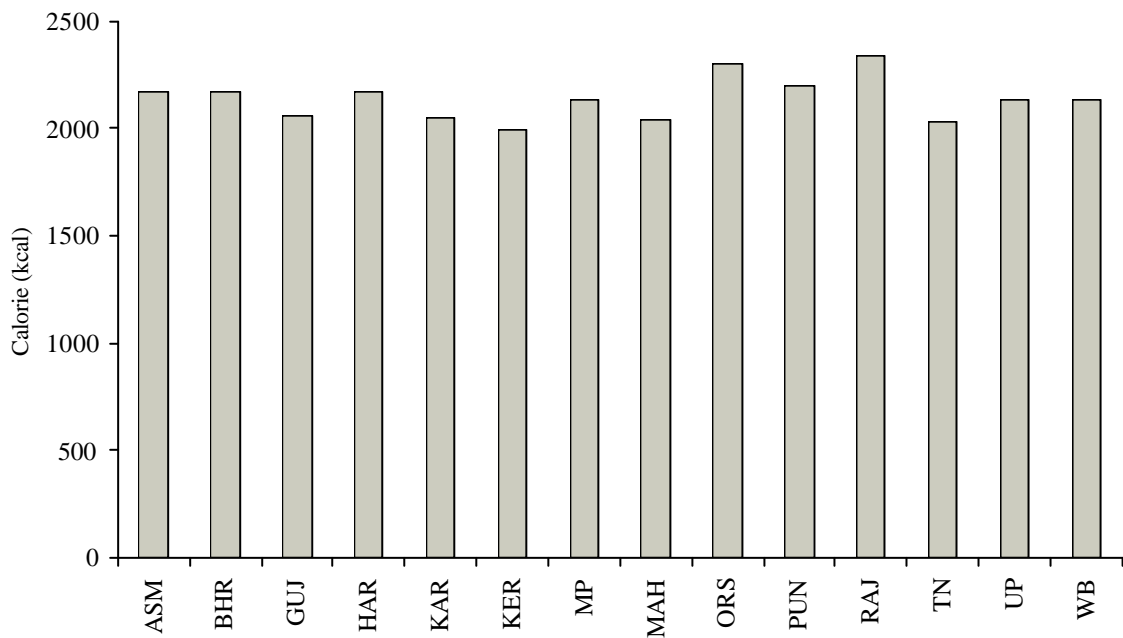
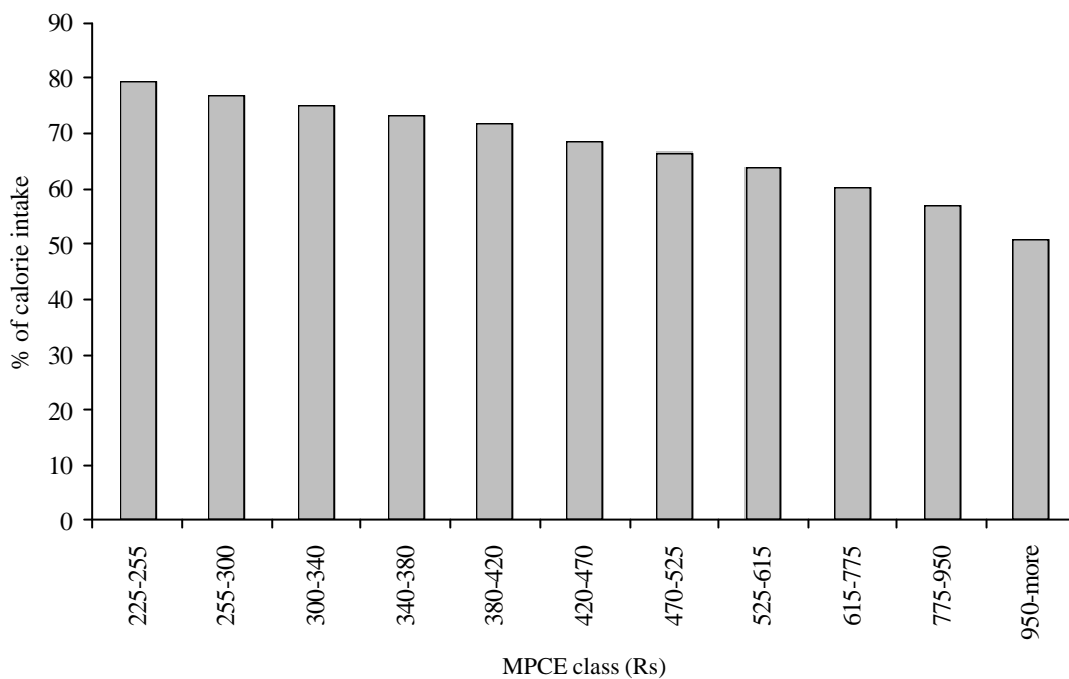


Figure 5U: Average Intake of Calorie (kcal) Per Capita Per diem by major States in Urban India



**Figure 6R: Percentage of total intake of calorie obtained from cereals by MPCE classes:
Rural India**



**Figure 6U: Percentage of total intake of calorie obtained from cereals by MPCE classes:
Urban India**

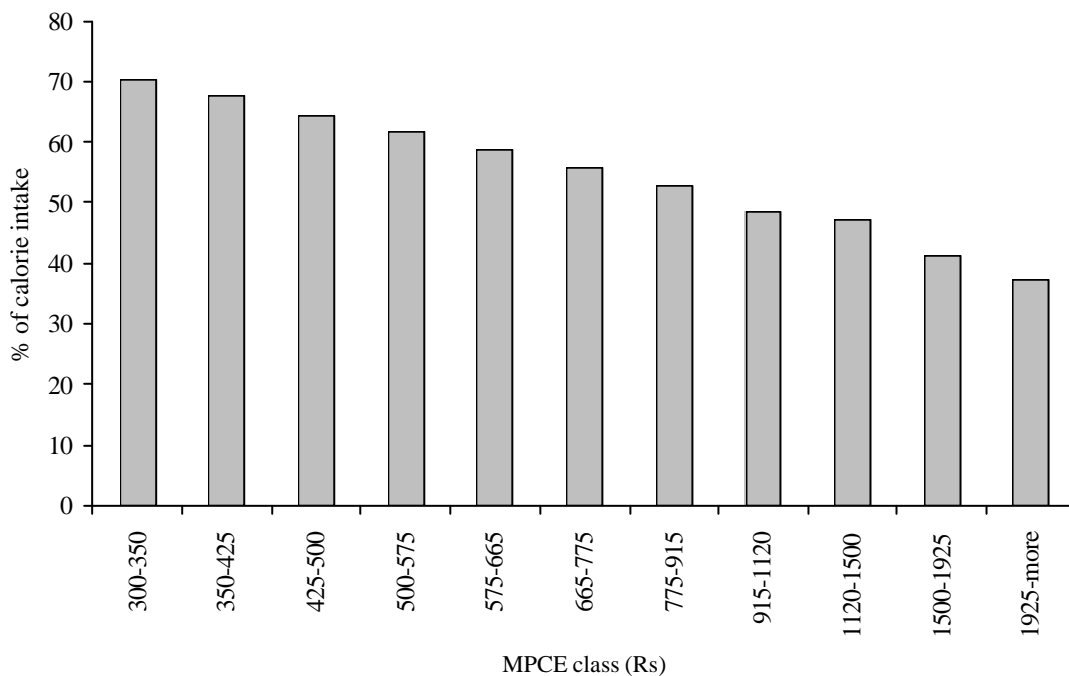


Figure 7: Percentage of total intake of protein obtained from different food groups: Rural and Urban India

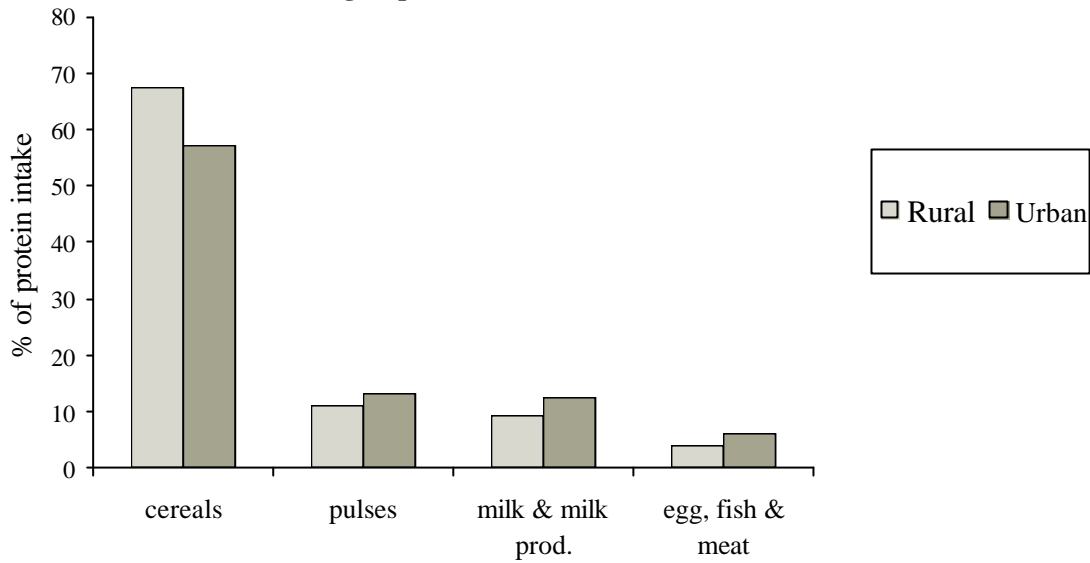


Figure 8: Percentage of total calorie intake obtained from cereals and non-cereals: Rural and Urban India

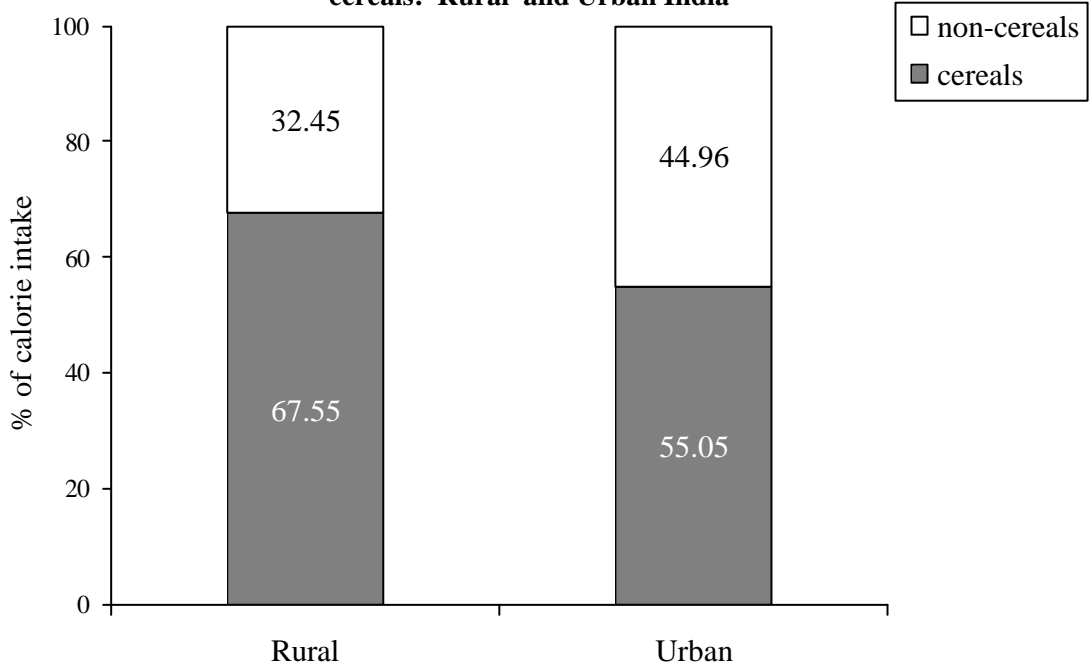


Figure 9: Share in total calorie intake from different groups of non-cereals: Rural and Urban India

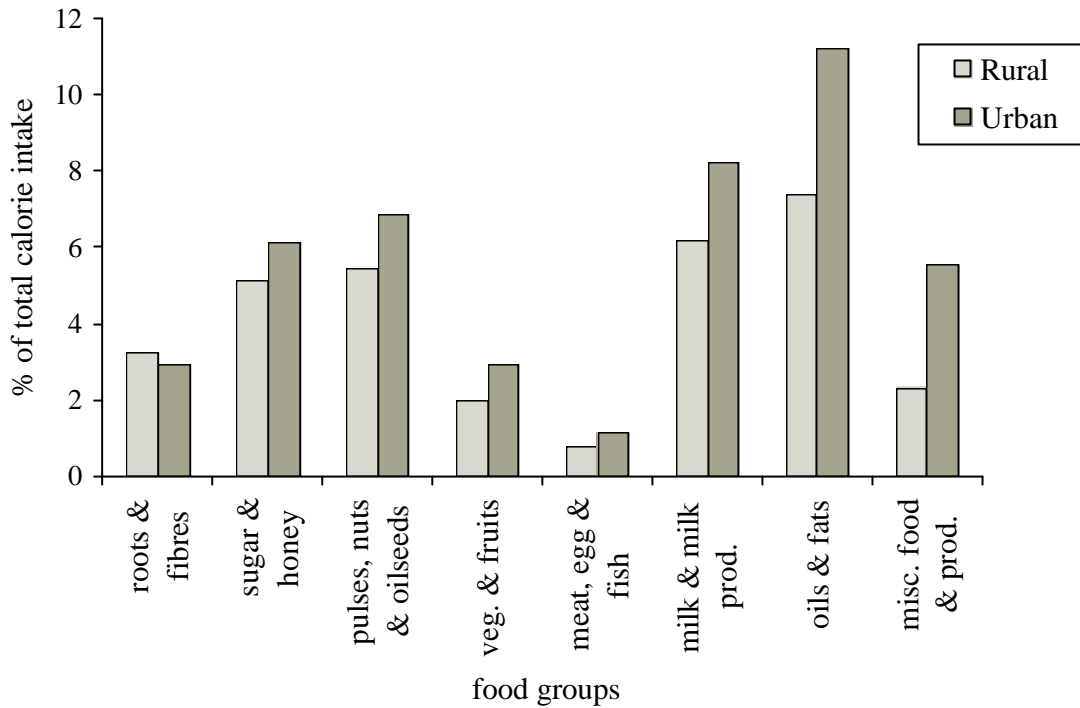


Figure 10: Average Per capita calorie intake Per diem over three decades (1972-2000) in Rural and Urban India from different NSS rounds

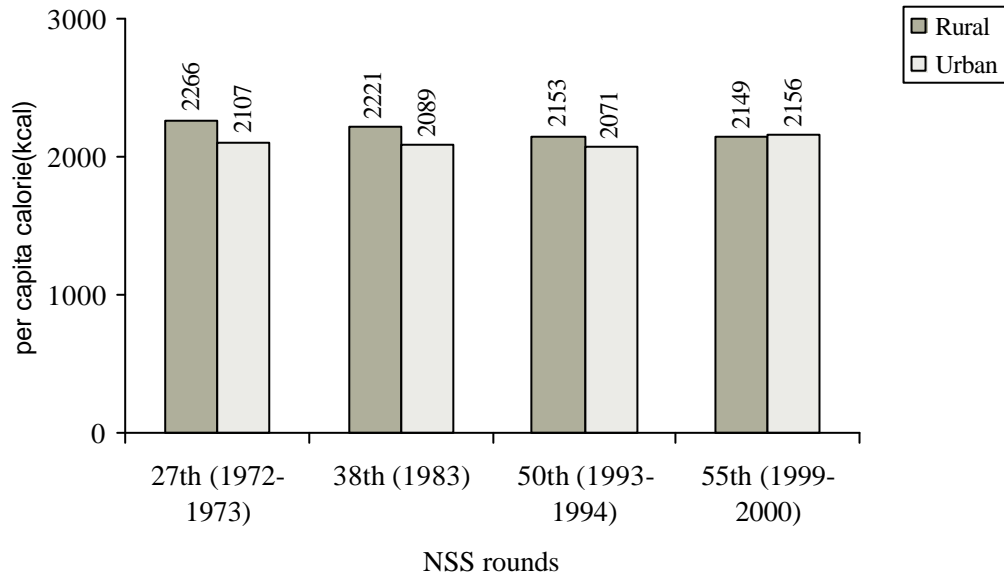


Figure 11: Average Per capita Per diem protein intake in rural and urban India from different NSS Rounds

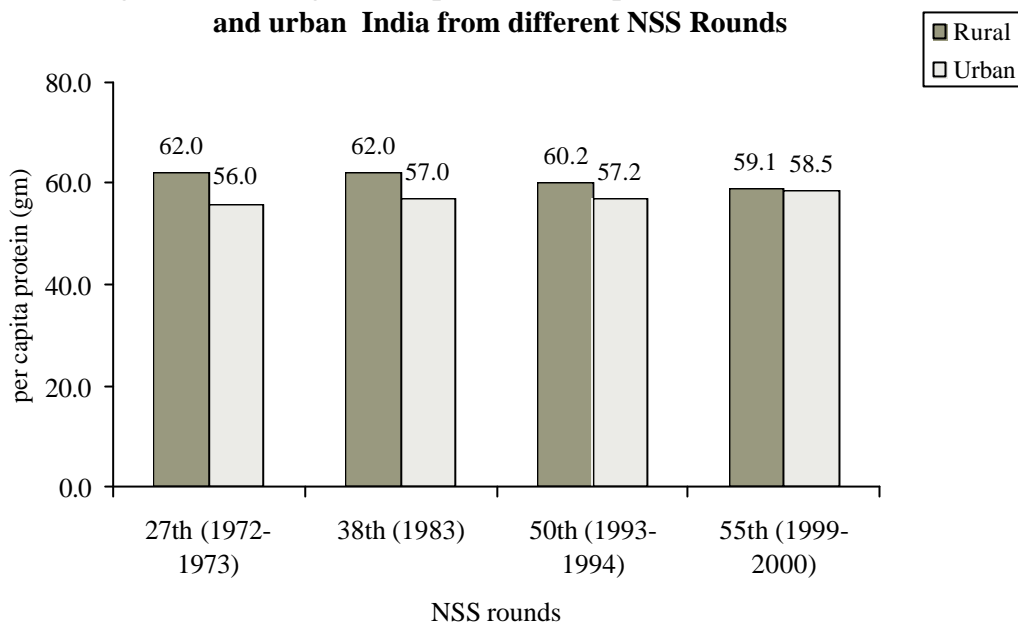
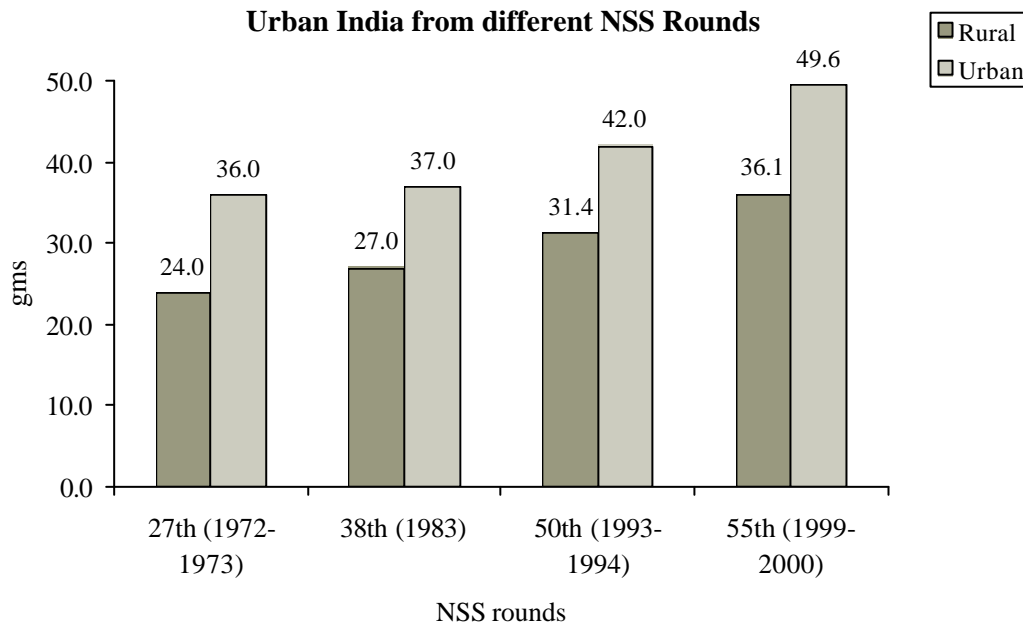


Figure 12: Average intake of fat Per capita Per diem in Rural and Urban India from different NSS Rounds



Appendix A

Estimates have been presented for all the cells having at least 20 sample households. A dash ‘-’ has been put for the cells having number of sample households less than 20.

Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Andhra Pradesh								
0-225	67	1232	29.1	13.3	1576	37.2	17.1	188
225-255	67	1488	35.4	16.3	1884	44.8	20.6	173
255-300	66	1662	44.4	19.6	2075	55.4	24.5	443
300-340	66	1780	42.3	21.6	2200	52.3	26.8	490
340-380	66	1871	44.5	25.6	2319	55.1	31.7	550
380-420	65	1990	48.3	27.5	2452	59.5	33.9	542
420-470	64	2096	50.0	29.6	2577	61.5	36.4	536
470-525	62	2212	53.0	32.6	2724	65.3	40.2	516
525-615	61	2381	59.4	38.0	2918	72.9	46.6	564
615-775	56	2458	60.3	43.3	3050	74.9	53.7	534
775-950	53	2754	67.8	50.4	3403	83.8	62.3	282
950-more	44	2954	75.4	62.4	3606	92.0	76.1	363
all classes	61	2021	49.4	29.5	2503	61.2	36.5	5181
Arunachal Pradesh								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	65	1813	37.6	44.1	2255	46.8	54.9	31
300-340	70	1991	75.0	12.6	2458	92.6	15.6	54
340-380	65	2643	61.5	97.2	3249	75.6	119.5	48
380-420	67	3567	82.6	100.8	4353	100.8	123.0	50
420-470	57	4276	78.3	122.8	5244	96.1	150.6	54
470-525	59	5852	116.5	254.5	7223	143.8	314.1	65
525-615	59	5798	109.8	272.7	7015	132.8	330.0	113
615-775	60	4171	98.8	132.9	5081	120.3	161.9	139
775-950	51	4012	99.9	48.3	4928	122.7	59.4	96
950-more	47	7833	134.1	355.6	9446	161.7	428.9	150
all classes	56	4473	93.9	157.6	5463	114.7	192.4	827
Assam								
0-225	71	1265	32.3	8.9	1595	40.7	11.3	141
225-255	70	1376	34.2	11.0	1726	43.0	13.8	143
255-300	71	1563	38.1	12.9	1940	47.2	16.0	301
300-340	70	1734	42.7	17.7	2127	52.4	21.7	326
340-380	70	1767	43.3	17.5	2167	53.1	21.5	382
380-420	70	1904	46.6	20.1	2329	57.1	24.6	376
420-470	71	2084	51.0	28.5	2536	62.0	34.7	426
470-525	67	2109	52.5	24.6	2543	63.3	29.7	352
525-615	67	2248	56.7	30.9	2708	68.3	37.3	418
615-775	64	2424	62.6	36.3	2918	75.4	43.7	339
775-950	61	2730	71.2	39.5	3332	86.9	48.2	146
950-more	47	2803	73.0	50.4	3304	86.1	59.4	112
all classes	68	1915	47.7	22.3	2342	58.3	27.2	3462

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Bihar								
0-225	72	1410	38.3	12.9	1789	48.5	16.4	442
225-255	71	1683	45.7	15.9	2113	57.4	20.0	492
255-300	70	1832	50.2	17.8	2292	62.9	22.2	958
300-340	68	1977	53.7	22.6	2450	66.6	28.0	960
340-380	68	2104	58.0	23.2	2610	72.0	28.8	869
380-420	67	2209	60.8	26.5	2732	75.2	32.8	722
420-470	67	2313	64.8	29.7	2881	80.7	37.0	731
470-525	66	2677	77.4	44.5	3294	95.2	54.8	589
525-615	64	2660	73.5	41.0	3276	90.6	50.4	605
615-775	62	2841	80.1	46.9	3506	98.9	57.8	510
775-950	63	3217	92.0	59.1	3884	111.1	71.4	201
950-more	52	3487	97.1	73.9	4318	120.2	91.5	232
all classes	67	2121	58.7	26.5	2638	73.0	33.0	7311
Goa								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-
525-615	63	1976	50.1	32.4	2363	59.9	38.8	26
615-775	58	1944	52.7	39.8	2348	63.6	48.1	22
775-950	58	2236	63.3	46.8	2710	76.7	56.7	30
950-more	48	3531	87.6	67.0	4415	109.5	83.8	88
all classes	54	2435	62.3	45.2	2989	76.4	55.4	192
Gujarat								
0-225	65	1132	31.4	21.0	1443	40.0	26.7	42
225-255	65	1384	40.3	27.0	1748	50.9	34.1	36
255-300	67	1518	43.0	29.2	1893	53.7	36.4	98
300-340	66	1684	47.6	36.6	2109	59.6	45.9	128
340-380	65	1652	45.8	40.6	2060	57.1	50.7	160
380-420	64	1800	49.6	43.8	2239	61.7	54.5	155
420-470	64	1839	50.3	46.8	2304	63.0	58.6	241
470-525	63	1917	51.6	51.9	2386	64.2	64.6	289
525-615	61	2057	55.8	57.6	2516	68.3	70.4	360
615-775	59	2254	60.7	67.1	2767	74.6	82.4	424
775-950	58	2633	70.7	80.9	3228	86.7	99.1	256
950-more	49	2749	73.8	88.5	3355	90.1	108.1	290
all classes	60	1986	54.2	53.8	2460	67.1	66.7	2479

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Haryana								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	61	1587	47.9	25.6	2022	61.0	32.6	29
340-380	60	1745	52.7	31.5	2226	67.3	40.2	42
380-420	60	1847	56.9	36.9	2255	69.5	45.1	49
420-470	59	1902	58.1	38.6	2354	71.9	47.8	75
470-525	59	2081	63.1	44.1	2589	78.5	54.9	102
525-615	59	2281	68.1	51.3	2840	84.7	63.9	154
615-775	58	2618	84.3	61.9	3209	103.4	75.9	232
775-950	55	2676	81.6	70.1	3287	100.3	86.0	180
950-more	50	3373	101.5	96.2	4102	123.5	117.0	245
all classes	56	2455	75.3	59.1	3029	92.9	72.9	1132
Himachal Pradesh								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	67	2323	85.1	60.4	3012	110.4	78.4	23
300-340	65	1785	54.2	26.0	2248	68.2	32.7	22
340-380	63	1942	59.7	35.0	2463	75.7	44.4	59
380-420	65	1965	58.5	34.1	2414	71.8	41.9	80
420-470	63	2113	64.3	40.6	2644	80.4	50.8	127
470-525	63	2164	64.9	43.1	2697	80.8	53.7	152
525-615	62	2426	73.1	50.1	3051	92.0	63.0	224
615-775	58	2512	74.9	55.7	3097	92.4	68.7	367
775-950	53	2616	75.8	62.4	3272	94.8	78.1	205
950-more	48	3258	93.4	89.9	4027	115.4	111.2	367
all classes	56	2454	73.1	54.6	3056	91.0	68.0	1634
Jammu & Kashmir								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	67	1822	57.2	30.8	2352	73.9	39.8	22
340-380	67	1858	56.4	37.6	2367	71.9	47.9	27
380-420	64	2019	56.3	35.7	2526	70.5	44.7	44
420-470	66	2137	59.8	46.9	2718	76.1	59.7	79
470-525	68	2496	75.6	50.9	3200	96.9	65.3	126
525-615	65	2433	68.5	49.1	3042	85.7	61.4	222
615-775	64	2666	73.7	56.3	3238	89.5	68.4	434
775-950	64	3021	86.7	71.2	3666	105.2	86.4	252
950-more	53	3515	101.0	94.8	4343	124.8	117.2	248
all classes	63	2631	75.2	57.5	3266	93.3	71.4	1472

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Karnataka								
0-225	64	1125	30.7	16.2	1443	39.3	20.8	54
225-255	63	1435	37.4	21.2	1762	45.9	26.0	71
255-300	63	1493	40.5	23.0	1901	51.5	29.3	171
300-340	62	1646	44.3	26.4	2050	55.2	32.9	195
340-380	63	1685	45.0	29.0	2108	56.4	36.3	237
380-420	63	1908	50.0	31.5	2356	61.7	39.0	234
420-470	63	2121	59.7	42.6	2613	73.6	52.6	307
470-525	62	2130	56.2	36.4	2622	69.2	44.9	273
525-615	60	2258	60.4	42.0	2765	74.0	51.4	372
615-775	58	2458	65.6	45.5	2987	79.7	55.3	339
775-950	56	2645	69.2	52.1	3259	85.3	64.2	227
950-more	47	3073	79.3	66.6	3748	96.7	81.2	283
all classes	59	2028	54.2	36.6	2508	67.1	45.3	2763
Kerala								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	62	1119	26.6	18.3	1423	33.8	23.3	35
300-340	63	1285	30.8	19.4	1650	39.6	24.9	59
340-380	63	1389	34.1	21.5	1801	44.2	27.9	83
380-420	63	1500	36.7	24.4	1902	46.5	31.0	117
420-470	62	1555	39.2	26.7	1966	49.6	33.7	173
470-525	61	1708	42.9	28.0	2164	54.3	35.4	218
525-615	60	1827	47.1	32.6	2287	59.0	40.8	304
615-775	60	2053	54.9	38.0	2549	68.1	47.2	445
775-950	57	2242	60.0	45.9	2803	75.1	57.4	356
950-more	44	2618	72.9	62.0	3271	91.1	77.5	792
all classes	54	1982	52.4	38.8	2489	65.8	48.7	2604
Madhya Pradesh								
0-225	65	1454	39.6	19.5	1827	49.8	24.5	415
225-255	64	1612	44.5	17.4	2023	55.9	21.8	355
255-300	63	1757	49.0	20.0	2197	61.3	25.0	637
300-340	62	1888	52.7	24.1	2346	65.4	29.9	537
340-380	61	2095	58.6	29.2	2587	72.4	36.1	538
380-420	60	2106	60.3	30.5	2606	74.6	37.7	450
420-470	58	2226	65.9	33.3	2768	81.9	41.3	421
470-525	58	2429	69.0	46.6	3006	85.4	57.7	427
525-615	57	2493	71.6	44.2	3065	88.0	54.3	462
615-775	53	2655	76.3	49.8	3267	93.9	61.3	423
775-950	50	2882	81.5	62.6	3502	99.1	76.1	203
950-more	43	3685	101.4	89.5	4456	122.5	108.2	276
all classes	58	2062	58.2	31.3	2560	72.3	38.8	5144

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Maharashtra								
0-225	64	1337	35.5	24.3	1676	44.4	30.5	144
225-255	63	1577	44.4	23.1	1969	55.4	28.8	148
255-300	61	1615	45.2	26.2	2026	56.7	32.8	319
300-340	61	1780	50.4	29.8	2232	63.2	37.4	347
340-380	62	1838	52.1	31.5	2288	64.8	39.2	319
380-420	60	1943	54.8	34.1	2417	68.2	42.4	353
420-470	59	2070	59.4	39.7	2555	73.3	49.0	417
470-525	57	2152	59.1	42.0	2678	73.6	52.3	421
525-615	55	2125	59.9	43.7	2621	73.9	53.9	465
615-775	53	2366	66.8	52.7	2930	82.7	65.2	537
775-950	50	2369	66.8	56.8	2912	82.2	69.8	286
950-more	40	2876	79.6	77.7	3532	97.8	95.4	365
all classes	55	2012	56.5	39.7	2500	70.2	49.3	4121
Manipur								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	74	1956	45.4	16.4	2342	54.4	19.6	24
340-380	73	2704	45.6	99.4	3388	57.2	124.5	76
380-420	72	3156	45.4	143.7	3866	55.7	176.0	90
420-470	69	10490	107.7	726.9	13009	133.5	901.5	101
470-525	67	8963	83.3	592.1	11042	102.6	729.6	79
525-615	66	12776	144.2	661.9	15851	178.9	821.2	116
615-775	59	13759	230.1	727.6	16603	277.7	878.0	139
775-950	52	10122	179.3	538.0	12218	216.4	649.3	51
950-more	44	2978	94.1	45.9	3591	113.4	55.3	43
all classes	63	8349	114.9	453.8	10246	141.0	556.9	738
Meghalaya								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	65	1386	33.6	11.6	1767	42.9	14.8	21
340-380	67	1581	38.3	15.0	1953	47.3	18.5	45
380-420	68	1627	39.7	15.6	2033	49.6	19.5	69
420-470	65	1717	49.4	16.1	2127	61.1	20.0	117
470-525	63	1761	44.4	17.9	2160	54.5	21.9	151
525-615	61	1930	47.9	25.6	2358	58.5	31.2	209
615-775	56	2026	52.5	29.4	2473	64.1	35.9	203
775-950	54	2137	55.7	33.7	2674	69.7	42.2	54
950-more	58	2360	64.2	40.4	2916	79.3	49.9	59
all classes	60	1858	47.8	22.9	2287	58.9	28.2	933

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

								Rural
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Mizoram								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	69	7048	45.1	13.4	8461	54.1	16.1	23
420-470	67	10573	40.4	508.9	13047	49.9	627.9	22
470-525	64	6001	64.7	321.5	7344	79.2	393.4	42
525-615	62	5758	50.7	384.4	7037	62.0	469.8	57
615-775	61	3124	110.5	81.3	3795	134.2	98.8	99
775-950	59	3009	94.4	60.9	3633	113.9	73.5	85
950-more	53	3635	126.6	91.2	4420	153.9	110.9	85
all classes	59	4481	86.3	167.2	5455	105.0	203.6	428
Nagaland								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-
525-615	68	2007	55.7	10.0	2444	67.8	12.1	21
615-775	61	1992	55.6	13.2	2445	68.3	16.2	100
775-950	61	2250	65.8	17.0	2711	79.2	20.5	99
950-more	57	2851	76.8	54.5	3448	92.9	65.9	245
all classes	59	2398	66.3	30.4	2908	80.4	36.9	480
Orissa								
0-225	73	1545	35.0	8.5	1967	44.5	10.9	412
225-255	71	1773	40.5	10.6	2220	50.7	13.3	271
255-300	70	1911	43.5	12.2	2384	54.2	15.3	439
300-340	69	2117	48.9	15.1	2627	60.6	18.7	440
340-380	67	2189	51.4	15.2	2696	63.3	18.8	339
380-420	66	2346	54.8	17.7	2879	67.3	21.7	314
420-470	64	2344	55.1	18.7	2898	68.1	23.2	303
470-525	62	2499	60.8	21.4	3105	75.5	26.5	228
525-615	60	2591	63.1	24.1	3200	77.9	29.8	235
615-775	57	2742	70.1	31.1	3374	86.3	38.3	243
775-950	51	2894	74.2	34.1	3560	91.3	41.9	115
950-more	48	3151	81.9	43.9	3771	98.0	52.6	138
all classes	64	2119	49.9	16.3	2635	62.1	20.2	3477

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

								Rural
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Punjab								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	61	1502	46.9	29.1	1908	59.6	36.9	37
340-380	61	1712	52.5	33.5	2179	66.8	42.6	69
380-420	61	1792	54.4	35.4	2277	69.2	45.0	74
420-470	57	1881	57.4	41.2	2335	71.2	51.2	119
470-525	56	1968	59.7	42.1	2420	73.4	51.8	173
525-615	56	2120	63.4	47.0	2644	79.0	58.6	267
615-775	54	2361	70.7	57.6	2935	87.9	71.6	443
775-950	52	2668	79.5	72.1	3296	98.2	89.1	347
950-more	47	3295	99.3	92.6	4029	121.4	113.2	597
all classes	52	2381	71.7	58.7	2955	88.9	72.9	2152
Rajasthan								
0-225	60	1338	42.1	20.1	1736	54.6	26.1	29
225-255	62	1693	54.4	23.3	2143	68.8	29.5	34
255-300	62	1727	55.1	26.9	2179	69.6	33.9	107
300-340	62	1828	58.4	31.5	2347	75.0	40.4	142
340-380	63	2003	65.9	37.6	2492	81.9	46.8	194
380-420	62	2075	65.7	40.7	2615	82.8	51.4	252
420-470	61	2217	69.6	44.6	2795	87.7	56.2	333
470-525	61	2353	75.6	48.8	2931	94.1	60.8	368
525-615	61	2543	80.8	57.5	3171	100.7	71.7	498
615-775	59	2724	86.5	65.4	3368	106.9	80.9	601
775-950	57	3083	96.8	78.9	3777	118.6	96.6	322
950-more	54	3893	119.6	112.7	4793	147.3	138.8	349
all classes	60	2425	76.9	53.5	3029	96.1	66.8	3229
Sikkim								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	64	1607	41.1	20.0	1950	49.9	24.3	38
300-340	62	2442	42.8	101.7	2981	52.2	124.1	63
340-380	61	1801	46.7	25.0	2239	58.1	31.1	72
380-420	64	1921	49.3	26.0	2334	59.9	31.6	105
420-470	60	1817	46.9	27.0	2229	57.5	33.1	132
470-525	60	1859	48.2	29.2	2233	57.9	35.1	109
525-615	56	1990	54.2	35.3	2390	65.1	42.3	150
615-775	56	2245	62.0	39.7	2663	73.6	47.1	178
775-950	50	2139	57.6	41.2	2609	70.2	50.2	81
950-more	46	2786	92.5	65.7	3375	112.1	79.6	112
all classes	57	2024	52.6	39.0	2456	63.8	47.3	1056

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Tamil Nadu								
0-225	63	1093	25.6	13.2	1386	32.5	16.8	130
225-255	64	1278	29.8	15.7	1621	37.8	20.0	130
255-300	65	1383	32.9	18.2	1730	41.1	22.7	289
300-340	65	1543	36.7	21.0	1919	45.6	26.1	327
340-380	64	1618	38.9	22.5	1997	48.1	27.7	324
380-420	64	1701	41.2	25.4	2100	50.8	31.3	335
420-470	63	1823	44.1	30.1	2257	54.6	37.2	382
470-525	63	1922	47.2	29.8	2373	58.3	36.8	399
525-615	61	2054	51.0	34.4	2549	63.3	42.7	490
615-775	57	2202	55.0	39.1	2723	68.0	48.3	581
775-950	53	2314	58.5	44.8	2834	71.6	54.9	296
950-more	48	2855	77.0	61.7	3498	94.4	75.6	490
all classes	59	1826	44.9	29.5	2265	55.7	36.6	4173
Tripura								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	70	1507	43.2	10.9	1840	52.7	13.3	30
300-340	69	3989	38.1	279.4	4843	46.2	339.3	65
340-380	69	1687	40.7	13.5	2031	49.0	16.2	77
380-420	69	1987	50.4	25.8	2389	60.6	31.0	99
420-470	69	1999	50.8	22.9	2417	61.4	27.6	141
470-525	66	2039	50.8	19.9	2424	60.4	23.7	124
525-615	66	2530	57.5	59.8	3006	68.4	71.0	171
615-775	63	2386	61.9	35.2	2894	75.1	42.7	161
775-950	60	2515	64.9	44.4	2988	77.2	52.8	76
950-more	55	2940	90.2	51.5	3488	107.0	61.1	73
all classes	65	2293	53.3	49.5	2753	64.0	59.4	1031
Uttar Pradesh								
0-225	63	1466	43.8	15.1	1887	56.4	19.5	339
225-255	63	1734	51.9	18.1	2200	65.9	23.0	359
255-300	63	1893	54.9	26.6	2395	69.5	33.7	824
300-340	61	1990	60.0	25.3	2507	75.7	31.9	883
340-380	62	2100	63.8	28.1	2640	80.2	35.4	902
380-420	61	2226	68.8	31.9	2791	86.2	40.0	868
420-470	60	2375	70.7	38.5	2977	88.7	48.3	938
470-525	59	2470	73.9	39.2	3086	92.3	48.9	873
525-615	58	2631	78.6	48.1	3282	98.1	60.1	1046
615-775	55	2907	89.2	55.0	3595	110.3	68.1	1138
775-950	53	3190	95.4	70.2	3924	117.3	86.4	607
950-more	44	3815	107.5	92.5	4738	133.5	114.9	655
all classes	57	2327	69.7	37.6	2918	87.5	47.1	9432

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
West Bengal								
0-225	71	1309	29.8	10.7	1650	37.6	13.5	149
225-255	72	1535	36.2	13.1	1912	45.1	16.3	157
255-300	72	1641	39.4	15.0	2036	48.9	18.5	319
300-340	71	1837	44.0	17.2	2275	54.5	21.3	381
340-380	70	1935	47.9	18.6	2375	58.8	22.9	434
380-420	68	1994	48.0	19.6	2452	59.1	24.1	445
420-470	68	2160	53.0	23.6	2639	64.8	28.9	523
470-525	67	2325	58.1	26.6	2830	70.7	32.3	472
525-615	66	2379	59.8	30.2	2891	72.6	36.7	546
615-775	64	2648	67.4	35.3	3228	82.2	43.0	533
775-950	60	2821	73.7	41.5	3418	89.3	50.3	270
950-more	48	3285	80.8	85.3	4004	98.4	104.0	321
all classes	66	2095	51.6	24.2	2573	63.4	29.7	4550
A. & N. Islands								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-
525-615	65	1948	49.7	30.6	2340	59.7	36.7	48
615-775	64	2033	53.7	35.6	2472	65.3	43.3	67
775-950	65	2356	63.2	40.8	2857	76.6	49.4	42
950-more	54	2676	74.9	55.4	3224	90.2	66.7	80
all classes	62	2101	56.2	37.1	2551	68.3	45.0	273
Chandigarh								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-
615-775	54	1970	53.6	47.0	2339	63.6	55.7	21
775-950	54	2465	72.2	53.9	2856	83.7	62.4	32
950-more	43	2702	78.9	78.2	3047	89.0	88.2	102
all classes	48	2260	65.5	57.1	2645	76.7	66.8	180

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

Rural								
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Dadra & Nagar Haveli								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	61	1957	54.2	25.5	2485	68.8	32.4	23
470-525	-	-	-	-	-	-	-	-
525-615	60	2137	54.2	34.0	2606	66.1	41.4	29
615-775	56	2186	55.8	38.9	2663	67.9	47.4	22
775-950	-	-	-	-	-	-	-	-
950-more	60	3227	79.3	68.7	3604	88.6	76.7	29
all classes	60	2085	53.6	32.1	2540	65.3	39.2	192
Daman & Diu								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-
615-775	55	2037	50.1	43.9	2502	61.5	53.9	29
775-950	55	2363	58.7	48.1	2807	69.7	57.2	36
950-more	51	2630	68.6	60.2	3022	78.8	69.2	82
all classes	54	2278	57.6	47.9	2704	68.4	56.9	180
Delhi								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-
615-775	49	1572	43.1	37.6	1804	49.4	43.1	31
775-950	45	1738	49.3	45.9	2026	57.5	53.5	33
950-more	41	2063	61.7	59.9	2382	71.3	69.1	103
all classes	44	1825	52.7	49.2	2128	61.5	57.4	187

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Table 1R: Per capita and per consumer unit intake of calorie, protein and fat per diem by MPCE class

								Rural
MPCE class(Rs)	% expenditure on food	per capita per diem intake of			per consumer unit per diem intake of			no. of sample hhs
		calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Lakshadweep								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-
615-775	-	-	-	-	-	-	-	-
775-950	64	2607	60.2	63.0	3068	70.8	74.2	20
950-more	57	3021	73.1	80.5	3611	87.4	96.2	40
all classes	62	2489	58.7	61.3	3050	72.0	75.2	84
Pondicherry								
0-225	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-
420-470	57	1670	41.4	22.6	2053	50.9	27.8	22
470-525	59	1811	44.5	30.0	2274	55.9	37.6	20
525-615	57	2063	51.6	34.4	2570	64.3	42.9	42
615-775	58	2162	53.9	41.3	2716	67.7	51.8	38
775-950	55	2384	61.2	51.4	3030	77.8	65.4	35
950-more	50	2684	68.5	54.0	3268	83.3	65.8	60
all classes	57	1998	49.1	34.0	2489	61.1	42.4	288
all-India								
0-225	67	1383	36.3	14.7	1755	46.1	18.7	2547
225-255	67	1609	43.2	16.9	2023	54.3	21.2	2451
255-300	66	1733	47.1	20.8	2173	59.0	26.1	5147
300-340	65	1868	50.6	24.2	2330	63.1	30.2	5588
340-380	65	1957	53.6	26.4	2433	66.7	32.8	5892
380-420	64	2054	56.3	29.4	2548	69.9	36.5	5895
420-470	63	2173	59.6	36.1	2698	74.0	44.8	6783
470-525	62	2289	63.0	39.9	2834	78.0	49.4	6635
525-615	60	2403	66.1	45.8	2967	81.7	56.5	8253
615-775	58	2581	72.8	52.8	3177	89.6	65.0	9383
775-950	55	2735	76.9	60.8	3355	94.3	74.6	5337
950-more	46	3178	88.8	80.8	3893	108.8	99.0	7474
all classes	59	2149	59.1	36.1	2668	73.4	44.9	71385

Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Andhra Pradesh								
0-300	67	1385	32.7	17.1	1736	41.0	21.4	133
300-350	65	1576	37.7	20.8	1943	46.4	25.6	161
350-425	63	1717	41.0	26.0	2129	50.9	32.3	350
425-500	59	1792	43.8	27.3	2179	53.2	33.2	384
500-575	58	1925	46.8	32.4	2349	57.1	39.6	355
575-665	55	1942	48.6	35.5	2386	59.8	43.6	309
665-775	51	2037	50.2	40.3	2480	61.1	49.1	356
775-915	48	2235	54.2	56.4	2725	66.1	68.8	348
915-1120	45	2248	57.4	49.9	2731	69.8	60.7	433
1120-1500	41	2443	63.2	60.6	2967	76.8	73.7	435
1500-1925	39	3330	81.2	96.9	3999	97.4	116.3	256
1925-more	29	2914	76.4	79.1	3489	91.5	94.8	286
all classes	47	2052	50.8	41.5	2508	62.0	50.7	3806
Arunachal Pradesh								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	64	3029	134.0	26.3	3720	164.6	32.3	20
500-575	67	5795	102.7	386.3	6796	120.4	453.0	22
575-665	66	9935	94.3	436.3	11645	110.5	511.4	22
665-775	63	3088	94.6	80.0	3705	113.5	96.1	27
775-915	60	3662	82.3	126.4	4315	96.9	148.9	25
915-1120	56	5200	186.4	142.6	6334	227.0	173.8	26
1120-1500	52	4247	135.0	150.1	4956	157.6	175.2	27
1500-1925	45	7630	84.2	550.1	8821	97.3	635.9	22
1925-more	-	-	-	-	-	-	-	-
all classes	58	5020	102.5	215.4	5920	120.9	254.0	233
Assam								
0-300	-	-	-	-	-	-	-	-
300-350	70	1478	35.9	14.5	1891	45.9	18.5	20
350-425	66	1644	40.4	16.6	1988	48.9	20.0	53
425-500	65	1863	45.3	19.9	2258	54.9	24.2	74
500-575	63	1857	46.9	22.4	2277	57.5	27.5	66
575-665	62	2520	60.9	74.2	3024	73.1	89.1	87
665-775	61	2174	57.1	34.5	2646	69.5	42.0	77
775-915	57	2124	55.7	34.0	2535	66.5	40.6	94
915-1120	58	2542	72.2	50.2	3011	85.5	59.5	101
1120-1500	52	2518	68.6	50.8	2995	81.6	60.4	142
1500-1925	47	2977	80.4	71.5	3722	100.5	89.4	66
1925-more	38	2909	79.5	69.3	3624	99.0	86.3	53
all classes	55	2174	56.5	38.7	2630	68.3	46.8	852

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			no. of sample hhs
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Urban								
Bihar								
0-300	69	1444	40.3	15.0	1813	50.6	18.8	210
300-350	68	1805	51.3	19.6	2216	63.0	24.1	191
350-425	66	1952	54.6	23.3	2396	67.1	28.6	300
425-500	66	2298	66.0	29.0	2825	81.1	35.7	226
500-575	61	2184	61.0	32.1	2666	74.5	39.2	220
575-665	61	2353	66.3	39.4	2872	80.9	48.1	185
665-775	58	2470	70.4	42.7	2922	83.3	50.5	208
775-915	54	2479	68.8	50.3	2957	82.0	60.0	159
915-1120	53	2636	74.0	56.6	3113	87.3	66.9	167
1120-1500	48	2953	81.7	73.5	3504	96.9	87.3	182
1500-1925	45	2963	86.2	73.5	3516	102.3	87.2	114
1925-more	40	3658	94.7	89.5	4354	112.7	106.6	117
all classes	57	2171	61.0	34.2	2645	74.4	41.7	2279
Goa								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-
665-775	59	1894	56.7	35.3	2309	69.1	43.1	27
775-915	59	1955	55.9	40.0	2422	69.3	49.6	34
915-1120	54	2079	59.2	46.2	2583	73.5	57.4	41
1120-1500	51	2389	70.1	56.9	2894	85.0	68.9	52
1500-1925	53	3078	90.0	94.9	3796	110.9	117.0	44
1925-more	38	3045	98.9	82.4	3807	123.6	103.0	45
all classes	51	2205	65.1	53.0	2724	80.4	65.4	284
Gujarat								
0-300	67	1183	33.9	25.6	1512	43.3	32.7	24
300-350	66	1401	38.7	34.1	1783	49.3	43.3	56
350-425	64	1517	41.4	39.5	1885	51.4	49.1	118
425-500	60	1617	44.7	42.3	1988	54.9	52.0	225
500-575	60	1797	50.2	51.1	2197	61.4	62.5	261
575-665	58	1887	51.6	56.1	2327	63.6	69.2	268
665-775	55	1997	56.2	58.8	2447	68.9	72.0	309
775-915	53	2211	58.0	67.8	2684	70.4	82.3	349
915-1120	50	2393	58.0	95.4	2899	70.3	115.5	349
1120-1500	46	2402	63.8	87.0	2908	77.3	105.4	407
1500-1925	44	2601	65.3	102.8	3161	79.4	124.9	222
1925-more	33	2594	65.6	98.0	3168	80.1	119.7	176
all classes	50	2058	54.7	67.0	2518	66.9	82.0	2764

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Haryana								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	53	1457	43.6	27.1	1806	54.0	33.6	30
425-500	53	1698	52.5	28.0	2185	67.6	36.1	28
500-575	53	1977	58.3	40.1	2455	72.4	49.7	54
575-665	50	1906	55.0	43.3	2360	68.1	53.6	76
665-775	51	2033	61.5	51.6	2498	75.5	63.4	72
775-915	48	2160	61.6	56.5	2604	74.3	68.1	114
915-1120	49	2511	70.3	76.5	3070	86.0	93.5	126
1120-1500	43	2347	68.5	69.1	2801	81.8	82.5	124
1500-1925	40	2502	73.5	80.5	3007	88.4	96.8	60
1925-more	36	3096	88.5	106.8	3809	108.9	131.4	56
all classes	46	2172	62.5	56.3	2665	76.7	69.1	758
Himachal Pradesh								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	57	1979	57.4	36.5	2459	71.4	45.4	21
575-665	62	2573	81.0	59.3	3164	99.7	72.9	43
665-775	55	2279	63.5	47.6	2817	78.5	58.8	60
775-915	55	2400	69.7	63.0	2951	85.7	77.5	106
915-1120	48	2656	68.7	60.9	3137	81.1	71.9	125
1120-1500	48	2673	77.5	78.2	3237	93.9	94.8	220
1500-1925	45	3114	91.3	98.6	3757	110.2	118.9	147
1925-more	35	3448	92.3	114.9	4102	109.9	136.8	188
all classes	45	2655	75.0	71.6	3218	90.9	86.7	947
Jammu & Kashmir								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	65	1914	53.0	35.5	2344	64.9	43.5	38
500-575	66	2023	55.7	38.7	2492	68.6	47.7	59
575-665	64	2166	57.7	41.4	2699	72.0	51.6	90
665-775	61	3008	70.9	50.9	3695	87.1	62.5	125
775-915	60	6960	123.3	77.4	8402	148.8	93.4	165
915-1120	57	8076	140.3	84.9	9721	168.9	102.2	171
1120-1500	53	4496	101.0	80.9	5429	122.0	97.7	183
1500-1925	45	5939	121.8	95.6	7225	148.2	116.3	96
1925-more	38	3231	95.2	95.1	3889	114.6	114.5	60
all classes	56	4890	98.5	67.7	5955	119.9	82.4	1008

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Karnataka								
0-300	63	1327	34.6	20.3	1649	43.0	25.2	81
300-350	64	1478	39.6	25.0	1810	48.5	30.6	60
350-425	60	1509	39.4	26.8	1868	48.8	33.2	150
425-500	60	1719	44.6	31.5	2103	54.6	38.5	198
500-575	59	1841	47.6	31.3	2275	58.8	38.7	202
575-665	55	1950	51.0	37.6	2376	62.2	45.8	249
665-775	54	2011	52.4	41.4	2455	63.9	50.6	233
775-915	51	2134	55.4	46.6	2611	67.8	57.0	256
915-1120	47	2208	57.9	54.0	2685	70.4	65.7	279
1120-1500	44	2429	63.1	60.9	2928	76.1	73.5	344
1500-1925	40	2515	67.8	68.4	3030	81.7	82.3	195
1925-more	30	2813	74.3	80.1	3341	88.2	95.2	223
all classes	46	2046	53.5	45.1	2494	65.2	54.9	2470
Kerala								
0-300	61	937	23.1	16.3	1239	30.5	21.5	33
300-350	65	1248	31.8	20.1	1580	40.3	25.4	39
350-425	63	1379	34.5	23.2	1742	43.6	29.3	110
425-500	65	1602	42.5	28.4	2040	54.1	36.2	128
500-575	61	1760	47.7	34.1	2192	59.5	42.5	146
575-665	60	1834	49.5	34.8	2289	61.8	43.4	187
665-775	57	1992	54.7	38.6	2464	67.6	47.7	198
775-915	53	1991	54.6	42.6	2513	68.9	53.8	206
915-1120	51	2196	61.9	49.3	2743	77.3	61.6	250
1120-1500	47	2388	67.5	56.9	2957	83.6	70.4	316
1500-1925	43	2607	74.7	67.0	3226	92.4	82.9	181
1925-more	34	2876	85.7	76.7	3604	107.4	96.2	221
all classes	49	1995	55.2	42.9	2498	69.1	53.7	2015
Madhya Pradesh								
0-300	61	1466	44.5	21.0	1841	55.9	26.4	194
300-350	60	1618	47.7	25.6	1995	58.9	31.6	182
350-425	59	1807	52.7	30.0	2236	65.1	37.1	335
425-500	57	1961	57.1	35.8	2409	70.2	44.0	338
500-575	54	1983	57.2	37.8	2419	69.8	46.1	281
575-665	52	2071	59.2	40.8	2515	71.9	49.6	313
665-775	51	2237	63.9	48.7	2687	76.7	58.5	313
775-915	48	2379	69.4	55.2	2878	84.0	66.8	311
915-1120	47	3177	81.6	63.3	3825	98.3	76.2	257
1120-1500	41	2583	72.0	67.4	3157	87.9	82.3	286
1500-1925	37	2925	77.3	82.1	3565	94.2	100.1	166
1925-more	26	3303	86.4	104.4	3899	101.9	123.3	169
all classes	48	2132	60.6	43.5	2604	74.1	53.2	3145

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			no. of sample hhs
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Urban								
Maharashtra								
0-300	63	1322	38.6	21.6	1642	47.9	26.9	141
300-350	61	1553	45.8	27.9	1931	56.9	34.7	141
350-425	61	1734	47.9	30.3	2156	59.6	37.7	292
425-500	59	1841	48.8	49.9	2283	60.6	61.9	337
500-575	56	1773	50.0	38.4	2172	61.2	47.0	379
575-665	56	1994	55.8	43.2	2421	67.7	52.4	386
665-775	53	1950	54.0	48.5	2368	65.5	58.9	465
775-915	50	2005	55.6	51.8	2432	67.4	62.8	525
915-1120	49	2202	58.7	59.2	2642	70.4	71.0	626
1120-1500	45	2297	62.2	65.2	2764	74.8	78.4	812
1500-1925	41	2486	67.1	78.0	3006	81.2	94.3	544
1925-more	31	2634	71.4	88.7	3213	87.1	108.2	586
all classes	45	2039	55.9	52.6	2484	68.1	64.1	5234
Manipur								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	69	4383	49.7	178.5	5325	60.3	216.8	38
425-500	68	12969	274.9	692.3	15670	332.1	836.5	85
500-575	64	19562	368.8	1259.1	24287	457.9	1563.2	106
575-665	62	18078	265.4	1189.8	22374	328.4	1472.6	117
665-775	58	23817	457.8	1542.9	29205	561.3	1891.9	159
775-915	55	15785	312.7	1079.9	19474	385.7	1332.3	69
915-1120	49	20134	386.5	1258.9	25046	480.8	1566.0	35
1120-1500	49	5799	73.0	235.9	7197	90.6	292.7	41
1500-1925	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-
all classes	56	16715	306.1	1048.8	20526	375.9	1287.9	665
Meghalaya								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	54	1921	48.9	28.7	2342	59.6	35.0	23
665-775	51	1929	53.7	33.4	2347	65.4	40.6	49
775-915	49	1902	50.1	36.5	2332	61.4	44.7	67
915-1120	48	1954	54.0	36.6	2397	66.3	44.9	66
1120-1500	43	2200	61.3	47.3	2686	74.8	57.7	93
1500-1925	41	2369	68.2	56.0	2888	83.1	68.3	41
1925-more	45	2736	65.2	56.0	3235	77.1	66.2	23
all classes	47	2006	54.5	37.3	2445	66.5	45.5	384

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Mizoram								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	61	8079	100.9	76.3	9807	122.4	92.7	29
575-665	60	2705	74.1	46.7	3306	90.5	57.1	60
665-775	59	3397	79.3	124.0	4217	98.4	153.9	101
775-915	55	3611	79.0	54.1	4407	96.4	66.1	121
915-1120	55	2461	67.5	44.4	2968	81.4	53.6	168
1120-1500	53	3533	121.7	101.3	4273	147.3	122.5	201
1500-1925	47	3287	97.5	68.1	3999	118.6	82.8	80
1925-more	39	3632	121.7	78.3	4393	147.3	94.7	69
all classes	52	3954	89.7	90.9	4811	109.2	110.6	858
Nagaland								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-
775-915	53	1844	51.0	18.8	2204	61.0	22.4	30
915-1120	51	2096	59.9	23.7	2444	69.9	27.6	41
1120-1500	48	2195	68.1	27.6	2599	80.7	32.7	79
1500-1925	41	2372	72.8	29.2	2846	87.3	35.0	46
1925-more	45	3096	109.8	48.3	3732	132.3	58.3	43
all classes	48	2165	66.4	27.3	2578	79.0	32.5	264
Orissa								
0-300	69	1739	39.9	10.2	2100	48.2	12.4	85
300-350	69	1953	47.0	15.3	2452	59.1	19.2	72
350-425	66	2011	49.0	15.9	2510	61.1	19.8	94
425-500	62	2450	59.6	20.9	3028	73.7	25.8	119
500-575	59	2289	56.5	25.2	2762	68.2	30.4	90
575-665	61	2396	61.1	33.3	2896	73.8	40.3	87
665-775	59	2474	65.5	35.5	3017	79.8	43.3	101
775-915	56	2519	65.7	39.9	3014	78.6	47.7	92
915-1120	53	2563	68.2	43.7	3074	81.9	52.4	98
1120-1500	49	2860	74.9	52.0	3390	88.7	61.6	104
1500-1925	40	2921	79.3	53.1	3412	92.6	62.0	45
1925-more	39	3652	110.7	89.6	4592	139.2	112.7	63
all classes	57	2298	57.8	27.4	2802	70.5	33.4	1050

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Punjab								
0-300	-	-	-	-	-	-	-	-
300-350	62	1656	44.1	47.2	2105	56.1	60.0	20
350-425	58	1590	48.1	32.1	1962	59.3	39.6	70
425-500	56	1740	50.3	36.6	2139	61.8	45.0	133
500-575	55	1870	58.5	42.5	2291	71.7	52.0	132
575-665	53	2096	59.6	55.7	2577	73.2	68.5	182
665-775	51	2127	64.0	52.4	2579	77.6	63.6	190
775-915	49	2235	65.2	59.1	2681	78.2	70.9	239
915-1120	47	2370	69.1	64.7	2844	82.9	77.7	294
1120-1500	44	2603	74.9	74.2	3084	88.8	87.9	315
1500-1925	40	2694	80.9	81.3	3219	96.7	97.1	152
1925-more	38	3311	102.3	108.6	4055	125.3	133.1	145
all classes	47	2197	64.8	57.9	2667	78.7	70.3	1883
Rajasthan								
0-300	65	1439	46.1	22.4	1846	59.1	28.7	30
300-350	61	1563	51.6	28.3	1979	65.4	35.9	47
350-425	61	1776	56.3	33.2	2243	71.0	42.0	132
425-500	59	1986	59.8	46.2	2488	75.0	57.8	175
500-575	58	2080	65.0	44.8	2565	80.2	55.2	210
575-665	57	2181	66.3	52.9	2669	81.1	64.8	225
665-775	55	2320	69.1	61.8	2824	84.1	75.3	224
775-915	54	2443	72.1	62.9	2989	88.2	77.0	226
915-1120	51	2616	77.7	77.1	3199	95.0	94.3	227
1120-1500	47	3563	109.6	117.3	4268	131.3	140.4	210
1500-1925	41	2714	75.5	91.3	3250	90.3	109.3	153
1925-more	33	3359	90.1	119.0	4013	107.7	142.2	126
all classes	51	2335	70.4	61.5	2869	86.5	75.5	1985
Sikkim								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-
665-775	52	1957	53.0	34.9	2335	63.3	41.6	31
775-915	51	1951	52.2	36.9	2309	61.8	43.6	41
915-1120	48	4658	145.3	54.5	5516	172.1	64.5	38
1120-1500	42	2635	72.9	62.3	3121	86.3	73.8	51
1500-1925	43	2324	64.6	48.2	2651	73.7	55.0	37
1925-more	40	2907	73.4	66.0	3313	83.7	75.2	28
all classes	48	2378	66.4	40.5	2824	78.8	48.1	288

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Tamil Nadu								
0-300	64	1158	27.3	16.4	1451	34.3	20.5	145
300-350	63	1454	35.7	22.4	1794	44.0	27.7	131
350-425	60	1485	36.3	23.2	1837	44.9	28.7	295
425-500	60	1624	39.7	27.5	2032	49.7	34.5	334
500-575	58	1732	43.0	30.9	2142	53.3	38.3	352
575-665	56	1848	45.5	42.3	2298	56.6	52.6	400
665-775	54	1940	48.8	37.2	2395	60.2	45.9	432
775-915	54	2143	55.7	45.0	2647	68.8	55.6	419
915-1120	50	2236	57.1	53.1	2744	70.1	65.1	493
1120-1500	46	2467	64.9	56.7	3009	79.1	69.1	550
1500-1925	42	2840	70.1	76.2	3513	86.8	94.2	326
1925-more	26	3275	93.4	82.6	4050	115.5	102.1	335
all classes	46	2030	51.7	43.2	2509	63.9	53.4	4212
Tripura								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	69	1763	41.9	13.7	2086	49.6	16.3	37
425-500	68	1893	47.3	18.8	2324	58.1	23.0	38
500-575	67	2061	52.3	21.8	2435	61.8	25.8	52
575-665	64	1959	49.4	24.1	2412	60.8	29.7	49
665-775	64	2219	56.6	31.1	2668	68.0	37.4	58
775-915	60	2316	60.0	32.2	2820	73.1	39.2	49
915-1120	55	2715	66.1	72.3	3278	79.8	87.2	83
1120-1500	52	2579	64.8	61.7	3154	79.2	75.4	77
1500-1925	47	2573	70.7	51.7	3164	86.9	63.6	68
1925-more	44	3443	102.5	107.6	4253	126.6	132.9	45
all classes	56	2281	58.4	39.9	2761	70.7	48.3	569
Uttar Pradesh								
0-300	62	1421	42.6	19.6	1765	52.9	24.4	332
300-350	62	1724	53.2	27.0	2131	65.8	33.4	311
350-425	60	1796	54.3	29.2	2238	67.6	36.4	512
425-500	58	1943	58.7	34.3	2401	72.6	42.4	534
500-575	55	1993	59.7	38.7	2470	74.0	47.9	433
575-665	56	2198	65.0	42.7	2674	79.1	51.9	448
665-775	54	2356	69.1	54.4	2873	84.3	66.3	395
775-915	52	2449	69.2	55.1	2937	83.0	66.1	400
915-1120	48	2714	72.3	78.8	3293	87.8	95.6	403
1120-1500	45	2822	76.5	82.8	3367	91.3	98.8	392
1500-1925	40	2994	82.7	85.1	3522	97.2	100.1	240
1925-more	33	3101	86.6	91.4	3713	103.7	109.5	238
all classes	51	2131	62.0	45.5	2610	76.0	55.8	4638

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			no. of sample hhs
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Urban								
West Bengal								
0-300	68	1352	33.0	14.4	1690	41.2	18.0	90
300-350	69	1553	38.2	17.5	1897	46.6	21.4	89
350-425	66	1771	44.8	23.6	2153	54.5	28.7	237
425-500	65	1954	48.4	31.1	2379	58.9	37.8	318
500-575	60	1918	49.3	27.3	2340	60.2	33.4	294
575-665	59	2103	54.3	31.8	2527	65.2	38.2	319
665-775	57	2067	55.1	35.6	2507	66.9	43.1	331
775-915	56	2220	59.8	40.0	2662	71.7	48.0	375
915-1120	52	2270	62.1	46.1	2764	75.6	56.1	404
1120-1500	49	2434	66.2	57.1	2967	80.7	69.6	488
1500-1925	43	2604	67.9	79.1	3196	83.3	97.1	252
1925-more	40	3478	85.3	101.8	4345	106.6	127.1	235
all classes	52	2134	55.5	40.2	2597	67.6	48.9	3432
A. & N. Islands								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-
775-915	58	2086	70.7	39.5	2520	85.4	47.7	28
915-1120	55	2033	55.7	38.1	2500	68.5	46.8	26
1120-1500	52	2224	63.8	46.0	2625	75.3	54.2	45
1500-1925	46	2535	76.0	54.8	2987	89.6	64.6	27
1925-more	34	2583	81.9	64.3	3108	98.6	77.4	28
all classes	51	2076	60.8	41.3	2491	72.9	49.5	191
Chandigarh								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	58	1672	50.0	37.9	2027	60.6	45.9	25
575-665	54	1894	54.7	43.9	2406	69.5	55.8	40
665-775	50	1840	54.3	48.8	2282	67.3	60.5	42
775-915	49	2005	59.5	51.2	2430	72.1	62.0	54
915-1120	47	2282	64.4	61.5	2740	77.3	73.9	82
1120-1500	44	2453	74.9	69.4	2956	90.2	83.6	146
1500-1925	39	2521	74.0	80.5	3007	88.2	96.0	109
1925-more	30	2644	76.3	90.2	3259	94.1	111.2	226
all classes	39	2248	66.1	65.2	2741	80.5	79.5	765

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Dadra & Nagar Haveli								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-
775-915	-	-	-	-	-	-	-	-
915-1120	-	-	-	-	-	-	-	-
1120-1500	49	2507	68.5	58.4	2952	80.6	68.8	23
1500-1925	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-
all classes	48	2306	60.5	55.1	2787	73.1	66.6	96
Daman & Diu								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	56	1685	47.9	47.7	2228	63.3	63.1	20
665-775	59	1977	57.4	56.4	2432	70.7	69.4	31
775-915	58	2167	62.2	61.7	2648	76.0	75.3	34
915-1120	56	2371	66.7	68.8	2826	79.6	82.0	28
1120-1500	49	2478	67.2	68.5	2932	79.5	81.1	26
1500-1925	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-
all classes	54	2217	62.5	62.4	2723	76.7	76.6	192
Delhi								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	65	1469	43.9	29.2	1834	54.8	36.5	35
425-500	61	1543	47.0	31.2	1907	58.1	38.5	28
500-575	58	1750	55.1	35.1	2171	68.4	43.5	35
575-665	55	1735	52.0	40.8	2123	63.6	49.9	65
665-775	53	1788	52.7	43.8	2219	65.5	54.4	79
775-915	51	1928	58.3	48.1	2336	70.6	58.3	134
915-1120	50	2097	60.8	59.0	2521	73.1	70.9	151
1120-1500	46	2413	66.2	71.3	2919	80.1	86.3	198
1500-1925	41	2441	68.3	74.8	2950	82.5	90.4	127
1925-more	31	2646	72.0	93.2	3233	88.0	113.9	220
all classes	41	2153	61.4	62.1	2623	74.8	75.7	1081

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Table 1U: Per capita and per consumer unit intake of calorie, protein and fat per diem, along with percentage of total expenditure spent on food, by MPCE class and by State/UT

MPCE class(Rs)	per capita per diem intake of				per consumer unit per diem intake of			Urban
	% expenditure on food	calorie (Kcal)	protein (gm)	fat (gm)	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Lakshadweep								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-
665-775	65	2019	55.1	45.5	2524	68.9	56.9	23
775-915	64	2285	63.4	52.1	2860	79.3	65.3	27
915-1120	58	2429	65.0	56.1	3002	80.4	69.3	28
1120-1500	59	2892	87.0	73.2	3586	107.9	90.8	35
1500-1925	59	3237	100.3	75.0	3825	118.6	88.7	20
1925-more	50	3908	112.4	96.6	4637	133.4	114.7	29
all classes	60	2449	68.5	57.2	3023	84.6	70.6	192
Pondicherry								
0-300	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-
425-500	62	1702	41.5	30.1	2089	50.9	36.9	23
500-575	59	1829	45.4	35.1	2265	56.2	43.5	38
575-665	59	1922	49.5	39.6	2345	60.4	48.3	42
665-775	54	1922	50.3	43.9	2401	62.8	54.8	31
775-915	54	2194	57.7	46.0	2681	70.5	56.2	45
915-1120	51	2217	58.7	50.8	2732	72.3	62.7	50
1120-1500	46	2445	66.7	63.1	3066	83.7	79.1	47
1500-1925	41	2542	67.7	80.6	3151	83.9	99.8	27
1925-more	31	2934	77.5	76.2	3662	96.7	95.1	30
all classes	51	1974	50.9	42.5	2441	62.9	52.6	384
all-India								
0-300	64	1398	38.8	18.6	1745	48.4	23.3	1585
300-350	64	1654	46.4	24.3	2047	57.4	30.1	1586
350-425	62	1729	47.4	27.6	2143	58.8	34.2	3290
425-500	60	1912	51.9	36.4	2359	64.0	44.8	3886
500-575	58	1968	54.0	39.9	2417	66.3	49.0	3926
575-665	56	2091	56.8	46.2	2557	69.4	56.5	4374
665-775	54	2187	59.6	51.9	2665	72.6	63.3	4785
775-915	52	2297	61.9	54.4	2788	75.1	66.0	5150
915-1120	49	2467	65.0	63.2	2990	78.8	76.6	5677
1120-1500	45	2536	68.9	68.8	3063	83.2	83.1	6651
1500-1925	41	2736	73.0	80.9	3309	88.3	97.8	3901
1925-more	32	2938	80.1	91.5	3578	97.5	111.5	4113
all classes	48	2156	58.5	49.6	2637	71.5	60.7	48924

Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Rural							
Andhra Pradesh							
0-225	81.57	0.01	77.77	7.94	2.79	3.74	188
225-255	80.42	0.01	76.09	8.86	3.39	4.36	173
255-300	75.68	0.01	63.49	12.24	4.04	13.58	443
300-340	77.56	0.01	72.71	9.30	5.74	4.87	490
340-380	75.46	0.00	70.48	9.64	6.27	5.67	550
380-420	73.73	0.01	67.33	9.29	7.51	7.25	542
420-470	73.75	0.01	68.43	10.23	7.84	5.52	536
470-525	70.84	0.01	65.46	10.82	8.30	5.97	516
525-615	68.90	0.00	60.91	15.49	9.89	6.07	564
615-775	66.07	0.00	59.93	11.94	10.69	6.78	534
775-950	62.46	0.01	57.03	12.89	12.57	8.57	282
950-more	57.62	0.01	50.66	13.52	16.50	7.23	363
all classes	72.06	0.01	65.58	11.17	8.00	6.80	5181
Arunachal Pradesh							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	64.16	2.60	69.96	11.63	0.43	10.16	31
300-340	65.14	4.29	39.10	4.32	32.92	17.80	54
340-380	50.93	1.31	49.53	3.69	0.52	36.04	48
380-420	54.38	0.40	51.88	10.18	24.61	6.27	50
420-470	28.68	0.02	35.79	6.66	0.98	29.24	54
470-525	27.76	0.06	30.96	15.51	0.66	33.59	65
525-615	25.67	0.03	31.04	30.17	2.78	21.56	113
615-775	46.96	0.09	46.00	7.69	18.02	14.55	139
775-950	47.51	0.00	44.12	14.79	8.54	9.47	96
950-more	38.17	0.00	57.59	9.31	7.71	12.02	150
all classes	39.38	0.34	44.01	12.63	9.89	17.82	827
Assam							
0-225	83.87	0.00	75.92	6.06	0.87	10.85	141
225-255	82.45	0.00	75.45	6.54	1.39	9.63	143
255-300	81.92	0.02	75.28	6.71	1.94	8.27	301
300-340	78.93	0.02	71.43	7.63	1.79	8.45	326
340-380	78.95	0.01	71.42	8.16	2.32	8.60	382
380-420	77.76	0.04	70.60	8.95	2.78	8.47	376
420-470	73.88	0.01	67.00	9.69	4.82	9.07	426
470-525	75.12	0.03	67.86	9.78	4.12	8.89	352
525-615	72.08	0.00	63.92	9.95	6.21	9.28	418
615-775	69.50	0.01	60.20	10.58	6.14	10.68	339
775-950	67.86	0.00	58.90	10.96	9.48	11.38	146
950-more	61.87	0.00	54.13	12.12	6.44	12.87	112
all classes	75.91	0.01	68.24	8.94	3.90	9.22	3462

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Rural**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Bihar							
0-225	81.78	0.02	81.14	8.61	1.43	1.49	442
225-255	81.15	0.01	81.16	8.66	1.45	1.55	492
255-300	79.90	0.01	78.86	9.41	2.40	1.84	958
300-340	77.17	0.10	77.09	9.72	2.98	2.15	960
340-380	76.62	0.01	75.48	10.44	4.21	2.15	869
380-420	74.56	0.02	73.39	10.97	4.92	2.26	722
420-470	72.20	0.07	70.52	11.60	6.12	2.56	731
470-525	68.04	0.01	65.54	10.48	14.03	2.60	589
525-615	68.20	0.01	67.90	11.50	8.78	2.92	605
615-775	65.42	0.17	63.79	13.21	10.26	3.75	510
775-950	61.71	0.00	59.88	15.04	12.90	4.07	201
950-more	58.02	0.00	56.81	12.15	15.76	4.70	232
all classes	74.29	0.04	73.17	10.57	5.77	2.38	7311
Goa							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-
525-615	69.96	0.08	64.69	6.01	3.84	17.78	26
615-775	59.80	0.12	53.61	7.27	7.28	21.74	22
775-950	60.22	0.03	54.52	9.93	9.30	19.01	30
950-more	35.96	0.07	36.75	6.73	8.01	24.26	88
all classes	51.76	0.06	49.41	7.04	6.89	21.22	192
Gujarat							
0-225	69.06	0.00	77.04	10.63	5.10	0.79	42
225-255	69.90	0.00	74.74	8.55	5.68	0.80	36
255-300	69.50	0.00	74.63	10.29	5.52	1.07	98
300-340	65.57	0.00	71.59	12.06	9.34	0.73	128
340-380	61.52	0.00	68.50	12.14	9.25	1.24	160
380-420	62.17	0.00	69.63	12.49	10.63	0.96	155
420-470	59.42	0.00	67.10	13.32	11.16	1.09	241
470-525	56.90	0.00	65.78	13.22	12.29	0.86	289
525-615	55.82	0.01	63.87	12.77	14.32	1.33	360
615-775	52.24	0.01	60.63	13.72	17.01	1.08	424
775-950	50.90	0.03	58.27	13.69	17.35	1.52	256
950-more	45.92	0.03	53.50	13.68	21.19	1.37	290
all classes	56.69	0.01	64.44	12.90	13.55	1.13	2479

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Rural							
Haryana							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	67.58	0.00	77.24	8.15	9.02	0.55	29
340-380	63.47	0.00	71.59	8.07	13.18	1.57	42
380-420	61.44	0.00	68.95	8.79	16.26	0.56	49
420-470	61.79	0.00	69.58	8.15	16.70	0.68	75
470-525	59.80	0.00	68.14	7.93	17.80	0.74	102
525-615	54.64	0.00	62.61	8.75	22.41	0.58	154
615-775	52.23	0.00	55.35	12.86	26.44	0.47	232
775-950	49.42	0.00	54.93	10.68	28.27	0.41	180
950-more	43.55	0.00	48.91	10.68	33.50	1.04	245
all classes	52.56	0.00	58.47	10.29	25.12	0.68	1132
Himachal Pradesh							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	52.89	0.00	45.36	7.42	45.02	0.46	23
300-340	74.58	0.00	75.41	12.59	8.79	0.00	22
340-380	67.40	0.00	67.17	11.85	17.07	0.41	59
380-420	70.08	0.00	71.40	14.03	10.10	0.72	80
420-470	65.70	0.00	66.38	11.99	17.26	0.64	127
470-525	64.28	0.00	65.79	14.12	14.92	0.82	152
525-615	62.24	0.00	62.66	13.58	18.14	0.84	224
615-775	60.26	0.00	61.72	13.92	18.26	1.25	367
775-950	57.44	0.00	59.56	15.40	17.88	1.44	205
950-more	48.88	0.00	51.23	15.83	20.35	4.65	367
all classes	59.78	0.00	61.05	13.99	18.14	1.65	1634
Jammu & Kashmir							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	73.14	0.00	72.77	13.81	8.38	0.85	22
340-380	66.08	0.00	65.88	15.79	12.32	2.22	27
380-420	64.29	0.00	67.94	13.74	11.20	2.21	44
420-470	66.59	0.00	66.67	11.76	13.07	3.52	79
470-525	65.64	0.00	63.47	14.19	16.13	2.42	126
525-615	67.79	0.00	63.71	10.71	15.07	5.04	222
615-775	64.85	0.00	61.64	10.06	17.51	4.73	434
775-950	61.14	0.00	56.72	12.16	20.48	5.05	252
950-more	52.58	0.00	52.00	10.74	23.82	4.92	248
all classes	63.48	0.00	60.98	11.58	17.54	4.20	1472

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Rural**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Karnataka							
0-225	74.19	0.01	73.58	12.48	4.38	2.22	54
225-255	69.78	0.00	71.60	12.13	5.77	1.82	71
255-300	72.51	0.00	70.74	13.42	5.46	3.14	171
300-340	70.35	0.00	68.92	13.40	7.05	2.86	195
340-380	67.90	0.00	65.42	14.18	8.58	3.54	237
380-420	66.62	0.00	66.13	13.38	7.97	3.24	234
420-470	62.73	0.00	56.41	12.81	12.36	5.66	307
470-525	65.32	0.04	62.19	15.07	8.70	4.85	273
525-615	63.53	0.00	58.44	14.08	12.09	4.94	372
615-775	63.04	0.02	57.61	15.74	10.65	5.53	339
775-950	61.48	0.03	57.23	13.76	11.25	7.25	227
950-more	55.26	0.01	52.77	13.16	13.42	6.67	283
all classes	64.88	0.01	61.48	13.90	9.85	4.70	2763
Kerala							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	67.42	2.23	63.17	4.30	3.51	17.88	35
300-340	70.45	1.19	65.05	3.64	3.48	18.06	59
340-380	67.84	2.12	61.85	5.19	3.61	18.62	83
380-420	66.70	2.69	60.77	5.46	4.20	18.97	117
420-470	64.07	2.72	56.91	6.55	4.63	19.51	173
470-525	62.49	2.99	55.78	6.02	4.40	18.79	218
525-615	61.79	3.19	54.51	6.85	5.92	20.31	304
615-775	57.92	4.15	49.55	7.57	6.78	22.48	445
775-950	54.79	4.38	47.54	8.84	8.93	20.29	356
950-more	49.35	2.97	41.38	9.95	11.78	21.82	792
all classes	57.42	3.37	49.66	7.94	7.81	20.81	2604
Madhya Pradesh							
0-225	80.10	0.00	82.82	9.79	1.35	0.89	415
225-255	79.75	0.08	79.69	10.54	2.22	1.29	355
255-300	77.98	0.04	78.52	11.36	3.13	1.45	637
300-340	75.58	0.07	77.08	11.15	4.23	1.19	537
340-380	74.26	0.06	74.99	10.80	5.40	1.12	538
380-420	71.69	0.14	73.78	12.38	6.15	1.16	450
420-470	71.58	0.03	74.61	11.42	6.75	1.40	421
470-525	65.44	0.02	70.32	12.75	9.01	1.36	427
525-615	65.29	0.05	68.98	12.57	10.23	1.14	462
615-775	64.07	0.03	68.45	11.71	11.39	1.46	423
775-950	58.07	0.05	64.39	11.78	12.28	1.78	203
950-more	55.17	0.34	61.54	13.69	12.20	1.19	276
all classes	71.64	0.06	74.10	11.56	6.36	1.27	5144

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Rural**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Maharashtra							
0-225	73.24	0.10	77.38	10.54	1.49	1.33	144
225-255	70.80	3.47	72.74	12.32	2.07	1.08	148
255-300	71.88	0.17	74.95	12.45	3.05	1.85	319
300-340	69.70	0.21	70.67	12.61	3.82	2.09	347
340-380	68.95	0.30	71.39	13.15	4.38	2.24	319
380-420	67.86	0.26	70.12	13.53	5.10	3.05	353
420-470	64.62	0.38	66.66	13.42	7.34	3.27	417
470-525	61.70	0.32	66.16	13.64	6.45	2.65	421
525-615	62.07	0.41	64.82	13.64	7.85	3.56	465
615-775	58.21	0.44	60.38	13.44	12.57	3.17	537
775-950	56.65	0.48	58.98	14.96	10.44	5.00	286
950-more	51.69	0.53	56.24	14.42	12.28	4.40	365
all classes	63.84	0.46	66.54	13.37	7.09	2.97	4121
Manipur							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	84.68	0.04	79.07	6.33	0.55	4.60	24
340-380	61.34	0.01	78.78	6.16	1.63	6.60	76
380-420	54.30	0.04	81.76	5.53	0.57	5.33	90
420-470	16.90	0.00	35.87	40.44	8.78	2.73	101
470-525	20.04	0.00	46.75	22.90	13.53	4.14	79
525-615	15.57	0.00	29.90	52.61	0.50	2.39	116
615-775	15.37	0.00	20.35	38.34	20.67	10.81	139
775-950	18.62	0.01	22.86	65.10	0.50	2.37	51
950-more	61.27	0.03	42.25	15.52	29.83	6.23	43
all classes	22.15	0.01	35.08	37.39	10.56	6.06	738
Meghalaya							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	78.36	1.39	70.08	4.03	1.30	12.46	21
340-380	74.32	3.80	66.75	5.22	2.45	11.94	45
380-420	74.96	2.49	66.71	4.67	3.05	12.39	69
420-470	74.91	1.54	56.70	3.77	1.41	27.21	117
470-525	74.51	1.30	64.61	4.95	2.13	15.15	151
525-615	71.78	1.04	63.35	4.79	2.89	14.63	209
615-775	69.39	1.19	58.86	4.05	5.32	15.83	203
775-950	65.53	1.96	56.06	4.56	3.24	17.20	54
950-more	63.03	1.39	53.14	5.05	4.44	18.74	59
all classes	71.79	1.50	61.15	4.51	3.16	16.84	933

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Rural**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Mizoram							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	15.76	0.06	53.46	8.12	14.08	9.68	23
420-470	10.92	0.00	61.94	8.94	2.24	12.16	22
470-525	23.57	0.22	47.41	7.39	31.48	5.67	42
525-615	24.74	0.05	60.85	9.62	7.43	9.57	57
615-775	46.42	0.14	28.66	6.31	52.01	5.72	99
775-950	52.16	0.00	36.48	9.62	37.02	8.10	85
950-more	45.04	0.00	29.05	9.34	44.11	8.26	85
all classes	32.36	0.09	36.82	8.20	38.60	7.40	428
Nagaland							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-
525-615	81.32	0.00	63.74	10.40	2.38	14.59	21
615-775	79.21	0.03	62.15	9.39	3.70	16.65	100
775-950	75.77	0.02	57.14	9.76	3.60	21.14	99
950-more	62.81	0.00	52.37	11.06	5.55	20.79	245
all classes	70.88	0.01	56.82	10.13	4.43	19.41	480
Orissa							
0-225	88.47	0.43	85.84	4.69	0.64	2.52	412
225-255	86.52	0.09	82.73	5.15	0.58	4.24	271
255-300	86.19	0.03	83.04	5.25	0.75	3.49	439
300-340	83.91	0.02	79.79	5.68	3.24	3.01	440
340-380	83.27	0.00	78.80	7.68	1.56	3.78	339
380-420	82.08	0.00	77.86	7.19	1.86	3.93	314
420-470	80.43	0.00	76.14	8.33	2.20	4.31	303
470-525	78.76	0.00	72.42	8.30	2.67	7.50	228
525-615	77.10	0.00	72.04	9.53	3.48	4.85	235
615-775	72.08	0.00	65.12	9.95	7.37	7.00	243
775-950	70.05	0.00	64.24	11.84	5.75	6.50	115
950-more	61.60	0.00	56.80	12.89	7.06	6.54	138
all classes	81.85	0.06	77.26	7.20	2.49	4.33	3477

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Rural**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Punjab							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	60.79	0.00	68.22	12.75	13.05	0.58	37
340-380	61.40	0.00	69.98	9.61	14.13	0.32	69
380-420	60.45	0.00	68.89	11.28	13.41	0.45	74
420-470	56.07	0.00	64.12	10.78	19.01	0.53	119
470-525	55.90	0.00	63.89	10.70	18.20	0.43	173
525-615	54.22	0.00	62.45	11.63	17.49	0.91	267
615-775	50.46	0.00	58.08	11.64	21.50	0.77	443
775-950	47.35	0.00	54.70	11.28	24.70	1.67	347
950-more	44.10	0.00	49.95	11.49	28.55	1.40	597
all classes	50.50	0.00	57.83	11.34	22.21	1.02	2152
Rajasthan							
0-225	82.38	0.00	87.63	3.62	5.47	0.07	29
225-255	81.44	0.00	86.39	5.81	4.04	0.71	34
255-300	79.28	0.00	83.97	6.08	5.93	0.52	107
300-340	74.56	0.00	79.93	5.95	9.93	0.55	142
340-380	71.63	0.00	74.63	6.29	10.04	5.24	194
380-420	70.19	0.00	76.12	6.40	12.75	0.41	252
420-470	68.22	0.00	74.20	6.42	13.11	0.45	333
470-525	67.02	0.00	71.66	6.19	17.68	0.55	368
525-615	64.27	0.00	69.51	7.13	17.97	0.73	498
615-775	61.68	0.00	67.13	6.68	20.88	0.56	601
775-950	59.27	0.00	64.74	7.21	22.36	0.43	322
950-more	52.22	0.00	58.62	6.71	27.43	0.95	349
all classes	65.30	0.00	70.66	6.58	17.18	0.88	3229
Sikkim							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	79.31	0.00	71.32	6.61	12.64	4.52	38
300-340	56.48	0.00	75.16	5.64	8.68	4.41	63
340-380	77.24	0.00	69.33	5.27	12.38	7.04	72
380-420	77.88	0.00	72.16	5.97	9.84	5.49	105
420-470	74.45	0.00	67.16	7.21	10.96	7.22	132
470-525	72.98	0.00	65.30	7.36	12.35	7.44	109
525-615	69.22	0.00	58.47	7.46	11.29	10.08	150
615-775	62.26	0.00	52.44	8.51	17.72	9.73	178
775-950	63.56	0.00	55.07	10.43	14.26	11.51	81
950-more	47.19	0.00	33.75	10.44	24.60	20.61	112
all classes	67.96	0.00	60.98	7.53	13.57	9.12	1056

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Rural**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Tamil Nadu							
0-225	78.76	0.02	74.77	11.47	1.27	4.14	130
225-255	76.29	0.05	71.72	11.83	2.22	4.93	130
255-300	74.60	0.27	68.79	12.07	3.09	6.35	289
300-340	72.83	0.24	67.30	12.89	5.08	5.27	327
340-380	72.15	0.13	65.92	13.13	5.18	6.65	324
380-420	69.73	0.36	63.55	13.23	6.19	6.47	335
420-470	67.19	0.28	61.13	13.63	6.61	7.02	382
470-525	68.27	0.27	61.23	13.69	6.92	7.07	399
525-615	65.98	0.14	58.53	14.47	8.74	7.18	490
615-775	63.54	0.23	56.55	14.51	9.59	7.57	581
775-950	59.19	0.10	52.82	16.67	11.19	7.36	296
950-more	53.51	0.04	45.27	15.48	12.18	13.75	490
all classes	67.12	0.20	60.36	13.92	7.39	7.37	4173
Tripura							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	80.99	0.00	62.09	3.62	0.57	25.33	30
300-340	32.35	0.07	75.49	5.87	1.42	7.63	65
340-380	80.06	0.23	73.23	5.23	1.72	8.53	77
380-420	72.28	0.15	62.36	5.92	15.27	6.39	99
420-470	73.50	0.02	63.43	5.97	13.59	7.54	141
470-525	76.71	0.05	67.44	11.10	3.50	8.79	124
525-615	62.84	0.06	60.55	7.51	8.62	12.84	171
615-775	68.96	0.05	58.81	7.52	5.99	13.33	161
775-950	64.86	0.41	55.82	8.63	7.67	12.44	76
950-more	61.32	0.01	45.11	8.26	7.61	12.59	73
all classes	65.69	0.09	62.31	7.34	7.69	10.80	1031
Uttar Pradesh							
0-225	79.57	0.00	82.02	8.08	2.08	0.59	339
225-255	78.50	0.06	80.56	9.74	2.60	0.77	359
255-300	73.91	0.02	78.04	10.04	3.70	1.34	824
300-340	73.97	0.01	75.75	10.15	4.73	2.15	883
340-380	71.05	0.03	72.07	10.69	9.21	1.34	902
380-420	69.76	0.00	69.63	10.37	6.94	5.34	868
420-470	66.76	0.02	69.27	10.98	8.65	1.74	938
470-525	66.51	0.02	68.84	11.13	9.54	2.57	873
525-615	62.82	0.03	64.98	11.51	11.09	2.03	1046
615-775	58.94	0.00	59.83	17.16	12.41	2.86	1138
775-950	55.69	0.00	58.86	11.52	19.24	2.25	607
950-more	51.26	0.00	56.86	12.84	18.11	2.59	655
all classes	66.73	0.02	68.86	11.52	9.24	2.33	9432

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Rural							
West Bengal							
0-225	78.94	0.01	78.24	6.76	0.89	4.61	149
225-255	81.40	0.02	77.97	6.75	1.28	5.11	157
255-300	76.86	0.01	72.35	6.84	1.28	6.09	319
300-340	79.12	0.01	74.50	6.79	1.98	7.12	381
340-380	77.38	0.01	71.18	8.35	2.22	7.98	434
380-420	76.97	0.00	72.62	7.21	2.18	8.10	445
420-470	75.57	0.00	69.76	7.30	3.64	9.15	523
470-525	74.93	0.01	69.11	7.06	4.87	9.03	472
525-615	72.18	0.00	65.75	7.68	5.54	10.82	546
615-775	70.86	0.00	63.78	7.94	5.60	11.91	533
775-950	67.60	0.00	60.40	7.97	6.27	14.12	270
950-more	55.80	0.00	53.76	8.74	8.69	16.91	321
all classes	74.43	0.00	68.96	7.47	3.78	9.30	4550
A. & N. Islands							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-
525-615	63.38	1.11	56.56	15.58	2.71	15.74	48
615-775	60.38	0.55	52.36	14.16	4.71	18.73	67
775-950	62.19	0.46	53.73	14.92	5.20	18.48	42
950-more	52.31	0.26	44.45	14.50	9.16	18.77	80
all classes	60.24	0.54	51.99	14.70	5.40	18.16	273
Chandigarh							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-
615-775	53.36	0.00	59.08	14.79	14.59	1.81	21
775-950	52.90	0.00	57.59	14.36	15.56	2.35	32
950-more	39.76	0.00	43.57	13.41	27.28	2.58	102
all classes	47.23	0.00	51.55	14.03	20.35	2.40	180

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Rural**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Dadra & Nagar Haveli							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	68.23	0.00	62.74	22.97	1.20	6.10	23
470-525	-	-	-	-	-	-	-
525-615	66.80	0.00	63.38	18.12	3.92	5.51	29
615-775	62.18	0.00	60.43	17.24	5.63	6.07	22
775-950	-	-	-	-	-	-	-
950-more	32.94	0.00	38.33	10.77	9.53	1.38	29
all classes	64.02	0.00	61.77	17.76	3.57	4.64	192
Daman & Diu							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-
615-775	61.18	0.00	58.24	15.98	7.86	10.42	29
775-950	60.73	0.00	56.47	17.62	6.94	10.81	36
950-more	53.34	0.00	52.89	14.53	9.78	8.39	82
all classes	58.93	0.00	56.45	15.72	7.62	9.62	180
Delhi							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-
615-775	53.43	0.00	60.67	14.52	13.46	1.56	31
775-950	50.14	0.00	57.44	13.46	16.31	3.58	33
950-more	43.97	0.00	47.76	12.91	28.15	1.42	103
all classes	48.50	0.00	54.07	13.40	21.36	1.76	187

* pulses are inclusive of gram and gram products

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Table 2R: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Rural							
Lakshadweep							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-
615-775	-	-	-	-	-	-	-
775-950	53.80	0.00	51.75	4.04	2.71	25.96	20
950-more	46.32	0.00	43.52	6.75	3.65	26.21	40
all classes	51.83	0.00	49.52	5.47	3.49	25.67	84
Pondicherry							
0-225	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-
420-470	71.00	0.00	62.60	12.65	3.91	9.29	22
470-525	64.56	0.03	57.46	13.30	7.70	8.71	20
525-615	65.78	0.02	57.59	12.30	9.13	9.73	42
615-775	61.95	0.02	55.16	13.05	8.14	10.58	38
775-950	56.02	0.01	48.55	12.18	11.00	13.95	35
950-more	55.24	0.03	49.10	13.75	11.07	9.86	60
all classes	63.66	0.03	57.23	12.52	7.85	9.40	288
all-India							
0-225	80.85	0.09	81.04	8.31	1.64	2.01	2547
225-255	79.22	0.31	78.86	9.21	2.25	2.22	2451
255-300	76.74	0.05	76.07	9.90	3.26	3.31	5147
300-340	75.13	0.07	74.81	9.86	4.54	2.96	5588
340-380	73.36	0.06	72.29	10.35	6.28	3.35	5892
380-420	71.65	0.09	70.82	10.31	6.45	4.40	5895
420-470	68.37	0.11	68.44	10.75	8.17	3.82	6783
470-525	66.54	0.12	67.03	10.78	10.01	3.97	6635
525-615	63.77	0.14	64.30	11.61	11.01	4.14	8253
615-775	60.32	0.25	60.32	12.73	13.65	4.74	9383
775-950	57.12	0.35	57.72	12.04	15.89	5.29	5337
950-more	50.82	0.35	52.21	11.93	18.88	6.28	7474
all classes	67.55	0.16	67.43	10.91	9.19	4.04	71385

* pulses are inclusive of gram and gram products

Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
	(3)	(4)	(5)	(6)	(7)	(8)	
(1)							(9)
Urban							
Andhra Pradesh							
0-300	77.30	0.00	72.98	10.04	4.78	4.65	133
300-350	73.27	0.03	68.15	10.04	6.34	4.76	161
350-425	71.23	0.00	66.40	10.07	7.35	6.38	350
425-500	70.65	0.00	64.85	11.11	8.92	6.19	384
500-575	69.00	0.00	64.09	11.75	9.85	6.31	355
575-665	66.24	0.00	60.03	12.34	11.67	7.99	309
665-775	61.09	0.00	56.43	13.30	12.68	6.72	356
775-915	56.90	0.00	53.46	13.57	13.66	6.53	348
915-1120	57.94	0.00	52.04	14.73	14.47	6.74	433
1120-1500	52.20	0.00	46.89	17.03	16.59	6.40	435
1500-1925	40.27	0.00	38.92	13.76	15.43	6.17	256
1925-more	43.13	0.00	39.14	15.06	20.06	7.07	286
all classes	61.40	0.00	56.40	13.04	12.23	6.50	3806
Arunachal Pradesh							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	41.13	0.00	22.02	65.44	1.64	2.57	20
500-575	27.26	0.00	35.92	6.55	2.54	37.61	22
575-665	16.17	0.00	40.77	6.09	32.60	5.76	22
665-775	48.61	0.00	37.04	15.06	28.74	6.96	27
775-915	53.05	0.22	54.71	25.63	3.99	9.34	25
915-1120	50.11	0.00	37.69	4.91	48.11	6.61	26
1120-1500	40.98	0.20	30.12	9.06	33.46	10.13	27
1500-1925	25.85	0.14	54.19	9.82	10.53	15.51	22
1925-more	-	-	-	-	-	-	-
all classes	31.59	0.20	36.78	18.88	18.16	15.60	233
Assam							
0-300	-	-	-	-	-	-	-
300-350	80.43	0.00	76.09	8.90	3.22	5.80	20
350-425	77.04	0.00	70.02	9.28	2.06	7.94	53
425-500	76.51	0.00	71.59	9.48	3.62	7.85	74
500-575	73.76	0.00	65.83	10.50	3.37	10.96	66
575-665	55.35	0.00	52.61	8.80	21.82	7.78	87
665-775	67.53	0.00	59.62	13.24	7.21	11.17	77
775-915	66.59	0.00	57.63	12.41	7.20	13.15	94
915-1120	59.04	0.00	47.76	9.36	19.49	14.01	101
1120-1500	57.11	0.00	48.52	12.62	11.92	14.24	142
1500-1925	50.14	0.00	44.37	14.46	13.60	12.00	66
1925-more	50.24	0.00	43.43	13.37	10.87	16.60	53
all classes	64.59	0.00	57.15	10.95	10.43	11.29	852

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Urban							
Bihar							
0-300	78.36	0.00	78.01	9.91	2.89	2.30	210
300-350	76.34	0.00	75.81	11.31	2.91	2.56	191
350-425	75.04	0.00	74.58	10.12	4.17	3.34	300
425-500	73.37	0.00	71.71	12.57	5.20	3.34	226
500-575	68.73	0.00	68.97	11.00	7.25	3.29	220
575-665	65.55	0.00	65.14	11.80	10.54	3.66	185
665-775	64.43	0.00	64.38	12.80	9.92	4.26	208
775-915	59.94	0.00	61.60	12.74	12.03	3.04	159
915-1120	55.41	0.00	55.67	12.90	11.98	5.41	167
1120-1500	50.16	0.00	51.95	14.64	12.72	5.23	182
1500-1925	47.06	0.00	46.45	14.39	19.88	6.13	114
1925-more	37.75	0.00	41.62	13.06	16.38	11.44	117
all classes	66.94	0.00	66.97	11.89	7.87	3.82	2279
Goa							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-
665-775	59.76	0.00	51.10	13.28	11.03	17.07	27
775-915	57.47	0.00	52.57	13.15	7.29	18.32	34
915-1120	53.17	0.02	46.63	11.42	8.08	22.18	41
1120-1500	52.96	0.01	46.85	11.36	12.18	19.81	52
1500-1925	43.56	0.03	39.36	13.12	13.25	22.62	44
1925-more	42.51	0.02	34.75	13.96	12.78	27.77	45
all classes	51.89	0.01	45.41	12.27	9.67	20.69	284
Gujarat							
0-300	64.52	0.00	71.73	10.57	8.25	3.13	24
300-350	59.67	0.35	67.91	12.40	8.83	3.40	56
350-425	57.37	0.00	66.10	12.27	10.59	3.35	118
425-500	56.11	0.05	64.20	13.43	10.94	3.14	225
500-575	52.96	0.01	60.24	12.83	13.28	2.59	261
575-665	51.88	0.03	60.55	14.13	14.68	2.20	268
665-775	50.52	0.04	57.36	13.88	17.76	2.53	309
775-915	44.62	0.03	53.77	14.44	15.74	1.81	349
915-1120	40.99	0.07	53.60	15.31	18.84	1.73	349
1120-1500	40.18	0.07	47.55	14.97	19.58	1.70	407
1500-1925	36.41	0.03	45.23	17.26	23.91	1.26	222
1925-more	35.31	0.02	42.79	14.86	25.28	1.85	176
all classes	46.43	0.05	55.24	14.33	16.86	2.17	2764

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
	(3)	(4)	(5)	(6)	(7)	(8)	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Haryana							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	61.74	0.00	70.63	11.05	11.37	0.85	30
425-500	65.66	0.00	73.10	10.24	8.40	1.74	28
500-575	56.67	0.00	66.35	9.18	14.88	1.13	54
575-665	55.51	0.00	64.26	12.41	14.67	1.40	76
665-775	49.89	0.00	56.04	17.58	18.19	1.19	72
775-915	49.10	0.00	57.81	11.94	21.14	1.08	114
915-1120	45.91	0.00	54.68	12.42	24.89	0.96	126
1120-1500	45.22	0.00	51.31	14.43	23.50	1.67	124
1500-1925	40.46	0.00	45.75	13.43	27.56	1.88	60
1925-more	37.30	0.00	42.91	12.49	33.02	2.20	56
all classes	48.88	0.00	57.15	12.54	20.22	1.33	758
Himachal Pradesh							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	65.00	0.00	67.91	14.67	11.71	0.80	21
575-665	56.18	0.00	54.72	12.18	27.38	0.91	43
665-775	57.52	0.00	61.95	14.74	14.30	2.29	60
775-915	49.81	0.00	51.94	15.69	20.84	2.32	106
915-1120	33.21	0.00	38.53	11.43	13.37	2.57	125
1120-1500	46.41	0.00	47.77	15.76	26.05	2.41	220
1500-1925	38.47	0.00	39.01	15.60	30.36	3.97	147
1925-more	33.98	0.00	37.81	14.27	23.82	3.08	188
all classes	44.19	0.00	47.14	14.21	21.53	2.68	947
Jammu & Kashmir							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	69.39	0.00	62.93	8.56	15.05	7.31	38
500-575	66.50	0.00	61.70	9.52	14.39	7.03	59
575-665	66.14	0.00	61.69	9.23	15.14	6.57	90
665-775	48.26	0.00	51.21	9.00	14.90	5.24	125
775-915	20.62	0.00	28.96	5.28	8.67	3.99	165
915-1120	19.01	0.00	27.54	4.92	8.68	3.38	171
1120-1500	32.77	0.00	40.05	9.67	15.40	5.72	183
1500-1925	24.30	0.00	32.35	8.35	13.85	5.02	96
1925-more	47.84	0.00	44.50	11.42	22.61	11.44	60
all classes	29.64	0.00	37.74	7.14	11.87	4.91	1008

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses*	milk & milk products	egg, fish & meat	
	(3)	(4)	(5)	(6)	(7)	(8)	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Karnataka							
0-300	70.38	0.01	73.03	12.87	4.93	2.69	81
300-350	69.53	0.12	66.74	12.03	7.27	5.24	60
350-425	66.12	0.00	64.40	14.46	7.54	5.85	150
425-500	64.53	0.01	61.91	14.53	9.45	4.92	198
500-575	65.91	0.01	62.07	12.52	8.44	7.90	202
575-665	62.70	0.01	59.01	13.62	11.07	7.15	249
665-775	59.39	0.01	55.54	14.52	11.74	7.09	233
775-915	57.24	0.00	54.31	14.16	14.07	7.33	256
915-1120	53.69	0.01	50.13	15.48	14.89	7.12	279
1120-1500	50.83	0.01	48.26	16.29	15.97	6.41	344
1500-1925	46.80	0.02	42.48	15.92	18.98	9.39	195
1925-more	41.72	0.00	38.72	14.56	21.01	8.35	223
all classes	56.98	0.01	53.87	14.64	13.27	6.97	2470
Kerala							
0-300	64.92	1.79	59.82	6.32	4.84	18.16	33
300-350	65.41	2.50	58.62	5.38	3.49	22.33	39
350-425	63.54	1.97	57.81	8.96	4.95	16.55	110
425-500	62.35	2.05	54.21	7.85	5.49	21.45	128
500-575	59.93	1.18	51.11	8.39	11.59	18.51	146
575-665	59.39	2.05	50.46	8.63	6.82	22.48	187
665-775	56.91	1.75	48.00	9.38	6.87	23.80	198
775-915	54.58	1.58	46.54	9.20	8.66	22.76	206
915-1120	53.42	1.77	44.53	10.50	10.70	21.90	250
1120-1500	48.03	1.31	40.09	11.22	11.62	22.06	316
1500-1925	41.64	1.23	34.66	10.98	12.98	22.65	181
1925-more	37.73	0.82	30.49	9.34	13.35	26.75	221
all classes	53.22	1.57	44.88	9.56	9.56	22.25	2015
Madhya Pradesh							
0-300	73.07	0.01	75.58	12.12	4.88	1.86	194
300-350	71.39	0.01	75.94	10.84	5.53	1.37	182
350-425	69.13	0.01	73.48	11.62	6.12	1.98	335
425-500	65.63	0.01	68.90	11.55	7.65	2.17	338
500-575	64.01	0.03	69.26	12.21	8.43	1.73	281
575-665	62.08	0.02	66.62	13.06	9.20	2.64	313
665-775	60.18	0.06	65.01	13.33	10.47	2.22	313
775-915	55.76	0.04	59.66	13.30	11.39	2.73	311
915-1120	41.79	0.05	50.47	12.13	13.50	3.71	257
1120-1500	50.55	0.07	56.42	13.85	15.44	2.76	286
1500-1925	42.71	0.08	49.18	14.11	18.53	3.10	166
1925-more	36.00	0.06	42.60	13.18	21.52	5.30	169
all classes	59.23	0.03	64.53	12.52	10.05	2.47	3145

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
	(3)	(4)	(5)	(6)	(7)	(8)	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Maharashtra							
0-300	69.62	0.03	71.74	11.99	3.45	5.47	141
300-350	67.59	0.12	68.79	11.51	4.40	6.05	141
350-425	62.30	0.17	68.01	12.56	5.80	6.04	292
425-500	57.90	0.24	65.19	13.06	6.79	5.15	337
500-575	60.84	0.20	63.41	13.22	7.42	5.89	379
575-665	59.48	0.23	62.81	12.99	8.61	6.53	386
665-775	55.91	0.28	59.22	13.92	10.55	5.93	465
775-915	53.88	0.24	56.52	14.47	11.85	6.23	525
915-1120	48.70	0.32	53.34	14.99	12.66	5.93	626
1120-1500	45.14	0.27	49.13	14.22	15.02	6.20	812
1500-1925	40.12	0.25	44.30	13.81	17.94	5.77	544
1925-more	36.74	0.24	40.19	14.41	20.90	7.19	586
all classes	52.12	0.24	56.10	13.78	11.77	6.10	5234
Manipur							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	38.38	0.00	73.45	5.21	2.30	3.37	38
425-500	13.65	0.00	14.07	71.75	0.37	9.14	85
500-575	9.40	0.00	10.82	71.68	0.90	10.95	106
575-665	10.02	0.26	14.83	60.17	6.59	12.59	117
665-775	7.37	0.00	8.32	72.43	1.38	13.75	159
775-915	11.93	0.46	13.06	59.92	7.02	15.66	69
915-1120	8.62	0.00	9.78	57.34	14.66	12.05	35
1120-1500	30.30	0.00	52.34	8.53	11.42	11.26	41
1500-1925	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-
all classes	10.71	0.09	12.70	66.51	3.40	12.19	665
Meghalaya							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	64.60	0.45	57.93	6.84	5.72	13.15	23
665-775	61.76	0.08	50.14	5.89	5.31	25.48	49
775-915	62.54	0.20	53.68	5.57	7.77	18.39	67
915-1120	61.39	0.58	49.78	6.70	8.79	21.27	66
1120-1500	57.42	0.80	46.84	8.26	11.37	19.34	93
1500-1925	57.00	0.09	44.90	7.88	13.34	21.65	41
1925-more	27.13	0.00	27.48	9.01	7.48	12.13	23
all classes	60.55	0.41	50.38	6.82	9.08	19.21	384

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Mizoram							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	15.83	0.01	27.82	4.81	57.84	5.48	29
575-665	51.84	0.00	41.61	8.49	37.27	8.49	60
665-775	42.58	0.00	40.19	7.38	38.87	8.77	101
775-915	40.07	0.00	40.88	6.58	36.28	8.86	121
915-1120	59.55	0.00	48.85	9.75	18.78	14.24	168
1120-1500	43.43	0.00	28.55	6.44	50.32	8.33	201
1500-1925	58.84	0.00	45.18	7.78	26.76	13.88	80
1925-more	49.82	0.00	34.51	8.10	35.64	12.14	69
all classes	37.90	0.00	37.50	7.33	37.83	9.82	858
Nagaland							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-
775-915	74.65	0.00	60.02	7.82	5.41	18.47	30
915-1120	73.03	0.00	58.27	7.87	7.27	18.55	41
1120-1500	69.27	0.00	50.24	8.26	7.59	25.86	79
1500-1925	64.28	0.03	47.02	8.81	6.55	23.44	46
1925-more	59.43	0.00	39.56	9.04	8.65	32.58	43
all classes	68.14	0.00	50.30	8.24	9.23	22.96	264
Orissa							
0-300	86.19	0.00	83.90	5.98	0.14	2.57	85
300-350	81.87	0.00	77.95	7.40	1.01	5.31	72
350-425	80.16	0.00	75.38	8.10	1.46	5.93	94
425-500	80.61	0.00	76.76	7.76	4.16	4.10	119
500-575	75.27	0.00	71.57	9.62	5.32	4.13	90
575-665	69.30	0.00	65.18	10.40	5.97	6.60	87
665-775	68.68	0.00	64.02	10.92	6.92	8.46	101
775-915	64.84	0.00	60.80	12.01	9.39	6.30	92
915-1120	57.84	0.00	54.75	12.55	9.92	7.19	98
1120-1500	55.04	0.00	52.24	13.16	9.45	7.64	104
1500-1925	56.13	0.00	52.74	14.24	10.22	7.10	45
1925-more	45.64	0.00	39.75	13.75	16.63	18.25	63
all classes	72.47	0.00	68.10	9.80	5.57	6.07	1050

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
Urban							
Punjab							
0-300	-	-	-	-	-	-	-
300-350	55.18	0.00	69.32	9.66	14.17	0.61	20
350-425	59.86	0.00	67.85	12.29	12.50	0.42	70
425-500	54.55	0.00	63.04	13.30	13.46	1.52	133
500-575	53.05	0.00	57.64	16.26	16.05	0.65	132
575-665	50.04	0.00	59.88	13.01	18.64	0.81	182
665-775	51.08	0.00	57.56	13.53	19.33	0.99	190
775-915	48.17	0.00	55.67	13.46	20.76	1.57	239
915-1120	44.22	0.00	50.82	13.14	22.34	2.33	294
1120-1500	42.88	0.00	49.46	14.19	22.77	1.80	315
1500-1925	38.77	0.00	43.66	13.33	28.10	2.43	152
1925-more	36.42	0.00	39.51	15.86	29.55	5.90	145
all classes	47.56	0.00	54.33	13.79	20.54	1.82	1883
Rajasthan							
0-300	73.79	0.00	80.46	6.41	6.84	1.65	30
300-350	70.74	0.00	75.13	5.42	7.65	1.99	47
350-425	69.64	0.00	76.91	6.82	9.72	1.51	132
425-500	65.72	0.00	75.45	7.20	10.53	1.36	175
500-575	64.94	0.00	72.70	7.71	12.19	1.23	210
575-665	61.98	0.00	70.72	8.32	13.71	1.28	225
665-775	57.66	0.01	67.20	8.25	16.03	1.11	224
775-915	55.51	0.00	65.04	9.40	15.52	2.54	226
915-1120	50.50	0.02	58.57	8.70	23.39	1.65	227
1120-1500	39.00	0.02	43.95	28.24	14.47	0.91	210
1500-1925	41.18	0.02	50.48	10.41	25.44	1.16	153
1925-more	38.36	0.01	48.73	9.27	24.63	2.31	126
all classes	56.02	0.01	64.45	10.72	15.38	1.48	1985
Sikkim							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-
665-775	65.32	0.00	58.42	9.60	12.14	11.09	31
775-915	57.78	0.00	51.54	8.92	14.30	10.40	41
915-1120	80.01	0.00	81.77	3.79	4.68	3.42	38
1120-1500	55.97	0.00	48.56	9.39	23.71	8.93	51
1500-1925	48.15	0.00	41.21	11.75	15.98	11.06	37
1925-more	43.37	0.00	42.78	10.38	15.65	11.78	28
all classes	66.13	0.00	62.36	8.03	12.31	7.69	288

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT**Urban**

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Tamil Nadu							
0-300	70.04	0.03	65.11	11.55	6.43	5.57	145
300-350	68.92	0.00	62.18	12.09	5.22	5.03	131
350-425	66.57	0.03	60.84	13.04	7.08	6.09	295
425-500	64.85	0.03	59.24	14.24	9.40	6.57	334
500-575	62.96	0.00	56.63	14.43	9.12	6.94	352
575-665	58.19	0.01	53.23	14.80	11.66	8.31	400
665-775	58.88	0.01	52.79	15.30	11.59	7.83	432
775-915	57.26	0.00	50.20	15.23	13.52	8.45	419
915-1120	52.16	0.01	46.81	15.59	14.73	8.63	493
1120-1500	49.43	0.02	43.67	15.12	16.57	8.12	550
1500-1925	40.54	0.03	39.17	17.32	18.28	6.79	326
1925-more	34.42	0.02	29.03	14.71	16.19	21.39	335
all classes	54.71	0.02	48.97	14.95	12.99	8.84	4212
Tripura							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	80.95	0.00	74.43	7.39	1.80	7.37	37
425-500	77.87	0.00	68.44	8.28	2.77	12.01	38
500-575	75.32	0.09	65.55	8.65	2.68	8.71	52
575-665	72.83	0.08	63.61	9.16	4.29	12.58	49
665-775	69.91	0.00	61.49	9.10	5.98	12.87	58
775-915	69.88	0.01	60.62	8.93	5.90	14.42	49
915-1120	58.11	0.00	53.76	8.95	14.49	13.12	83
1120-1500	57.62	0.03	52.01	10.65	10.48	15.49	77
1500-1925	59.30	0.11	49.58	8.98	10.15	20.10	68
1925-more	45.92	0.00	36.02	8.43	30.89	16.15	45
all classes	66.45	0.03	58.08	8.91	9.27	13.23	569
Uttar Pradesh							
0-300	70.83	0.00	74.93	8.84	5.84	2.83	332
300-350	67.54	0.00	69.89	9.69	5.79	3.46	311
350-425	65.58	0.00	69.41	10.86	7.83	3.81	512
425-500	63.32	0.00	66.01	10.81	9.25	4.89	534
500-575	61.20	0.00	64.51	11.67	9.55	3.51	433
575-665	59.25	0.00	63.19	12.84	10.33	3.73	448
665-775	54.92	0.00	58.76	12.74	16.19	3.29	395
775-915	53.05	0.01	58.57	13.62	12.53	4.65	400
915-1120	47.23	0.01	55.83	13.69	15.50	2.59	403
1120-1500	47.02	0.00	53.81	14.23	17.58	2.95	392
1500-1925	43.61	0.01	50.05	14.46	18.81	3.38	240
1925-more	39.65	0.00	45.25	13.48	22.67	5.26	238
all classes	57.40	0.00	62.29	12.08	11.76	3.69	4638

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Urban							
West Bengal							
0-300	76.68	0.02	74.42	7.01	2.07	6.54	90
300-350	75.19	0.00	72.34	7.91	2.06	8.33	89
350-425	71.07	0.00	66.99	7.74	6.69	7.90	237
425-500	67.20	0.00	66.90	8.28	3.29	9.90	318
500-575	67.26	0.00	65.19	8.42	4.17	10.79	294
575-665	62.83	0.00	60.97	8.46	5.39	11.68	319
665-775	63.86	0.00	60.32	8.85	7.05	12.30	331
775-915	60.31	0.00	56.91	9.66	7.90	13.72	375
915-1120	57.05	0.06	52.82	9.50	9.44	15.75	404
1120-1500	51.09	0.00	48.86	9.03	10.59	16.20	488
1500-1925	45.43	0.01	44.86	9.53	13.20	18.31	252
1925-more	35.46	0.00	36.72	9.40	15.09	18.40	235
all classes	59.74	0.01	57.42	8.81	7.69	13.09	3432
A. & N. Islands							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-
775-915	59.76	0.08	42.87	12.67	3.49	35.37	28
915-1120	57.92	0.03	51.22	15.14	7.21	16.58	26
1120-1500	52.01	0.03	44.94	14.35	8.31	19.47	45
1500-1925	50.52	0.00	42.85	14.78	9.61	22.79	27
1925-more	46.83	0.02	36.51	15.86	12.11	26.65	28
all classes	56.47	0.07	47.21	14.11	7.01	22.22	191
Chandigarh							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	54.02	0.00	58.84	15.90	12.30	1.77	25
575-665	55.50	0.00	62.45	14.44	12.73	2.67	40
665-775	51.54	0.00	58.23	14.51	17.74	1.38	42
775-915	50.77	0.00	54.71	15.59	17.09	2.81	54
915-1120	45.75	0.00	53.13	15.78	18.91	1.31	82
1120-1500	43.38	0.02	46.18	20.34	21.24	2.59	146
1500-1925	41.51	0.00	46.76	14.17	25.40	2.54	109
1925-more	34.92	0.00	39.50	14.15	28.53	3.85	226
all classes	43.90	0.00	48.79	15.97	21.63	2.68	765

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
	(3)	(4)	(5)	(6)	(7)	(8)	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Dadra & Nagar Haveli							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-
775-915	-	-	-	-	-	-	-
915-1120	-	-	-	-	-	-	-
1120-1500	52.49	0.00	55.64	14.94	12.23	4.12	23
1500-1925	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-
all classes	51.93	0.00	54.04	15.55	12.94	3.60	96
Daman & Diu							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-
665-775	53.15	0.01	54.94	11.76	10.45	15.34	31
775-915	53.01	0.01	54.45	13.23	10.90	14.21	34
915-1120	52.70	0.03	54.93	12.67	14.06	10.58	28
1120-1500	48.69	0.00	49.65	13.65	12.81	10.47	26
1500-1925	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-
all classes	50.66	0.01	52.58	12.09	12.20	13.38	192
Delhi							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	61.90	0.00	66.61	12.57	9.97	3.86	35
425-500	59.01	0.00	60.68	14.11	12.34	5.44	28
500-575	52.14	0.00	53.74	13.79	11.01	15.22	35
575-665	56.47	0.00	60.76	14.22	14.08	3.33	65
665-775	53.82	0.00	59.43	12.99	15.88	4.09	79
775-915	52.92	0.00	57.36	13.55	16.14	4.07	134
915-1120	47.85	0.00	52.81	13.79	19.47	3.85	151
1120-1500	44.05	0.00	51.59	14.30	18.54	5.42	198
1500-1925	36.40	0.00	41.95	15.74	26.03	3.57	127
1925-more	34.18	0.00	39.59	15.82	24.93	5.32	220
all classes	44.74	0.00	50.40	14.49	19.48	5.06	1081

* pulses are inclusive of gram and gram products

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Table 2U: Percentage of total intake of calorie and protein obtained from different groups of food items by MPCE class and by State/UT

MPCE class(Rs)	% of total intake of calorie from		% of total intake of protein from				no. of sample hhs
	cereals	cereal substitutes	cereals	pulses *	milk & milk products	egg, fish & meat	
(1)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Lakshadweep							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-
665-775	54.60	0.00	45.42	5.50	1.97	37.17	23
775-915	53.86	0.00	44.78	7.37	2.98	34.16	27
915-1120	51.68	0.00	45.79	7.52	3.29	29.57	28
1120-1500	47.62	0.00	37.89	8.78	2.71	34.53	35
1500-1925	45.72	0.00	34.59	9.12	3.50	37.67	20
1925-more	38.55	0.00	32.06	9.19	5.21	36.89	29
all classes	51.07	0.00	42.53	7.53	2.99	33.84	192
Pondicherry							
0-300	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-
425-500	66.81	0.00	60.64	13.72	8.43	7.27	23
500-575	63.42	0.00	56.73	12.93	10.99	8.96	38
575-665	59.03	0.01	51.18	15.41	12.75	10.19	42
665-775	55.58	0.00	49.15	15.73	14.78	9.80	31
775-915	56.84	0.00	48.27	15.07	11.25	12.57	45
915-1120	46.24	0.46	39.89	15.40	13.12	11.89	50
1120-1500	49.19	0.00	41.41	17.59	16.39	12.51	47
1500-1925	37.22	0.00	32.19	15.55	22.36	11.21	27
1925-more	45.08	0.02	40.67	13.80	17.63	10.64	30
all classes	56.14	0.08	49.02	14.84	12.59	10.50	384
all-India							
0-300	73.59	0.03	74.84	9.86	4.48	3.50	1585
300-350	70.16	0.06	70.99	10.09	5.07	3.98	1586
350-425	67.79	0.07	69.18	10.84	6.84	4.73	3290
425-500	64.21	0.08	65.76	12.21	7.91	5.16	3886
500-575	61.58	0.06	62.99	12.82	9.19	5.42	3926
575-665	58.88	0.10	61.11	12.94	10.91	5.80	4374
665-775	55.72	0.11	57.36	14.51	12.41	5.99	4785
775-915	52.80	0.09	55.35	13.31	13.13	6.08	5150
915-1120	48.43	0.12	51.52	13.37	15.24	6.22	5677
1120-1500	47.09	0.10	48.57	14.88	16.16	6.55	6651
1500-1925	41.17	0.10	43.70	14.13	19.35	6.62	3901
1925-more	37.25	0.09	38.92	13.96	21.11	9.79	4113
all classes	55.05	0.09	57.03	13.10	12.43	5.98	48924

* pulses are inclusive of gram and gram products

Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Rural															
Andhra Pradesh															
< 70	4.04	75.48	1.13	2.91	4.40	1.92	0.93	3.61	6.77	2.85	100.00	1614	38.8	21.6	662
70-80	3.93	74.58	1.17	3.09	4.40	1.77	0.93	4.33	6.94	2.79	100.00	2031	48.7	28.2	666
80-90	3.81	75.09	1.17	3.04	4.34	1.84	0.88	4.11	6.70	2.82	100.00	2296	54.9	30.9	826
90-100	3.57	73.58	1.15	3.12	4.46	1.96	0.95	4.67	6.90	3.20	100.00	2551	61.2	36.1	824
100-110	3.19	72.79	1.11	3.30	4.95	1.95	0.94	5.31	6.97	2.68	100.00	2812	68.4	41.5	657
110-120	2.95	72.02	1.09	3.29	4.88	2.00	0.88	5.13	7.12	3.58	100.00	3084	74.1	45.9	486
120-150	2.23	68.95	1.10	3.43	4.71	2.06	1.03	6.07	7.03	5.63	100.00	3503	85.0	54.6	662
≥ 150	1.56	55.39	0.95	3.82	12.44	2.11	3.68	6.49	7.06	8.07	100.00	5297	155.8	100.4	398
all classes	3.31	72.06	1.12	3.21	5.12	1.94	1.13	4.84	6.92	3.66	100.00	2503	61.2	36.5	5181
Arunachal Pradesh															
< 70	4.53	70.41	3.74	5.96	4.90	2.41	2.23	1.28	7.00	2.07	100.00	1436	38.9	17.8	115
70-80	4.61	75.35	4.33	3.73	3.53	1.97	2.11	2.04	4.87	2.06	100.00	2034	54.1	19.8	72
80-90	4.86	78.02	4.59	2.56	2.83	2.14	1.61	1.86	4.66	1.72	100.00	2291	58.3	20.2	92
90-100	4.17	74.71	4.40	2.53	5.54	2.88	1.78	1.15	3.63	3.38	100.00	2561	66.2	24.5	107
100-110	3.45	74.61	3.45	2.72	4.54	3.71	2.05	1.46	3.84	3.62	100.00	2850	78.8	25.2	91
110-120	3.19	76.96	3.67	3.31	4.27	2.99	2.52	0.59	3.62	2.08	100.00	3055	82.9	24.2	51
120-150	3.86	74.06	2.32	3.17	3.34	7.78	1.80	1.49	2.91	3.15	100.00	3556	107.8	30.1	120
≥ 150	3.58	20.03	3.82	20.29	3.34	4.03	2.84	4.75	40.34	0.56	100.00	20177	352.8	996.5	179
all classes	4.08	39.38	3.77	14.31	3.62	3.95	2.52	3.58	27.56	1.31	100.00	5463	114.7	192.4	827
Assam															
< 70	5.04	78.57	3.07	2.99	2.79	2.42	1.81	1.67	4.94	1.74	100.00	1625	40.5	15.7	666
70-80	4.81	78.48	2.83	2.99	2.90	2.13	1.57	1.63	5.08	2.39	100.00	2030	49.8	20.5	581
80-90	4.63	77.25	2.72	3.21	3.22	2.26	1.64	2.00	5.18	2.53	100.00	2283	56.5	24.5	686
90-100	4.34	76.56	2.67	3.23	3.30	2.33	1.57	2.14	5.20	3.00	100.00	2548	63.0	28.2	563
100-110	4.00	74.90	2.66	3.48	3.62	2.65	1.59	2.48	5.68	2.92	100.00	2806	70.0	33.6	402
110-120	3.94	74.38	2.70	3.41	3.91	2.34	1.58	2.73	5.59	3.37	100.00	3085	77.2	37.3	245
120-150	3.44	72.99	2.74	3.68	4.05	2.83	1.65	2.93	5.77	3.36	100.00	3471	89.3	42.8	252
≥ 150	3.83	53.05	1.31	1.58	13.49	1.66	1.26	7.53	16.07	4.06	100.00	5897	150.1	193.5	67
all classes	4.48	75.91	2.73	3.18	3.62	2.35	1.62	2.28	5.62	2.69	100.00	2342	58.3	27.2	3462

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

[@] see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Rural															
Bihar															
< 70	4.85	75.04	5.91	2.64	4.27	1.97	0.54	2.19	5.77	1.67	100.00	1655	45.0	18.8	849
70-80	4.80	76.03	5.65	2.42	4.19	1.70	0.49	2.29	5.78	1.46	100.00	2045	56.1	23.3	903
80-90	4.54	76.78	5.27	2.54	4.00	1.73	0.45	2.49	5.32	1.42	100.00	2307	62.9	25.2	1135
90-100	4.50	75.40	5.20	2.69	4.42	1.82	0.41	3.13	5.58	1.36	100.00	2571	71.0	30.2	1040
100-110	4.15	75.44	4.89	2.73	4.55	1.79	0.43	3.46	5.29	1.42	100.00	2836	79.0	33.1	989
110-120	4.08	74.15	4.78	2.82	4.56	2.00	0.48	4.24	5.68	1.28	100.00	3101	87.0	39.0	759
120-150	3.61	73.11	4.60	3.10	4.68	2.10	0.47	4.73	5.78	1.43	100.00	3573	100.0	46.9	1096
≥ 150	2.67	65.17	3.84	2.76	5.65	2.83	0.45	10.65	7.16	1.49	100.00	5358	149.6	104.5	540
all classes	4.26	74.29	5.02	2.72	4.50	1.95	0.46	3.91	5.71	1.43	100.00	2638	73.0	33.0	7311
Goa															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	4.85	63.99	1.78	6.58	9.42	2.02	4.18	3.57	6.68	1.78	100.00	2012	53.6	38.2	20
80-90	4.89	63.67	1.34	6.29	8.60	2.12	4.58	4.32	6.14	2.94	100.00	2289	62.4	42.6	33
90-100	3.98	59.43	1.09	6.97	9.59	1.91	5.26	4.58	8.41	2.76	100.00	2543	70.4	55.9	27
100-110	3.81	61.91	1.26	7.25	8.46	1.61	3.72	5.81	7.07	2.90	100.00	2816	76.0	56.0	27
110-120	3.32	55.38	1.59	7.24	10.22	1.65	5.01	7.51	8.21	3.18	100.00	3093	89.6	73.3	21
120-150	3.34	57.60	1.50	7.42	8.39	2.47	4.29	5.90	7.03	5.40	100.00	3580	98.2	72.3	27
≥ 150	1.72	19.17	0.64	2.36	4.40	1.17	2.09	2.12	3.24	64.81	100.00	11954	227.9	147.6	22
all classes	3.90	51.76	1.27	6.01	8.04	1.81	3.99	4.38	6.33	16.41	100.00	2989	76.4	55.4	192
Gujarat															
< 70	4.90	59.04	2.93	7.97	5.44	1.57	0.25	7.25	13.84	1.71	100.00	1655	44.4	42.4	355
70-80	4.61	57.93	2.70	7.84	5.53	1.85	0.19	8.02	13.84	2.10	100.00	2025	54.4	53.6	324
80-90	4.32	57.23	2.60	7.84	6.15	1.98	0.17	8.52	13.16	2.36	100.00	2285	62.9	59.7	387
90-100	4.12	57.53	2.40	7.70	5.80	1.88	0.19	8.48	12.99	3.02	100.00	2553	69.5	66.9	362
100-110	3.73	57.03	2.41	7.60	5.57	1.92	0.32	8.83	13.79	2.52	100.00	2812	76.3	76.2	320
110-120	3.59	56.16	2.40	7.61	5.85	1.73	0.19	10.29	13.65	2.12	100.00	3082	84.8	86.1	249
120-150	3.06	54.16	2.32	7.42	6.12	1.97	0.18	12.41	13.34	2.08	100.00	3550	98.9	102.8	323
≥ 150	1.86	49.31	2.33	7.38	9.11	3.76	0.14	12.48	14.42	1.08	100.00	4887	132.5	157.6	159
all classes	4.01	56.69	2.53	7.71	5.95	1.94	0.21	9.20	13.53	2.24	100.00	2460	67.1	66.7	2479

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

[@] see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	
Rural															
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Haryana															
< 70	4.78	61.63	2.71	10.59	4.45	1.87	0.15	10.09	6.98	1.52	100.00	1714	51.4	32.3	70
70-80	4.73	61.21	3.03	10.54	4.29	1.92	0.11	10.23	7.44	1.23	100.00	2059	61.6	39.8	95
80-90	4.87	56.84	2.81	10.48	4.65	1.87	0.23	13.96	7.70	1.47	100.00	2294	69.2	50.9	128
90-100	4.48	55.90	2.59	10.70	4.65	1.96	0.13	14.46	8.26	1.35	100.00	2569	76.6	59.4	139
100-110	4.56	53.68	2.82	10.64	4.70	1.72	0.08	18.19	7.11	1.07	100.00	2842	86.1	68.4	130
110-120	4.61	51.93	2.70	11.10	4.51	1.81	0.10	19.95	6.74	1.17	100.00	3091	94.4	76.7	114
120-150	4.59	52.68	2.85	10.73	4.50	1.83	0.06	20.36	5.95	1.03	100.00	3561	109.0	86.6	268
≥ 150	3.72	43.30	2.46	11.34	6.59	1.81	0.21	27.25	5.15	1.89	100.00	5071	163.5	139.1	188
all classes	4.51	52.56	2.73	10.83	4.96	1.84	0.13	19.03	6.58	1.34	100.00	3029	92.9	72.9	1132
Himachal Pradesh															
< 70	4.76	63.07	2.33	7.86	6.94	1.05	0.10	8.48	8.35	1.82	100.00	1685	48.6	33.2	30
70-80	4.52	64.91	2.19	7.00	7.38	1.37	0.19	7.98	7.82	1.16	100.00	2037	60.3	37.9	82
80-90	4.69	66.04	1.97	6.53	6.76	1.22	0.24	8.47	7.69	1.09	100.00	2305	67.8	42.9	197
90-100	4.24	65.02	1.97	6.41	6.77	1.24	0.26	9.06	7.48	1.80	100.00	2574	75.8	48.5	247
100-110	4.23	63.46	2.04	6.93	6.83	1.44	0.19	9.63	8.31	1.17	100.00	2827	82.2	56.9	249
110-120	3.87	61.97	2.05	6.38	6.64	1.45	0.21	11.51	8.21	1.57	100.00	3096	90.9	65.7	221
120-150	3.16	58.52	2.08	6.71	7.00	1.65	0.31	12.92	8.77	2.05	100.00	3547	104.7	81.7	387
≥ 150	2.14	45.03	1.63	6.06	6.02	1.55	0.76	25.26	10.50	3.20	100.00	5786	184.8	179.5	221
all classes	3.71	59.78	1.98	6.56	6.72	1.45	0.32	12.82	8.54	1.84	100.00	3056	91.0	68.0	1634
Jammu & Kashmir															
< 70	5.04	61.05	2.27	6.41	6.50	2.02	1.17	9.40	9.49	1.68	100.00	1730	51.0	37.0	40
70-80	4.94	64.38	2.14	3.96	5.23	2.02	0.96	11.22	9.05	1.07	100.00	2061	59.4	43.6	61
80-90	5.09	66.33	2.15	3.39	4.18	1.71	1.19	10.96	8.66	1.43	100.00	2303	64.9	47.2	180
90-100	5.09	67.36	2.01	3.13	4.31	1.77	0.95	10.79	8.52	1.17	100.00	2565	72.1	52.7	196
100-110	4.63	67.17	1.84	3.60	4.22	2.07	0.79	10.50	8.36	1.45	100.00	2842	78.9	57.1	227
110-120	4.52	66.05	1.77	3.68	4.20	2.05	0.90	11.29	8.68	1.38	100.00	3092	84.4	64.5	214
120-150	4.60	65.66	2.00	4.76	5.39	1.72	0.67	11.00	7.58	1.23	100.00	3595	103.2	72.6	406
≥ 150	2.31	52.46	2.31	4.19	6.23	1.47	0.58	18.77	9.42	4.57	100.00	5114	152.3	144.0	148
all classes	4.20	63.48	2.04	4.16	5.11	1.76	0.77	12.42	8.36	1.91	100.00	3266	93.3	71.4	1472

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	
Rural															
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Karnataka															
< 70	4.50	64.87	1.46	5.31	7.57	2.02	0.92	6.38	8.61	2.85	100.00	1553	41.4	30.5	464
70-80	4.61	68.58	1.23	5.28	7.90	1.94	0.88	5.63	6.40	2.15	100.00	2032	54.1	34.0	342
80-90	4.27	66.97	1.16	5.84	8.58	2.00	0.91	5.38	6.55	2.62	100.00	2294	60.7	39.4	436
90-100	3.94	65.84	1.17	5.87	8.73	2.14	0.88	5.89	6.59	2.89	100.00	2563	68.3	45.2	398
100-110	3.69	65.98	1.18	6.13	8.75	1.90	0.81	5.74	6.43	3.07	100.00	2809	75.3	48.8	300
110-120	3.63	65.51	1.04	5.97	8.33	2.08	0.70	6.59	6.17	3.61	100.00	3099	82.1	54.8	234
120-150	3.23	64.86	1.00	5.65	8.28	2.15	0.99	6.00	6.60	4.46	100.00	3570	95.2	63.7	353
≥ 150	2.51	53.98	0.97	5.22	10.75	6.04	0.60	10.44	5.81	6.18	100.00	5562	153.8	115.4	236
all classes	3.95	64.88	1.16	5.66	8.56	2.44	0.86	6.36	6.70	3.38	100.00	2508	67.1	45.3	2763
Kerala															
< 70	4.52	63.77	2.97	6.26	7.44	1.58	3.77	2.82	6.53	4.87	100.00	1583	39.3	27.5	404
70-80	4.36	62.01	3.72	6.01	8.17	1.86	3.88	3.45	6.24	4.66	100.00	2010	51.5	35.4	371
80-90	3.93	60.16	3.62	5.72	8.61	2.43	3.81	4.57	6.46	4.62	100.00	2272	59.2	42.9	362
90-100	3.65	58.04	4.77	5.73	8.98	2.24	4.21	4.80	6.25	4.98	100.00	2529	67.3	48.4	345
100-110	3.58	55.33	5.24	5.59	9.37	2.43	3.93	5.96	6.24	5.91	100.00	2798	74.3	57.0	312
110-120	3.28	56.05	5.29	5.35	9.39	2.48	3.68	5.83	5.95	6.00	100.00	3070	81.6	61.2	226
120-150	2.63	52.64	4.83	5.50	9.89	2.74	4.00	6.93	6.60	6.86	100.00	3500	94.3	75.9	355
≥ 150	2.04	47.64	6.39	5.17	9.75	4.64	5.23	7.46	7.02	6.69	100.00	4889	142.8	111.0	229
all classes	3.63	57.42	4.51	5.70	8.90	2.46	4.02	5.11	6.39	5.49	100.00	2489	65.8	48.7	2604
Madhya Pradesh															
< 70	5.05	74.27	2.38	4.93	4.97	1.50	0.26	2.99	6.80	1.92	100.00	1625	45.1	22.3	765
70-80	4.74	74.96	2.23	4.87	4.80	1.50	0.27	3.35	6.49	1.52	100.00	2041	57.2	27.6	683
80-90	4.56	74.27	2.35	4.79	5.00	1.54	0.24	3.63	6.55	1.63	100.00	2307	64.4	31.7	782
90-100	4.58	72.87	2.49	5.39	4.78	1.47	0.26	4.45	6.56	1.73	100.00	2566	73.1	36.9	734
100-110	4.22	72.71	2.35	5.15	5.08	1.54	0.20	4.58	6.48	1.91	100.00	2838	80.8	40.8	630
110-120	3.91	70.02	2.57	5.69	5.61	1.84	0.23	5.54	6.87	1.62	100.00	3101	90.4	48.3	450
120-150	3.51	68.02	2.91	5.97	5.93	1.83	0.23	6.14	6.77	2.21	100.00	3571	104.3	56.9	682
≥ 150	2.42	62.58	2.13	5.46	6.32	2.08	0.19	5.49	12.89	2.88	100.00	5754	152.9	131.1	418
all classes	4.30	71.64	2.44	5.26	5.25	1.64	0.24	4.46	7.19	1.89	100.00	2560	72.3	38.8	5144

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs	
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)		
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)		(16)
Rural																
Maharashtra																
< 70	4.59	68.60	1.90	6.78	7.35	1.68	0.60	2.73	8.49	1.87	100.00	1639	45.6	28.5	571	
70-80	4.48	65.81	1.90	7.29	7.88	1.94	0.70	3.93	8.82	1.73	100.00	2027	56.6	38.1	522	
80-90	4.18	65.97	1.79	6.96	7.62	1.85	0.56	4.32	8.62	2.31	100.00	2290	63.7	42.9	713	
90-100	3.99	64.74	1.77	7.25	8.11	1.90	0.62	4.60	8.87	2.14	100.00	2558	71.6	49.8	641	
100-110	3.66	65.29	1.67	7.04	8.27	1.86	0.55	4.60	8.38	2.34	100.00	2824	80.1	53.5	560	
110-120	3.38	62.49	1.71	7.40	8.77	1.94	0.59	5.57	9.02	2.51	100.00	3089	87.9	63.2	351	
120-150	2.63	60.18	1.68	7.56	8.86	2.47	0.56	5.81	8.63	4.25	100.00	3514	98.8	71.2	494	
≥ 150	1.87	49.44	3.05	5.90	11.85	1.67	0.48	9.91	11.62	6.08	100.00	5848	168.0	164.0	269	
all classes	3.81	63.84	1.87	7.07	8.34	1.91	0.59	4.84	8.89	2.65	100.00	2500	70.2	49.3	4121	
Manipur																
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	4.31	84.78	2.51	1.63	2.32	2.05	1.01	0.34	3.55	1.80	100.00	2053	48.2	13.2	66	
80-90	4.68	84.71	2.57	1.89	2.52	2.03	1.20	0.64	3.18	1.26	100.00	2284	55.5	14.0	143	
90-100	4.37	84.36	2.05	1.84	2.63	2.33	1.01	0.70	3.41	1.67	100.00	2538	60.5	16.6	155	
100-110	4.25	83.63	2.00	1.68	3.03	2.38	1.04	0.65	3.33	2.27	100.00	2814	67.0	17.9	132	
110-120	3.76	84.56	1.87	1.91	2.74	1.96	0.96	0.70	3.79	1.52	100.00	3103	72.3	21.5	63	
120-150	3.91	81.42	2.10	1.57	3.84	2.92	1.00	2.77	2.80	1.58	100.00	3503	86.6	26.5	74	
≥ 150	4.14	4.24	2.15	20.96	8.72	0.79	0.45	3.37	59.18	0.14	100.00	73717	796.1	5027.4	90	
all classes	4.25	22.15	2.16	16.65	7.39	1.13	0.58	2.82	46.63	0.48	100.00	10246	141.0	556.9	738	
Meghalaya																
< 70	5.00	75.26	4.71	4.71	1.71	2.62	2.17	0.31	4.32	4.20	100.00	1710	42.3	17.0	109	
70-80	4.59	75.43	4.44	4.10	1.53	2.63	2.27	1.16	4.62	3.82	100.00	2022	50.5	21.6	199	
80-90	4.25	73.56	4.74	4.22	1.61	2.98	2.21	1.56	4.80	4.32	100.00	2258	56.5	26.0	270	
90-100	3.80	71.37	5.41	3.99	1.67	3.12	2.33	2.41	5.11	4.57	100.00	2499	63.6	31.7	153	
100-110	3.56	69.54	6.02	3.69	1.77	3.51	2.19	2.67	4.46	6.16	100.00	2780	71.4	36.4	83	
110-120	3.01	64.65	6.04	5.63	1.64	3.17	2.60	3.90	4.06	8.32	100.00	3048	83.0	46.6	46	
120-150	2.93	62.12	9.75	3.79	1.92	3.54	2.40	4.56	3.58	8.33	100.00	3416	92.3	54.4	53	
≥ 150	2.05	41.74	7.81	2.12	1.80	3.05	14.24	2.37	22.92	3.94	100.00	5386	256.2	178.0	20	
all classes	4.12	71.79	5.29	4.17	1.65	2.97	2.50	1.86	4.97	4.81	100.00	2287	58.9	28.2	933	

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

Rural															
calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Mizoram															
< 70	4.93	73.88	1.55	5.65	4.55	5.21	1.83	1.08	4.64	1.61	100.00	1602	42.6	14.2	60
70-80	4.56	75.17	1.29	5.49	4.29	5.17	1.80	0.85	5.02	0.93	100.00	2043	54.3	18.8	48
80-90	4.51	72.99	1.50	5.63	4.85	4.54	1.90	1.32	5.88	1.39	100.00	2311	61.4	23.7	68
90-100	4.33	71.03	1.33	5.21	5.21	6.97	2.13	1.76	5.13	1.24	100.00	2549	69.8	25.9	50
100-110	4.31	72.20	1.43	5.32	4.48	5.86	1.76	1.54	5.92	1.49	100.00	2782	73.2	29.3	59
110-120	4.10	70.06	3.08	4.89	4.73	4.75	1.98	2.10	6.39	2.01	100.00	3077	81.3	34.7	29
120-150	3.13	66.95	1.87	5.62	6.45	5.44	2.06	2.55	7.60	1.47	100.00	3478	97.1	45.5	47
≥ 150	4.04	5.71	0.76	31.02	0.32	0.42	0.17	22.73	38.75	0.14	100.00	34934	494.6	1936.4	67
all classes	4.29	32.36	1.11	20.71	2.17	2.44	0.87	14.21	25.48	0.66	100.00	5455	105.0	203.6	428
Nagaland															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	5.24	78.23	2.75	3.87	3.01	2.72	3.65	2.20	2.31	1.24	100.00	2055	58.6	14.3	46
80-90	4.84	76.65	2.90	3.72	3.31	3.08	3.13	2.93	2.06	2.23	100.00	2291	65.4	16.6	72
90-100	4.71	73.83	3.69	4.00	4.09	3.53	3.34	2.73	2.87	1.92	100.00	2521	72.4	20.1	71
100-110	4.12	75.00	3.50	3.94	4.40	3.32	3.68	2.24	2.56	1.35	100.00	2784	81.5	21.5	86
110-120	3.59	74.25	3.21	3.55	3.64	3.40	3.59	2.76	4.12	1.50	100.00	3044	87.0	29.5	62
120-150	3.73	71.49	4.01	3.56	5.17	4.68	3.17	3.46	2.79	1.68	100.00	3580	104.5	31.3	87
≥ 150	2.43	45.77	2.02	2.28	3.20	4.67	2.77	1.39	37.14	0.76	100.00	6672	129.1	296.7	42
all classes	4.14	70.88	3.26	3.58	3.99	3.73	3.30	2.61	7.09	1.56	100.00	2908	80.4	36.9	480
Orissa															
< 70	4.22	84.25	3.45	2.20	2.46	1.69	0.61	0.59	3.71	1.05	100.00	1650	37.9	11.7	301
70-80	4.30	85.32	2.99	1.95	2.24	1.56	0.60	0.58	3.33	1.44	100.00	2044	47.1	13.2	384
80-90	4.19	83.72	3.25	2.27	2.69	1.61	0.60	0.69	3.55	1.61	100.00	2307	53.4	15.8	511
90-100	3.84	83.41	3.36	2.31	2.58	1.74	0.76	0.80	3.58	1.45	100.00	2566	59.9	18.0	611
100-110	3.78	82.26	3.60	2.38	2.74	1.73	0.67	1.15	3.55	1.92	100.00	2830	66.3	20.7	494
110-120	3.39	80.95	3.51	2.91	3.26	1.84	0.71	1.36	3.90	1.56	100.00	3093	73.1	24.5	381
120-150	3.11	79.65	3.90	2.80	3.49	1.91	0.88	1.87	4.10	1.39	100.00	3524	84.3	30.7	545
≥ 150	2.24	71.71	4.29	2.97	5.17	2.00	0.94	5.20	4.50	3.22	100.00	4760	121.8	55.3	250
all classes	3.72	81.85	3.51	2.46	2.98	1.75	0.72	1.34	3.74	1.64	100.00	2635	62.1	20.2	3477

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

[@] see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

Rural															
calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Punjab															
< 70	4.91	56.68	3.56	12.05	5.58	1.48	0.19	11.78	7.08	1.60	100.00	1675	50.8	33.6	124
70-80	5.35	57.26	3.31	10.93	5.25	1.48	0.15	11.95	7.95	1.72	100.00	2041	61.7	42.8	169
80-90	4.98	55.13	3.30	10.93	5.73	1.71	0.19	13.12	8.28	1.62	100.00	2303	69.8	51.5	243
90-100	4.62	53.37	3.31	10.68	5.80	2.14	0.20	14.33	8.49	1.68	100.00	2573	78.0	60.2	285
100-110	4.47	51.87	2.93	11.55	5.55	2.28	0.25	15.48	8.19	1.90	100.00	2825	85.2	67.0	309
110-120	4.21	50.80	3.08	11.84	5.58	2.01	0.18	16.11	8.15	2.25	100.00	3099	92.5	75.3	232
120-150	4.04	48.09	3.01	11.61	5.56	2.55	0.24	18.94	7.89	2.11	100.00	3559	107.7	92.1	434
≥ 150	3.35	43.47	2.64	10.77	5.00	2.47	0.31	21.35	9.16	4.84	100.00	5123	152.1	147.7	356
all classes	4.39	50.50	3.05	11.24	5.48	2.17	0.23	16.58	8.29	2.45	100.00	2955	88.9	72.9	2152
Rajasthan															
< 70	4.99	69.57	1.82	6.32	3.87	1.17	0.05	7.81	6.69	2.70	100.00	1682	52.3	32.7	129
70-80	5.06	68.21	1.62	6.98	4.06	1.11	0.10	9.30	7.18	1.45	100.00	2044	63.9	41.0	199
80-90	5.20	70.40	1.41	6.21	3.58	0.98	0.14	9.02	6.61	1.65	100.00	2309	72.7	45.5	353
90-100	5.10	67.81	1.52	6.20	3.66	1.01	0.11	11.34	6.74	1.61	100.00	2560	80.9	54.0	444
100-110	5.03	68.01	1.53	6.24	3.21	1.02	0.11	12.37	6.22	1.30	100.00	2838	90.3	59.5	457
110-120	5.03	66.08	1.49	6.05	3.43	1.04	0.11	13.60	6.20	1.98	100.00	3104	98.6	69.1	391
120-150	4.14	64.59	1.47	6.34	3.45	1.20	0.12	15.08	6.46	1.31	100.00	3580	115.3	81.7	749
≥ 150	3.08	56.58	1.44	6.72	3.72	2.52	0.43	18.11	6.36	4.12	100.00	5147	161.2	128.4	507
all classes	4.58	65.30	1.49	6.34	3.54	1.31	0.17	13.41	6.46	1.98	100.00	3029	96.1	66.8	3229
Sikkim															
< 70	4.44	73.81	2.88	2.38	3.38	1.81	1.45	5.87	7.50	0.91	100.00	1650	42.2	25.0	163
70-80	4.48	72.49	2.97	2.62	3.14	1.97	1.17	7.65	7.02	0.96	100.00	2010	51.3	31.5	175
80-90	3.71	70.30	3.02	2.09	2.50	1.75	1.26	7.21	6.08	5.79	100.00	2281	59.0	34.2	251
90-100	3.63	71.55	3.13	2.27	2.67	1.85	1.32	7.62	5.55	4.03	100.00	2555	67.5	38.0	201
100-110	4.00	73.18	3.11	2.35	3.34	1.81	1.24	7.93	6.01	1.03	100.00	2791	75.1	42.1	119
110-120	3.02	71.73	2.53	2.18	3.63	2.06	1.63	7.54	6.76	1.94	100.00	3084	82.7	49.1	63
120-150	2.39	66.05	2.66	2.74	4.05	2.27	1.92	9.21	6.79	4.30	100.00	3555	99.9	62.9	55
≥ 150	2.66	28.41	1.14	1.03	7.09	0.88	1.68	17.87	41.24	0.65	100.00	7988	189.3	493.0	29
all classes	3.82	67.96	2.83	2.22	3.37	1.78	1.36	8.32	9.35	2.80	100.00	2456	63.8	47.3	1056

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

Rural															
calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Tamil Nadu															
< 70	4.05	70.27	1.87	3.45	7.10	1.80	1.18	3.03	7.43	3.87	100.00	1571	38.1	23.7	999
70-80	3.70	69.24	1.59	3.81	7.07	1.87	1.20	4.29	6.91	4.02	100.00	2021	49.6	31.1	628
80-90	3.29	68.62	1.65	3.78	7.21	2.04	1.10	4.40	6.90	4.30	100.00	2285	55.8	35.5	575
90-100	3.12	66.74	1.66	4.00	7.46	2.26	1.25	4.96	6.95	4.72	100.00	2558	63.1	41.6	529
100-110	2.92	64.65	1.54	4.38	7.47	2.38	1.33	6.13	7.38	4.73	100.00	2812	69.9	49.8	387
110-120	2.63	66.50	1.64	3.87	7.66	2.63	1.19	4.78	6.58	5.15	100.00	3077	75.8	48.8	315
120-150	2.10	61.76	1.59	4.07	7.90	2.49	1.23	5.52	6.82	8.64	100.00	3552	88.6	60.5	455
≥ 150	1.46	59.41	1.20	4.64	10.12	2.01	2.14	5.16	7.51	7.81	100.00	5392	137.1	110.3	285
all classes	3.25	67.12	1.65	3.88	7.49	2.10	1.26	4.48	7.08	4.94	100.00	2265	55.7	36.6	4173
Tripura															
< 70	4.27	80.81	2.39	2.43	2.08	3.40	1.37	1.42	4.75	1.35	100.00	1641	39.8	14.3	111
70-80	4.18	78.53	2.59	2.98	2.34	3.59	1.71	1.87	5.14	1.25	100.00	2033	49.1	19.5	177
80-90	4.21	76.87	2.67	3.29	2.60	3.71	1.71	2.21	5.62	1.33	100.00	2281	55.6	23.7	197
90-100	3.70	75.36	2.59	3.00	2.62	4.18	1.75	2.97	6.10	1.46	100.00	2549	62.7	29.2	187
100-110	3.47	73.33	3.08	3.12	2.71	5.97	2.18	2.58	5.71	1.32	100.00	2805	70.1	30.5	130
110-120	3.38	70.11	2.99	3.07	3.44	6.29	2.05	3.22	7.37	1.47	100.00	3078	76.4	40.9	83
120-150	3.60	69.83	2.78	2.77	2.49	8.10	2.36	2.96	7.16	1.54	100.00	3427	84.0	44.5	89
≥ 150	2.70	16.37	0.84	0.73	1.82	6.09	1.95	10.89	60.92	0.38	100.00	14206	241.2	1069.1	57
all classes	3.86	65.69	2.40	2.63	2.46	4.89	1.85	3.84	15.04	1.20	100.00	2753	64.0	59.4	1031
Uttar Pradesh															
< 70	5.08	68.97	5.44	5.21	5.58	1.83	0.35	4.12	6.79	1.71	100.00	1631	48.6	23.4	711
70-80	5.23	70.40	4.81	5.02	5.18	1.77	0.35	4.49	6.55	1.42	100.00	2044	60.9	29.1	794
80-90	5.20	70.92	4.76	4.77	5.06	1.68	0.43	4.60	6.28	1.49	100.00	2308	68.8	32.5	1152
90-100	5.09	71.30	4.56	4.83	4.93	1.66	0.31	4.96	6.10	1.33	100.00	2569	76.4	35.9	1331
100-110	4.84	68.86	4.63	5.35	5.00	1.76	0.34	6.36	6.18	1.52	100.00	2835	84.3	42.7	1209
110-120	4.69	68.06	4.69	5.46	5.04	1.83	0.34	6.88	6.23	1.48	100.00	3099	91.8	47.8	1048
120-150	4.10	65.46	4.54	5.84	5.20	2.14	0.32	8.32	6.54	1.63	100.00	3575	106.8	60.3	1889
≥ 150	3.01	56.49	4.29	5.86	9.67	2.62	0.89	9.44	8.35	2.39	100.00	5485	170.0	117.1	1298
all classes	4.58	66.73	4.62	5.38	5.85	1.97	0.44	6.69	6.67	1.65	100.00	2918	87.5	47.1	9432

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

[@] see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

Rural															
calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
West Bengal															
< 70	5.13	73.45	5.43	3.31	2.75	1.91	1.58	1.29	6.45	3.83	100.00	1641	39.6	18.0	523
70-80	4.80	75.40	5.67	3.07	2.70	1.96	1.70	1.41	6.08	2.00	100.00	2056	50.3	21.4	550
80-90	4.35	75.96	5.45	2.78	2.60	1.95	1.66	2.05	6.18	1.37	100.00	2299	56.3	24.9	709
90-100	4.04	76.17	5.36	2.68	2.45	2.21	1.75	2.10	5.92	1.37	100.00	2564	62.7	27.4	766
100-110	3.97	74.80	5.25	2.83	2.77	2.29	1.69	2.60	6.28	1.48	100.00	2827	69.9	32.5	628
110-120	3.59	74.12	5.31	2.85	2.76	2.34	1.85	2.69	6.25	1.82	100.00	3095	77.6	35.9	459
120-150	3.47	73.93	5.18	2.87	3.15	2.52	1.88	2.78	6.09	1.59	100.00	3541	89.2	41.2	652
≥ 150	3.04	67.79	4.59	3.97	3.12	2.35	1.88	3.36	11.07	1.87	100.00	5049	123.0	89.1	263
all classes	4.15	74.43	5.32	2.97	2.76	2.19	1.75	2.25	6.52	1.82	100.00	2573	63.4	29.7	4550
A. & N. Islands															
< 70	4.59	64.66	2.02	5.62	6.42	3.67	3.19	1.39	9.85	3.17	100.00	1675	43.6	27.0	27
70-80	4.47	63.33	2.36	5.88	6.81	3.60	4.04	2.79	9.33	1.86	100.00	2020	54.9	32.2	26
80-90	4.60	63.47	1.84	5.53	6.46	3.60	3.54	2.84	10.65	2.07	100.00	2281	61.5	40.0	40
90-100	3.96	61.87	2.10	5.23	6.76	3.81	3.29	2.62	10.17	4.14	100.00	2547	68.0	43.4	43
100-110	3.40	58.05	2.80	5.52	6.81	6.63	3.52	4.10	10.37	2.20	100.00	2798	74.7	52.5	45
110-120	2.77	61.67	3.21	5.51	6.19	4.21	2.77	3.62	10.59	2.23	100.00	3063	79.7	54.5	25
120-150	2.89	56.91	2.56	5.07	7.31	5.58	3.64	4.06	9.88	4.99	100.00	3516	96.5	65.5	48
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.69	60.24	2.33	5.37	6.71	4.58	3.44	3.15	10.11	4.06	100.00	2551	68.3	45.0	273
Chandigarh															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
90-100	2.95	52.08	4.46	8.53	6.05	4.05	0.31	11.08	11.77	1.66	100.00	2540	72.5	61.9	23
100-110	2.62	32.24	2.90	13.80	5.68	5.07	0.18	28.41	9.24	2.48	100.00	2784	78.3	91.2	30
110-120	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
120-150	2.18	52.07	3.56	8.88	5.87	2.88	0.65	13.03	8.79	4.26	100.00	3645	103.6	82.3	39
≥ 150	1.27	41.42	3.47	7.52	6.19	11.72	0.67	8.94	10.09	9.96	100.00	5135	172.6	120.7	20
all classes	2.79	47.23	3.87	9.89	6.30	4.32	0.49	14.72	10.26	2.92	100.00	2645	76.7	66.8	180

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

[@] see para 3.14

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Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

Rural															
calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Dadra & Nagar Haveli															
< 70	4.75	69.54	2.67	4.14	6.98	2.37	0.95	2.99	7.62	2.74	100.00	1604	42.3	23.3	27
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	3.71	69.24	2.16	2.83	6.99	1.66	0.85	1.75	8.18	6.35	100.00	2323	59.6	32.5	41
90-100	3.60	66.98	1.75	2.69	7.01	1.68	0.71	1.74	8.90	8.55	100.00	2557	66.0	37.5	40
100-110	3.93	66.98	1.66	4.34	7.33	1.78	0.72	1.66	10.11	5.43	100.00	2795	71.2	44.2	27
110-120	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
120-150	2.51	57.68	1.96	4.99	7.06	2.33	0.53	4.37	11.15	9.93	100.00	3545	90.6	70.5	26
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.69	64.02	1.91	3.28	6.96	1.76	0.73	2.29	8.57	10.49	100.00	2540	65.3	39.2	192
Daman & Diu															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	4.51	60.29	1.91	4.47	6.04	1.96	1.94	3.77	11.54	8.09	100.00	2327	58.9	45.7	24
90-100	3.60	55.08	1.83	4.46	5.39	2.04	1.45	3.88	10.44	15.42	100.00	2549	62.5	49.2	37
100-110	3.74	61.53	1.98	5.10	6.47	2.21	1.90	3.96	12.50	4.34	100.00	2815	69.6	57.3	33
110-120	3.63	58.26	2.26	3.94	6.88	2.44	2.22	5.63	12.99	5.38	100.00	3089	81.6	70.4	24
120-150	2.82	58.95	2.52	5.12	7.34	2.21	1.12	6.89	13.13	2.72	100.00	3522	93.4	79.5	34
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.70	58.93	2.17	4.63	6.42	2.17	1.69	4.75	12.36	6.89	100.00	2704	68.4	56.9	180
Delhi															
< 70	4.69	48.24	4.95	9.05	6.08	4.95	0.33	11.20	13.09	2.12	100.00	1557	41.5	39.8	36
70-80	4.97	48.07	3.18	7.68	7.35	4.19	0.45	12.57	14.78	1.74	100.00	1990	56.7	57.5	24
80-90	2.43	53.47	6.54	6.12	5.89	2.45	0.39	10.45	12.37	2.33	100.00	2285	65.7	56.3	27
90-100	2.91	54.90	5.12	6.20	6.03	3.33	0.38	9.08	11.61	3.36	100.00	2557	71.6	57.7	30
100-110	4.33	49.02	2.26	6.97	7.46	4.52	0.16	13.52	10.52	5.57	100.00	2726	79.6	70.2	26
110-120	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
120-150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.78	48.50	4.21	7.27	6.30	4.10	0.39	14.53	12.21	2.48	100.00	2128	61.5	57.4	187

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

[@] see para 3.14

NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 3R: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			no. of sample hhs	
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)		
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)		(16)
Rural																
Lakshadweep																
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
90-100	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
100-110	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
110-120	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
120-150	3.64	51.93	0.86	11.27	12.85	1.76	4.18	1.45	10.06	5.64	100.00	3425	79.0	89.7	25	
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.49	51.83	0.97	11.21	12.12	1.75	4.43	1.57	9.17	6.94	100.00	3050	72.0	75.2	84	
Pondicherry																
< 70	3.90	70.22	1.98	2.42	5.59	2.72	1.53	2.90	8.25	4.39	100.00	1577	38.0	23.6	47	
70-80	3.73	70.15	1.98	2.80	5.93	2.20	1.61	2.67	7.68	4.98	100.00	2015	49.2	29.1	36	
80-90	3.75	67.46	1.99	2.90	5.47	2.27	1.52	4.15	7.93	6.30	100.00	2268	54.8	36.6	40	
90-100	3.53	66.08	2.11	3.56	6.63	2.20	1.97	5.29	7.84	4.34	100.00	2549	64.6	43.5	35	
100-110	3.00	63.04	1.96	3.21	7.19	2.64	1.73	5.04	7.65	7.53	100.00	2766	69.9	47.3	32	
110-120	3.14	57.52	2.38	4.61	6.92	3.26	2.87	6.28	9.95	6.20	100.00	3113	79.0	67.0	25	
120-150	2.51	57.04	1.54	3.91	6.53	2.22	1.68	6.32	7.45	13.32	100.00	3519	87.6	64.9	43	
≥ 150	1.65	52.83	1.50	3.37	6.26	2.03	1.51	5.78	7.65	19.06	100.00	4679	105.3	83.7	30	
all classes	3.25	63.66	1.93	3.31	6.27	2.42	1.77	4.73	7.99	7.93	100.00	2489	61.1	42.4	288	
all-India																
< 70	4.64	70.62	3.22	4.70	5.31	1.86	0.87	3.62	7.33	2.47	100.00	1621	42.9	24.3	8430	
70-80	4.58	71.42	3.27	4.63	5.09	1.80	0.86	3.99	6.87	2.07	100.00	2037	54.5	29.8	8281	
80-90	4.40	71.24	3.24	4.65	5.06	1.81	0.77	4.45	6.73	2.05	100.00	2299	62.3	34.0	10695	
90-100	4.24	70.44	3.25	4.79	5.07	1.86	0.75	5.05	6.71	2.08	100.00	2562	70.1	39.0	10623	
100-110	4.05	69.31	3.28	4.99	5.15	1.88	0.72	5.93	6.66	2.08	100.00	2827	78.2	44.7	9194	
110-120	3.88	68.05	3.32	5.12	5.23	1.93	0.68	6.75	6.76	2.16	100.00	3094	86.4	51.1	6928	
120-150	3.45	65.81	3.33	5.49	5.28	2.10	0.66	8.20	6.74	2.40	100.00	3557	101.0	62.1	10785	
≥ 150	2.59	52.88	3.07	6.71	7.77	2.55	0.98	10.78	11.86	3.41	100.00	5723	160.4	146.6	6449	
all classes	4.05	67.55	3.25	5.14	5.46	1.97	0.77	6.17	7.37	2.32	100.00	2668	73.4	44.9	71385	

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

[@] see para 3.14

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Andhra Pradesh															
< 70	4.29	67.61	1.58	4.30	5.44	2.21	1.13	5.52	8.95	3.27	100.00	1617	39.7	27.6	564
70-80	4.09	67.32	1.45	4.26	5.60	2.43	1.07	6.37	8.66	2.84	100.00	2012	49.6	34.9	504
80-90	3.89	66.13	1.39	4.09	5.65	2.45	1.17	6.58	8.90	3.64	100.00	2279	56.3	41.1	601
90-100	3.59	64.02	1.42	4.30	5.86	2.57	1.11	7.54	9.11	4.07	100.00	2534	62.6	48.3	598
100-110	3.17	62.97	1.35	4.37	5.79	2.57	1.01	7.33	8.88	5.73	100.00	2798	68.6	52.9	494
110-120	3.04	59.15	1.52	4.83	6.76	3.19	1.11	9.86	10.14	3.44	100.00	3063	78.0	66.3	354
120-150	2.30	54.66	1.42	4.62	7.24	2.88	1.11	9.31	10.04	8.72	100.00	3503	89.7	77.7	427
≥ 150	1.78	35.49	0.99	3.53	25.66	2.89	0.86	7.87	7.39	15.33	100.00	6343	150.1	223.0	264
all classes	3.44	61.40	1.40	4.30	7.49	2.61	1.08	7.41	9.03	5.28	100.00	2508	62.0	50.7	3806
Arunachal Pradesh															
< 70	5.11	65.71	3.34	5.38	4.60	3.77	1.98	4.17	8.30	2.76	100.00	1404	37.1	21.4	32
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	3.91	68.82	3.30	3.61	3.86	3.51	2.39	4.32	7.24	2.96	100.00	2303	61.5	32.5	25
90-100	3.57	70.58	2.65	3.53	4.45	3.02	2.69	4.14	6.85	2.09	100.00	2556	70.6	33.0	21
100-110	2.82	65.85	3.40	3.79	3.69	3.72	2.40	4.77	9.48	2.92	100.00	2785	73.2	46.9	21
110-120	3.10	69.45	3.16	4.22	4.28	2.51	2.83	4.47	7.34	1.74	100.00	3067	83.1	43.6	20
120-150	2.75	66.26	3.15	4.21	5.21	4.40	2.01	4.16	8.61	2.00	100.00	3418	94.7	51.8	31
≥ 150	3.31	16.00	2.14	18.94	6.05	1.65	1.89	8.70	43.94	0.70	100.00	18534	326.5	1020.4	69
all classes	3.57	31.59	2.44	14.49	5.56	2.20	2.04	7.37	33.12	1.20	100.00	5920	120.9	254.0	233
Assam															
< 70	4.94	72.62	3.11	4.14	3.51	2.74	1.79	3.02	6.49	2.58	100.00	1609	41.2	20.1	81
70-80	3.88	71.70	2.75	4.00	3.73	2.52	2.24	3.75	7.18	2.12	100.00	2006	52.3	27.6	124
80-90	3.57	71.52	2.57	3.51	3.84	2.41	1.90	2.64	7.02	4.58	100.00	2276	57.2	29.1	133
90-100	2.93	67.17	2.49	3.43	3.38	2.23	2.05	3.15	7.36	8.74	100.00	2528	63.6	36.7	164
100-110	3.54	66.05	2.67	4.25	4.59	2.58	2.12	4.51	8.93	4.30	100.00	2785	72.1	46.4	102
110-120	3.10	68.60	2.20	3.30	3.85	2.23	2.52	3.86	8.50	4.94	100.00	3136	80.5	49.6	65
120-150	3.01	63.81	2.87	4.71	5.70	2.82	2.30	5.24	9.55	3.01	100.00	3486	93.1	62.4	107
≥ 150	2.06	38.01	2.13	3.68	6.47	3.99	2.12	19.92	19.55	4.13	100.00	5999	166.1	224.0	76
all classes	3.38	64.59	2.59	3.87	4.39	2.69	2.12	5.84	9.38	4.51	100.00	2630	68.3	46.8	852

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

@ see para 3.14

Contd.

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Bihar															
< 70	5.41	73.28	5.04	3.41	4.55	2.00	0.74	2.95	5.96	2.07	100.00	1603	44.8	19.6	229
70-80	5.13	71.03	5.07	3.35	4.73	2.15	0.69	4.19	6.84	1.97	100.00	2055	57.4	28.5	258
80-90	4.98	71.57	5.00	3.20	4.56	2.01	0.64	3.82	6.61	2.59	100.00	2303	64.6	31.2	307
90-100	4.41	69.38	4.41	3.61	4.73	2.36	0.61	5.07	7.06	2.77	100.00	2568	72.4	38.3	354
100-110	4.26	66.49	5.10	4.05	5.47	2.42	0.75	5.61	7.81	2.30	100.00	2828	79.1	45.7	288
110-120	3.88	65.53	4.80	4.82	5.48	2.54	0.63	6.31	7.69	2.20	100.00	3072	86.2	50.7	228
120-150	3.03	64.16	4.60	4.10	5.57	3.16	0.85	6.68	7.84	3.04	100.00	3511	100.0	59.2	383
≥ 150	2.40	52.16	3.56	6.90	8.87	3.66	1.13	8.27	10.35	5.09	100.00	5246	147.1	119.8	232
all classes	4.20	66.94	4.72	4.08	5.39	2.54	0.74	5.39	7.48	2.72	100.00	2645	74.4	41.7	2279
Goa															
< 70	4.72	58.56	1.98	7.86	10.01	2.90	4.97	3.97	7.18	2.57	100.00	1628	46.8	30.7	34
70-80	3.93	53.31	2.38	7.54	10.91	3.60	5.72	4.54	8.17	3.83	100.00	2043	61.8	43.5	21
80-90	4.95	53.10	2.20	8.78	11.94	2.51	3.65	6.28	8.71	2.82	100.00	2283	64.4	52.8	36
90-100	3.96	52.04	1.95	6.79	11.69	3.02	3.91	7.02	8.32	5.27	100.00	2532	73.6	58.6	37
100-110	3.54	55.05	1.70	6.17	10.37	4.32	3.95	7.19	6.72	4.53	100.00	2805	81.6	59.4	41
110-120	2.87	54.72	1.72	6.04	11.41	3.12	4.71	8.00	7.32	2.96	100.00	3042	92.8	68.5	35
120-150	2.79	50.83	2.01	6.17	10.25	3.98	4.78	8.22	9.09	4.67	100.00	3436	101.7	84.8	47
≥ 150	1.97	41.15	1.56	5.57	20.57	3.31	4.28	7.19	12.65	3.72	100.00	5903	180.9	199.5	33
all classes	3.54	51.89	1.91	6.76	12.35	3.37	4.40	6.79	8.65	3.87	100.00	2724	80.4	65.4	284
Gujarat															
< 70	4.88	52.00	3.05	8.14	6.30	2.61	0.64	8.45	16.81	2.00	100.00	1647	44.4	47.2	360
70-80	4.61	51.70	2.69	7.91	6.52	2.45	0.46	9.58	16.71	1.98	100.00	2025	54.6	59.5	359
80-90	4.26	50.64	2.49	7.68	6.57	2.53	0.45	10.36	16.75	2.52	100.00	2282	61.9	68.8	477
90-100	3.41	47.68	2.33	7.75	6.60	2.83	0.32	10.60	17.35	4.53	100.00	2519	66.9	78.8	460
100-110	3.37	45.47	2.39	7.49	6.74	2.78	0.31	12.59	18.32	3.92	100.00	2782	73.7	93.1	362
110-120	3.21	44.57	2.40	7.34	6.87	2.86	0.30	12.96	18.77	3.93	100.00	3082	82.0	105.9	247
120-150	2.49	42.34	2.30	7.12	7.60	4.09	0.37	13.18	18.58	4.41	100.00	3504	94.6	121.6	344
≥ 150	1.83	25.40	1.37	4.52	10.29	4.27	0.21	9.63	28.80	15.51	100.00	6453	151.6	295.9	155
all classes	3.67	46.43	2.43	7.43	6.96	2.94	0.39	10.94	18.31	4.17	100.00	2518	66.9	82.0	2764

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

@ see para 3.14

Contd.

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Haryana															
< 70	4.64	60.87	3.44	9.54	5.33	2.35	0.27	7.97	8.63	1.58	100.00	1626	48.5	31.2	85
70-80	4.02	52.93	3.42	9.72	5.87	2.63	0.35	11.35	11.15	2.58	100.00	2048	59.5	49.7	107
80-90	4.56	49.10	3.07	9.11	6.13	3.04	0.21	15.85	11.63	1.86	100.00	2314	67.6	63.8	111
90-100	3.98	51.83	3.05	9.67	6.14	2.64	0.31	13.22	11.33	1.82	100.00	2553	74.2	65.0	143
100-110	3.83	51.90	3.43	9.56	6.27	2.55	0.27	13.83	10.65	1.54	100.00	2826	83.0	71.8	101
110-120	3.31	51.43	3.22	9.69	5.50	2.91	0.39	15.09	10.24	1.52	100.00	3070	90.7	79.4	65
120-150	2.91	43.18	3.04	9.36	5.53	3.82	0.27	21.30	10.85	2.65	100.00	3522	105.5	105.4	89
≥ 150	2.39	32.99	1.63	6.18	6.38	2.58	0.15	16.12	11.99	21.98	100.00	6021	152.1	171.0	57
all classes	3.79	48.88	3.01	9.06	5.97	2.78	0.27	14.33	10.96	4.73	100.00	2665	76.7	69.1	758
Himachal Pradesh															
< 70	4.22	57.86	2.29	6.93	7.80	1.80	1.99	11.70	7.35	2.29	100.00	1598	52.5	32.7	25
70-80	3.96	53.71	2.54	7.26	7.80	2.45	0.53	11.74	12.28	1.70	100.00	2055	58.4	52.2	36
80-90	3.79	54.39	2.15	7.18	7.25	2.60	0.41	11.31	10.43	4.28	100.00	2282	65.1	53.4	88
90-100	3.26	52.96	2.43	6.86	7.20	2.60	0.41	12.39	11.16	3.99	100.00	2555	72.4	63.2	119
100-110	3.29	55.12	2.34	7.13	7.01	2.40	0.45	11.54	11.30	2.70	100.00	2837	80.7	68.8	146
110-120	2.64	49.43	2.22	6.32	7.09	2.47	0.48	12.28	11.38	8.33	100.00	3111	87.4	79.7	149
120-150	2.00	40.31	1.87	5.13	6.40	2.62	0.71	12.48	10.11	20.38	100.00	3531	96.8	92.6	243
≥ 150	1.60	28.02	1.46	4.20	10.13	3.80	0.56	23.21	8.59	20.03	100.00	5849	168.1	197.1	141
all classes	2.55	44.19	2.01	5.82	7.60	2.79	0.58	14.47	10.27	12.27	100.00	3218	90.9	86.7	947
Jammu & Kashmir															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	5.78	63.88	2.99	3.09	5.05	2.40	1.50	8.94	8.86	3.28	100.00	2063	57.0	39.5	46
80-90	5.01	65.78	2.71	3.27	3.79	2.43	1.44	9.82	8.84	1.91	100.00	2282	62.6	44.7	108
90-100	4.21	61.77	2.07	3.83	4.18	2.49	1.20	10.87	9.38	4.20	100.00	2579	69.7	54.7	124
100-110	4.49	61.68	2.02	4.21	4.33	2.71	1.05	11.68	10.10	2.22	100.00	2794	76.5	62.9	159
110-120	3.99	59.92	2.02	4.37	4.90	3.08	1.04	11.70	10.22	2.76	100.00	3071	85.2	70.3	151
120-150	3.66	58.43	1.88	4.23	4.94	3.17	1.07	12.98	10.20	3.11	100.00	3547	98.0	84.0	279
≥ 150	4.20	7.93	0.37	0.54	0.77	0.51	0.21	1.88	1.93	85.87	100.00	25558	384.7	206.0	122
all classes	4.27	29.64	1.09	1.96	2.33	1.46	0.60	5.85	5.16	51.92	100.00	5955	119.9	82.4	1008

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

@ see para 3.14

Contd.

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Karnataka															
< 70	4.68	61.09	1.51	6.15	7.76	2.32	1.27	7.30	8.79	3.82	100.00	1587	41.9	32.0	396
70-80	4.37	59.95	1.49	6.32	8.30	2.52	1.09	7.94	8.93	3.44	100.00	2019	53.0	42.0	309
80-90	4.06	57.82	1.49	6.60	8.49	2.69	1.14	8.52	9.34	3.92	100.00	2285	59.3	50.1	386
90-100	3.59	57.17	1.38	6.36	8.53	2.69	1.34	8.44	9.24	4.84	100.00	2541	66.6	56.0	359
100-110	3.38	56.32	1.37	6.26	8.56	2.49	1.15	8.10	9.11	6.63	100.00	2800	72.1	61.1	308
110-120	3.04	56.70	1.35	5.99	8.27	2.68	1.07	9.15	9.49	5.29	100.00	3054	78.5	69.1	193
120-150	2.77	53.65	1.45	6.24	8.79	2.71	1.46	9.52	9.09	7.08	100.00	3510	93.8	81.1	324
≥ 150	2.23	51.58	1.22	5.60	8.18	2.95	1.22	10.04	10.20	9.03	100.00	4796	124.7	117.4	195
all classes	3.65	56.98	1.42	6.24	8.39	2.63	1.23	8.56	9.23	5.33	100.00	2494	65.2	54.9	2470
Kerala															
< 70	4.77	59.87	2.47	6.77	8.63	1.76	4.06	4.20	7.24	5.01	100.00	1552	40.4	29.7	303
70-80	4.19	58.76	3.17	6.10	9.12	2.05	4.42	4.67	6.79	4.93	100.00	2021	54.5	39.4	261
80-90	4.15	57.54	2.41	5.95	10.05	2.27	4.15	5.41	7.01	5.21	100.00	2279	62.1	46.4	284
90-100	3.57	55.99	2.56	6.13	9.33	2.27	4.57	5.87	7.10	6.19	100.00	2531	70.1	52.5	247
100-110	3.37	53.20	2.84	5.63	10.11	2.69	4.62	7.11	7.56	6.24	100.00	2793	78.1	63.5	227
110-120	3.12	51.94	2.61	5.57	10.06	2.80	5.01	7.68	8.07	6.26	100.00	3062	87.5	72.6	177
120-150	2.61	46.84	2.93	5.47	10.26	2.79	5.02	7.54	6.58	12.56	100.00	3485	100.6	80.0	325
≥ 150	1.63	37.85	2.62	4.57	9.19	4.63	3.64	9.71	6.59	21.20	100.00	4743	132.4	114.1	191
all classes	3.50	53.22	2.71	5.82	9.63	2.57	4.46	6.37	7.08	8.15	100.00	2498	69.1	53.7	2015
Madhya Pradesh															
< 70	4.94	63.27	2.85	6.95	5.79	2.40	0.45	5.60	10.22	2.48	100.00	1622	46.9	31.4	439
70-80	4.74	64.08	2.77	6.46	5.50	2.25	0.45	6.30	10.07	2.12	100.00	2038	59.1	40.1	397
80-90	4.72	64.38	2.78	6.50	5.56	2.35	0.38	6.16	10.02	1.86	100.00	2289	65.3	44.4	481
90-100	4.25	61.85	2.74	6.44	5.86	2.53	0.44	7.06	10.41	2.68	100.00	2567	73.4	52.8	481
100-110	3.90	61.86	2.71	6.06	5.89	2.92	0.63	7.25	10.35	2.32	100.00	2815	81.3	58.2	387
110-120	3.77	59.45	3.15	6.37	6.77	3.39	0.43	7.76	10.59	2.10	100.00	3084	89.0	66.0	316
120-150	3.18	57.58	2.84	6.77	6.77	3.91	0.60	8.24	10.47	2.81	100.00	3574	104.0	78.8	400
≥ 150	2.38	34.85	2.29	5.10	8.58	3.50	0.56	7.72	7.24	30.16	100.00	7064	176.2	143.4	244
all classes	4.15	59.23	2.77	6.36	6.25	2.87	0.49	6.99	10.00	5.03	100.00	2604	74.1	53.2	3145

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Maharashtra															
< 70	4.91	59.12	2.24	7.17	7.29	2.63	1.33	5.99	11.86	2.37	100.00	1633	46.4	36.6	719
70-80	4.69	57.69	2.20	7.06	7.66	2.62	1.10	6.93	12.59	2.15	100.00	2021	56.7	48.4	692
80-90	4.12	55.73	2.14	7.00	8.16	2.74	1.12	7.45	12.48	3.17	100.00	2282	63.6	56.5	845
90-100	3.53	51.48	2.11	6.93	8.40	3.00	1.11	8.08	12.54	6.36	100.00	2527	69.8	64.8	935
100-110	3.24	49.68	2.22	7.10	8.87	3.13	1.11	9.19	13.42	5.27	100.00	2791	76.6	76.8	669
110-120	3.11	50.49	2.16	7.24	8.92	3.44	1.10	9.03	13.27	4.36	100.00	3057	85.2	82.9	474
120-150	2.74	47.55	1.98	7.16	8.81	3.61	1.22	9.70	13.22	6.75	100.00	3477	96.7	96.7	610
≥ 150	1.95	35.46	1.26	12.93	10.02	3.16	0.64	7.50	14.90	14.13	100.00	6737	143.4	205.5	290
all classes	3.73	52.12	2.09	7.45	8.39	3.00	1.12	7.95	12.87	5.02	100.00	2484	68.1	64.1	5234
Manipur															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	4.76	82.74	1.29	1.10	2.27	1.77	0.94	0.65	3.69	5.54	100.00	2080	48.8	15.0	36
80-90	4.67	80.68	1.56	1.78	3.03	2.03	1.18	1.11	4.44	4.19	100.00	2355	56.3	19.9	98
90-100	4.93	80.91	1.39	1.98	3.03	1.87	1.28	1.04	4.42	4.09	100.00	2615	62.6	21.5	119
100-110	4.60	81.71	1.46	1.96	2.88	2.00	1.42	1.01	4.02	3.54	100.00	2839	68.5	21.2	105
110-120	3.98	76.60	1.54	2.35	3.74	1.75	1.69	1.55	4.04	6.73	100.00	3147	77.2	28.1	75
120-150	3.44	73.38	1.30	2.26	3.24	4.37	1.83	1.83	5.27	6.53	100.00	3571	89.2	36.4	92
≥ 150	4.30	2.65	1.99	12.61	19.40	0.44	1.16	1.07	60.57	0.11	100.00	90505	1595.1	6255.1	128
all classes	4.42	10.71	1.93	11.49	17.69	0.63	1.18	1.08	54.67	0.62	100.00	20526	375.9	1287.9	665
Meghalaya															
< 70	3.55	66.61	5.15	5.46	2.77	1.63	3.48	3.81	6.99	4.10	100.00	1626	45.6	24.4	20
70-80	4.86	69.89	3.59	4.14	2.28	1.55	2.45	4.83	7.09	4.19	100.00	2043	55.5	31.1	42
80-90	3.73	63.78	3.60	4.77	1.90	1.39	3.13	4.87	7.55	9.00	100.00	2274	60.0	42.6	76
90-100	3.18	61.40	3.40	3.73	2.67	2.41	2.45	5.27	6.87	11.80	100.00	2499	65.1	43.1	80
100-110	3.56	57.76	3.44	4.18	3.48	2.46	3.01	6.38	9.35	9.95	100.00	2784	75.6	57.5	60
110-120	2.84	55.20	3.21	4.83	3.89	4.34	2.78	6.99	10.89	7.87	100.00	3028	82.4	70.6	32
120-150	1.98	47.64	2.64	3.83	3.06	2.19	2.37	5.88	7.98	24.41	100.00	3447	86.2	70.3	58
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.36	60.55	3.50	4.31	2.68	2.30	3.20	5.46	7.88	10.11	100.00	2445	66.5	45.5	384

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

[@] see para 3.14

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Mizoram															
< 70	4.56	67.52	1.84	6.31	4.82	3.13	3.35	2.70	8.10	2.23	100.00	1603	44.9	21.8	67
70-80	4.42	72.05	1.49	5.89	4.78	2.60	2.49	2.34	6.71	1.64	100.00	1989	52.7	23.2	87
80-90	4.18	70.98	1.52	7.08	3.97	2.40	2.49	2.98	7.34	1.25	100.00	2254	58.4	28.8	107
90-100	4.11	70.23	1.62	5.89	3.99	3.11	2.46	3.84	7.51	1.36	100.00	2511	67.1	33.6	107
100-110	4.09	68.29	1.80	5.80	3.98	2.94	2.88	3.95	8.53	1.84	100.00	2771	74.0	41.5	129
110-120	4.02	69.67	1.47	5.49	3.13	3.01	2.33	3.98	9.07	1.85	100.00	3025	76.5	47.2	84
120-150	3.60	67.57	1.82	5.57	3.69	3.00	2.37	4.67	9.08	2.25	100.00	3433	89.4	54.5	147
≥ 150	3.32	9.12	1.98	44.33	0.72	1.27	0.34	28.01	14.03	0.20	100.00	23208	449.2	717.9	130
all classes	3.98	37.90	1.83	25.95	2.26	2.05	1.40	16.40	11.24	0.96	100.00	4811	109.2	110.6	858
Nagaland															
< 70	5.62	74.84	1.78	3.39	3.51	3.41	2.93	3.53	4.30	2.30	100.00	1662	46.3	17.7	25
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	3.54	71.69	2.37	3.64	2.97	3.34	4.10	3.04	4.07	4.78	100.00	2267	65.3	24.1	42
90-100	3.39	70.26	2.77	3.76	2.87	2.77	3.94	4.83	4.04	4.77	100.00	2481	71.6	27.9	52
100-110	3.66	71.97	2.56	3.77	3.58	2.65	3.68	5.34	4.78	1.68	100.00	2772	79.4	33.4	36
110-120	3.35	65.26	2.76	3.34	4.05	7.32	4.30	5.33	5.02	2.60	100.00	3047	92.6	39.5	28
120-150	2.20	60.90	3.30	3.74	4.19	5.44	7.69	5.97	5.30	3.47	100.00	3518	124.5	53.0	43
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.52	68.14	2.52	3.56	3.41	3.93	4.53	6.06	4.34	3.51	100.00	2578	79.0	32.5	264
Orissa															
< 70	3.88	75.20	4.75	3.72	3.82	2.51	0.63	1.36	5.54	2.46	100.00	1586	37.7	15.7	56
70-80	4.87	79.10	4.09	3.62	3.50	1.67	0.80	1.33	4.41	1.47	100.00	2036	48.7	17.2	74
80-90	4.28	74.51	4.21	3.74	4.06	2.23	1.06	2.01	5.46	2.71	100.00	2289	57.1	24.1	130
90-100	3.69	71.29	4.09	3.68	3.89	2.47	1.08	3.32	5.76	4.41	100.00	2538	63.5	30.6	177
100-110	3.42	73.06	3.95	3.64	3.84	2.29	1.01	3.05	5.32	3.84	100.00	2804	69.7	31.7	157
110-120	3.58	72.44	3.61	4.03	4.42	2.72	1.08	3.20	6.31	2.20	100.00	3067	76.9	37.6	132
120-150	3.12	69.73	3.51	4.00	4.70	2.78	1.31	4.57	6.33	3.07	100.00	3523	92.2	47.5	216
≥ 150	2.16	70.71	2.94	3.87	6.43	2.75	1.30	4.77	5.39	1.85	100.00	6029	155.8	84.8	108
all classes	3.59	72.47	3.82	3.81	4.33	2.48	1.10	3.26	5.71	3.02	100.00	2802	70.5	33.4	1050

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Punjab															
< 70	4.35	52.79	4.30	10.52	6.41	2.08	0.19	11.79	10.11	1.81	100.00	1655	48.1	38.1	175
70-80	4.54	53.66	4.03	9.75	6.23	2.29	0.20	12.55	9.75	1.55	100.00	2021	59.9	47.6	229
80-90	3.95	50.14	3.80	9.87	6.48	2.61	0.30	14.36	10.69	1.75	100.00	2305	68.4	59.4	294
90-100	3.67	48.42	3.69	9.82	6.33	2.44	0.31	14.56	10.48	3.96	100.00	2597	75.8	67.1	272
100-110	3.35	48.53	3.45	10.19	6.90	2.84	0.40	15.30	10.46	1.93	100.00	2821	84.4	73.8	239
110-120	3.29	48.86	3.40	10.08	6.01	3.15	0.41	15.82	10.60	1.66	100.00	3063	90.2	81.5	163
120-150	2.64	43.38	3.00	9.40	6.47	3.82	0.66	15.59	10.62	7.06	100.00	3504	103.3	95.5	358
≥ 150	2.29	36.09	2.62	8.84	8.05	4.05	0.63	19.98	13.16	6.58	100.00	5249	154.5	169.8	153
all classes	3.51	47.56	3.50	9.77	6.58	2.95	0.40	15.01	10.69	3.53	100.00	2667	78.7	70.3	1883
Rajasthan															
< 70	4.70	59.80	2.25	7.64	4.02	2.29	0.34	9.17	11.82	2.67	100.00	1670	49.6	39.7	148
70-80	4.92	61.33	2.19	7.03	4.19	2.01	0.26	9.86	10.69	2.43	100.00	2038	62.1	47.2	205
80-90	4.86	60.94	1.94	6.95	3.91	2.11	0.32	10.57	10.63	2.63	100.00	2306	70.3	55.0	297
90-100	4.45	59.32	2.01	6.82	4.06	2.35	0.30	10.60	11.39	3.16	100.00	2588	78.4	64.1	340
100-110	4.38	59.04	1.88	6.23	3.93	2.21	0.27	11.53	11.20	3.72	100.00	2864	86.8	71.7	294
110-120	4.10	56.79	1.81	6.39	4.33	2.27	0.34	12.28	12.96	2.83	100.00	3088	92.4	84.5	212
120-150	3.54	57.42	1.89	6.90	4.05	2.25	0.29	12.91	11.56	2.74	100.00	3500	105.5	91.4	306
≥ 150	2.35	36.67	1.64	5.35	20.67	7.24	0.20	12.38	12.65	3.19	100.00	6492	191.5	222.4	183
all classes	4.15	56.02	1.91	6.56	6.27	2.89	0.29	11.46	11.61	2.99	100.00	2869	86.5	75.5	1985
Sikkim															
< 70	5.27	70.07	3.53	3.43	3.88	2.04	1.57	6.55	7.37	1.56	100.00	1671	44.8	25.7	34
70-80	4.42	65.06	3.66	3.78	4.21	2.58	1.94	9.03	8.58	1.15	100.00	1995	55.2	37.1	31
80-90	3.58	63.50	3.16	3.76	3.75	2.85	1.53	8.51	7.61	5.32	100.00	2258	60.1	40.0	63
90-100	3.03	58.77	2.96	3.15	3.28	2.14	1.68	8.51	7.84	11.67	100.00	2504	65.7	47.0	51
100-110	2.98	64.99	3.02	3.05	3.85	2.41	1.34	7.58	7.69	6.08	100.00	2750	71.6	46.2	28
110-120	3.33	58.87	3.05	4.61	6.35	2.79	1.66	9.48	9.33	3.86	100.00	3028	83.0	62.2	25
120-150	1.64	45.74	2.96	3.68	3.60	3.27	1.47	7.49	8.10	23.68	100.00	3388	86.2	68.4	44
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.39	66.13	2.66	3.01	3.35	2.16	1.34	8.48	6.70	6.16	100.00	2824	78.8	48.1	288

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
Tamil Nadu															
< 70	3.78	62.95	1.84	4.58	7.73	2.59	1.40	5.90	8.14	4.87	100.00	1560	39.2	28.3	822
70-80	3.77	60.79	1.71	4.90	7.99	2.80	1.37	7.23	8.12	5.08	100.00	2024	51.4	38.9	560
80-90	3.54	58.93	1.77	4.98	8.27	2.86	1.52	8.15	8.82	4.71	100.00	2268	57.9	46.9	587
90-100	3.33	57.32	1.70	4.87	8.19	2.90	1.55	8.57	8.22	6.69	100.00	2531	65.2	52.4	566
100-110	2.84	55.71	1.74	5.03	8.56	3.05	1.56	9.18	8.88	6.28	100.00	2788	71.8	61.3	443
110-120	2.70	52.21	1.83	5.30	8.42	3.44	1.68	9.73	9.02	8.36	100.00	3063	79.7	70.0	331
120-150	2.26	48.53	1.76	5.02	8.20	3.37	1.30	9.78	9.04	12.99	100.00	3547	91.7	81.0	534
≥ 150	1.79	36.64	2.09	4.48	6.94	4.00	2.39	6.90	12.75	23.82	100.00	6322	153.6	160.2	369
all classes	3.14	54.71	1.80	4.88	8.03	3.08	1.58	8.08	9.05	8.80	100.00	2509	63.9	53.4	4212
Tripura															
< 70	5.38	77.98	2.19	3.01	3.16	2.75	1.70	1.74	6.23	1.24	100.00	1759	42.9	18.5	26
70-80	4.28	76.75	2.19	3.63	2.73	3.21	1.78	1.81	6.57	1.32	100.00	2018	48.6	22.0	58
80-90	4.07	74.25	2.52	3.50	3.33	4.05	2.07	1.83	6.69	1.76	100.00	2270	56.5	25.8	83
90-100	3.43	69.68	2.37	3.84	3.43	4.40	2.69	2.86	7.90	2.82	100.00	2545	66.0	34.7	86
100-110	2.99	68.26	2.60	3.79	3.45	4.37	2.61	5.33	8.01	1.59	100.00	2800	73.9	42.8	98
110-120	3.22	66.25	2.99	4.34	3.37	4.99	2.81	4.89	8.05	2.30	100.00	3047	79.8	47.1	70
120-150	3.06	63.81	2.79	4.17	3.89	5.43	3.03	5.73	9.39	1.75	100.00	3517	94.0	61.6	104
≥ 150	2.07	35.38	1.59	2.76	2.42	5.39	1.69	21.24	28.56	0.97	100.00	6628	161.1	323.2	44
all classes	3.45	66.45	2.47	3.73	3.30	4.49	2.42	5.48	9.83	1.81	100.00	2761	70.7	48.3	569
Uttar Pradesh															
< 70	4.47	61.59	4.63	7.01	5.27	2.67	0.70	7.70	8.65	1.77	100.00	1586	47.1	29.7	580
70-80	4.94	63.27	4.55	6.44	5.40	2.62	0.64	6.77	8.57	1.74	100.00	2027	60.8	37.2	559
80-90	4.90	62.45	4.73	6.49	5.49	2.77	0.71	6.68	8.52	2.16	100.00	2287	67.7	41.9	657
90-100	4.50	59.86	4.71	6.60	5.86	3.27	0.78	7.25	9.32	2.36	100.00	2541	74.8	49.5	697
100-110	4.12	59.00	4.43	6.59	5.74	3.10	0.63	8.62	9.45	2.46	100.00	2814	82.8	57.7	594
110-120	3.85	56.80	4.66	6.81	5.98	3.30	0.67	9.34	9.96	2.48	100.00	3067	89.9	65.9	429
120-150	3.41	55.40	4.67	6.90	5.89	3.73	0.60	9.86	10.31	2.63	100.00	3501	101.4	78.0	727
≥ 150	2.22	37.71	4.34	5.57	8.62	3.84	0.63	11.73	18.26	9.30	100.00	5967	155.4	202.6	395
all classes	4.15	57.40	4.60	6.57	5.98	3.18	0.67	8.41	10.21	2.98	100.00	2610	76.0	55.8	4638

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
West Bengal															
< 70	4.18	65.46	6.57	4.06	3.44	2.69	2.73	3.13	9.68	2.24	100.00	1598	41.8	25.9	379
70-80	4.03	65.61	6.24	4.07	3.52	2.84	2.54	3.45	9.29	2.44	100.00	2014	52.9	32.3	443
80-90	3.72	65.87	5.83	3.99	3.46	2.65	2.42	3.51	9.24	3.04	100.00	2276	60.3	36.8	543
90-100	3.34	63.16	5.73	4.19	3.49	3.18	2.59	4.03	9.52	4.12	100.00	2534	67.5	43.2	573
100-110	3.11	60.66	5.91	4.34	3.65	3.11	2.68	5.13	9.91	4.60	100.00	2782	74.2	51.0	470
110-120	2.95	59.77	5.92	4.55	3.78	3.42	2.67	5.72	10.24	3.94	100.00	3033	81.4	57.7	327
120-150	2.60	57.01	5.48	4.96	3.90	3.99	3.23	6.35	10.73	4.36	100.00	3450	93.9	70.5	459
≥ 150	2.08	36.33	3.31	3.77	2.91	3.78	1.84	6.90	18.96	22.19	100.00	6611	140.9	192.8	238
all classes	3.36	59.74	5.63	4.23	3.52	3.18	2.58	4.70	10.78	5.65	100.00	2597	67.6	48.9	3432
A. & N. Islands															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	4.45	56.35	2.61	5.93	7.25	3.02	3.18	3.43	12.24	6.00	100.00	1987	54.9	39.0	21
80-90	4.03	59.24	2.13	5.79	6.53	3.56	3.19	3.25	12.65	3.66	100.00	2271	62.0	45.7	35
90-100	3.15	56.99	2.05	5.37	6.93	3.25	3.19	4.54	10.92	6.76	100.00	2541	71.0	50.4	38
100-110	3.16	57.02	2.04	6.49	7.31	3.27	3.52	4.50	11.26	4.60	100.00	2786	77.2	55.3	22
110-120	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
120-150	2.42	52.14	2.17	6.10	7.63	4.27	4.47	6.69	10.13	6.39	100.00	3475	104.6	71.3	30
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.45	56.47	2.15	5.71	7.05	3.39	4.17	4.33	11.33	5.40	100.00	2491	72.9	49.5	191
Chandigarh															
< 70	4.09	49.49	4.14	9.10	6.96	3.04	0.39	12.14	11.05	3.69	100.00	1583	46.3	39.4	70
70-80	4.28	49.52	3.98	8.66	7.91	3.44	0.43	13.25	11.14	1.66	100.00	2026	59.5	51.5	64
80-90	4.08	47.00	3.80	8.92	7.23	3.73	0.69	14.17	12.52	1.95	100.00	2256	65.7	62.6	85
90-100	3.64	44.08	3.30	7.48	7.01	5.38	0.62	14.64	13.59	3.91	100.00	2525	73.0	74.9	87
100-110	3.47	44.97	3.15	8.15	7.43	3.92	0.34	17.16	12.33	2.55	100.00	2780	81.7	82.0	101
110-120	3.56	44.11	3.29	8.07	7.01	4.08	0.40	17.10	12.93	3.00	100.00	3040	87.9	92.1	104
120-150	2.69	41.81	3.25	7.63	7.41	4.55	0.67	16.62	12.51	5.55	100.00	3465	100.0	104.2	166
≥ 150	1.94	35.20	2.76	6.63	12.99	4.09	1.33	18.01	11.38	7.62	100.00	5189	166.1	156.7	88
all classes	3.39	43.90	3.37	7.97	7.89	4.17	0.61	15.83	12.37	3.89	100.00	2741	80.5	79.5	765

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban	
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs	
																(1)
Dadra & Nagar Haveli																
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
90-100	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
100-110	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
110-120	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
120-150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	2.94	51.93	2.05	5.51	6.65	3.41	0.56	8.18	12.49	9.21	100.00	2787	73.1	66.6	96	
Daman & Diu																
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	5.07	56.24	2.30	5.67	5.04	1.49	4.02	7.31	15.07	2.86	100.00	2057	61.3	54.6	23	
80-90	4.53	54.29	2.28	6.73	6.21	1.90	2.67	7.57	16.06	2.29	100.00	2273	63.5	63.2	21	
90-100	3.72	53.20	2.46	5.95	6.39	2.63	2.67	7.90	15.96	2.85	100.00	2545	72.1	71.8	39	
100-110	4.11	51.32	2.01	5.61	6.08	2.28	2.54	8.42	15.70	6.04	100.00	2796	78.8	79.4	28	
110-120	4.02	52.30	1.97	6.42	6.58	2.18	2.56	8.95	16.33	2.71	100.00	3027	85.6	88.6	23	
120-150	2.46	46.06	2.27	5.75	6.62	4.62	3.36	11.70	14.57	5.05	100.00	3558	103.0	105.9	25	
≥ 150	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.69	50.66	2.19	5.90	6.00	2.59	2.85	8.53	15.49	5.79	100.00	2723	76.7	76.6	192	
Delhi																
< 70	5.01	53.33	3.57	8.02	6.04	3.66	0.94	11.33	11.72	1.39	100.00	1636	48.7	40.3	141	
70-80	4.70	50.61	3.04	7.67	6.95	3.97	0.83	13.30	11.95	1.69	100.00	1987	59.1	52.3	123	
80-90	4.12	48.57	3.32	7.68	6.53	4.02	0.64	14.26	12.38	2.59	100.00	2221	65.0	61.0	194	
90-100	3.89	48.29	2.94	6.68	6.61	4.32	0.78	14.61	12.63	3.15	100.00	2490	73.7	69.8	150	
100-110	3.85	47.07	2.70	6.16	7.46	5.46	0.68	14.56	12.50	3.41	100.00	2726	80.9	77.3	121	
110-120	3.48	46.81	2.70	6.70	7.39	4.61	1.18	14.61	12.66	3.34	100.00	2964	88.0	83.5	89	
120-150	2.52	38.97	2.89	6.27	7.62	5.69	1.01	15.15	13.34	9.07	100.00	3416	98.4	103.0	161	
≥ 150	2.32	28.49	1.66	3.99	4.82	8.03	1.73	10.47	21.59	19.22	100.00	5830	129.2	209.4	102	
all classes	3.71	44.74	2.84	6.58	6.71	5.06	0.95	13.68	13.67	5.77	100.00	2623	74.8	75.7	1081	

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

Contd.

@ see para 3.14

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Table 3U: Percentage of total calorie intake obtained from different food groups, along with average intake of calorie, protein and fat per consumer unit per diem by calorie intake level and by State/UT

calorie intake level*	average no. of consumer units per hhs	% of total calorie intake obtained from food group [@]										av. intake per consumer unit per diem			Urban
		I	II	III	IV	V	VI	VII	VIII	IX	all	calorie (Kcal)	protein (gm)	fat (gm)	no. of sample hhs
		(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)
Lakshadweep															
< 70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
70-80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
80-90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
90-100	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
100-110	6.14	52.47	0.93	11.40	14.20	1.61	6.37	1.69	7.15	4.19	100.00	2782	76.3	63.8	27
110-120	4.86	53.15	0.76	10.08	12.52	1.64	5.57	1.01	6.59	8.68	100.00	3042	79.1	64.7	26
120-150	4.07	49.52	1.07	9.26	13.82	1.82	7.18	2.25	7.77	7.30	100.00	3449	98.7	84.5	47
≥ 150	3.79	45.02	1.10	8.25	13.78	4.15	8.59	2.43	7.66	9.01	100.00	4731	148.6	114.0	36
all classes	4.97	51.07	1.00	9.87	13.17	2.20	6.92	1.76	7.66	6.33	100.00	3023	84.6	70.6	192
Pondicherry															
< 70	4.63	63.60	2.19	4.17	6.69	2.53	2.06	4.68	8.96	5.13	100.00	1589	39.9	28.8	51
70-80	3.95	64.27	1.85	4.25	6.95	2.15	1.64	5.53	9.63	3.73	100.00	2024	50.7	37.7	55
80-90	3.68	56.60	2.51	4.98	7.84	2.99	2.49	8.73	9.52	4.35	100.00	2267	59.8	48.7	52
90-100	3.08	52.19	1.97	4.55	7.42	2.86	1.76	9.37	9.42	10.46	100.00	2520	64.9	56.9	64
100-110	3.19	55.79	2.29	4.49	7.87	3.08	1.64	9.21	11.34	4.30	100.00	2795	70.9	66.1	45
110-120	3.04	56.48	2.25	4.53	8.05	3.35	2.59	7.89	9.35	5.51	100.00	3089	82.0	65.0	33
120-150	2.45	49.21	2.16	4.56	7.82	3.06	2.24	8.75	10.34	11.87	100.00	3592	93.3	84.7	54
≥ 150	1.05	44.27	2.26	4.69	7.57	3.02	1.87	12.52	9.59	14.20	100.00	5469	149.4	139.9	30
all classes	3.31	56.14	2.17	4.52	7.50	2.84	2.02	8.04	9.78	6.98	100.00	2441	62.9	52.6	384
all-India															
< 70	4.54	61.84	3.05	6.25	6.19	2.51	1.20	6.35	9.82	2.78	100.00	1607	44.1	31.6	5949
70-80	4.45	61.32	3.05	6.10	6.22	2.55	1.10	7.09	9.97	2.58	100.00	2024	55.8	41.3	5776
80-90	4.20	60.16	3.00	6.05	6.33	2.64	1.10	7.57	10.12	3.03	100.00	2282	62.8	48.0	7270
90-100	3.77	58.14	2.92	6.05	6.36	2.85	1.09	8.02	10.29	4.28	100.00	2541	69.9	55.1	7574
100-110	3.52	57.05	2.97	6.01	6.48	2.94	1.07	8.86	10.53	4.10	100.00	2801	77.2	63.1	6320
110-120	3.33	56.01	3.02	6.15	6.63	3.16	1.13	9.37	10.86	3.68	100.00	3062	84.8	70.9	4684
120-150	2.81	52.90	2.98	6.17	6.77	3.50	1.21	9.98	10.67	5.83	100.00	3502	97.9	83.1	7198
≥ 150	2.12	31.46	2.16	6.48	10.16	3.38	1.06	8.44	18.29	18.56	100.00	7293	170.5	238.0	4153
all classes	3.70	55.05	2.90	6.15	6.86	2.94	1.12	8.23	11.24	5.52	100.00	2637	71.5	60.7	48924

*expressed as % of a "norm" level of 2700 Kcal per consumer unit per diem.

@ see para 3.14

Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Andhra Pradesh										
0-225	783	135	50	9	19	0	1	2	1000	188
225-255	519	282	90	72	10	24	0	3	1000	173
255-300	401	234	183	85	49	26	14	7	1000	443
300-340	206	260	235	171	63	24	35	6	1000	490
340-380	138	212	243	205	97	45	46	14	1000	550
380-420	73	197	223	207	129	81	68	21	1000	542
420-470	28	152	167	204	175	117	132	25	1000	536
470-525	38	54	150	209	195	142	167	45	1000	516
525-615	16	67	114	165	162	126	252	98	1000	564
615-775	28	36	57	146	150	135	288	160	1000	534
775-950	21	15	30	106	112	152	317	247	1000	282
950-more	22	13	25	51	101	114	287	386	1000	363
all classes	142	142	151	156	118	86	133	70	1000	5181
no. of sample hhs	662	666	826	824	657	486	662	398	5181	x
Arunachal Pradesh										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	449	90	303	91	29	15	0	23	1000	31
300-340	267	330	157	103	85	21	15	23	1000	54
340-380	376	224	136	145	0	45	0	73	1000	48
380-420	179	111	310	161	47	30	0	161	1000	50
420-470	478	23	173	126	51	20	73	56	1000	54
470-525	194	152	81	195	118	26	125	109	1000	65
525-615	223	103	172	138	105	63	80	116	1000	113
615-775	130	73	29	156	135	35	218	222	1000	139
775-950	123	6	91	74	130	103	251	222	1000	96
950-more	21	16	8	78	158	61	192	467	1000	150
all classes	201	90	108	120	104	48	129	199	1000	827
no. of sample hhs	115	72	92	107	91	51	120	179	827	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Rural										
Assam										
0-225	823	95	79	0	0	0	2	0	1000	141
225-255	738	127	102	10	14	9	0	0	1000	143
255-300	465	287	170	41	19	17	1	0	1000	301
300-340	286	284	269	91	26	5	35	4	1000	326
340-380	206	274	286	137	59	21	12	5	1000	382
380-420	89	222	291	242	120	23	10	1	1000	376
420-470	66	146	240	265	176	75	17	15	1000	426
470-525	51	144	255	187	188	92	77	8	1000	352
525-615	52	97	158	210	206	154	113	9	1000	418
615-775	24	49	132	205	163	180	199	47	1000	339
775-950	10	33	64	106	124	138	430	95	1000	146
950-more	0	13	23	140	191	159	306	167	1000	112
all classes	195	173	208	160	114	68	67	15	1000	3462
no. of sample hhs	666	581	686	563	402	245	252	67	3462	x
Bihar										
0-225	644	188	111	39	9	6	1	2	1000	442
225-255	329	297	239	74	37	15	5	5	1000	492
255-300	192	253	265	153	72	31	26	8	1000	958
300-340	101	203	240	184	149	71	43	10	1000	960
340-380	69	119	205	204	190	116	88	9	1000	869
380-420	29	95	158	223	207	125	136	28	1000	722
420-470	30	56	123	167	202	151	197	74	1000	731
470-525	10	24	98	126	212	145	306	79	1000	589
525-615	8	31	44	81	171	211	314	140	1000	605
615-775	4	17	35	41	87	145	419	251	1000	510
775-950	0	0	19	33	82	79	314	473	1000	201
950-more	0	0	50	21	32	52	298	549	1000	232
all classes	123	133	164	140	137	97	140	66	1000	7311
no. of sample hhs	849	903	1135	1040	989	759	1096	540	7311	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Goa										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-
525-615	59	327	199	213	51	100	49	1	1000	26
615-775	44	159	373	60	278	65	21	0	1000	22
775-950	8	103	52	330	260	158	89	0	1000	30
950-more	1	81	104	68	103	192	159	292	1000	88
all classes	77	152	171	129	133	125	89	123	1000	192
no. of sample hhs	15	20	33	27	27	21	27	22	192	x
Gujarat										
0-225	909	29	7	55	0	0	0	0	1000	42
225-255	753	85	152	9	0	0	0	0	1000	36
255-300	568	207	144	68	13	0	0	0	1000	98
300-340	269	316	239	93	46	21	16	0	1000	128
340-380	371	277	210	63	50	14	12	4	1000	160
380-420	260	233	173	124	103	27	81	0	1000	155
420-470	182	191	237	173	106	60	51	0	1000	241
470-525	93	199	208	209	130	83	53	25	1000	289
525-615	81	90	235	203	172	124	73	23	1000	360
615-775	66	71	117	166	196	144	188	51	1000	424
775-950	4	16	99	109	131	174	326	141	1000	256
950-more	0	19	46	89	135	176	278	257	1000	290
all classes	167	136	167	142	123	95	117	53	1000	2479
no. of sample hhs	355	324	387	362	320	249	323	159	2479	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Haryana										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	406	295	222	77	0	0	0	0	1000	29
340-380	300	184	226	135	89	33	33	0	1000	42
380-420	126	220	410	145	99	0	0	0	1000	49
420-470	110	320	203	193	42	61	56	16	1000	75
470-525	73	109	213	259	138	85	115	8	1000	102
525-615	27	64	202	183	163	105	246	10	1000	154
615-775	4	18	96	174	163	124	338	83	1000	232
775-950	15	55	103	85	80	169	329	164	1000	180
950-more	0	0	7	87	70	50	286	500	1000	245
all classes	68	85	133	145	106	89	227	145	1000	1132
no. of sample hhs	70	95	128	139	130	114	268	188	1132	x
Himachal Pradesh										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	177	340	252	104	0	0	0	128	1000	23
300-340	60	334	325	211	0	58	11	0	1000	22
340-380	87	116	410	274	105	0	0	7	1000	59
380-420	39	113	430	215	94	81	17	12	1000	80
420-470	27	62	269	293	179	137	18	14	1000	127
470-525	7	102	153	261	228	155	67	27	1000	152
525-615	17	21	92	167	225	174	265	38	1000	224
615-775	1	23	78	160	178	163	331	65	1000	367
775-950	8	22	38	75	133	180	361	183	1000	205
950-more	5	11	22	38	65	111	331	417	1000	367
all classes	19	48	123	149	144	136	236	144	1000	1634
no. of sample hhs	30	82	197	247	249	221	387	221	1634	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Jammu & Kashmir										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	128	176	300	203	193	0	0	0	1000	22
340-380	185	52	439	185	139	0	0	0	1000	27
380-420	146	125	205	209	118	101	53	43	1000	44
420-470	34	142	259	131	122	20	263	28	1000	79
470-525	8	34	140	115	101	113	473	17	1000	126
525-615	7	27	105	94	137	145	336	149	1000	222
615-775	7	20	92	84	134	157	349	156	1000	434
775-950	9	7	7	45	79	105	321	427	1000	252
950-more	0	6	6	21	71	64	277	554	1000	248
all classes	19	32	96	86	111	113	323	220	1000	1472
no. of sample hhs	40	61	180	196	227	214	406	148	1472	x
Karnataka										
0-225	821	157	22	0	0	0	0	0	1000	54
225-255	733	116	81	0	13	0	34	24	1000	71
255-300	499	276	140	38	35	8	5	0	1000	171
300-340	402	143	237	106	65	19	17	10	1000	195
340-380	296	249	225	88	88	29	21	4	1000	237
380-420	209	173	182	206	100	61	44	24	1000	234
420-470	154	158	183	158	129	75	98	45	1000	307
470-525	85	107	208	199	118	96	148	38	1000	273
525-615	50	90	203	176	167	99	150	64	1000	372
615-775	28	63	119	190	104	153	188	153	1000	339
775-950	13	31	41	164	149	115	262	226	1000	227
950-more	2	17	29	87	177	130	314	245	1000	283
all classes	194	131	159	141	110	77	117	72	1000	2763
no. of sample hhs	464	342	436	398	300	234	353	236	2763	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Rural										
Kerala										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	906	94	0	0	0	0	0	0	1000	35
300-340	728	201	46	0	25	0	0	0	1000	59
340-380	512	335	70	58	14	0	10	0	1000	83
380-420	483	210	206	26	58	0	17	0	1000	117
420-470	333	365	153	115	16	10	8	0	1000	173
470-525	248	281	235	116	65	30	12	13	1000	218
525-615	137	241	249	191	67	51	47	17	1000	304
615-775	49	148	185	208	189	97	100	23	1000	445
775-950	23	41	122	185	226	182	153	67	1000	356
950-more	19	25	65	99	131	133	291	237	1000	792
all classes	153	146	144	137	123	90	127	80	1000	2604
no. of sample hhs	404	371	362	345	312	226	355	229	2604	x
Madhya Pradesh										
0-225	644	189	112	26	10	10	2	7	1000	415
225-255	368	271	200	100	34	15	12	0	1000	355
255-300	242	255	217	145	76	34	20	10	1000	637
300-340	178	159	258	171	140	41	45	8	1000	537
340-380	88	189	223	226	142	65	57	9	1000	538
380-420	67	114	175	242	144	117	107	35	1000	450
420-470	32	69	136	236	162	121	178	65	1000	421
470-525	24	35	135	139	182	166	238	82	1000	427
525-615	28	55	76	107	152	146	301	135	1000	462
615-775	19	38	57	128	113	126	301	218	1000	423
775-950	0	10	43	68	141	178	263	298	1000	203
950-more	7	8	23	66	59	117	226	494	1000	276
all classes	162	138	160	151	114	83	121	71	1000	5144
no. of sample hhs	765	683	782	734	630	450	682	418	5144	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Maharashtra										
0-225	774	126	56	25	4	0	0	14	1000	144
225-255	569	181	137	45	59	0	0	9	1000	148
255-300	460	207	157	94	44	13	22	3	1000	319
300-340	175	293	254	148	88	12	16	14	1000	347
340-380	167	232	313	107	91	56	20	14	1000	319
380-420	96	182	241	205	148	62	55	11	1000	353
420-470	72	96	208	228	227	87	55	27	1000	417
470-525	44	120	163	212	168	134	116	43	1000	421
525-615	57	106	190	175	145	118	149	59	1000	465
615-775	10	63	122	178	182	128	217	99	1000	537
775-950	28	72	73	196	102	99	250	180	1000	286
950-more	14	8	64	126	132	131	251	273	1000	365
all classes	151	136	172	160	130	80	107	63	1000	4121
no. of sample hhs	571	522	713	641	560	351	494	269	4121	x
Manipur										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	10	541	187	118	0	137	0	6	1000	24
340-380	89	211	340	207	30	24	55	44	1000	76
380-420	26	165	313	272	115	66	11	32	1000	90
420-470	49	77	198	229	211	62	32	143	1000	101
470-525	9	53	288	252	212	62	42	82	1000	79
525-615	25	75	75	269	148	144	135	131	1000	116
615-775	9	13	148	151	210	99	161	209	1000	139
775-950	0	16	163	178	228	132	163	120	1000	51
950-more	0	18	153	289	152	98	158	133	1000	43
all classes	27	95	217	223	154	85	86	111	1000	738
no. of sample hhs	15	66	143	155	132	63	74	90	738	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Meghalaya										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	681	223	96	0	0	0	0	0	1000	21
340-380	373	357	191	39	41	0	0	0	1000	45
380-420	252	394	270	65	19	0	0	0	1000	69
420-470	243	383	205	135	17	4	0	13	1000	117
470-525	136	275	362	117	90	17	2	0	1000	151
525-615	42	234	363	218	58	55	22	8	1000	209
615-775	33	135	311	223	134	63	91	10	1000	203
775-950	25	37	157	198	165	172	203	44	1000	54
950-more	59	54	86	168	117	161	225	129	1000	59
all classes	123	229	282	166	81	51	52	16	1000	933
no. of sample hhs	109	199	270	153	83	46	53	20	933	x
Mizoram										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	508	46	107	85	0	65	8	180	1000	23
420-470	464	16	92	0	114	0	55	259	1000	22
470-525	211	223	212	90	101	70	0	94	1000	42
525-615	245	199	209	89	118	22	9	110	1000	57
615-775	86	179	240	128	209	69	34	55	1000	99
775-950	29	77	183	181	195	95	208	31	1000	85
950-more	16	71	82	96	181	91	291	172	1000	85
all classes	140	129	172	116	159	68	117	99	1000	428
no. of sample hhs	60	48	68	50	59	29	47	67	428	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Nagaland										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-
525-615	0	122	526	4	254	0	31	64	1000	21
615-775	78	167	220	207	189	57	71	11	1000	100
775-950	0	161	158	175	171	113	172	50	1000	99
950-more	13	26	55	144	153	149	300	160	1000	245
all classes	35	94	141	159	166	113	199	94	1000	480
no. of sample hhs	14	46	72	71	86	62	87	42	480	x
Orissa										
0-225	407	308	156	90	19	11	6	3	1000	412
225-255	180	258	265	157	93	27	19	1	1000	271
255-300	88	166	263	264	138	29	43	9	1000	439
300-340	36	102	180	273	151	118	102	37	1000	440
340-380	15	67	168	250	204	141	134	21	1000	339
380-420	21	37	112	187	184	217	197	44	1000	314
420-470	16	35	104	161	205	187	238	54	1000	303
470-525	7	17	67	97	213	159	306	133	1000	228
525-615	6	13	74	123	135	160	329	160	1000	235
615-775	7	1	34	108	128	174	372	177	1000	243
775-950	0	0	43	46	108	120	282	401	1000	115
950-more	0	5	99	60	82	93	279	381	1000	138
all classes	98	119	156	176	136	107	145	64	1000	3477
no. of sample hhs	301	384	511	611	494	381	545	250	3477	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Rural										
Punjab										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	509	238	154	0	92	0	7	0	1000	37
340-380	181	334	183	188	93	20	0	0	1000	69
380-420	176	167	348	176	103	29	0	0	1000	74
420-470	206	228	218	173	115	52	0	8	1000	119
470-525	84	204	245	207	167	38	38	16	1000	173
525-615	46	131	162	233	174	113	101	41	1000	267
615-775	30	43	101	203	193	134	217	80	1000	443
775-950	13	15	51	77	219	132	343	149	1000	347
950-more	4	3	14	39	76	112	333	418	1000	597
all classes	66	91	116	142	149	100	193	143	1000	2152
no. of sample hhs	124	169	243	285	309	232	434	356	2152	x
Rajasthan										
0-225	675	77	169	79	0	0	0	0	1000	29
225-255	225	176	397	110	53	39	0	0	1000	34
255-300	257	167	322	117	92	29	16	0	1000	107
300-340	137	218	244	217	143	21	19	0	1000	142
340-380	102	175	238	219	120	100	39	6	1000	194
380-420	58	117	195	197	224	124	79	6	1000	252
420-470	23	52	160	247	192	125	159	41	1000	333
470-525	5	53	111	216	214	182	166	53	1000	368
525-615	13	29	71	120	159	174	351	82	1000	498
615-775	10	22	39	71	136	163	386	172	1000	601
775-950	1	9	38	39	63	79	425	346	1000	322
950-more	2	5	12	34	32	33	224	659	1000	349
all classes	43	62	115	140	144	123	231	142	1000	3229
no. of sample hhs	129	199	353	444	457	391	749	507	3229	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Rural										
Sikkim										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	398	415	150	36	0	0	0	0	1000	38
300-340	317	179	231	109	19	0	0	144	1000	63
340-380	284	151	173	263	67	24	6	32	1000	72
380-420	146	203	196	259	147	27	22	0	1000	105
420-470	151	242	307	176	79	26	19	0	1000	132
470-525	166	204	339	91	123	18	60	0	1000	109
525-615	142	183	257	160	188	50	14	6	1000	150
615-775	27	41	404	234	154	75	38	28	1000	178
775-950	6	235	163	212	91	170	78	45	1000	81
950-more	13	54	73	263	107	115	231	143	1000	112
all classes	148	160	247	192	113	52	51	38	1000	1056
no. of sample hhs	163	175	251	201	119	63	55	29	1056	x
Tamil Nadu										
0-225	896	56	20	0	2	22	5	0	1000	130
225-255	799	79	79	17	9	1	17	0	1000	130
255-300	701	173	55	36	15	11	9	1	1000	289
300-340	474	221	155	62	49	15	14	10	1000	327
340-380	403	231	199	75	38	22	12	21	1000	324
380-420	265	242	200	153	61	29	45	4	1000	335
420-470	198	227	201	158	102	52	45	16	1000	382
470-525	133	200	160	192	102	84	93	36	1000	399
525-615	81	140	142	201	135	100	141	60	1000	490
615-775	54	92	129	175	145	135	181	89	1000	581
775-950	36	88	120	155	143	127	217	115	1000	296
950-more	38	31	57	113	98	134	266	263	1000	490
all classes	274	157	137	128	86	68	95	54	1000	4173
no. of sample hhs	999	628	575	529	387	315	455	285	4173	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Tripura										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	699	162	69	51	0	0	10	10	1000	30
300-340	491	285	110	56	10	0	11	36	1000	65
340-380	312	337	138	152	61	0	0	0	1000	77
380-420	121	364	231	117	76	40	20	32	1000	99
420-470	86	262	273	190	112	42	15	21	1000	141
470-525	56	205	388	142	118	59	25	8	1000	124
525-615	10	108	261	240	194	80	56	51	1000	171
615-775	14	50	155	234	182	147	153	64	1000	161
775-950	0	20	131	255	229	161	106	97	1000	76
950-more	0	0	33	168	159	138	232	271	1000	73
all classes	124	177	211	180	130	72	59	46	1000	1031
no. of sample hhs	111	177	197	187	130	83	89	57	1031	x
Uttar Pradesh										
0-225	518	183	149	97	30	12	10	0	1000	339
225-255	253	245	208	195	64	26	10	0	1000	359
255-300	169	212	213	200	94	56	43	13	1000	824
300-340	101	158	240	209	125	78	74	16	1000	883
340-380	58	108	212	214	175	99	104	30	1000	902
380-420	49	106	113	205	176	131	173	48	1000	868
420-470	27	51	131	188	157	141	223	83	1000	938
470-525	40	30	99	120	169	167	256	118	1000	873
525-615	13	27	57	105	175	146	322	156	1000	1046
615-775	13	16	45	61	107	136	359	265	1000	1138
775-950	3	16	18	28	80	97	345	412	1000	607
950-more	1	8	24	22	23	69	261	592	1000	655
all classes	77	89	128	145	128	107	193	132	1000	9432
no. of sample hhs	711	794	1152	1331	1209	1048	1889	1298	9432	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
West Bengal										
0-225	766	164	34	21	7	0	1	7	1000	149
225-255	468	290	174	46	8	13	0	0	1000	157
255-300	385	285	165	99	43	11	12	0	1000	319
300-340	137	269	240	220	67	36	30	2	1000	381
340-380	129	215	228	192	110	51	73	3	1000	434
380-420	69	196	250	190	151	80	59	6	1000	445
420-470	32	100	196	263	162	125	108	14	1000	523
470-525	25	78	146	219	219	110	147	57	1000	472
525-615	20	43	115	213	202	139	200	68	1000	546
615-775	9	25	73	116	169	193	294	121	1000	533
775-950	2	29	39	79	161	118	394	179	1000	270
950-more	0	24	56	47	86	126	313	348	1000	321
all classes	123	140	160	170	134	92	131	51	1000	4550
no. of sample hhs	523	550	709	766	628	459	652	263	4550	x
A. & N. Islands										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-
525-615	185	154	172	251	158	81	0	0	1000	48
615-775	57	94	341	220	123	70	53	41	1000	67
775-950	44	0	102	225	223	170	211	24	1000	42
950-more	15	1	65	96	186	84	388	166	1000	80
all classes	105	86	189	160	156	83	159	61	1000	273
no. of sample hhs	27	26	40	43	45	25	48	19	273	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Chandigarh										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-
615-775	190	145	106	295	193	9	30	33	1000	21
775-950	0	23	235	200	234	84	212	12	1000	32
950-more	39	11	31	91	323	141	215	148	1000	102
all classes	98	105	92	126	235	92	166	86	1000	180
no. of sample hhs	16	14	19	23	30	19	39	20	180	x
Dadra & Nagar Haveli										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	50	78	246	365	165	96	0	0	1000	23
470-525	-	-	-	-	-	-	-	-	-	-
525-615	9	0	277	294	342	16	60	0	1000	29
615-775	93	0	235	222	185	41	223	0	1000	22
775-950	-	-	-	-	-	-	-	-	-	-
950-more	0	0	142	268	80	192	247	72	1000	29
all classes	120	64	261	213	140	85	107	11	1000	192
no. of sample hhs	27	12	41	40	27	17	26	2	192	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Daman & Diu										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-
615-775	143	76	189	196	165	114	53	64	1000	29
775-950	0	18	63	240	404	127	147	0	1000	36
950-more	11	19	76	186	150	175	304	79	1000	82
all classes	67	46	136	214	187	121	182	47	1000	180
no. of sample hhs	9	10	24	37	33	24	34	9	180	x
Delhi										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-
615-775	544	82	81	226	58	0	6	3	1000	31
775-950	335	103	77	387	72	25	3	0	1000	33
950-more	405	67	176	53	60	81	60	98	1000	103
all classes	391	78	205	151	53	44	32	46	1000	187
no. of sample hhs	36	24	27	30	26	14	16	14	187	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Lakshadweep										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-
615-775	-	-	-	-	-	-	-	-	-	-
775-950	0	0	0	54	366	94	342	145	1000	20
950-more	0	0	7	60	84	68	337	445	1000	40
all classes	57	38	17	106	164	104	288	226	1000	84
no. of sample hhs	3	2	3	9	14	11	25	17	84	x
Pondicherry										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	241	353	315	91	0	0	0	0	1000	22
470-525	80	295	253	234	105	0	32	0	1000	20
525-615	49	126	205	222	191	49	96	62	1000	42
615-775	38	97	182	155	105	114	145	164	1000	38
775-950	52	15	12	87	183	201	327	123	1000	35
950-more	0	7	36	52	189	131	369	216	1000	60
all classes	164	144	152	118	112	80	143	88	1000	288
no. of sample hhs	47	36	40	35	32	25	43	30	288	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4R: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
all-India										
0-225	654	177	98	44	13	7	3	3	1000	2547
225-255	416	239	185	93	40	16	9	3	1000	2451
255-300	311	231	200	134	66	28	23	7	1000	5147
300-340	182	207	231	173	104	48	43	11	1000	5588
340-380	145	181	225	179	127	69	61	14	1000	5892
380-420	96	153	190	199	149	94	96	23	1000	5895
420-470	71	115	170	200	161	110	131	42	1000	6783
470-525	53	90	150	176	171	127	173	60	1000	6635
525-615	37	72	130	156	161	134	222	88	1000	8253
615-775	27	46	88	134	145	141	274	145	1000	9383
775-950	19	34	61	110	126	126	295	230	1000	5337
950-more	23	16	44	69	90	107	271	381	1000	7474
all classes	134	124	151	149	124	92	143	82	1000	71385
no. of sample hhs	8430	8281	10695	10623	9194	6928	10785	6449	71385	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Urban										
Andhra Pradesh										
0-300	639	223	90	16	1	0	31	0	1000	133
300-350	438	196	143	74	38	6	43	62	1000	161
350-425	305	204	216	128	56	6	47	36	1000	350
425-500	205	263	204	149	80	49	41	10	1000	384
500-575	151	147	241	165	171	96	16	12	1000	355
575-665	127	157	183	197	184	63	75	16	1000	309
665-775	86	164	166	214	141	91	113	26	1000	356
775-915	29	154	133	199	257	108	71	48	1000	348
915-1120	48	48	133	296	183	79	141	71	1000	433
1120-1500	26	47	94	128	180	232	216	78	1000	435
1500-1925	19	8	69	130	139	154	290	189	1000	256
1925-more	16	18	45	67	178	133	281	263	1000	286
all classes	143	136	153	163	144	91	110	59	1000	3806
no. of sample hhs	564	504	601	598	494	354	427	264	3806	x
Arunachal Pradesh										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	372	66	240	52	70	100	34	67	1000	20
500-575	225	180	120	105	80	44	44	201	1000	22
575-665	30	242	72	199	175	0	36	246	1000	22
665-775	81	57	39	302	155	61	132	173	1000	27
775-915	0	120	203	209	23	128	69	248	1000	25
915-1120	0	30	138	60	230	98	181	264	1000	26
1120-1500	0	0	0	65	267	178	143	347	1000	27
1500-1925	0	0	75	0	43	85	313	484	1000	22
1925-more	-	-	-	-	-	-	-	-	-	-
all classes	149	82	106	129	113	81	99	241	1000	233
no. of sample hhs	32	14	25	21	21	20	31	69	233	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Urban										
Assam										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	305	400	100	195	0	0	0	0	1000	20
350-425	389	236	188	72	35	81	0	0	1000	53
425-500	189	151	216	226	125	42	11	39	1000	74
500-575	238	149	173	231	178	23	0	8	1000	66
575-665	96	130	166	302	139	68	55	43	1000	87
665-775	34	250	150	141	94	110	192	29	1000	77
775-915	52	116	226	267	98	118	95	28	1000	94
915-1120	0	105	165	180	207	114	125	103	1000	101
1120-1500	0	126	93	238	141	82	227	94	1000	142
1500-1925	0	20	70	90	47	210	222	340	1000	66
1925-more	0	22	0	174	88	39	148	529	1000	53
all classes	102	150	146	202	117	80	108	94	1000	852
no. of sample hhs	81	124	133	164	102	65	107	76	852	x
Bihar										
0-300	605	210	101	48	20	16	0	0	1000	210
300-350	222	223	288	151	66	24	21	5	1000	191
350-425	89	215	231	213	106	59	86	1	1000	300
425-500	50	109	173	160	211	91	182	24	1000	226
500-575	44	111	168	215	145	158	132	27	1000	220
575-665	33	35	146	199	255	129	131	72	1000	185
665-775	22	18	109	183	232	186	205	45	1000	208
775-915	35	47	50	171	243	161	232	62	1000	159
915-1120	6	23	69	136	106	238	294	128	1000	167
1120-1500	0	38	18	100	87	68	440	251	1000	182
1500-1925	0	0	22	88	61	74	501	253	1000	114
1925-more	0	7	50	19	60	48	298	518	1000	117
all classes	108	107	139	153	136	101	178	78	1000	2279
no. of sample hhs	229	258	307	354	288	228	383	232	2279	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Goa										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-
665-775	162	189	180	143	132	194	0	0	1000	27
775-915	64	232	318	123	67	92	68	35	1000	34
915-1120	30	81	142	282	231	138	70	26	1000	41
1120-1500	23	36	97	159	226	184	155	120	1000	52
1500-1925	18	0	43	54	117	107	447	214	1000	44
1925-more	0	0	0	53	48	206	301	391	1000	45
all classes	124	89	112	130	137	131	156	121	1000	284
no. of sample hhs	34	21	36	37	41	35	47	33	284	x
Gujarat										
0-300	892	101	7	0	0	0	0	0	1000	24
300-350	644	275	41	4	36	0	0	0	1000	56
350-425	510	217	141	107	21	0	4	0	1000	118
425-500	407	232	191	134	11	19	3	3	1000	225
500-575	184	255	233	146	98	20	39	26	1000	261
575-665	138	162	266	179	106	88	59	1	1000	268
665-775	78	207	222	191	103	86	83	28	1000	309
775-915	38	95	261	230	164	94	86	33	1000	349
915-1120	15	81	162	203	252	136	103	49	1000	349
1120-1500	9	42	114	185	218	158	202	71	1000	407
1500-1925	2	12	27	244	131	143	344	97	1000	222
1925-more	2	38	20	114	189	116	231	290	1000	176
all classes	118	129	171	177	143	93	114	54	1000	2764
no. of sample hhs	360	359	477	460	362	247	344	155	2764	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Haryana										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	604	331	65	0	0	0	0	0	1000	30
425-500	230	297	111	129	62	141	29	0	1000	28
500-575	153	320	130	166	185	18	11	18	1000	54
575-665	151	256	128	244	115	90	16	0	1000	76
665-775	128	165	254	221	120	72	33	9	1000	72
775-915	25	182	181	202	142	126	107	35	1000	114
915-1120	11	78	119	186	234	120	102	148	1000	126
1120-1500	1	182	92	220	222	61	122	99	1000	124
1500-1925	29	33	65	140	156	181	324	72	1000	60
1925-more	0	0	63	62	33	31	270	542	1000	56
all classes	114	169	121	170	146	83	101	98	1000	758
no. of sample hhs	85	107	111	143	101	65	89	57	758	x
Himachal Pradesh										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	82	25	388	235	231	39	0	0	1000	21
575-665	32	78	132	90	127	322	176	43	1000	43
665-775	73	63	179	137	241	150	121	36	1000	60
775-915	9	54	111	172	157	135	297	66	1000	106
915-1120	20	22	36	67	105	124	396	230	1000	125
1120-1500	1	38	58	131	156	163	293	160	1000	220
1500-1925	9	10	63	88	120	206	240	263	1000	147
1925-more	0	0	7	44	49	95	506	300	1000	188
all classes	26	32	71	99	123	142	320	186	1000	947
no. of sample hhs	25	36	88	119	146	149	243	141	947	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Jammu & Kashmir										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	88	218	398	204	53	17	0	21	1000	38
500-575	53	136	332	119	136	139	85	0	1000	59
575-665	14	173	185	176	119	135	193	3	1000	90
665-775	20	26	194	238	191	108	141	82	1000	125
775-915	0	68	94	182	171	121	242	121	1000	165
915-1120	1	0	29	120	211	223	232	183	1000	171
1120-1500	2	3	25	71	124	192	412	171	1000	183
1500-1925	0	0	15	31	99	179	378	299	1000	96
1925-more	0	0	27	14	94	58	382	424	1000	60
all classes	14	52	113	140	151	147	243	140	1000	1008
no. of sample hhs	19	46	108	124	159	151	279	122	1008	x
Karnataka										
0-300	823	118	23	12	17	0	0	7	1000	81
300-350	599	177	131	29	26	38	0	0	1000	60
350-425	512	189	178	90	13	10	5	2	1000	150
425-500	322	271	162	102	50	24	44	25	1000	198
500-575	214	150	247	127	140	41	57	24	1000	202
575-665	160	176	218	208	87	49	74	28	1000	249
665-775	90	184	131	273	172	99	44	8	1000	233
775-915	72	109	214	213	118	97	133	44	1000	256
915-1120	13	152	141	233	138	108	146	69	1000	279
1120-1500	39	59	169	154	180	126	175	98	1000	344
1500-1925	19	30	117	135	148	97	237	216	1000	195
1925-more	67	9	67	122	112	93	293	238	1000	223
all classes	150	125	158	165	120	80	125	76	1000	2470
no. of sample hhs	396	309	386	359	308	193	324	195	2470	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Kerala										
0-300	975	25	0	0	0	0	0	0	1000	33
300-350	808	162	30	0	0	0	0	0	1000	39
350-425	616	243	115	19	7	0	0	0	1000	110
425-500	261	370	236	70	43	11	5	4	1000	128
500-575	242	243	265	121	35	74	16	5	1000	146
575-665	170	203	234	207	104	47	17	19	1000	187
665-775	81	168	224	242	125	50	88	21	1000	198
775-915	73	128	230	161	195	73	103	36	1000	206
915-1120	49	79	152	137	157	170	203	53	1000	250
1120-1500	23	58	87	149	135	132	291	125	1000	316
1500-1925	26	20	42	73	146	116	385	193	1000	181
1925-more	19	12	36	29	63	100	304	437	1000	221
all classes	147	129	148	123	106	85	160	102	1000	2015
no. of sample hhs	303	261	284	247	227	177	325	191	2015	x
Madhya Pradesh										
0-300	598	157	145	36	39	4	11	9	1000	194
300-350	347	294	211	113	18	12	5	0	1000	182
350-425	240	229	203	138	82	68	33	7	1000	335
425-500	156	199	205	180	121	77	60	3	1000	338
500-575	112	210	175	223	122	65	71	23	1000	281
575-665	145	76	185	233	147	95	96	24	1000	313
665-775	71	95	147	191	166	168	125	37	1000	313
775-915	35	75	107	232	168	138	204	42	1000	311
915-1120	54	44	94	139	137	169	209	155	1000	257
1120-1500	12	36	118	128	151	154	258	143	1000	286
1500-1925	10	43	46	119	114	160	247	261	1000	166
1925-more	2	6	53	130	87	155	230	338	1000	169
all classes	147	130	152	166	120	104	119	62	1000	3145
no. of sample hhs	439	397	481	481	387	316	400	244	3145	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Urban										
Maharashtra										
0-300	760	142	70	7	0	0	20	0	1000	141
300-350	575	230	102	50	4	6	19	15	1000	141
350-425	418	255	172	76	26	24	17	12	1000	292
425-500	226	311	220	99	68	50	15	11	1000	337
500-575	271	184	195	209	74	29	24	13	1000	379
575-665	199	165	254	151	88	50	67	26	1000	386
665-775	143	140	263	205	126	48	67	9	1000	465
775-915	97	174	199	238	126	64	73	28	1000	525
915-1120	48	122	168	237	149	125	122	29	1000	626
1120-1500	30	63	131	249	210	110	166	42	1000	812
1500-1925	17	35	74	187	213	154	230	91	1000	544
1925-more	11	18	79	145	146	138	291	173	1000	586
all classes	142	129	164	185	131	85	118	46	1000	5234
no. of sample hhs	719	692	845	935	669	474	610	290	5234	x
Manipur										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	30	250	252	206	63	131	32	35	1000	38
425-500	68	127	218	153	180	76	27	152	1000	85
500-575	7	60	129	264	159	75	46	261	1000	106
575-665	30	23	171	216	96	100	102	261	1000	117
665-775	3	68	134	209	209	67	63	248	1000	159
775-915	43	53	53	141	137	132	250	190	1000	69
915-1120	0	0	257	141	162	66	156	218	1000	35
1120-1500	0	0	56	85	18	523	227	91	1000	41
1500-1925	-	-	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-	-	-
all classes	22	69	150	187	139	124	101	209	1000	665
no. of sample hhs	12	36	98	119	105	75	92	128	665	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Meghalaya										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	65	263	157	407	107	0	0	0	1000	23
665-775	58	278	386	136	34	18	77	14	1000	49
775-915	119	46	463	183	98	0	92	0	1000	67
915-1120	230	42	137	130	208	157	60	36	1000	66
1120-1500	46	56	181	216	154	104	195	48	1000	93
1500-1925	0	0	117	77	223	150	279	154	1000	41
1925-more	0	0	63	294	67	88	418	70	1000	23
all classes	94	113	262	185	116	62	134	34	1000	384
no. of sample hhs	20	42	76	80	60	32	58	16	384	x
Mizoram										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	120	363	67	61	64	9	0	315	1000	29
575-665	120	274	134	230	108	57	23	54	1000	60
665-775	132	170	175	131	174	72	88	57	1000	101
775-915	103	135	197	182	160	86	70	67	1000	121
915-1120	77	103	148	122	193	131	140	87	1000	168
1120-1500	16	25	81	187	204	113	262	111	1000	201
1500-1925	0	6	34	71	61	177	439	211	1000	80
1925-more	0	0	0	100	94	108	338	361	1000	69
all classes	78	105	116	148	153	100	170	130	1000	858
no. of sample hhs	67	87	107	107	129	84	147	130	858	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Nagaland										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-	-	-
775-915	200	186	273	133	88	49	72	0	1000	30
915-1120	116	122	290	249	110	27	64	23	1000	41
1120-1500	47	51	177	290	206	127	90	12	1000	79
1500-1925	0	15	197	120	146	167	255	100	1000	46
1925-more	9	0	21	38	17	120	558	238	1000	43
all classes	108	76	174	165	118	100	188	70	1000	264
no. of sample hhs	25	19	42	52	36	28	43	19	264	x
Orissa										
0-300	321	246	146	130	101	36	10	10	1000	85
300-350	127	131	274	181	117	115	49	4	1000	72
350-425	68	105	207	259	196	100	62	4	1000	94
425-500	19	106	210	188	222	100	87	68	1000	119
500-575	32	47	144	231	186	137	219	4	1000	90
575-665	16	32	89	267	239	141	181	35	1000	87
665-775	20	6	42	176	171	281	282	23	1000	101
775-915	4	6	89	196	204	206	225	70	1000	92
915-1120	30	11	79	128	141	178	355	77	1000	98
1120-1500	0	0	63	114	156	84	379	204	1000	104
1500-1925	5	27	0	75	188	51	369	286	1000	45
1925-more	5	0	0	17	72	45	176	685	1000	63
all classes	60	69	132	184	174	132	182	68	1000	1050
no. of sample hhs	56	74	130	177	157	132	216	108	1050	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Punjab										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	430	491	0	0	53	0	0	25	1000	20
350-425	349	455	137	59	0	0	0	0	1000	70
425-500	325	260	241	88	50	36	1	0	1000	133
500-575	215	264	241	134	50	42	36	19	1000	132
575-665	90	231	160	155	173	56	100	35	1000	182
665-775	91	83	206	212	166	149	79	14	1000	190
775-915	38	103	228	230	173	80	122	26	1000	239
915-1120	10	70	125	204	194	85	248	64	1000	294
1120-1500	23	16	75	109	137	138	387	116	1000	315
1500-1925	14	13	74	93	137	138	317	214	1000	152
1925-more	2	0	10	25	50	64	505	345	1000	145
all classes	96	125	151	146	130	87	190	75	1000	1883
no. of sample hhs	175	229	294	272	239	163	358	153	1883	x
Rajasthan										
0-300	421	505	56	0	0	0	18	0	1000	30
300-350	453	231	217	74	26	0	0	0	1000	47
350-425	253	236	213	107	64	60	68	0	1000	132
425-500	63	185	230	245	195	32	38	12	1000	175
500-575	105	122	193	234	127	114	92	12	1000	210
575-665	38	109	201	203	205	109	97	39	1000	225
665-775	23	88	149	230	210	107	165	28	1000	224
775-915	17	58	108	212	146	148	224	87	1000	226
915-1120	21	22	55	192	151	197	207	155	1000	227
1120-1500	8	35	78	83	136	120	287	254	1000	210
1500-1925	8	41	35	122	126	149	290	227	1000	153
1925-more	38	0	23	37	77	80	323	421	1000	126
all classes	65	97	135	174	147	112	166	104	1000	1985
no. of sample hhs	148	205	297	340	294	212	306	183	1985	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Sikkim										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-
665-775	23	167	445	232	91	41	0	0	1000	31
775-915	59	84	340	313	103	71	29	0	1000	41
915-1120	25	97	199	256	128	118	159	18	1000	38
1120-1500	0	55	256	179	113	116	229	52	1000	51
1500-1925	21	86	173	215	48	105	330	23	1000	37
1925-more	40	29	13	178	52	91	347	250	1000	28
all classes	103	115	251	207	92	73	130	28	1000	288
no. of sample hhs	34	31	63	51	28	25	44	12	288	x
Tamil Nadu										
0-300	845	60	28	18	0	24	26	0	1000	145
300-350	625	182	117	18	2	27	18	10	1000	131
350-425	554	189	110	64	19	30	28	5	1000	295
425-500	391	221	152	114	45	22	32	23	1000	334
500-575	282	220	175	152	65	20	69	18	1000	352
575-665	229	226	212	134	75	57	56	11	1000	400
665-775	112	202	243	166	95	76	66	39	1000	432
775-915	45	110	160	195	182	106	122	80	1000	419
915-1120	41	98	158	189	177	117	157	62	1000	493
1120-1500	13	42	156	165	137	117	251	120	1000	550
1500-1925	16	51	72	78	134	121	354	174	1000	326
1925-more	12	24	32	48	152	121	222	387	1000	335
all classes	191	134	149	132	107	78	130	80	1000	4212
no. of sample hhs	822	560	587	566	443	331	534	369	4212	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Tripura										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	232	496	126	60	87	0	0	0	1000	37
425-500	7	255	517	69	111	0	17	25	1000	38
500-575	19	160	296	257	128	56	69	15	1000	52
575-665	42	54	322	328	110	89	55	0	1000	49
665-775	0	56	179	338	195	181	37	15	1000	58
775-915	0	35	105	222	353	136	149	0	1000	49
915-1120	0	31	157	114	264	187	201	47	1000	83
1120-1500	0	43	37	115	283	189	256	77	1000	77
1500-1925	0	60	12	136	228	81	292	192	1000	68
1925-more	0	0	0	0	131	157	317	396	1000	45
all classes	34	113	169	167	194	113	142	69	1000	569
no. of sample hhs	26	58	83	86	98	70	104	44	569	x
Uttar Pradesh										
0-300	641	179	111	55	11	0	1	1	1000	332
300-350	370	250	194	101	40	22	14	10	1000	311
350-425	215	278	204	164	89	26	19	6	1000	512
425-500	186	193	173	194	131	39	69	14	1000	534
500-575	222	110	178	162	139	84	75	30	1000	433
575-665	40	117	177	240	169	78	149	32	1000	448
665-775	24	103	103	183	227	152	164	45	1000	395
775-915	33	43	119	253	121	145	195	91	1000	400
915-1120	24	22	60	171	179	150	265	128	1000	403
1120-1500	19	6	123	75	167	110	339	161	1000	392
1500-1925	6	6	19	102	85	86	423	272	1000	240
1925-more	8	6	51	37	76	81	248	492	1000	238
all classes	155	119	136	153	125	81	147	84	1000	4638
no. of sample hhs	580	559	657	697	594	429	727	395	4638	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Urban										
West Bengal										
0-300	696	177	38	89	0	0	0	0	1000	90
300-350	442	302	165	87	4	0	0	0	1000	89
350-425	278	281	242	117	43	17	2	20	1000	237
425-500	172	239	233	143	103	43	44	23	1000	318
500-575	160	203	261	161	113	66	13	22	1000	294
575-665	109	130	269	206	119	74	77	14	1000	319
665-775	105	130	170	230	155	138	50	22	1000	331
775-915	50	124	189	169	203	106	123	36	1000	375
915-1120	16	89	161	231	174	131	144	53	1000	404
1120-1500	31	72	76	175	151	163	237	96	1000	488
1500-1925	9	53	72	104	224	95	250	194	1000	252
1925-more	7	25	14	58	60	176	279	382	1000	235
all classes	115	140	168	163	130	98	115	71	1000	3432
no. of sample hhs	379	443	543	573	470	327	459	238	3432	x
A. & N. Islands										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-	-	-
775-915	79	34	376	318	93	0	50	50	1000	28
915-1120	79	153	202	259	94	72	141	0	1000	26
1120-1500	14	87	148	295	223	134	68	31	1000	45
1500-1925	15	51	100	177	200	110	271	75	1000	27
1925-more	0	0	0	306	44	101	387	163	1000	28
all classes	90	105	196	249	133	68	118	41	1000	191
no. of sample hhs	18	21	35	38	22	16	30	11	191	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Chandigarh										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	399	287	79	163	71	0	0	0	1000	25
575-665	184	309	139	141	148	35	31	13	1000	40
665-775	163	158	306	87	209	66	12	0	1000	42
775-915	102	150	303	139	198	65	37	6	1000	54
915-1120	64	80	165	180	115	236	155	6	1000	82
1120-1500	10	53	94	144	207	160	297	35	1000	146
1500-1925	24	41	63	158	139	152	293	131	1000	109
1925-more	14	14	30	137	97	159	284	265	1000	226
all classes	92	84	114	137	138	134	201	100	1000	765
no. of sample hhs	70	64	85	87	101	104	166	88	765	x
Dadra & Nagar Haveli										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-	-	-
775-915	-	-	-	-	-	-	-	-	-	-
915-1120	-	-	-	-	-	-	-	-	-	-
1120-1500	44	56	102	117	125	215	261	80	1000	23
1500-1925	-	-	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-	-	-
all classes	100	63	66	185	147	97	293	50	1000	96
no. of sample hhs	14	9	6	15	18	11	18	5	96	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Daman & Diu										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	244	224	168	205	80	33	46	0	1000	20
665-775	84	145	242	142	211	159	0	17	1000	31
775-915	32	26	89	381	305	32	116	19	1000	34
915-1120	0	37	91	162	263	320	47	80	1000	28
1120-1500	0	4	49	179	251	193	183	140	1000	26
1500-1925	-	-	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-	-	-
all classes	72	92	92	191	171	119	209	53	1000	192
no. of sample hhs	16	23	21	39	28	23	25	17	192	x
Delhi										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	519	123	326	32	0	0	0	0	1000	35
425-500	679	110	36	80	95	0	0	0	1000	28
500-575	257	443	189	11	29	0	5	66	1000	35
575-665	243	314	241	95	59	48	0	0	1000	65
665-775	175	171	318	242	41	44	10	0	1000	79
775-915	126	173	236	163	158	88	46	10	1000	134
915-1120	79	88	257	163	139	140	125	10	1000	151
1120-1500	46	57	147	126	220	116	186	102	1000	198
1500-1925	7	65	154	157	171	97	239	108	1000	127
1925-more	0	20	57	102	133	89	379	220	1000	220
all classes	105	107	169	128	136	86	177	91	1000	1081
no. of sample hhs	141	123	194	150	121	89	161	102	1081	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									no. of sample hhs
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Lakshadweep										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-
665-775	35	145	186	182	340	112	0	0	1000	23
775-915	72	110	23	114	77	379	176	49	1000	27
915-1120	0	53	82	94	132	189	450	0	1000	28
1120-1500	0	0	46	22	161	46	449	276	1000	35
1500-1925	0	0	76	0	129	76	320	399	1000	20
1925-more	46	0	0	0	32	166	215	541	1000	29
all classes	47	56	93	100	134	147	245	178	1000	192
no. of sample hhs	9	10	18	19	27	26	47	36	192	x
Pondicherry										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	205	325	238	126	84	0	22	0	1000	23
500-575	185	242	110	243	200	0	20	0	1000	38
575-665	109	132	272	262	102	55	36	34	1000	42
665-775	48	114	327	279	124	28	60	21	1000	31
775-915	113	81	96	154	119	179	225	33	1000	45
915-1120	16	33	219	239	155	161	113	65	1000	50
1120-1500	0	31	31	218	179	144	264	132	1000	47
1500-1925	34	95	110	0	154	38	316	252	1000	27
1925-more	0	0	122	126	23	5	362	363	1000	30
all classes	136	148	152	183	118	74	121	66	1000	384
no. of sample hhs	51	55	52	64	45	33	54	30	384	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 4U: Per 1000 distribution of households by calorie intake level for each MPCE class, by State/UT

MPCE class (Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all classes	no. of sample hhs
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
all-India										
0-300	660	173	90	41	17	7	10	3	1000	1585
300-350	417	232	177	88	34	20	17	14	1000	1586
350-425	320	234	192	124	60	31	30	10	1000	3290
425-500	221	225	195	149	100	46	47	16	1000	3886
500-575	188	179	203	173	116	64	55	21	1000	3926
575-665	131	152	207	194	135	74	84	24	1000	4374
665-775	85	138	187	204	150	107	101	27	1000	4785
775-915	52	112	172	211	166	108	128	50	1000	5150
915-1120	33	77	136	203	170	134	171	76	1000	5677
1120-1500	22	51	114	161	174	133	238	107	1000	6651
1500-1925	13	32	69	135	155	128	298	170	1000	3901
1925-more	13	16	48	87	116	112	293	314	1000	4113
all classes	134	125	152	161	130	91	136	73	1000	48924
no. of sample hhs	5949	5776	7270	7574	6320	4684	7198	4153	48924	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Andhra Pradesh										
0-225	788	140	52	10	7	0	0	3	1000	990
225-255	537	301	75	65	7	14	0	1	1000	948
255-300	436	231	186	85	39	11	6	6	1000	2200
300-340	220	275	246	164	60	15	18	2	1000	2466
340-380	158	210	260	212	90	40	24	6	1000	2611
380-420	70	213	237	224	126	76	44	10	1000	2480
420-470	32	174	184	208	181	120	88	13	1000	2386
470-525	31	70	174	247	207	139	109	22	1000	2109
525-615	18	74	135	198	171	131	217	55	1000	2220
615-775	35	42	72	158	169	162	264	98	1000	1978
775-950	9	15	37	135	153	157	320	174	1000	1081
950-more	11	21	31	79	113	128	303	314	1000	1131
all classes	173	165	172	169	115	78	92	36	1000	22600
no. of sample persons	3493	3320	4009	3749	2906	1916	2211	996	22600	x
Arunachal Pradesh										
0-225	776	91	132	0	0	0	0	0	1000	66
225-255	602	60	14	210	0	0	0	114	1000	132
255-300	496	62	296	80	31	15	0	20	1000	213
300-340	281	323	152	102	84	14	23	21	1000	326
340-380	370	242	142	143	0	23	0	81	1000	295
380-420	165	96	341	151	54	31	0	162	1000	304
420-470	458	18	205	116	39	18	84	62	1000	324
470-525	169	157	103	211	91	17	129	124	1000	379
525-615	211	95	190	111	105	63	84	140	1000	565
615-775	95	87	21	174	104	31	209	279	1000	695
775-950	105	10	67	80	127	90	283	237	1000	497
950-more	37	20	8	83	157	47	236	412	1000	518
all classes	224	100	127	123	87	38	124	177	1000	4314
no. of sample persons	678	415	547	575	446	227	613	813	4314	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Assam										
0-225	799	102	99	0	0	0	0	0	1000	984
225-255	752	125	104	7	7	5	0	0	1000	937
255-300	464	297	161	49	17	12	0	0	1000	1902
300-340	284	299	260	94	27	4	27	5	1000	1987
340-380	224	267	287	135	58	17	6	6	1000	2237
380-420	82	226	297	243	121	25	6	0	1000	2153
420-470	61	136	253	260	181	81	13	15	1000	2365
470-525	44	151	271	186	176	85	80	7	1000	1775
525-615	36	101	177	219	189	157	110	11	1000	2102
615-775	17	50	118	225	164	201	165	61	1000	1662
775-950	11	36	52	82	103	157	447	112	1000	657
950-more	0	16	13	116	225	104	421	106	1000	511
all classes	218	183	214	155	103	61	53	13	1000	19272
no. of sample persons	4091	3411	3955	3002	2034	1289	1166	324	19272	x
Bihar										
0-225	649	193	113	32	8	3	0	1	1000	2857
225-255	313	299	241	82	36	18	6	6	1000	3224
255-300	190	250	268	155	69	39	23	7	1000	5834
300-340	96	204	240	190	153	71	37	8	1000	5534
340-380	70	116	195	213	197	118	87	4	1000	4811
380-420	27	104	164	227	203	126	129	21	1000	3836
420-470	23	64	127	191	202	162	183	47	1000	3941
470-525	12	27	99	118	214	149	315	66	1000	2956
525-615	4	43	44	88	165	215	330	110	1000	2972
615-775	6	31	42	41	96	141	410	233	1000	2272
775-950	0	0	15	37	77	85	393	393	1000	951
950-more	0	0	38	20	30	71	351	490	1000	921
all classes	137	148	174	148	134	94	122	43	1000	40109
no. of sample persons	5133	5392	6666	6011	5365	4022	5497	2023	40109	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Goa										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	1000	0	0	0	0	0	0	0	1000	23
420-470	148	376	238	133	105	0	0	0	1000	76
470-525	414	195	262	129	0	0	0	0	1000	39
525-615	66	368	175	203	56	83	45	3	1000	153
615-775	32	192	435	53	249	24	16	0	1000	117
775-950	8	83	72	325	259	167	86	0	1000	159
950-more	1	115	124	77	104	210	176	192	1000	345
all classes	99	180	212	130	132	108	78	62	1000	944
no. of sample persons	91	115	194	145	135	88	110	66	944	x
Gujarat										
0-225	950	32	9	9	0	0	0	0	1000	273
225-255	767	29	184	20	0	0	0	0	1000	234
255-300	560	212	130	81	18	0	0	0	1000	619
300-340	300	285	247	93	38	18	19	0	1000	770
340-380	364	281	230	59	46	5	11	4	1000	947
380-420	280	222	175	126	104	37	57	0	1000	903
420-470	200	189	235	181	105	57	33	0	1000	1432
470-525	108	227	209	201	122	77	51	6	1000	1557
525-615	90	103	248	213	162	117	51	16	1000	1907
615-775	65	94	131	179	196	137	173	24	1000	2037
775-950	9	22	85	113	143	191	336	100	1000	1019
950-more	0	31	54	101	135	213	279	187	1000	1109
all classes	201	155	180	145	115	86	91	27	1000	12807
no. of sample persons	2249	1887	2188	1930	1618	1152	1337	446	12807	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Haryana										
0-225	1000	0	0	0	0	0	0	0	1000	26
225-255	596	404	0	0	0	0	0	0	1000	28
255-300	571	360	29	29	0	0	11	0	1000	95
300-340	382	274	251	92	0	0	0	0	1000	170
340-380	312	171	247	130	85	27	28	0	1000	260
380-420	137	235	408	118	101	0	0	0	1000	333
420-470	98	301	243	171	48	50	77	12	1000	504
470-525	76	82	218	243	161	106	106	8	1000	598
525-615	20	60	196	180	185	109	226	24	1000	911
615-775	5	15	96	179	141	118	369	77	1000	1394
775-950	11	47	83	81	81	182	350	166	1000	985
950-more	0	0	11	91	68	60	327	443	1000	1198
all classes	72	87	143	143	107	92	234	122	1000	6502
no. of sample persons	436	561	785	766	750	674	1556	974	6502	x
Himachal Pradesh										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	622	135	198	0	0	0	45	0	1000	27
255-300	203	367	248	79	0	0	0	104	1000	139
300-340	88	286	364	203	0	55	3	0	1000	138
340-380	85	121	431	265	94	0	0	4	1000	355
380-420	47	123	430	218	87	69	23	2	1000	463
420-470	40	74	279	297	168	121	14	7	1000	728
470-525	6	87	167	269	229	164	48	30	1000	852
525-615	13	24	89	169	234	183	262	26	1000	1260
615-775	1	18	82	168	193	185	303	51	1000	1796
775-950	8	20	53	90	179	171	363	115	1000	866
950-more	2	12	29	23	87	130	349	369	1000	1155
all classes	25	56	151	168	163	142	206	88	1000	7793
no. of sample persons	174	433	1141	1343	1351	1107	1617	627	7793	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Jammu & Kashmir										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	343	364	294	0	0	0	0	0	1000	40
255-300	379	32	137	452	0	0	0	0	1000	70
300-340	91	165	256	335	152	0	0	0	1000	151
340-380	119	40	524	160	157	0	0	0	1000	179
380-420	163	111	262	179	132	83	17	54	1000	292
420-470	31	164	265	123	130	26	238	23	1000	516
470-525	6	31	144	121	84	63	540	11	1000	781
525-615	8	27	115	128	144	192	350	35	1000	1368
615-775	9	17	85	93	138	163	402	93	1000	2475
775-950	10	6	8	46	100	141	392	297	1000	1352
950-more	0	9	8	27	93	92	272	498	1000	1082
all classes	22	36	114	103	119	121	359	126	1000	8322
no. of sample persons	254	383	1159	1189	1271	1241	2227	598	8322	x
Karnataka										
0-225	845	135	21	0	0	0	0	0	1000	368
225-255	717	141	99	0	9	0	30	4	1000	426
255-300	477	301	141	28	43	7	2	0	1000	1072
300-340	409	142	253	113	61	10	6	6	1000	1167
340-380	303	255	213	102	91	20	14	1	1000	1334
380-420	192	206	168	212	99	77	30	17	1000	1289
420-470	163	164	193	152	133	73	85	38	1000	1595
470-525	91	119	209	207	134	76	129	34	1000	1402
525-615	35	103	227	192	146	99	155	42	1000	1833
615-775	23	80	152	184	109	164	200	88	1000	1564
775-950	10	33	46	165	152	122	283	189	1000	999
950-more	1	22	35	110	149	167	266	250	1000	1105
all classes	217	152	171	140	104	71	97	47	1000	14154
no. of sample persons	2676	1985	2409	2043	1461	1153	1576	851	14154	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Kerala										
0-225	985	0	0	0	15	0	0	0	1000	63
225-255	908	92	0	0	0	0	0	0	1000	56
255-300	909	91	0	0	0	0	0	0	1000	250
300-340	741	197	47	0	16	0	0	0	1000	400
340-380	552	340	55	38	12	0	3	0	1000	515
380-420	518	235	186	27	27	0	6	0	1000	649
420-470	345	389	149	96	9	9	3	0	1000	992
470-525	250	306	230	117	50	28	12	7	1000	1231
525-615	139	259	257	182	72	47	39	5	1000	1562
615-775	48	160	200	210	204	93	69	14	1000	2071
775-950	27	42	138	195	235	185	136	41	1000	1579
950-more	19	28	75	117	160	144	271	187	1000	2956
all classes	187	174	155	137	122	83	94	48	1000	12324
no. of sample persons	2377	2130	1880	1612	1443	940	1282	660	12324	x
Madhya Pradesh										
0-225	657	191	109	22	7	7	0	8	1000	2726
225-255	392	270	187	97	30	16	8	0	1000	2162
255-300	253	264	225	138	69	29	15	6	1000	3799
300-340	180	160	268	168	144	43	36	1	1000	3112
340-380	97	198	215	239	136	58	46	11	1000	3157
380-420	65	120	187	264	145	104	99	17	1000	2516
420-470	36	70	134	304	161	107	162	27	1000	2286
470-525	28	40	143	146	192	187	211	55	1000	2283
525-615	30	62	90	145	158	137	288	89	1000	2478
615-775	23	40	63	136	145	133	300	160	1000	2179
775-950	0	8	56	65	159	183	304	226	1000	935
950-more	11	10	31	71	57	157	216	448	1000	1183
all classes	187	151	169	162	113	76	100	41	1000	28816
no. of sample persons	4878	4217	4690	4223	3563	2366	3401	1478	28816	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Maharashtra										
0-225	744	143	66	25	6	0	0	17	1000	889
225-255	593	174	131	42	46	0	0	13	1000	875
255-300	488	204	155	83	44	10	15	2	1000	1801
300-340	195	301	254	141	83	9	11	5	1000	1929
340-380	154	240	332	120	85	51	11	7	1000	1722
380-420	104	191	245	209	137	61	47	6	1000	1850
420-470	85	118	219	218	216	83	47	14	1000	2144
470-525	57	130	170	233	167	124	96	24	1000	2077
525-615	73	135	210	185	151	108	101	36	1000	2254
615-775	10	88	125	198	209	135	178	58	1000	2355
775-950	33	95	95	261	110	103	206	97	1000	1165
950-more	11	8	92	144	149	146	235	215	1000	1338
all classes	179	158	187	165	127	73	77	34	1000	20399
no. of sample persons	3353	2945	3815	3303	2727	1590	1929	737	20399	x
Manipur										
0-225	0	62	938	0	0	0	0	0	1000	20
225-255	-	-	-	-	-	-	-	-	-	-
255-300	39	33	477	370	81	0	0	0	1000	89
300-340	5	571	190	113	0	116	0	5	1000	147
340-380	65	196	400	207	19	20	49	43	1000	387
380-420	16	148	337	313	98	41	4	43	1000	506
420-470	34	75	220	204	233	52	22	159	1000	594
470-525	7	46	282	251	198	87	45	85	1000	423
525-615	7	70	80	293	153	156	129	112	1000	631
615-775	6	7	140	140	221	92	179	214	1000	713
775-950	0	18	195	165	254	92	160	116	1000	262
950-more	0	15	178	240	192	64	152	159	1000	219
all classes	18	95	236	229	155	78	81	109	1000	3997
no. of sample persons	51	351	818	860	749	315	376	477	3997	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Meghalaya										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	755	245	0	0	0	0	0	0	1000	28
300-340	674	214	112	0	0	0	0	0	1000	134
340-380	437	308	177	44	33	0	0	0	1000	283
380-420	273	410	226	65	26	0	0	0	1000	409
420-470	241	372	213	147	16	5	0	6	1000	708
470-525	152	301	356	103	72	12	3	0	1000	868
525-615	55	246	359	200	57	50	23	10	1000	1069
615-775	23	146	348	219	129	54	76	5	1000	963
775-950	28	52	183	222	212	145	138	20	1000	218
950-more	30	16	106	222	115	166	260	84	1000	215
all classes	145	251	290	157	72	39	38	9	1000	4901
no. of sample persons	683	1132	1456	741	420	189	206	74	4901	x
Mizoram										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	967	0	0	0	0	0	0	33	1000	31
340-380	468	178	77	90	0	0	0	186	1000	50
380-420	450	44	126	90	0	62	8	218	1000	151
420-470	484	15	88	0	98	0	34	282	1000	137
470-525	221	252	204	86	74	61	0	102	1000	266
525-615	250	195	188	104	141	23	6	94	1000	341
615-775	82	173	248	111	221	69	34	63	1000	549
775-950	31	70	182	194	204	96	200	23	1000	400
950-more	18	46	108	112	205	113	264	134	1000	333
all classes	157	132	181	116	162	67	90	94	1000	2276
no. of sample persons	353	270	385	278	314	148	192	336	2276	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Nagaland										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	329	135	338	109	89	0	0	0	1000	47
525-615	0	136	571	6	253	0	11	23	1000	119
615-775	81	178	230	237	164	56	53	2	1000	607
775-950	0	196	140	200	160	109	165	30	1000	569
950-more	10	28	70	147	171	130	319	124	1000	1055
all classes	38	116	160	177	166	100	183	59	1000	2441
no. of sample persons	76	291	415	393	448	298	403	117	2441	x
Orissa										
0-225	433	305	152	83	18	7	2	0	1000	2208
225-255	174	280	279	151	82	24	10	1	1000	1411
255-300	81	193	281	261	127	25	28	5	1000	2201
300-340	40	105	213	297	155	98	76	16	1000	2050
340-380	11	80	193	260	208	139	98	10	1000	1709
380-420	19	50	129	173	212	209	176	31	1000	1523
420-470	17	38	127	188	223	165	207	36	1000	1426
470-525	8	22	78	148	213	156	300	75	1000	1184
525-615	6	23	98	98	148	190	328	108	1000	1097
615-775	5	1	36	111	141	188	391	127	1000	1143
775-950	0	0	46	50	148	124	326	306	1000	557
950-more	0	2	44	36	97	87	292	442	1000	550
all classes	110	137	174	181	138	98	123	40	1000	17059
no. of sample persons	1592	2123	2805	3077	2508	1783	2345	826	17059	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Punjab										
0-225	1000	0	0	0	0	0	0	0	1000	22
225-255	604	396	0	0	0	0	0	0	1000	49
255-300	568	356	76	0	0	0	0	0	1000	122
300-340	516	280	154	0	42	0	9	0	1000	262
340-380	163	348	192	205	75	17	0	0	1000	470
380-420	163	197	328	190	91	31	0	0	1000	462
420-470	199	253	211	150	127	48	0	12	1000	784
470-525	73	203	277	208	157	36	36	9	1000	1021
525-615	43	132	172	241	184	107	92	29	1000	1551
615-775	23	49	104	213	212	134	210	54	1000	2509
775-950	9	17	55	80	240	144	340	116	1000	1860
950-more	2	4	14	32	67	115	353	412	1000	2954
all classes	71	109	130	149	153	96	178	113	1000	12066
no. of sample persons	751	1112	1474	1685	1797	1244	2335	1668	12066	x
Rajasthan										
0-225	670	98	168	64	0	0	0	0	1000	202
225-255	263	178	409	87	47	16	0	0	1000	256
255-300	249	161	354	126	77	27	6	0	1000	759
300-340	115	208	270	218	158	16	15	0	1000	999
340-380	93	165	237	222	124	124	33	2	1000	1388
380-420	53	106	192	206	252	122	68	2	1000	1746
420-470	26	48	163	264	188	134	150	27	1000	2181
470-525	5	53	95	219	224	192	173	38	1000	2322
525-615	6	30	69	126	171	200	330	68	1000	2972
615-775	3	23	41	71	137	186	396	143	1000	3329
775-950	2	10	32	51	79	78	422	327	1000	1460
950-more	2	4	6	23	38	39	254	633	1000	1407
all classes	46	68	129	155	157	135	211	98	1000	19021
no. of sample persons	820	1298	2309	2945	2946	2506	4080	2117	19021	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Sikkim										
0-225	1000	0	0	0	0	0	0	0	1000	49
225-255	1000	0	0	0	0	0	0	0	1000	48
255-300	388	396	154	61	0	0	0	0	1000	255
300-340	317	183	242	112	25	0	0	121	1000	392
340-380	271	185	178	224	69	29	10	34	1000	425
380-420	127	190	202	268	176	22	15	0	1000	599
420-470	141	265	294	178	86	24	12	0	1000	684
470-525	161	212	366	101	104	14	41	0	1000	545
525-615	150	194	273	160	172	35	9	7	1000	740
615-775	31	50	305	251	202	102	29	29	1000	813
775-950	6	285	162	197	115	137	59	40	1000	358
950-more	8	71	48	251	138	104	288	93	1000	265
all classes	169	186	237	185	120	42	34	26	1000	5173
no. of sample persons	879	961	1282	1004	558	237	158	94	5173	x
Tamil Nadu										
0-225	933	49	9	0	0	8	1	0	1000	609
225-255	841	71	64	11	7	0	7	0	1000	658
255-300	747	162	46	30	8	4	3	1	1000	1371
300-340	523	230	139	48	40	10	4	6	1000	1591
340-380	450	228	197	68	23	22	3	9	1000	1469
380-420	317	268	188	138	44	23	21	1	1000	1468
420-470	235	239	217	140	96	43	23	8	1000	1635
470-525	152	232	170	195	106	73	60	10	1000	1611
525-615	94	171	153	224	134	91	108	26	1000	1881
615-775	68	123	135	203	150	131	146	45	1000	2280
775-950	43	101	156	164	154	110	198	73	1000	1122
950-more	34	38	61	135	129	160	236	207	1000	1643
all classes	337	176	139	123	78	57	64	27	1000	17338
no. of sample persons	5053	2946	2500	2157	1484	1126	1399	673	17338	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Tripura										
0-225	797	112	0	91	0	0	0	0	1000	42
225-255	540	127	204	129	0	0	0	0	1000	30
255-300	750	153	44	34	0	0	11	9	1000	160
300-340	511	266	128	46	12	0	9	28	1000	353
340-380	310	378	134	124	54	0	0	0	1000	357
380-420	109	357	259	104	66	46	21	38	1000	509
420-470	81	275	301	167	102	41	15	17	1000	691
470-525	51	197	412	138	112	63	19	8	1000	624
525-615	11	113	279	267	176	76	47	31	1000	782
615-775	8	49	162	262	181	118	174	45	1000	665
775-950	0	26	119	246	238	178	125	67	1000	319
950-more	0	0	19	180	171	152	238	240	1000	321
all classes	134	189	229	175	119	66	56	33	1000	4853
no. of sample persons	570	882	989	856	574	355	402	225	4853	x
Uttar Pradesh										
0-225	504	211	148	84	32	9	11	0	1000	2267
225-255	236	244	207	213	68	24	8	0	1000	2496
255-300	175	202	221	201	100	53	36	12	1000	5618
300-340	98	159	247	210	131	72	70	13	1000	5821
340-380	51	107	229	223	173	102	96	20	1000	6009
380-420	50	107	118	211	184	136	159	36	1000	5552
420-470	30	55	130	195	169	139	223	58	1000	5750
470-525	38	35	110	122	165	184	247	98	1000	5341
525-615	11	32	62	119	179	163	302	131	1000	6050
615-775	12	19	45	73	118	149	371	213	1000	6470
775-950	2	18	13	36	90	113	370	358	1000	3180
950-more	2	8	28	29	35	85	307	505	1000	2843
all classes	85	101	143	160	136	110	176	90	1000	57397
no. of sample persons	4621	5304	7611	8846	7694	6619	10891	5811	57397	x

* expressed as percentage of a “norm” level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
West Bengal										
0-225	780	156	32	19	1	0	1	10	1000	926
225-255	475	297	149	55	12	12	0	0	1000	979
255-300	432	277	141	92	41	7	9	0	1000	1913
300-340	144	276	256	209	62	24	28	0	1000	2136
340-380	131	243	224	188	105	47	59	3	1000	2404
380-420	60	245	251	171	152	65	50	5	1000	2403
420-470	34	92	216	259	159	123	108	9	1000	2637
470-525	31	83	149	213	222	100	143	59	1000	2371
525-615	27	44	117	214	211	142	192	53	1000	2671
615-775	9	26	67	119	172	189	301	119	1000	2487
775-950	2	32	43	83	163	129	361	187	1000	1276
950-more	0	26	51	42	90	121	337	331	1000	1305
all classes	150	162	166	164	128	80	111	39	1000	23508
no. of sample persons	3155	3055	3814	3921	3268	2173	3043	1079	23508	x
A. & N. Islands										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	1000	0	0	0	0	0	0	0	1000	20
340-380	1000	0	0	0	0	0	0	0	1000	25
380-420	334	666	0	0	0	0	0	0	1000	53
420-470	168	269	397	0	165	0	0	0	1000	57
470-525	395	173	412	20	0	0	0	0	1000	124
525-615	163	162	184	291	163	37	0	0	1000	354
615-775	60	86	374	226	135	63	48	8	1000	387
775-950	53	0	114	211	206	167	216	34	1000	219
950-more	8	2	84	97	198	64	444	104	1000	275
all classes	127	103	238	169	146	63	128	26	1000	1514
no. of sample persons	185	158	232	283	249	123	242	42	1514	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Chandigarh										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	0	581	419	0	0	0	0	0	1000	32
470-525	-	-	-	-	-	-	-	-	-	-
525-615	172	327	156	267	0	0	77	0	1000	48
615-775	238	120	179	226	192	2	31	11	1000	84
775-950	0	8	165	242	254	144	184	4	1000	114
950-more	86	14	30	104	349	132	205	80	1000	321
all classes	154	150	109	131	213	79	127	37	1000	654
no. of sample persons	81	63	73	97	112	61	122	45	654	x
0-225	1000	0	0	0	0	0	0	0	1000	27
Dadra & Nagar Haveli										
225-255	862	18	0	120	0	0	0	0	1000	53
255-300	139	362	368	131	0	0	0	0	1000	45
300-340	190	279	354	177	0	0	0	0	1000	66
340-380	134	191	506	94	75	0	0	0	1000	68
380-420	163	0	582	116	0	139	0	0	1000	77
420-470	97	14	219	381	209	78	0	0	1000	133
470-525	53	64	213	179	371	63	58	0	1000	97
525-615	11	0	217	341	395	11	25	0	1000	126
615-775	145	0	169	175	224	59	228	0	1000	85
775-950	63	40	11	31	43	329	484	0	1000	56
950-more	0	0	182	238	37	200	239	104	1000	81
all classes	153	70	258	209	152	73	75	10	1000	914
no. of sample persons	167	65	193	193	130	67	94	5	914	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Daman & Diu										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	280	325	148	247	0	0	0	0	1000	45
470-525	0	0	715	202	83	0	0	0	1000	31
525-615	27	92	334	418	88	0	42	0	1000	78
615-775	160	91	210	222	155	74	48	40	1000	161
775-950	0	35	76	205	433	93	158	0	1000	181
950-more	3	27	85	160	172	230	261	62	1000	305
all classes	91	64	159	206	192	118	139	32	1000	821
no. of sample persons	48	65	126	166	167	105	118	26	821	x
Delhi										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	662	103	0	133	0	0	102	0	1000	40
525-615	204	83	713	0	0	0	0	0	1000	43
615-775	529	97	88	220	62	0	1	2	1000	183
775-950	467	141	84	170	100	36	2	0	1000	200
950-more	482	99	63	65	67	90	56	78	1000	474
all classes	474	105	135	116	63	45	28	33	1000	982
no. of sample persons	217	143	153	154	132	68	65	50	982	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Lakshadweep										
0-225	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-
470-525	342	399	21	239	0	0	0	0	1000	30
525-615	193	0	0	93	0	251	464	0	1000	37
615-775	35	0	72	355	253	122	163	0	1000	55
775-950	0	0	0	22	536	129	263	50	1000	102
950-more	0	0	2	36	137	66	434	324	1000	128
all classes	67	59	14	108	230	109	298	116	1000	363
no. of sample persons	18	13	10	42	81	52	108	39	363	x
Pondicherry										
0-225	1000	0	0	0	0	0	0	0	1000	23
225-255	1000	0	0	0	0	0	0	0	1000	40
255-300	349	438	198	0	15	0	0	0	1000	49
300-340	517	193	250	0	0	27	12	0	1000	49
340-380	298	202	175	95	78	42	46	65	1000	85
380-420	252	125	255	258	67	27	0	16	1000	79
420-470	251	365	309	74	0	0	0	0	1000	94
470-525	76	326	283	213	71	0	31	0	1000	105
525-615	46	148	197	245	171	45	108	41	1000	178
615-775	42	105	191	217	122	109	152	62	1000	149
775-950	64	22	11	101	168	328	237	69	1000	130
950-more	0	8	70	79	199	142	345	158	1000	241
all classes	194	162	172	131	100	79	113	49	1000	1222
no. of sample persons	228	163	189	168	127	104	158	85	1222	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5R: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Rural
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
all-India										
0-225	657	183	99	39	11	5	2	4	1000	15678
225-255	415	243	184	98	38	15	6	2	1000	15115
255-300	317	231	204	133	65	27	18	6	1000	30628
300-340	186	209	240	173	106	43	36	6	1000	32252
340-380	144	182	229	187	127	70	53	9	1000	33600
380-420	95	164	193	202	152	93	84	16	1000	32675
420-470	76	119	177	209	162	108	121	28	1000	36911
470-525	56	98	157	180	172	129	164	45	1000	35102
525-615	37	79	137	167	165	140	210	65	1000	42353
615-775	27	55	92	141	155	147	272	111	1000	46227
775-950	22	38	65	115	138	133	301	189	1000	24828
950-more	25	19	43	77	98	121	280	337	1000	29487
all classes	151	138	163	155	124	89	125	55	1000	374856
no. of sample persons	49431	47589	60272	57757	48828	35338	51259	24382	374856	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Andhra Pradesh										
0-300	676	201	91	26	1	0	5	0	1000	804
300-350	491	229	147	54	41	6	18	13	1000	852
350-425	333	222	229	129	57	4	15	11	1000	1825
425-500	239	288	207	135	67	37	25	2	1000	1948
500-575	162	155	253	175	168	71	10	7	1000	1817
575-665	145	175	195	199	184	44	53	5	1000	1412
665-775	91	188	182	237	142	87	59	14	1000	1582
775-915	31	169	154	213	235	120	47	32	1000	1473
915-1120	46	50	130	337	198	74	132	33	1000	1662
1120-1500	11	51	119	140	145	257	214	62	1000	1530
1500-1925	16	10	77	133	131	182	267	184	1000	825
1925-more	8	12	62	70	195	140	262	251	1000	794
all classes	176	161	171	170	133	81	75	33	1000	16524
no. of sample persons	3156	2607	2916	2647	1924	1331	1307	636	16524	x
Arunachal Pradesh										
0-300	523	0	0	0	0	0	0	477	1000	59
300-350	-	-	-	-	-	-	-	-	-	-
350-425	820	0	43	104	0	0	0	33	1000	75
425-500	363	94	245	104	71	61	20	41	1000	98
500-575	240	185	133	105	79	74	28	156	1000	96
575-665	50	209	90	184	155	0	40	273	1000	91
665-775	110	66	31	330	131	72	86	174	1000	105
775-915	0	109	267	166	5	121	53	279	1000	109
915-1120	0	42	120	83	222	69	140	325	1000	80
1120-1500	0	0	0	77	280	155	197	291	1000	106
1500-1925	0	0	71	0	50	111	259	509	1000	77
1925-more	0	0	0	0	51	207	345	398	1000	57
all classes	210	81	116	131	91	72	75	224	1000	953
no. of sample persons	177	62	106	96	78	73	114	247	953	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Assam										
0-300	465	471	37	24	0	0	3	0	1000	118
300-350	485	269	110	136	0	0	0	0	1000	121
350-425	429	204	221	52	19	74	0	0	1000	307
425-500	221	158	243	234	95	26	15	7	1000	395
500-575	246	156	195	233	151	12	0	7	1000	318
575-665	110	137	166	280	135	71	49	51	1000	376
665-775	31	254	131	121	126	106	215	17	1000	303
775-915	41	135	241	285	105	91	90	13	1000	318
915-1120	0	134	126	96	243	203	127	72	1000	338
1120-1500	0	125	48	187	196	55	290	99	1000	415
1500-1925	0	21	68	53	42	245	233	339	1000	228
1925-more	0	47	0	126	220	36	145	426	1000	133
all classes	147	167	152	174	124	75	99	61	1000	3370
no. of sample persons	469	569	520	537	441	223	400	211	3370	x
Bihar										
0-300	609	203	115	41	16	15	0	0	1000	1497
300-350	216	216	327	149	53	19	16	5	1000	1255
350-425	86	228	256	218	101	52	58	1	1000	1868
425-500	56	109	171	156	221	89	180	18	1000	1281
500-575	41	132	158	248	152	137	111	22	1000	1229
575-665	33	58	129	188	296	109	124	62	1000	1007
665-775	26	21	105	177	228	211	188	44	1000	977
775-915	15	45	59	175	271	175	221	40	1000	708
915-1120	11	36	68	151	113	319	220	81	1000	598
1120-1500	0	34	28	129	120	60	398	229	1000	615
1500-1925	0	0	7	87	68	85	528	225	1000	402
1925-more	0	5	116	7	46	48	301	477	1000	327
all classes	140	131	164	158	138	94	130	46	1000	11764
no. of sample persons	1535	1603	1903	1877	1497	1040	1582	727	11764	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Goa										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	706	122	92	80	0	0	0	0	1000	27
425-500	766	0	0	0	0	0	0	234	1000	40
500-575	643	0	149	38	169	0	0	0	1000	75
575-665	548	288	0	77	77	0	10	0	1000	93
665-775	241	150	185	161	123	140	0	0	1000	146
775-915	55	191	440	112	59	78	46	19	1000	172
915-1120	61	70	166	297	208	148	41	9	1000	204
1120-1500	19	35	104	185	253	164	178	62	1000	185
1500-1925	15	0	26	59	140	102	460	197	1000	170
1925-more	0	0	0	104	49	203	284	360	1000	126
all classes	164	97	155	146	135	110	122	72	1000	1239
no. of sample persons	208	95	192	189	179	119	168	89	1239	x
Gujarat										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	706	122	92	80	0	0	0	0	1000	27
425-500	766	0	0	0	0	0	0	234	1000	40
500-575	643	0	149	38	169	0	0	0	1000	75
575-665	548	288	0	77	77	0	10	0	1000	93
665-775	241	150	185	161	123	140	0	0	1000	146
775-915	55	191	440	112	59	78	46	19	1000	172
915-1120	61	70	166	297	208	148	41	9	1000	204
1120-1500	19	35	104	185	253	164	178	62	1000	185
1500-1925	15	0	26	59	140	102	460	197	1000	170
1925-more	0	0	0	104	49	203	284	360	1000	126
all classes	164	97	155	146	135	110	122	72	1000	1239
no. of sample persons	208	95	192	189	179	119	168	89	1239	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Haryana										
0-300	935	65	0	0	0	0	0	0	1000	71
300-350	722	135	0	0	0	0	0	143	1000	35
350-425	621	329	50	0	0	0	0	0	1000	171
425-500	264	283	110	141	52	100	50	0	1000	149
500-575	125	322	144	144	215	30	5	14	1000	339
575-665	158	240	116	273	115	89	9	0	1000	406
665-775	105	216	232	208	108	80	39	12	1000	414
775-915	31	211	208	186	158	93	77	37	1000	583
915-1120	12	104	121	181	252	99	88	143	1000	606
1120-1500	1	68	203	282	213	56	99	77	1000	519
1500-1925	11	46	84	162	146	186	314	51	1000	234
1925-more	0	0	86	75	48	53	345	392	1000	205
all classes	139	179	144	177	147	73	78	64	1000	3732
no. of sample persons	478	594	612	713	520	295	334	186	3732	x
Himachal Pradesh										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	611	0	192	0	196	0	0	0	1000	48
350-425	305	189	218	93	93	93	0	8	1000	66
425-500	201	210	186	356	37	0	0	11	1000	86
500-575	71	21	372	252	237	47	0	0	1000	124
575-665	7	98	161	85	168	291	180	10	1000	190
665-775	53	72	189	172	223	121	126	44	1000	287
775-915	8	65	165	189	161	134	228	51	1000	477
915-1120	35	41	65	115	191	130	283	139	1000	479
1120-1500	0	50	64	152	154	181	259	140	1000	777
1500-1925	12	10	38	65	165	191	255	264	1000	387
1925-more	0	0	11	44	76	121	490	257	1000	508
all classes	43	50	106	127	157	145	247	126	1000	3429
no. of sample persons	110	168	400	506	596	540	762	347	3429	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Jammu & Kashmir										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	988	0	0	0	0	0	12	0	1000	26
350-425	68	273	342	299	19	0	0	0	1000	107
425-500	81	245	395	204	45	6	0	25	1000	229
500-575	57	142	306	135	150	116	95	0	1000	359
575-665	16	204	172	169	121	109	206	3	1000	543
665-775	20	24	226	196	196	118	119	100	1000	693
775-915	0	87	99	170	170	116	207	151	1000	852
915-1120	1	0	38	122	190	205	215	228	1000	819
1120-1500	0	1	27	54	153	193	401	171	1000	809
1500-1925	0	0	23	32	111	219	360	256	1000	388
1925-more	0	0	30	4	148	55	423	341	1000	210
all classes	17	68	129	137	156	139	217	138	1000	5035
no. of sample persons	121	284	619	642	854	752	1251	512	5035	x
Karnataka										
0-300	785	153	17	9	23	0	0	12	1000	482
300-350	621	166	118	40	23	31	0	0	1000	388
350-425	564	182	169	64	9	6	4	3	1000	929
425-500	364	261	151	110	53	19	30	12	1000	1061
500-575	229	171	276	114	113	46	36	14	1000	1140
575-665	156	203	224	216	84	39	61	18	1000	1233
665-775	87	191	144	272	186	88	31	2	1000	1153
775-915	78	122	226	236	114	85	118	20	1000	1178
915-1120	13	179	169	220	135	111	124	49	1000	1146
1120-1500	28	64	175	151	177	128	165	112	1000	1270
1500-1925	16	37	149	139	162	98	251	149	1000	656
1925-more	66	12	67	148	99	70	331	208	1000	584
all classes	190	149	173	162	111	68	97	48	1000	11220
no. of sample persons	2295	1671	1917	1633	1290	757	1117	540	11220	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Kerala										
0-300	992	8	0	0	0	0	0	0	1000	236
300-350	828	145	27	0	0	0	0	0	1000	278
350-425	650	195	119	30	6	0	0	0	1000	738
425-500	267	417	222	54	26	6	8	1	1000	822
500-575	282	254	265	105	20	56	13	5	1000	775
575-665	169	210	267	193	97	44	9	11	1000	921
665-775	95	166	237	250	118	41	81	12	1000	940
775-915	66	119	278	180	195	67	83	13	1000	941
915-1120	48	96	151	142	179	171	190	23	1000	1015
1120-1500	28	61	121	161	147	146	247	89	1000	1179
1500-1925	17	27	55	74	159	148	378	143	1000	620
1925-more	22	10	45	33	84	123	344	338	1000	650
all classes	198	153	174	125	102	77	120	51	1000	9115
no. of sample persons	1878	1375	1499	1100	976	696	1073	518	9115	x
Madhya Pradesh										
0-300	610	156	146	33	35	1	11	9	1000	1290
300-350	356	304	215	100	12	9	3	0	1000	1207
350-425	240	239	205	146	80	63	25	2	1000	2012
425-500	138	216	227	181	120	62	51	5	1000	1980
500-575	127	204	221	223	109	63	43	9	1000	1561
575-665	133	79	210	245	163	88	71	10	1000	1690
665-775	84	95	136	222	166	160	113	23	1000	1609
775-915	37	79	102	243	161	138	208	31	1000	1474
915-1120	66	55	92	157	142	182	182	125	1000	1089
1120-1500	25	35	153	125	129	173	238	122	1000	1100
1500-1925	17	50	50	157	101	222	237	166	1000	607
1925-more	2	2	69	76	93	178	245	335	1000	456
all classes	172	148	171	171	112	95	93	37	1000	16075
no. of sample persons	2777	2352	2815	2572	1841	1426	1579	713	16075	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Maharashtra										
0-300	770	161	64	2	0	0	3	0	1000	1006
300-350	572	250	99	53	3	5	4	14	1000	986
350-425	397	278	163	74	24	37	16	11	1000	1861
425-500	263	330	199	101	51	31	19	6	1000	2029
500-575	294	194	183	200	81	23	18	6	1000	2205
575-665	203	172	276	154	76	39	55	26	1000	2089
665-775	147	162	268	202	110	48	57	6	1000	2415
775-915	112	184	206	248	122	49	63	15	1000	2468
915-1120	50	148	178	231	153	124	98	18	1000	2612
1120-1500	28	84	160	234	192	119	155	28	1000	2841
1500-1925	23	41	87	171	244	149	212	74	1000	1827
1925-more	12	22	95	157	159	149	296	111	1000	1833
all classes	184	163	180	174	114	71	89	26	1000	24172
no. of sample persons	4295	4074	4296	4049	2738	1839	2149	732	24172	x
Manipur										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	0	958	42	0	0	0	0	0	1000	23
350-425	20	286	250	204	58	91	37	54	1000	215
425-500	66	121	219	151	175	69	19	179	1000	507
500-575	8	52	138	270	151	78	46	257	1000	589
575-665	25	14	157	274	96	101	91	240	1000	629
665-775	2	61	143	220	208	59	57	250	1000	769
775-915	30	34	50	195	166	99	218	208	1000	395
915-1120	0	0	261	141	239	50	105	204	1000	177
1120-1500	0	0	62	121	21	595	125	76	1000	169
1500-1925	0	0	502	0	0	26	22	450	1000	27
1925-more	0	0	0	0	28	207	599	166	1000	22
all classes	21	70	155	209	144	114	80	206	1000	3522
no. of sample persons	60	180	527	711	600	379	407	658	3522	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Meghalaya										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	184	588	0	131	97	0	0	0	1000	33
500-575	186	493	255	66	0	0	0	0	1000	107
575-665	74	265	78	377	206	0	0	0	1000	119
665-775	107	263	357	139	32	27	59	17	1000	254
775-915	48	98	546	170	103	0	36	0	1000	331
915-1120	240	66	134	127	222	137	61	15	1000	268
1120-1500	71	51	226	214	131	101	170	36	1000	357
1500-1925	0	0	106	143	285	160	253	52	1000	152
1925-more	0	0	45	210	98	137	413	96	1000	45
all classes	94	160	291	175	125	53	85	17	1000	1673
no. of sample persons	108	258	357	344	262	115	188	41	1673	x
Mizoram										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	624	101	51	74	14	0	0	136	1000	65
425-500	265	72	45	156	0	6	8	448	1000	107
500-575	120	458	57	32	75	10	0	248	1000	159
575-665	137	278	144	192	123	63	19	42	1000	356
665-775	132	158	183	145	184	73	75	50	1000	542
775-915	102	138	184	180	153	103	79	61	1000	645
915-1120	73	92	158	117	196	160	126	80	1000	829
1120-1500	13	27	79	217	226	108	237	93	1000	870
1500-1925	0	7	45	83	76	111	505	174	1000	341
1925-more	0	0	0	112	83	115	410	280	1000	255
all classes	86	114	121	153	158	102	156	110	1000	4169
no. of sample persons	356	469	550	556	670	414	622	532	4169	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Nagaland										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-
575-665	707	195	0	36	0	0	0	61	1000	83
665-775	457	250	169	39	34	50	0	0	1000	66
775-915	214	302	183	153	66	15	66	0	1000	159
915-1120	161	104	249	206	175	16	62	27	1000	205
1120-1500	59	78	158	246	199	170	85	5	1000	356
1500-1925	0	28	257	133	140	207	166	69	1000	138
1925-more	12	0	9	32	13	83	607	244	1000	79
all classes	169	118	169	157	123	94	125	44	1000	1102
no. of sample persons	161	120	181	218	159	103	118	42	1102	x
Orissa										
0-300	307	281	151	120	91	41	7	2	1000	466
300-350	92	146	296	166	99	104	95	2	1000	367
350-425	47	131	244	243	191	95	49	1	1000	474
425-500	24	111	220	238	222	73	69	42	1000	620
500-575	30	62	185	223	207	117	174	1	1000	440
575-665	4	43	63	276	250	134	208	22	1000	398
665-775	30	8	27	195	145	305	270	19	1000	460
775-915	1	8	99	198	127	289	219	57	1000	377
915-1120	17	12	100	84	153	173	372	88	1000	359
1120-1500	0	0	84	83	89	102	433	209	1000	324
1500-1925	1	8	0	37	344	63	399	148	1000	133
1925-more	2	0	0	12	58	48	203	677	1000	142
all classes	62	92	156	189	165	131	162	42	1000	4560
no. of sample persons	272	399	711	789	702	563	831	293	4560	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Punjab										
0-300	748	0	252	0	0	0	0	0	1000	72
300-350	408	496	0	0	47	0	0	49	1000	140
350-425	357	447	137	59	0	0	0	0	1000	435
425-500	344	252	227	81	53	41	1	0	1000	736
500-575	190	259	243	139	72	44	27	28	1000	739
575-665	89	246	151	176	179	48	79	32	1000	940
665-775	66	102	227	224	153	147	73	8	1000	970
775-915	27	135	213	213	163	81	121	48	1000	1075
915-1120	13	90	158	200	192	91	210	45	1000	1096
1120-1500	15	26	103	153	139	159	340	66	1000	1074
1500-1925	19	21	89	121	174	112	330	134	1000	554
1925-more	1	0	10	30	54	90	517	299	1000	517
all classes	117	161	168	151	125	82	144	50	1000	8348
no. of sample persons	930	1283	1443	1244	1038	653	1296	461	8348	x
Rajasthan										
0-300	400	530	68	0	0	0	3	0	1000	210
300-350	417	217	209	123	34	0	0	0	1000	377
350-425	221	267	240	108	61	53	51	0	1000	883
425-500	74	180	245	247	189	35	25	6	1000	1139
500-575	94	112	208	233	158	106	81	6	1000	1262
575-665	44	115	201	213	207	116	79	25	1000	1225
665-775	21	98	139	225	233	93	178	14	1000	1168
775-915	9	58	125	199	131	185	234	58	1000	1123
915-1120	20	22	67	190	155	195	236	116	1000	1045
1120-1500	3	43	79	119	133	120	261	242	1000	836
1500-1925	12	45	38	135	188	166	270	147	1000	580
1925-more	31	0	46	38	84	120	342	338	1000	311
all classes	74	114	157	186	156	111	142	61	1000	10159
no. of sample persons	900	1255	1807	1883	1546	1037	1236	495	10159	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Sikkim										
0-300	671	329	0	0	0	0	0	0	1000	23
300-350	498	193	309	0	0	0	0	0	1000	38
350-425	777	0	223	0	0	0	0	0	1000	52
425-500	197	251	243	212	89	8	0	0	1000	81
500-575	560	181	116	53	89	0	0	0	1000	79
575-665	248	139	313	220	71	0	10	0	1000	111
665-775	28	181	400	239	109	42	0	0	1000	151
775-915	97	136	328	193	124	106	16	0	1000	164
915-1120	28	183	191	271	85	87	59	95	1000	130
1120-1500	0	47	274	199	94	160	174	52	1000	173
1500-1925	8	156	250	227	52	116	175	17	1000	108
1925-more	58	56	6	85	62	207	394	132	1000	61
all classes	163	145	262	186	84	73	62	25	1000	1171
no. of sample persons	196	164	270	198	106	113	86	38	1171	x
Tamil Nadu										
0-300	859	72	46	9	0	7	7	0	1000	678
300-350	675	183	102	18	1	6	4	11	1000	633
350-425	603	198	110	54	11	11	10	3	1000	1393
425-500	427	233	136	115	40	11	22	15	1000	1509
500-575	282	261	196	141	62	10	42	7	1000	1528
575-665	246	238	219	144	66	46	35	6	1000	1805
665-775	119	222	274	170	78	67	51	20	1000	1804
775-915	47	128	175	204	204	109	99	34	1000	1613
915-1120	39	114	186	230	165	104	120	41	1000	1767
1120-1500	12	51	193	197	139	134	198	76	1000	1792
1500-1925	12	52	77	104	118	130	363	145	1000	1111
1925-more	5	36	44	47	177	127	213	352	1000	938
all classes	225	159	166	141	97	68	95	49	1000	16571
no. of sample persons	3884	2607	2588	2332	1619	1148	1550	843	16571	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Tripura										
0-300	764	236	0	0	0	0	0	0	1000	24
300-350	433	556	0	0	0	0	11	0	1000	45
350-425	226	476	155	82	60	0	0	0	1000	202
425-500	7	260	486	94	131	0	17	5	1000	187
500-575	31	231	303	228	95	31	68	12	1000	245
575-665	115	44	365	273	107	73	23	0	1000	212
665-775	0	65	195	278	209	200	50	3	1000	264
775-915	0	37	107	229	312	139	176	0	1000	224
915-1120	0	22	174	111	218	201	203	71	1000	349
1120-1500	0	43	51	139	249	192	264	63	1000	276
1500-1925	0	34	15	139	235	75	353	149	1000	242
1925-more	0	0	0	0	112	224	370	294	1000	138
all classes	51	136	196	163	169	107	133	45	1000	2408
no. of sample persons	158	282	386	368	395	287	402	130	2408	x
Uttar Pradesh										
0-300	604	199	125	60	10	0	1	2	1000	2349
300-350	359	276	193	93	40	19	15	7	1000	2146
350-425	207	245	236	170	91	30	18	3	1000	3482
425-500	140	211	196	203	147	32	63	7	1000	3239
500-575	179	117	211	179	148	81	66	19	1000	2490
575-665	41	117	192	238	162	79	139	33	1000	2492
665-775	16	94	120	200	224	168	155	23	1000	1971
775-915	28	47	104	260	164	140	190	68	1000	1875
915-1120	25	22	61	190	170	163	275	94	1000	1839
1120-1500	23	7	106	89	157	130	361	126	1000	1588
1500-1925	9	2	27	178	88	95	420	183	1000	889
1925-more	7	9	96	38	104	101	269	375	1000	691
all classes	167	140	158	165	125	76	122	46	1000	25051
no. of sample persons	3801	3567	3997	3958	3172	2131	3209	1216	25051	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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NSS Report No. 471 : Nutritional Intake in India, 1999-2000

Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
West Bengal										
0-300	742	161	28	69	0	0	0	0	1000	492
300-350	450	329	135	80	5	0	0	0	1000	517
350-425	272	266	272	126	42	12	2	7	1000	1286
425-500	177	259	245	131	95	38	33	21	1000	1628
500-575	160	216	262	162	102	80	6	10	1000	1408
575-665	124	148	233	201	126	75	77	16	1000	1378
665-775	110	132	188	235	148	127	42	18	1000	1393
775-915	58	131	200	174	174	108	122	34	1000	1420
915-1120	14	94	162	230	179	122	144	55	1000	1490
1120-1500	21	96	86	177	160	160	214	86	1000	1580
1500-1925	11	70	91	96	262	97	251	122	1000	810
1925-more	11	31	22	77	67	205	264	323	1000	659
all classes	142	165	183	162	121	89	90	47	1000	14061
no. of sample persons	1952	2146	2445	2303	1836	1216	1476	687	14061	x
A. & N. Islands										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-
500-575	469	531	0	0	0	0	0	0	1000	37
575-665	594	219	169	18	0	0	0	0	1000	65
665-775	56	192	375	264	112	0	0	0	1000	92
775-915	76	41	421	288	84	0	45	45	1000	135
915-1120	70	130	202	305	99	92	102	0	1000	117
1120-1500	25	116	146	267	207	132	88	18	1000	151
1500-1925	34	57	109	158	237	113	218	73	1000	101
1925-more	0	0	0	368	85	84	361	102	1000	79
all classes	117	135	232	224	121	59	86	26	1000	788
no. of sample persons	99	110	168	147	82	61	91	30	788	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Chandigarh										
0-300	1000	0	0	0	0	0	0	0	1000	34
300-350	1000	0	0	0	0	0	0	0	1000	43
350-425	664	17	236	0	0	83	0	0	1000	58
425-500	471	391	139	0	0	0	0	0	1000	99
500-575	363	348	79	150	61	0	0	0	1000	132
575-665	170	286	131	209	147	19	17	21	1000	211
665-775	173	225	317	58	190	34	3	0	1000	203
775-915	88	163	306	154	167	94	27	1	1000	251
915-1120	43	52	231	177	135	258	99	7	1000	357
1120-1500	16	71	108	158	202	166	241	40	1000	589
1500-1925	17	42	85	175	138	178	291	73	1000	418
1925-more	8	19	35	154	127	191	278	186	1000	710
all classes	112	107	137	145	141	139	160	59	1000	3105
no. of sample persons	336	331	422	385	424	437	544	226	3105	x
Dadra & Nagar Haveli										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	301	0	132	131	436	0	0	0	1000	51
500-575	-	-	-	-	-	-	-	-	-	-
575-665	341	124	241	0	295	0	0	0	1000	28
665-775	241	325	71	0	0	363	0	0	1000	37
775-915	276	123	0	0	121	0	403	77	1000	36
915-1120	0	0	110	285	92	197	315	0	1000	47
1120-1500	57	44	85	86	118	217	306	88	1000	92
1500-1925	0	0	0	179	24	48	749	0	1000	42
1925-more	0	0	0	79	452	52	240	177	1000	26
all classes	132	69	63	110	150	109	326	41	1000	381
no. of sample persons	69	37	20	48	70	45	75	17	381	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Daman & Diu										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	0	1000	0	0	0	0	0	0	1000	21
425-500	185	467	272	76	0	0	0	0	1000	45
500-575	502	147	18	333	0	0	0	0	1000	43
575-665	205	282	193	175	85	35	25	0	1000	114
665-775	142	177	211	162	149	152	0	6	1000	179
775-915	25	29	114	329	339	71	90	4	1000	175
915-1120	0	35	128	163	269	348	34	23	1000	122
1120-1500	0	9	56	255	282	182	154	62	1000	115
1500-1925	0	0	0	52	87	126	680	55	1000	88
1925-more	0	0	0	0	37	65	814	84	1000	39
all classes	88	127	114	192	182	129	146	21	1000	946
no. of sample persons	98	150	116	193	146	117	92	34	946	x
Delhi										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	815	50	135	0	0	0	0	0	1000	56
350-425	525	163	296	16	0	0	0	0	1000	214
425-500	690	120	31	75	85	0	0	0	1000	193
500-575	267	437	190	9	14	0	4	78	1000	205
575-665	231	311	228	107	54	69	0	0	1000	344
665-775	190	170	339	215	42	31	13	0	1000	414
775-915	134	185	228	187	153	74	37	3	1000	640
915-1120	96	118	247	189	132	106	100	12	1000	660
1120-1500	63	74	177	119	214	121	155	77	1000	837
1500-1925	11	93	177	181	177	99	194	68	1000	493
1925-more	0	22	76	120	205	110	301	165	1000	820
all classes	140	135	187	137	140	80	123	59	1000	4883
no. of sample persons	819	705	937	692	527	357	565	281	4883	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
Lakshadweep										
0-300	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-
425-500	93	0	674	0	0	233	0	0	1000	37
500-575	248	0	0	752	0	0	0	0	1000	38
575-665	46	187	321	253	165	4	24	0	1000	160
665-775	48	149	144	199	349	112	0	0	1000	185
775-915	58	94	12	94	165	379	166	33	1000	204
915-1120	0	34	89	111	125	187	454	0	1000	173
1120-1500	0	0	45	14	199	45	399	299	1000	220
1500-1925	0	0	19	0	89	87	162	643	1000	91
1925-more	19	0	0	0	27	99	218	637	1000	81
all classes	37	70	119	126	166	143	201	137	1000	1202
no. of sample persons	55	81	142	143	205	152	234	190	1202	x
Pondicherry										
0-300	544	439	0	17	0	0	0	0	1000	105
300-350	870	96	34	0	0	0	0	0	1000	88
350-425	338	540	80	42	0	0	0	0	1000	93
425-500	221	369	214	117	59	0	21	0	1000	99
500-575	197	231	156	225	182	0	8	0	1000	190
575-665	122	140	313	250	87	52	28	7	1000	189
665-775	60	134	344	259	135	19	39	10	1000	121
775-915	134	90	110	155	110	187	207	8	1000	177
915-1120	24	39	233	215	195	165	105	24	1000	176
1120-1500	0	46	41	274	215	158	214	52	1000	173
1500-1925	31	133	133	0	204	43	297	159	1000	93
1925-more	0	0	119	200	26	3	424	229	1000	73
all classes	185	176	168	173	117	67	90	24	1000	1577
no. of sample persons	292	269	241	257	185	119	168	46	1577	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

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Table 5U: Per 1000 distribution of persons by calorie intake level for each MPCE class, by State/UT

MPCE class(Rs)	calorie intake level*									Urban
	<70	70-80	80-90	90-100	100-110	110-120	120-150	≥150	all	no. of sample persons
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
all-India										
0-300	654	183	98	39	15	5	3	3	1000	10214
300-350	422	246	182	85	31	16	13	7	1000	10040
350-425	323	238	205	124	58	29	19	4	1000	19660
425-500	228	237	198	150	99	37	41	10	1000	21728
500-575	188	192	217	173	117	58	40	13	1000	21120
575-665	134	162	213	195	137	68	71	20	1000	22308
665-775	89	147	199	210	146	105	86	18	1000	23158
775-915	54	124	181	218	165	107	117	34	1000	23392
915-1120	35	93	146	213	171	134	152	56	1000	23296
1120-1500	21	58	136	168	168	142	219	88	1000	24471
1500-1925	14	39	81	142	169	138	291	127	1000	13643
1925-more	11	20	65	97	140	127	295	245	1000	12130
all classes	162	149	171	163	124	82	105	43	1000	225160
no. of sample persons	34236	31925	37591	35356	28289	19539	26163	12061	225160	x

* expressed as percentage of a "norm" level of 2700 Kcal per consumer unit per diem.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average household size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on payment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Andhra Pradesh

0-225	4.91	371	1	2	36	39	1	19	5077	24932	188	990
225-255	5.38	447	1	1	4	5	1	14	4353	23440	173	948
255-300	4.79	398	0	0	6	7	0	9	11351	54318	443	2200
300-340	4.80	402	0	1	6	8	0	11	12674	60798	490	2466
340-380	4.62	386	0	1	6	7	0	12	14078	65101	550	2611
380-420	4.32	364	1	0	3	4	0	12	14576	63002	542	2480
420-470	4.18	350	1	0	4	5	0	6	13436	56156	536	2386
470-525	3.68	309	0	0	3	3	1	5	13383	49206	516	2109
525-615	3.56	291	0	0	4	5	1	6	14248	50774	564	2220
615-775	3.18	251	3	0	4	8	1	12	11415	36284	534	1978
775-950	3.19	248	0	0	5	5	2	4	5493	17544	282	1081
950-more	2.68	186	0	2	4	5	3	8	7104	19074	363	1131
all classes	4.09	336	1	1	6	7	1	10	127188	520628	5181	22600

Arunachal Pradesh

0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	7.20	543	2	0	0	2	0	0	53	381	31	213
300-340	5.89	406	2	0	0	2	0	15	113	665	54	326
340-380	5.96	383	4	0	5	9	0	5	93	555	48	295
380-420	5.91	407	0	0	0	0	0	10	90	534	50	304
420-470	6.25	443	0	1	1	2	0	0	106	660	54	324
470-525	5.76	412	0	0	2	2	0	11	101	582	65	379
525-615	4.79	343	1	0	0	1	1	11	207	992	113	565
615-775	4.51	330	1	0	1	2	0	11	245	1103	139	695
775-950	4.76	350	1	0	1	3	1	23	192	911	96	497
950-more	3.32	236	1	0	1	2	1	15	304	1008	150	518
all classes	4.98	354	1	0	1	2	1	11	1544	7686	827	4314

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Assam												
0-225	7.18	513	0	0	1	1	0	11	1631	11715	141	984
225-255	6.61	472	0	0	1	1	0	12	1615	10676	143	937
255-300	6.21	438	0	1	1	1	0	10	3168	19668	301	1902
300-340	6.04	423	0	2	2	4	0	6	3745	22623	326	1987
340-380	5.80	415	0	1	2	2	1	9	4486	26003	382	2237
380-420	5.62	406	0	1	1	1	0	4	4273	24030	376	2153
420-470	5.45	403	0	1	1	2	0	8	4607	25086	426	2365
470-525	4.97	367	0	0	1	1	0	6	3925	19502	352	1775
525-615	4.93	374	0	0	1	2	0	3	4336	21362	418	2102
615-775	4.50	334	0	0	1	1	1	2	3235	14561	339	1662
775-950	4.02	298	0	0	1	1	0	9	1222	4919	146	657
950-more	3.34	232	2	0	1	3	2	0	660	2205	112	511
all classes	5.48	398	0	1	1	2	0	7	36903	202349	3462	19272
Bihar												
0-225	6.42	449	0	1	4	5	1	15	9829	63111	442	2857
225-255	6.36	452	0	1	1	1	0	15	10546	67067	492	3224
255-300	5.98	420	0	1	1	2	0	12	20752	124113	958	5834
300-340	5.62	394	0	0	1	1	1	10	21088	118470	960	5534
340-380	5.47	381	0	0	1	1	0	9	19161	104730	869	4811
380-420	5.12	354	0	0	1	2	0	10	15445	79087	722	3836
420-470	5.07	351	0	0	2	2	0	13	15378	78021	731	3941
470-525	4.56	305	0	0	2	3	1	10	11708	53436	589	2956
525-615	4.44	303	0	1	3	4	1	9	11367	50480	605	2972
615-775	3.82	259	0	0	3	3	1	7	9075	34661	510	2272
775-950	4.15	293	0	0	3	3	1	1	2972	12329	201	951
950-more	3.15	211	0	0	4	4	3	7	2703	8514	232	921
all classes	5.29	368	0	0	2	2	1	11	150025	794020	7311	40109

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Goa													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-	-	-	-
525-615	5.44	377	0	1	4	6	0	0	184	1003	26	153	
615-775	5.46	365	0	5	0	5	0	4	215	1176	22	117	
775-950	5.19	329	0	0	1	1	2	18	201	1041	30	159	
950-more	3.61	227	0	1	2	2	2	2	616	2228	88	345	
all classes	4.79	315	0	1	2	3	1	6	1458	6985	192	944	
Gujarat													
0-225	6.29	379	3	1	2	6	3	15	1082	6813	42	273	
225-255	6.18	376	3	1	5	9	3	29	1081	6682	36	234	
255-300	6.35	389	7	0	0	7	0	25	2462	15646	98	619	
300-340	5.91	374	3	0	1	5	0	15	3432	20269	128	770	
340-380	5.62	359	7	1	4	13	0	14	4222	23730	160	947	
380-420	5.65	371	4	2	1	7	1	10	3861	21828	155	903	
420-470	5.66	366	5	1	1	7	0	15	6187	35011	241	1432	
470-525	5.01	329	4	1	2	8	1	9	7275	36430	289	1557	
525-615	5.03	330	3	1	2	6	0	15	8814	44317	360	1907	
615-775	4.50	290	2	0	2	4	0	6	9668	43543	424	2037	
775-950	3.52	227	2	0	2	4	0	11	5469	19241	256	1019	
950-more	3.62	223	0	1	3	5	1	4	5690	20623	290	1109	
all classes	4.96	319	3	1	2	6	0	12	59243	294134	2479	12807	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Har yana													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	5.66	439	1	1	3	4	0	17	721	4081	29	170	
340-380	6.03	484	0	0	6	6	0	6	1018	6141	42	260	
380-420	6.86	550	0	0	9	9	0	7	1012	6943	49	333	
420-470	6.60	503	0	0	12	12	0	22	1799	11861	75	504	
470-525	5.68	423	0	0	7	7	1	14	2442	13868	102	598	
525-615	5.36	410	0	0	6	6	0	23	3530	18902	154	911	
615-775	5.70	439	0	0	3	3	1	11	4997	28479	232	1394	
775-950	5.40	414	0	1	6	7	0	8	3709	20036	180	985	
950-more	4.80	366	0	0	5	5	1	13	4997	23978	245	1198	
all classes	5.56	427	0	0	6	6	1	14	24799	137974	1132	6502	
Himachal Pradesh													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	6.18	471	0	1	1	2	0	29	164	1010	23	139	
300-340	6.39	435	4	0	10	13	0	2	138	880	22	138	
340-380	6.03	447	0	0	13	13	0	2	436	2627	59	355	
380-420	5.64	407	1	0	10	10	0	10	611	3444	80	463	
420-470	5.63	412	1	0	2	3	1	9	785	4418	127	728	
470-525	5.58	402	2	0	7	8	0	13	1014	5657	152	852	
525-615	5.45	387	2	0	4	6	0	13	1442	7863	224	1260	
615-775	4.65	337	2	0	5	7	0	4	2332	10855	367	1796	
775-950	4.05	291	1	0	4	5	1	6	1279	5175	205	866	
950-more	2.97	205	0	1	6	7	2	9	2470	7331	367	1155	
all classes	4.62	331	1	0	6	7	1	9	10719	49508	1634	7793	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Jammu & Kashmir													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	7.12	557	0	0	3	3	0	60	141	1006	22	151	
340-380	7.28	532	0	0	1	1	0	28	168	1225	27	179	
380-420	6.34	505	0	0	2	2	0	11	361	2292	44	292	
420-470	6.10	479	0	0	2	2	0	6	657	4010	79	516	
470-525	6.69	463	0	0	1	1	0	1	1516	10140	126	781	
525-615	5.31	372	0	0	2	2	0	21	1726	9158	222	1368	
615-775	5.26	350	0	0	2	2	1	5	3454	18170	434	2475	
775-950	4.34	285	0	0	2	3	1	0	1726	7494	252	1352	
950-more	3.56	263	0	0	2	2	1	3	1687	6009	248	1082	
all classes	5.21	364	0	0	2	2	1	8	11523	60064	1472	8322	
Karnataka													
0-225	6.37	473	1	0	11	12	0	23	1463	9322	54	368	
225-255	5.71	461	0	0	4	4	0	28	2375	13563	71	426	
255-300	6.03	471	0	0	8	8	0	26	4914	29649	171	1072	
300-340	5.76	435	0	0	8	9	0	18	5416	31224	195	1167	
340-380	5.40	398	1	3	3	6	0	15	7083	38233	237	1334	
380-420	5.24	386	1	1	6	8	1	15	6624	34707	234	1289	
420-470	4.92	371	1	1	3	6	0	11	8213	40447	307	1595	
470-525	4.82	366	1	0	2	4	0	10	7234	34843	273	1402	
525-615	4.55	339	0	0	7	7	2	14	9481	43142	372	1833	
615-775	4.16	308	0	1	3	4	2	9	8115	33764	339	1564	
775-950	3.85	278	0	0	7	8	2	13	4841	18626	227	999	
950-more	3.64	253	0	1	6	7	6	10	4811	17506	283	1105	
all classes	4.89	366	1	1	5	7	1	15	70572	345026	2763	14154	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Kerala													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	6.10	471	15	6	13	33	1	17	485	2958	35	250	
300-340	6.44	519	8	5	17	30	1	15	1009	6496	59	400	
340-380	5.83	474	7	6	7	20	2	24	1394	8128	83	515	
380-420	5.44	458	8	3	6	17	1	18	1977	10759	117	649	
420-470	5.47	446	7	6	8	22	3	22	3128	17104	173	992	
470-525	5.39	452	6	3	11	20	3	11	3851	20761	218	1231	
525-615	4.80	405	4	3	9	16	3	10	5205	24960	304	1562	
615-775	4.57	384	4	2	7	13	6	7	8621	39420	445	2071	
775-950	4.24	359	2	1	6	10	7	5	6567	27839	356	1579	
950-more	3.55	296	1	1	9	11	9	5	11634	41299	792	2956	
all classes	4.56	380	4	2	8	15	6	10	44370	202123	2604	12324	
Madhya Pradesh													
0-225	6.49	444	3	0	7	11	3	21	9511	61770	415	2726	
225-255	6.08	418	4	0	5	9	1	19	8837	53729	355	2162	
255-300	5.71	393	3	0	3	6	1	19	15182	86727	637	3799	
300-340	5.46	372	3	0	3	7	0	21	12702	69390	537	3112	
340-380	5.63	379	2	0	3	6	2	17	12515	70522	538	3157	
380-420	5.17	347	0	0	3	4	0	18	10536	54461	450	2516	
420-470	5.56	377	1	0	3	4	1	20	9837	54654	421	2286	
470-525	4.91	329	1	0	5	6	0	15	9074	44516	427	2283	
525-615	4.56	300	1	0	4	5	0	14	9088	41438	462	2478	
615-775	4.34	288	0	0	4	5	1	12	7546	32777	423	2179	
775-950	4.25	281	0	0	8	9	7	5	3405	14457	203	935	
950-more	3.47	214	1	0	9	9	3	11	3723	12915	276	1183	
all classes	5.34	360	2	0	4	6	1	18	111956	597356	5144	28816	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Maharashtra												
0-225	5.49	374	10	2	12	25	1	28	4693	25746	144	889
225-255	5.82	422	4	0	6	10	0	18	4585	26692	148	875
255-300	5.61	412	2	0	2	4	0	17	9536	53487	319	1801
300-340	5.46	390	2	0	4	7	1	21	9820	53629	347	1929
340-380	5.20	381	1	0	7	8	0	11	9161	47600	319	1722
380-420	5.06	371	1	0	4	5	0	15	10034	50799	353	1850
420-470	4.81	354	0	0	4	5	0	13	12271	59066	417	2144
470-525	4.56	322	2	0	4	6	1	17	12291	56092	421	2077
525-615	4.46	319	1	0	4	5	0	12	12771	56957	465	2254
615-775	4.12	291	1	0	4	6	1	11	14135	58226	537	2355
775-950	3.95	266	1	0	5	6	0	7	8523	33668	286	1165
950-more	3.34	218	0	0	6	6	5	10	8434	28191	365	1338
all classes	4.73	338	2	0	5	7	1	15	116254	550155	4121	20399
Manipur												
0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-
300-340	6.48	414	0	0	0	0	0	8	78	503	24	147
340-380	5.09	325	0	0	0	0	1	26	258	1312	76	387
380-420	5.49	348	0	0	0	0	0	4	323	1776	90	506
420-470	5.72	372	0	0	0	0	0	39	285	1631	101	594
470-525	5.35	358	0	0	0	0	0	27	253	1356	79	423
525-615	5.25	338	0	0	0	0	1	7	401	2105	116	631
615-775	4.60	299	0	0	1	1	0	15	468	2154	139	713
775-950	4.63	312	0	0	0	0	3	4	140	648	51	262
950-more	4.64	320	0	0	0	0	0	7	124	574	43	219
all classes	5.21	339	0	0	0	0	0	16	2418	12608	738	3997

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Meghalaya													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	6.33	417	0	0	1	1	0	10	55	347	21	134	
340-380	6.12	390	0	0	2	2	1	6	122	750	45	283	
380-420	5.78	367	0	0	0	1	0	13	195	1130	69	409	
420-470	5.99	376	0	0	1	1	0	3	345	2066	117	708	
470-525	5.64	346	0	0	1	1	5	8	456	2571	151	868	
525-615	5.06	309	0	0	0	0	0	4	706	3570	209	1069	
615-775	4.55	275	0	0	1	1	0	5	632	2874	203	963	
775-950	3.55	214	0	1	1	2	1	11	184	652	54	218	
950-more	3.33	197	0	0	1	1	3	0	174	579	59	215	
all classes	5.07	312	0	0	1	1	1	6	2883	14629	933	4901	
Mizoram													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-	-
380-420	6.29	379	0	0	4	4	0	0	27	167	23	151	
420-470	6.43	410	0	0	0	0	0	0	22	144	22	137	
470-525	6.08	386	0	0	0	0	0	0	68	412	42	266	
525-615	5.84	387	0	0	2	2	0	0	89	518	57	341	
615-775	5.81	375	0	0	4	4	0	0	150	870	99	549	
775-950	4.76	289	0	0	5	5	0	0	142	675	85	400	
950-more	3.69	228	0	0	3	3	1	9	133	491	85	333	
all classes	5.22	331	0	0	3	3	0	1	647	3379	428	2276	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average household size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on payment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Nagaland												
0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-	-	-
525-615	5.63	367	0	0	0	0	0	0	43	242	21	119
615-775	5.81	395	0	0	2	2	0	12	213	1237	100	607
775-950	5.79	396	0	0	0	0	0	10	204	1180	99	569
950-more	4.19	281	0	0	2	2	1	10	461	1934	245	1055
all classes	5.03	341	0	0	1	1	1	10	954	4795	480	2441
Orissa												
0-225	5.27	364	7	0	3	11	1	33	9041	47680	412	2208
225-255	4.97	361	6	0	2	8	0	24	6033	30004	271	1411
255-300	4.83	381	3	0	1	5	0	16	8455	40843	439	2201
300-340	4.40	341	5	0	2	8	1	11	8762	38568	440	2050
340-380	4.78	377	3	0	2	6	0	15	6111	29214	339	1709
380-420	4.59	363	3	0	3	6	1	5	5717	26243	314	1523
420-470	4.34	342	4	0	3	7	0	16	5137	22273	303	1426
470-525	4.57	365	1	0	2	3	0	22	3781	17293	228	1184
525-615	4.22	336	1	0	1	2	1	13	3643	15390	235	1097
615-775	4.19	323	2	0	2	4	3	16	3584	15005	243	1143
775-950	3.75	284	1	0	2	3	2	9	1453	5449	115	557
950-more	3.25	231	0	0	5	5	5	14	1752	5693	138	550
all classes	4.63	353	4	0	2	6	1	18	63469	293655	3477	17059

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average household size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on payment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Punjab													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	7.02	609	0	0	4	5	0	17	465	3267	37	262	
340-380	6.96	568	0	8	4	12	0	17	933	6494	69	470	
380-420	6.38	540	0	1	10	11	0	6	1049	6691	74	462	
420-470	6.62	577	0	2	2	4	0	8	1703	11272	119	784	
470-525	5.89	505	0	2	3	5	0	10	2661	15671	173	1021	
525-615	5.54	471	0	3	3	6	0	11	3990	22088	267	1551	
615-775	5.40	467	0	1	4	5	1	6	5926	32012	443	2509	
775-950	5.06	437	0	1	4	5	0	4	4217	21342	347	1860	
950-more	4.58	395	0	1	5	6	1	4	6318	28955	597	2954	
all classes	5.45	467	0	2	4	6	1	8	27631	150474	2152	12066	
Rajasthan													
0-225	6.86	401	0	0	9	10	0	52	530	3635	29	202	
225-255	7.17	468	0	0	0	0	0	36	622	4463	34	256	
255-300	7.00	449	0	0	3	3	1	24	2444	17100	107	759	
300-340	6.89	461	0	0	3	3	0	26	3146	21681	142	999	
340-380	6.91	457	0	1	4	5	0	11	3896	26931	194	1388	
380-420	6.70	459	0	0	3	3	0	11	5281	35375	252	1746	
420-470	6.30	426	0	0	4	4	0	19	7305	46046	333	2181	
470-525	6.09	409	0	0	4	5	0	17	7833	47732	368	2322	
525-615	5.71	388	0	0	3	3	0	16	9912	56600	498	2972	
615-775	5.23	356	1	0	2	3	1	13	11900	62253	601	3329	
775-950	4.20	287	0	0	2	3	1	10	5369	22549	322	1460	
950-more	3.62	234	0	0	2	3	2	11	5418	19610	349	1407	
all classes	5.72	384	0	0	3	3	0	16	63656	363975	3229	19021	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average household size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on payment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Sikkim													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	6.55	467	0	0	1	2	0	6	28	182	38	255	
300-340	5.96	439	0	0	1	2	2	15	59	354	63	392	
340-380	5.41	382	0	0	1	1	0	3	60	324	72	425	
380-420	6.00	443	0	0	1	1	1	3	94	561	105	599	
420-470	5.13	335	0	0	1	1	0	4	101	517	132	684	
470-525	4.76	305	0	0	1	1	0	3	78	370	109	545	
525-615	4.75	323	0	0	1	1	1	4	107	510	150	740	
615-775	3.55	234	15	0	1	16	1	2	145	516	178	813	
775-950	4.11	283	0	0	2	2	4	4	47	195	81	358	
950-more	2.38	162	0	0	4	4	4	4	97	230	112	265	
all classes	4.63	318	3	0	2	4	1	5	830	3841	1056	5173	
Tamil Nadu													
0-225	4.55	365	21	2	13	36	1	15	3986	18137	130	609	
225-255	5.10	420	24	1	5	30	0	13	3344	17064	130	658	
255-300	4.78	399	19	0	4	23	1	15	7349	35136	289	1371	
300-340	4.74	402	17	1	1	18	1	9	8104	38402	327	1591	
340-380	4.41	372	14	0	2	17	1	18	8065	35561	324	1469	
380-420	4.18	354	9	0	4	14	1	20	8124	33946	335	1468	
420-470	4.16	348	13	0	5	19	1	17	9421	39150	382	1635	
470-525	3.91	334	8	0	4	12	2	6	8915	34834	399	1611	
525-615	3.54	297	6	1	5	13	2	20	11330	40053	490	1881	
615-775	3.53	304	4	1	4	9	2	10	11762	41559	581	2280	
775-950	3.64	309	2	0	8	11	3	8	6374	23171	296	1122	
950-more	3.01	247	1	0	10	11	9	13	6926	20843	490	1643	
all classes	4.03	339	10	1	5	16	2	14	93701	377856	4173	17338	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Tripura													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	5.43	441	1	0	1	1	0	4	178	964	30	160	
300-340	5.12	426	1	0	0	1	0	4	326	1668	65	353	
340-380	4.58	380	0	0	0	1	0	1	410	1877	77	357	
380-420	5.19	445	0	0	0	0	0	3	500	2594	99	509	
420-470	4.83	415	0	0	1	1	0	3	731	3531	141	691	
470-525	5.13	444	0	0	0	0	0	4	636	3264	124	624	
525-615	4.59	379	0	0	1	1	0	7	926	4253	171	782	
615-775	4.06	351	0	0	1	1	0	0	832	3377	161	665	
775-950	3.79	319	0	0	1	1	0	16	437	1655	76	319	
950-more	3.83	332	0	0	0	0	0	1	179	685	73	321	
all classes	4.63	392	0	0	1	1	0	4	5237	24261	1031	4853	
Uttar Pradesh													
0-225	6.51	453	0	0	18	18	0	28	8671	56463	339	2267	
225-255	6.75	477	0	0	6	6	1	19	9669	65269	359	2496	
255-300	6.74	475	0	0	5	5	0	17	21531	145150	824	5618	
300-340	6.50	456	0	0	7	7	1	17	22455	145850	883	5821	
340-380	6.49	456	0	0	5	5	0	16	22820	148069	902	6009	
380-420	6.07	421	0	0	5	6	1	18	22606	137294	868	5552	
420-470	5.65	387	0	0	4	4	1	17	22268	125850	938	5750	
470-525	5.53	377	0	0	6	6	1	15	20509	113319	873	5341	
525-615	5.33	361	0	0	6	6	1	15	24519	130613	1046	6050	
615-775	4.91	327	0	0	6	6	1	14	23871	117255	1138	6470	
775-950	4.47	299	0	0	6	6	1	13	12246	54706	607	3180	
950-more	3.61	234	0	0	7	7	1	8	12942	46726	655	2843	
all classes	5.74	396	0	0	6	6	1	16	224108	1286565	9432	57397	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
West Bengal												
0-225	6.26	443	1	1	6	8	0	25	3984	24933	149	926
225-255	6.10	444	0	1	2	2	0	13	4314	26305	157	979
255-300	6.15	427	0	0	2	3	8	20	10219	62856	319	1913
300-340	5.45	384	0	1	2	3	0	18	9620	52418	381	2136
340-380	5.61	395	0	0	1	1	0	8	11783	66150	434	2404
380-420	5.69	419	0	0	1	1	1	13	12552	71446	445	2403
420-470	4.94	343	0	0	1	2	1	12	13561	66982	523	2637
470-525	4.86	334	0	0	2	2	0	10	12487	60639	472	2371
525-615	4.54	318	0	0	1	2	0	8	13184	59792	546	2671
615-775	4.18	288	0	0	2	2	1	5	11272	47142	533	2487
775-950	3.83	262	0	0	2	2	0	6	5241	20098	270	1276
950-more	3.52	236	0	0	2	2	3	14	4396	15487	321	1305
all classes	5.10	358	0	0	2	2	1	12	112612	574247	4550	23508
A. & N. Islands												
0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-	-	-
525-615	5.28	428	0	0	1	1	0	1	64	337	48	354
615-775	5.09	410	0	0	9	9	7	12	114	579	67	387
775-950	4.14	337	0	0	6	6	0	28	77	318	42	219
950-more	2.84	213	0	0	7	7	5	11	124	352	80	275
all classes	4.48	359	0	0	7	7	3	14	442	1979	273	1514

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Chandigarh												
0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-	-	-
615-775	3.84	329	0	0	5	5	0	0	31	119	21	84
775-950	2.94	242	0	0	8	8	0	9	52	152	32	114
950-more	2.61	225	0	2	4	6	2	1	164	428	102	321
all classes	3.27	275	0	1	6	7	1	2	303	989	180	654
Dadra & Nagar Haveli												
0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-
420-470	5.51	344	4	0	3	7	3	72	39	216	23	133
470-525	5.63	372	1	0	3	4	0	23	23	130	16	97
525-615	4.23	273	4	0	1	5	0	2	46	196	29	126
615-775	3.21	195	5	0	2	6	0	16	38	121	22	85
775-950	3.37	206	6	0	5	11	0	0	20	67	16	56
950-more	2.74	124	9	8	1	18	24	13	49	135	29	81
all classes	4.49	278	5	1	2	8	4	21	312	1400	192	914

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Daman & Diu													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-	-	-	-
615-775	5.54	350	0	0	1	1	0	11	23	128	29	161	
775-950	4.42	275	0	1	3	3	1	7	24	107	36	181	
950-more	3.60	215	0	2	4	5	4	10	65	233	82	305	
all classes	4.40	269	0	4	3	7	2	14	141	619	180	821	
Delhi													
0-225	-	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-	-	-	-
615-775	6.02	499	0	0	0	0	0	2	1073	6463	31	183	
775-950	4.28	343	0	1	1	2	0	0	1630	6986	33	200	
950-more	3.91	290	0	2	0	2	1	2	3307	12922	103	474	
all classes	4.41	344	0	1	0	2	0	1	7061	31113	187	982	

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Lakshadweep												
0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-
420-470	-	-	-	-	-	-	-	-	-	-	-	-
470-525	-	-	-	-	-	-	-	-	-	-	-	-
525-615	-	-	-	-	-	-	-	-	-	-	-	-
615-775	-	-	-	-	-	-	-	-	-	-	-	-
775-950	4.93	404	7	0	16	23	16	0	16	80	20	102
950-more	3.11	246	3	0	9	12	20	0	34	105	40	128
all classes	4.28	343	5	0	11	16	12	14	77	329	84	363
Pondicherry												
0-225	-	-	-	-	-	-	-	-	-	-	-	-
225-255	-	-	-	-	-	-	-	-	-	-	-	-
255-300	-	-	-	-	-	-	-	-	-	-	-	-
300-340	-	-	-	-	-	-	-	-	-	-	-	-
340-380	-	-	-	-	-	-	-	-	-	-	-	-
380-420	-	-	-	-	-	-	-	-	-	-	-	-
420-470	4.24	356	15	2	3	21	2	0	76	322	22	94
470-525	5.20	437	12	0	5	17	11	6	57	299	20	105
525-615	3.98	336	9	0	5	14	1	10	99	393	42	178
615-775	3.57	305	5	4	4	13	1	0	102	364	38	149
775-950	3.45	285	3	0	11	15	11	0	94	324	35	130
950-more	3.46	286	1	2	7	11	14	2	127	439	60	241
all classes	4.05	336	9	1	8	18	5	8	770	3116	288	1222

Contd.

Table 6R: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Rural

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			from school, balwadi etc	free of cost from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
all-India												
0-225	5.95	418	4	1	10	15	1	23	60039	357299	2547	15678
225-255	6.01	436	3	0	3	7	0	18	57968	348436	2451	15115
255-300	5.84	424	2	0	3	6	1	17	119072	695211	5147	30628
300-340	5.58	406	2	1	4	6	0	15	124172	693182	5588	32252
340-380	5.55	403	2	1	3	6	1	13	128420	712155	5892	33600
380-420	5.32	389	1	0	3	5	1	14	126007	669898	5895	32675
420-470	5.14	374	2	0	3	6	0	14	137594	707656	6783	36911
470-525	4.89	353	1	0	4	6	1	12	131866	644876	6635	35102
525-615	4.67	338	1	0	4	6	1	13	152277	711091	8253	42353
615-775	4.43	321	1	0	4	5	1	10	155202	687096	9383	46227
775-950	4.11	300	1	0	5	6	2	8	83566	343634	5337	24828
950-more	3.56	255	0	1	6	6	4	8	97623	347304	7474	29487
all classes	5.04	365	2	0	4	6	1	14	1373806	6917836	71385	374856

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Andhra Pradesh

0-300	5.60	440	1	3	11	15	1	13	1856	10394	133	804
300-350	4.89	382	8	1	3	12	0	8	2275	11115	161	852
350-425	4.81	373	3	1	5	9	1	9	4955	23814	350	1825
425-500	4.81	369	1	0	5	6	1	7	5368	25799	384	1948
500-575	4.86	368	1	0	5	6	1	9	4810	23368	355	1817
575-665	4.46	345	0	1	5	6	0	9	4700	20981	309	1412
665-775	4.26	310	4	0	7	11	2	26	5203	22159	356	1582
775-915	4.10	295	0	0	9	9	2	12	4559	18710	348	1473
915-1120	3.77	253	0	0	7	8	4	4	5258	19796	433	1662
1120-1500	3.53	233	0	0	6	6	4	4	5781	20436	435	1530
1500-1925	3.00	189	0	0	8	8	9	7	2894	8679	256	825
1925-more	2.56	156	0	0	7	7	12	0	2799	7161	286	794
all classes	4.21	308	1	0	6	8	3	10	50458	212412	3806	16524

Arunachal Pradesh

0-300	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-
425-500	4.94	355	0	0	0	0	0	61	16	77	20	98
500-575	4.73	357	0	0	3	3	0	126	16	74	22	96
575-665	3.66	251	0	0	3	3	0	160	19	68	22	91
665-775	3.88	291	0	0	0	0	0	83	20	76	27	105
775-915	4.41	315	0	0	0	0	0	143	25	109	25	109
915-1120	2.86	192	0	0	0	0	0	133	16	47	26	80
1120-1500	3.38	258	0	0	2	2	0	118	17	56	27	106
1500-1925	3.43	194	0	0	0	0	0	45	9	30	22	77
1925-more	-	-	-	-	-	-	-	-	-	-	-	-
all classes	4.22	302	0	0	3	3	0	92	159	669	233	953

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Assam

0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	5.72	394	0	0	0	0	0	0	145	828	20	121	
350-425	5.46	364	0	1	0	2	2	1	365	1992	53	307	
425-500	5.30	352	0	0	1	1	0	7	716	3793	74	395	
500-575	4.76	326	0	0	0	0	0	0	349	1661	66	318	
575-665	4.12	268	0	3	1	3	2	3	597	2455	87	376	
665-775	4.28	280	0	1	0	1	0	8	480	2055	77	303	
775-915	3.67	239	0	2	0	2	1	12	590	2164	94	318	
915-1120	3.80	257	0	1	0	2	3	7	604	2293	101	338	
1120-1500	2.90	191	0	3	1	4	2	5	984	2848	142	415	
1500-1925	3.21	209	0	1	4	6	0	39	278	893	66	228	
1925-more	2.78	172	0	0	0	0	1	0	357	991	53	133	
all classes	4.09	270	0	1	1	2	1	8	5612	22967	852	3370	

Bihar

0-300	7.21	507	0	0	6	6	0	7	2193	15808	210	1497
300-350	6.67	465	0	2	1	3	0	10	2362	15763	191	1255
350-425	5.81	412	0	0	1	1	0	4	3399	19739	300	1868
425-500	5.75	398	0	0	2	2	1	6	2433	13976	226	1281
500-575	5.23	355	1	1	3	5	1	5	2104	11003	220	1229
575-665	5.38	378	0	1	2	3	1	2	1912	10282	185	1007
665-775	4.63	313	2	0	2	4	1	11	1941	8990	208	977
775-915	4.31	289	1	0	3	5	2	9	1626	7004	159	708
915-1120	3.48	233	3	0	2	5	2	5	1768	6155	167	598
1120-1500	3.08	209	0	1	2	3	4	2	1997	6153	182	615
1500-1925	3.26	198	0	5	11	16	5	3	863	2814	114	402
1925-more	2.56	156	0	0	2	2	11	11	809	2072	117	327
all classes	5.12	353	1	1	3	4	2	6	23407	119760	2279	11764

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Goa													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-	-	-	-
665-775	5.35	345	0	0	4	4	0	3	120	641	27	146	
775-915	5.65	337	0	0	0	0	1	15	199	1126	34	172	
915-1120	4.78	279	0	6	6	11	0	12	238	1140	41	204	
1120-1500	3.59	208	0	3	2	5	1	9	290	1040	52	185	
1500-1925	3.68	210	0	3	4	7	2	8	198	729	44	170	
1925-more	2.56	153	0	0	2	2	3	0	209	535	45	126	
all classes	4.37	259	0	2	3	5	1	13	1460	6382	284	1239	
Gujarat													
0-300	8.00	516	1	0	2	3	0	33	195	1562	24	185	
300-350	6.15	393	0	0	0	1	0	27	550	3383	56	370	
350-425	6.50	409	6	1	2	9	0	16	1141	7414	118	758	
425-500	5.48	339	1	1	6	8	0	15	2514	13776	225	1291	
500-575	4.97	317	2	0	3	6	1	9	2961	14702	261	1375	
575-665	5.12	315	2	0	4	6	0	12	3031	15523	268	1398	
665-775	5.01	314	2	0	4	5	0	6	3453	17304	309	1491	
775-915	4.33	262	1	0	4	5	0	10	3908	16906	349	1620	
915-1120	4.03	243	0	0	4	4	1	7	3960	15960	349	1442	
1120-1500	3.70	224	0	0	2	2	6	1	4712	17422	407	1553	
1500-1925	3.40	198	0	1	6	7	5	3	2150	7306	222	811	
1925-more	3.02	177	0	0	3	3	10	3	2069	6246	176	561	
all classes	4.49	276	1	0	4	5	2	9	30645	137504	2764	12855	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Haryana

0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	5.91	440	0	2	4	7	0	38	565	3340	30	171	
425-500	5.31	361	0	0	1	1	0	6	558	2962	28	149	
500-575	6.47	478	0	0	8	8	1	10	917	5929	54	339	
575-665	5.20	381	0	0	3	4	0	21	1031	5364	76	406	
665-775	5.60	410	0	0	4	5	1	10	958	5368	72	414	
775-915	4.65	345	0	0	7	7	2	7	1462	6796	114	583	
915-1120	4.49	325	0	0	4	4	0	6	1680	7539	126	606	
1120-1500	3.63	271	0	0	3	4	1	7	2040	7408	124	519	
1500-1925	3.50	252	0	0	3	3	0	0	710	2482	60	234	
1925-more	3.00	226	0	0	6	6	4	14	900	2697	56	205	
all classes	4.65	341	0	0	5	5	1	11	11179	51996	758	3732	

Himachal Pradesh

0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-	-
500-575	5.79	439	0	0	11	11	0	0	33	190	21	124	
575-665	4.39	325	0	3	2	5	0	3	74	325	43	190	
665-775	4.63	326	1	3	6	9	1	4	85	394	60	287	
775-915	3.94	275	9	0	3	12	3	9	158	625	106	477	
915-1120	2.09	100	55	0	1	56	2	10	402	840	125	479	
1120-1500	3.32	224	0	1	7	9	2	6	269	892	220	777	
1500-1925	2.50	168	1	1	4	6	1	14	193	481	147	387	
1925-more	2.50	171	0	0	9	9	3	17	283	707	188	508	
all classes	3.09	204	15	1	5	21	2	8	1557	4806	947	3429	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Jammu & Kashmir													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	5.94	418	0	0	1	1	0	9	116	690	38	229	
500-575	6.02	439	0	0	1	1	1	0	165	996	59	359	
575-665	6.13	413	0	5	3	9	0	6	264	1615	90	543	
665-775	5.63	383	0	0	8	8	1	5	406	2285	125	693	
775-915	5.52	366	0	0	4	4	2	5	561	3093	165	852	
915-1120	5.07	349	0	0	3	3	1	4	556	2819	171	819	
1120-1500	4.53	354	0	0	4	4	2	6	451	2045	183	809	
1500-1925	3.84	287	0	0	1	1	7	8	232	891	96	388	
1925-more	3.80	291	0	0	1	1	6	0	138	525	60	210	
all classes	5.20	366	0	1	3	4	2	5	2937	15285	1008	5035	
Karnataka													
0-300	5.98	446	2	2	13	17	0	25	773	4620	81	482	
300-350	6.13	464	1	0	9	10	0	7	658	4034	60	388	
350-425	6.48	469	0	1	4	5	1	17	1784	11563	150	929	
425-500	5.26	377	0	1	3	5	1	12	2244	11804	198	1061	
500-575	5.63	396	0	2	5	7	2	10	2261	12723	202	1140	
575-665	5.09	347	0	1	6	7	1	9	2766	14076	249	1233	
665-775	4.76	314	0	0	5	6	3	10	2782	13248	233	1153	
775-915	4.41	297	0	1	5	6	2	9	2942	12974	256	1178	
915-1120	4.27	275	0	1	3	4	4	9	3680	15720	279	1146	
1120-1500	3.67	224	0	2	5	6	7	11	4987	18292	344	1270	
1500-1925	3.22	194	0	1	1	2	9	1	2372	7646	195	656	
1925-more	2.61	144	0	2	5	7	14	2	2905	7570	223	584	
all classes	4.45	297	0	1	5	6	5	10	30153	134271	2470	11220	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Kerala

0-300	6.48	431	9	22	24	55	2	21	251	1631	33	236
300-350	6.70	519	6	1	12	20	3	17	299	2004	39	278
350-425	6.49	508	10	2	11	23	6	11	1016	6590	110	738
425-500	6.05	506	6	2	9	17	7	24	1022	6186	128	822
500-575	5.17	430	5	1	9	15	6	6	1204	6225	146	775
575-665	4.89	408	4	1	10	16	6	9	1439	7037	187	921
665-775	4.65	397	5	1	4	10	6	6	1751	8143	198	940
775-915	4.65	387	2	1	6	10	8	16	1566	7287	206	941
915-1120	4.07	342	1	1	6	8	8	11	2054	8364	250	1015
1120-1500	3.63	301	0	1	8	9	12	8	2503	9084	316	1179
1500-1925	3.19	252	0	2	9	11	22	5	1338	4264	181	620
1925-more	2.61	188	0	1	8	9	29	3	1956	5110	221	650
all classes	4.39	357	3	2	8	13	11	11	16400	71924	2015	9115

Madhya Pradesh

0-300	6.52	442	1	0	11	11	0	20	2150	14024	194	1290
300-350	6.57	440	0	0	4	4	0	13	2070	13597	182	1207
350-425	5.88	393	0	0	3	3	0	17	3700	21752	335	2012
425-500	5.61	369	0	0	5	5	1	8	3786	21226	338	1980
500-575	5.18	331	0	0	1	1	1	10	3227	16728	281	1561
575-665	5.17	330	0	0	5	5	2	14	3541	18321	313	1690
665-775	5.14	328	0	0	4	4	0	11	3455	17768	313	1609
775-915	4.60	293	0	0	3	3	0	7	3500	16088	311	1474
915-1120	4.11	249	0	0	4	5	0	17	2763	11349	257	1089
1120-1500	3.89	236	0	0	5	5	1	11	2753	10699	286	1100
1500-1925	3.87	243	0	0	3	3	3	5	1229	4749	166	607
1925-more	2.71	154	0	0	6	6	8	2	1346	3649	169	456
all classes	5.07	327	0	0	4	4	1	12	33520	169949	3145	16075

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Maharashtra

0-300	6.80	466	2	1	8	12	0	10	2068	14054	141	1006
300-350	6.43	452	1	0	5	5	0	11	1855	11924	141	986
350-425	6.35	419	0	1	10	11	1	28	3920	24896	292	1861
425-500	5.76	386	0	0	7	7	0	17	4506	25959	337	2029
500-575	5.70	372	0	0	7	7	1	14	5291	30158	379	2205
575-665	5.33	341	0	0	8	8	1	15	6036	32190	386	2089
665-775	5.22	332	0	1	5	6	1	12	7402	38604	465	2415
775-915	4.72	298	0	1	5	5	1	10	7766	36662	525	2468
915-1120	4.22	260	0	1	5	6	4	9	9713	41008	626	2612
1120-1500	3.42	202	0	2	4	6	8	14	11971	40884	812	2841
1500-1925	3.15	182	3	2	5	9	8	12	7316	23076	544	1827
1925-more	3.18	183	0	1	4	5	9	10	7996	25460	586	1833
all classes	4.55	286	0	1	5	7	4	13	75842	344875	5234	24172

Manipur

0-300	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-
350-425	5.97	402	0	0	0	0	0	86	47	281	38	215
425-500	6.36	409	0	0	0	0	0	8	103	652	85	507
500-575	5.55	368	0	0	1	1	0	22	121	672	106	589
575-665	5.49	358	0	0	1	1	0	9	134	737	117	629
665-775	4.94	319	0	0	0	1	1	10	172	851	159	769
775-915	5.75	361	0	2	3	4	1	5	70	400	69	395
915-1120	5.14	336	0	0	1	1	3	1	35	181	35	177
1120-1500	4.55	290	0	0	3	3	8	9	63	286	41	169
1500-1925	-	-	-	-	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-	-	-	-	-
all classes	5.43	353	0	0	1	1	1	16	763	4144	665	3522

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Meghalaya													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-	-
575-665	5.78	342	0	6	0	7	0	0	46	267	23	119	
665-775	4.29	253	0	1	1	3	1	5	114	489	49	254	
775-915	4.36	260	0	0	0	0	2	1	179	780	67	331	
915-1120	3.64	216	0	0	1	1	2	0	99	362	66	268	
1120-1500	3.88	229	0	1	1	2	5	5	122	471	93	357	
1500-1925	3.74	219	0	0	0	0	6	0	61	230	41	152	
1925-more	1.40	49	0	0	0	0	34	0	59	83	23	45	
all classes	4.09	240	0	1	1	1	5	2	722	2957	384	1673	
Mizoram													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-	-
500-575	5.14	323	0	0	0	0	0	0	16	84	29	159	
575-665	5.70	351	0	0	0	0	0	12	38	218	60	356	
665-775	5.18	324	0	0	1	1	0	5	49	255	101	542	
775-915	5.43	335	0	0	0	0	0	2	71	387	121	645	
915-1120	4.88	295	0	0	0	1	0	3	94	460	168	829	
1120-1500	4.18	253	0	0	0	0	0	5	110	461	201	870	
1500-1925	4.07	243	0	0	1	1	1	7	33	132	80	341	
1925-more	4.17	248	1	0	1	2	2	0	37	156	69	255	
all classes	4.85	296	0	0	1	1	0	4	466	2260	858	4169	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Nagaland													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-	-	-	-	-	-
775-915	5.37	328	0	0	2	2	0	0	55	293	30	159	
915-1120	5.03	301	0	0	2	2	1	0	83	419	41	205	
1120-1500	4.42	261	0	0	3	3	3	2	130	573	79	356	
1500-1925	3.11	181	0	0	4	4	6	3	104	323	46	138	
1925-more	2.27	150	0	0	1	1	1	0	85	193	43	79	
all classes	4.19	254	0	0	3	3	3	2	504	2111	264	1102	
Orissa													
0-300	5.50	418	3	0	16	20	0	1	1222	6723	85	466	
300-350	5.14	403	4	0	2	6	0	11	1051	5400	72	367	
350-425	5.04	366	4	1	4	9	1	13	1517	7642	94	474	
425-500	5.04	363	2	1	2	5	0	6	1554	7836	119	620	
500-575	4.73	341	2	0	1	3	1	7	1433	6772	90	440	
575-665	4.23	291	0	0	4	5	3	9	1198	5062	87	398	
665-775	4.72	317	1	0	6	8	1	16	1195	5643	101	460	
775-915	3.60	228	0	0	3	4	3	8	1161	4182	92	377	
915-1120	3.12	180	0	0	8	8	8	12	1165	3631	98	359	
1120-1500	2.88	176	0	0	4	4	10	7	1075	3102	104	324	
1500-1925	3.27	218	0	0	2	2	14	7	248	810	45	133	
1925-more	2.34	140	0	0	2	2	2	8	332	774	63	142	
all classes	4.38	307	2	0	5	7	3	9	13149	57576	1050	4560	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Punjab

0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	6.72	596	0	0	2	2	0	0	200	1344	20	140	
350-425	6.43	551	0	0	4	4	0	9	607	3899	70	435	
425-500	5.55	473	0	0	1	1	0	7	1334	7404	133	736	
500-575	5.31	458	0	2	4	6	0	9	1233	6542	132	739	
575-665	5.12	437	0	0	2	2	1	8	1472	7534	182	940	
665-775	4.82	411	0	0	4	5	0	6	1777	8568	190	970	
775-915	4.10	353	0	0	1	2	2	3	2367	9710	239	1075	
915-1120	3.50	294	0	0	5	5	4	5	2399	8394	294	1096	
1120-1500	2.96	246	0	0	3	3	9	5	2429	7191	315	1074	
1500-1925	3.38	291	0	0	2	2	8	1	1018	3443	152	554	
1925-more	3.35	286	0	0	3	3	2	0	1117	3742	145	517	
all classes	4.26	363	0	0	3	3	3	6	16044	68419	1883	8348	

Rajasthan

0-300	6.78	459	0	1	10	11	0	15	236	1602	30	210
300-350	7.66	455	0	1	36	37	0	24	543	4163	47	377
350-425	6.34	399	0	1	4	5	0	22	1227	7782	132	883
425-500	6.12	401	0	0	2	2	0	25	2000	12250	175	1139
500-575	6.05	384	0	0	3	3	1	11	2173	13147	210	1262
575-665	5.40	338	0	0	8	8	0	10	2551	13779	225	1225
665-775	5.16	320	0	0	4	4	0	5	2036	10498	224	1168
775-915	5.28	334	0	0	3	3	1	8	2330	12306	226	1123
915-1120	4.70	294	0	0	3	3	1	6	2330	10951	227	1045
1120-1500	3.86	242	0	0	2	2	1	7	2112	8157	210	836
1500-1925	3.52	207	0	0	4	4	6	3	1479	5214	153	580
1925-more	2.31	129	0	0	4	4	9	0	1063	2460	126	311
all classes	5.10	319	0	0	5	5	1	12	20080	102309	1985	10159

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Sikkim

0-300	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-	-	-
665-775	4.94	347	0	4	1	5	0	5	12	61	31	151
775-915	3.54	222	0	14	4	18	2	12	17	60	41	164
915-1120	3.25	209	2	5	1	9	2	6	17	54	38	130
1120-1500	3.59	245	0	2	2	4	2	0	20	72	51	173
1500-1925	2.58	147	0	9	1	11	12	18	11	29	37	108
1925-more	2.09	98	0	0	13	13	15	0	5	11	28	61
all classes	4.03	265	0	5	2	8	4	7	106	427	288	1171

Tamil Nadu

0-300	4.23	339	11	3	19	33	1	13	1833	7753	145	678
300-350	4.77	400	13	2	3	18	1	16	1450	6921	131	633
350-425	4.58	383	10	3	4	17	1	13	3823	17508	295	1393
425-500	4.45	378	8	1	3	13	2	14	4209	18717	334	1509
500-575	4.16	352	7	1	6	14	2	8	4526	18833	352	1528
575-665	4.47	377	7	1	5	12	3	18	4893	21874	400	1805
665-775	4.14	352	3	1	6	10	4	13	5335	22073	432	1804
775-915	3.80	323	4	1	4	8	5	11	5520	20990	419	1613
915-1120	3.54	300	1	1	6	7	7	15	6511	23053	493	1767
1120-1500	3.24	271	0	1	7	9	9	6	6678	21627	550	1792
1500-1925	3.40	291	0	1	5	6	8	2	3774	12831	326	1111
1925-more	2.86	237	0	0	5	6	13	10	3525	10095	335	938
all classes	3.88	328	4	1	6	11	5	12	52077	202276	4212	16571

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Tripura													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	5.31	443	0	0	0	0	0	4	68	359	37	202	
425-500	5.01	408	0	0	3	3	0	4	72	360	38	187	
500-575	4.73	397	0	0	0	0	0	3	114	538	52	245	
575-665	4.61	372	0	0	1	1	0	6	75	344	49	212	
665-775	4.25	340	0	0	2	2	0	0	96	408	58	264	
775-915	4.35	346	0	0	0	0	1	0	84	366	49	224	
915-1120	3.91	335	0	0	0	0	0	1	125	487	83	349	
1120-1500	3.37	288	0	0	1	1	0	0	106	357	77	276	
1500-1925	3.26	269	0	0	1	1	0	0	88	289	68	242	
1925-more	3.00	235	0	0	1	1	0	0	68	204	45	138	
all classes	4.17	343	0	0	1	1	0	2	912	3804	569	2408	
Uttar Pradesh													
0-300	6.31	425	1	0	4	5	0	16	5191	32772	332	2349	
300-350	6.70	453	0	0	4	5	0	15	4156	27837	311	2146	
350-425	6.47	442	0	0	7	7	0	14	6922	44811	512	3482	
425-500	5.61	372	1	0	6	7	0	15	6822	38278	534	3239	
500-575	5.30	356	0	0	6	6	1	8	6514	34502	433	2490	
575-665	5.56	362	0	0	6	6	1	16	5612	31177	448	2492	
665-775	4.76	305	0	0	6	7	0	6	5631	26798	395	1971	
775-915	4.37	278	0	0	5	5	1	10	5579	24374	400	1875	
915-1120	4.19	263	0	0	7	7	2	11	5632	23569	403	1839	
1120-1500	3.67	226	0	0	5	5	1	7	5721	20968	392	1588	
1500-1925	3.79	221	0	0	15	15	4	6	2605	9872	240	889	
1925-more	2.73	160	0	0	5	5	4	3	3377	9226	238	691	
all classes	5.08	332	0	0	6	6	1	12	63763	324183	4638	25051	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

West Bengal

0-300	5.86	383	0	3	7	9	1	30	888	5206	90	492
300-350	5.73	351	0	3	0	4	0	16	1053	6033	89	517
350-425	5.32	342	0	0	2	2	1	20	2840	15118	237	1286
425-500	4.87	301	0	0	2	3	1	11	3987	19430	318	1628
500-575	4.81	297	0	1	1	2	1	11	3667	17634	294	1408
575-665	4.09	249	0	1	2	3	3	4	3743	15315	319	1378
665-775	4.31	262	0	0	2	2	1	6	3521	15169	331	1393
775-915	3.68	223	0	0	1	2	2	4	4088	15058	375	1420
915-1120	3.68	220	0	0	2	2	4	2	3991	14682	404	1490
1120-1500	3.27	194	0	0	2	3	4	5	5488	17962	488	1580
1500-1925	3.08	180	0	0	3	3	4	4	2311	7115	252	810
1925-more	2.79	164	0	0	2	2	5	16	2636	7354	235	659
all classes	4.08	249	0	1	2	3	2	9	38214	156075	3432	14061

A. & N. Islands

0-300	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-	-	-	-	-
775-915	4.40	364	0	0	2	2	1	0	30	132	28	135
915-1120	4.70	358	0	0	3	3	2	13	25	116	26	117
1120-1500	3.34	218	0	1	8	9	12	19	47	156	45	151
1500-1925	3.59	263	0	0	1	1	4	0	28	101	27	101
1925-more	2.36	170	0	0	10	10	2	8	17	39	28	79
all classes	4.14	307	0	0	5	5	4	13	189	784	191	788

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Chandigarh

0-300	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-
500-575	5.46	462	1	2	13	16	0	11	50	274	25	132
575-665	5.42	453	0	0	7	7	0	22	79	430	40	211
665-775	4.75	412	0	0	4	4	0	14	104	495	42	203
775-915	4.75	400	0	1	10	10	0	6	112	532	54	251
915-1120	4.47	367	0	0	19	19	8	8	158	706	82	357
1120-1500	4.11	350	0	2	7	9	3	17	299	1226	146	589
1500-1925	3.73	324	0	1	5	6	1	6	231	862	109	418
1925-more	3.22	273	0	1	7	8	4	8	415	1337	226	710
all classes	4.13	350	0	1	8	10	3	12	1529	6318	765	3105

Dadra & Nagar Haveli

0-300	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-	-	-
665-775	-	-	-	-	-	-	-	-	-	-	-	-
775-915	-	-	-	-	-	-	-	-	-	-	-	-
915-1120	-	-	-	-	-	-	-	-	-	-	-	-
1120-1500	3.86	231	0	9	6	15	0	22	9	34	23	92
1500-1925	-	-	-	-	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-	-	-	-	-
all classes	3.56	209	0	8	3	11	4	47	44	158	96	381

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of	
		at home	away from home				on pay- ment		hhs	persons	hhs	persons
			free of cost									
			from school, balwadi etc	from employer as perquisite or part of wage	others	all						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)

Daman & Diu

0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-	-
575-665	5.60	325	0	4	1	5	0	34	7	41	20	114	
665-775	5.48	311	0	2	6	8	6	9	14	76	31	179	
775-915	5.03	289	0	3	7	10	1	8	18	91	34	175	
915-1120	4.14	256	0	0	0	0	0	4	16	65	28	122	
1120-1500	4.37	234	0	3	1	5	23	0	12	51	26	115	
1500-1925	-	-	-	-	-	-	-	-	-	-	-	-	-
1925-more	-	-	-	-	-	-	-	-	-	-	-	-	-
all classes	4.53	265	0	2	3	4	4	11	99	449	192	946	

Delhi

0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	5.99	438	0	0	0	1	0	1	627	3754	35	214	
425-500	6.74	519	0	0	1	1	0	4	545	3672	28	193	
500-575	6.03	446	0	0	9	9	0	4	887	5350	35	205	
575-665	5.56	411	0	0	0	0	1	12	1085	6029	65	344	
665-775	5.55	402	0	0	1	1	1	11	1189	6606	79	414	
775-915	5.09	377	0	2	2	4	0	5	2414	12292	134	640	
915-1120	4.55	325	0	1	4	5	1	3	2363	10747	151	660	
1120-1500	4.13	312	0	1	2	3	2	3	3381	13950	198	837	
1500-1925	3.99	292	0	0	1	1	2	10	2732	10887	127	493	
1925-more	3.56	263	0	0	3	3	3	4	4982	17730	220	820	
all classes	4.52	333	0	1	2	3	2	5	20325	91818	1081	4883	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
Lakshadweep													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	-	-	-	-	-	-	-	-	-	-	-	-	-
500-575	-	-	-	-	-	-	-	-	-	-	-	-	-
575-665	-	-	-	-	-	-	-	-	-	-	-	-	-
665-775	8.03	694	14	0	4	17	0	1	5	37	23	185	
775-915	7.42	608	18	0	11	29	9	0	7	52	27	204	
915-1120	6.24	525	5	0	2	7	13	4	7	41	28	173	
1120-1500	6.18	532	4	0	7	10	10	0	8	50	35	220	
1500-1925	3.92	305	3	0	3	6	34	0	4	16	20	91	
1925-more	2.39	177	0	0	4	5	20	0	7	16	29	81	
all classes	6.14	509	9	1	7	17	11	3	44	268	192	1202	
Pondicherry													
0-300	-	-	-	-	-	-	-	-	-	-	-	-	-
300-350	-	-	-	-	-	-	-	-	-	-	-	-	-
350-425	-	-	-	-	-	-	-	-	-	-	-	-	-
425-500	4.30	356	10	6	2	18	2	0	77	333	23	99	
500-575	4.98	422	8	3	5	16	1	9	130	645	38	190	
575-665	4.77	412	5	0	6	11	1	0	153	730	42	189	
665-775	3.99	337	3	1	6	10	2	0	83	330	31	121	
775-915	4.01	335	3	2	9	14	7	12	131	523	45	177	
915-1120	3.36	247	2	1	28	31	24	1	184	618	50	176	
1120-1500	2.96	255	0	2	3	6	2	11	143	424	47	173	
1500-1925	3.33	259	0	0	3	3	24	3	60	201	27	93	
1925-more	2.68	201	1	0	12	13	19	10	56	149	30	73	
all classes	4.09	336	5	2	11	17	8	8	1171	4795	384	1577	

Contd.

Table 6U: Average number of meals consumed per household at home, and away from home (i) free from school, balwadi etc., from employer as perquisite or part of wage and others and (ii) on payment, during the period of last 30 days for each MPCE class and by State/UT

Urban

MPCE class (Rs)	average house- hold size	average number of meals consumed per household						no. of persons reporting "0" meals per 1000 persons	estimated no. of (00)		sample no. of		
		at home	away from home				on pay- ment		hhs	persons	hhs	persons	
			free of cost										
			from school, balwadi etc	from employer as perquisite or part of wage	others	all							
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	
all-India													
0-300	6.16	435	2	1	9	12	0	15	19467	119930	1585	10214	
300-350	6.13	432	2	1	4	8	0	13	18963	116194	1586	10040	
350-425	5.77	409	2	1	5	8	1	15	38727	223446	3290	19660	
425-500	5.35	375	1	0	4	6	1	12	44093	235783	3886	21728	
500-575	5.18	362	1	1	5	6	1	9	44297	229357	3926	21120	
575-665	4.99	346	1	0	5	7	1	12	46634	232642	4374	22308	
665-775	4.77	328	1	0	5	6	1	11	49438	235651	4785	23158	
775-915	4.37	300	1	1	4	5	2	9	53098	232090	5150	23392	
915-1120	4.00	269	1	1	5	6	4	8	57930	231583	5677	23296	
1120-1500	3.51	234	0	1	4	5	5	8	66703	234376	6651	24471	
1500-1925	3.37	221	1	1	5	7	7	6	34603	116497	3901	13643	
1925-more	2.94	191	0	1	4	5	9	6	39574	116380	4113	12130	
all classes	4.53	311	1	1	5	6	3	10	513530	2323931	48924	225160	

Appendix B

Nutrition Chart

Nutrient contents for different items were taken from 'Nutritive value of Indian Foods' by C. Gopalan, B.V. Ramasastry and S.C. Balasubramanian, revised and updated by B.S. Narasinga, Y.G. Deosthale and K.C. Pant, 1991. The same figures were used in 50th round also. Changes, during this round, were made only for the new/revised food items.

Generally, the total of calorie, protein and fat from an item was derived by using the quantity estimates. The nutrient contents for each item per unit of quantity (as specified in the schedule) are shown in the below table.

For some items having a heterogeneous food content, the value of consumption, rather than the quantity, has been preferred as an indicator of the nutrient contents. For such items the unit has been shown as 'Re'. That is, for the items against which the entry in col. (3) is 'Re', the quantities of nutrients shown in col. 4, 5, and 6 for the items are given per rupee only. These figures multiplied by the value of consumption provided the total quantities of nutrients derived from that item. The figures used in 50th round have been adjusted suitably using the CPI for food items for agricultural labour to get the 55th round figures.

code	item	unit	calories per unit (kcal)	protein per unit (gm)	fat per unit (gm)	food group
(1)	(2)	(3)	(4)	(5)	(6)	(7)
101	rice - P.D.S.	kg	3460	75	5	I
102	rice - other sources	kg	3460	75	5	I
103	chira	kg	3460	66	12	I
104	khoi, lawa	kg	3250	75	1	I
105	muri	kg	3250	75	1	I
106	other rice products	kg	3460	75	5	I
107	wheat/atta - P.D.S.	kg	3410	121	17	I
108	wheat/atta - other sources	kg	3410	121	17	I
110	maida	kg	3480	110	9	I
111	suji, rawa	kg	3480	104	8	I
112	sewai, noodles	kg	3520	87	4	I
113	bread (bakery)	kg	2450	78	7	I
114	other wheat products	kg	3460	118	15	I
115	jowar & products	kg	3490	104	19	I
116	bajra & products	kg	3032	97	42	I
117	maize & products	kg	3420	111	36	I
118	barley & products	kg	3360	1151	13	I
120	small millets & products	kg	2615	97	34	I
121	ragi & products	kg	3280	73	13	I
122	other cereals	kg	2615	97	34	I

code	item	unit	calories per unit (kcal)	protein per unit (gm)	fat per unit (gm)	food group
(1)	(2)	(3)	(4)	(5)	(6)	(7)
139	cereal substitutes (tapioca, jackfruit seed etc.)	kg	2090	28	3	II
140	arhar (tur)	kg	3350	223	17	IV
141	gram (split)	kg	3720	208	56	IV
142	gram (whole)	kg	3720	208	56	IV
143	moong	kg	3480	245	12	IV
144	masur	kg	3430	251	7	IV
145	urd	kg	3470	240	14	IV
146	peas	kg	3150	197	11	IV
147	soyabean	kg	4320	432	195	IV
148	khesari	kg	3450	282	6	IV
150	other pulses	kg	3400	220	12	IV
151	gram products	kg	3600	171	53	IV
152	besan	kg	3400	220	12	IV
153	other pulse products	kg	3400	220	12	IV
160	milk: liquid	litre	1000	40	70	VII
161	baby food	kg	3570	380	1	VII
162	milk : condensed/ powder	kg	4960	258	267	VII
163	curd	kg	600	31	40	VII
164	ghee	kg	9000	-	1000	VIII
165	butter	kg	7290	-	810	VIII
166	ice-cream	Re	12	0.72	2	IX
167	other milk products	Re	61	2	4	VII
170	vanaspati, margarine	kg	9000	-	1000	VIII
171	mustard oil	kg	9000	-	1000	VIII
172	groundnut oil	kg	9000	-	1000	VIII
173	coconut oil	kg	9000	-	1000	VIII
174	edible oil (others)	kg	9000	-	1000	VIII
180	eggs	no.	100	8	8	VI
181	fish, prawn	kg	1050	140	20	VI
182	goat meat/mutton	kg	1180	214	36	VI
183	beef/ buffalo meat	kg	1140	226	26	VI
184	pork	kg	1140	187	44	VI
185	chicken	kg	1090	259	6	VI
186	others (birds, crab, oyster, tortoise etc.)	kg	900	180	10	VI

code	item	unit	calories per unit (kcal)	protein per unit (gm)	fat per unit (gm)	food group
(1)	(2)	(3)	(4)	(5)	(6)	(7)
190	potato	kg	970	16	1	II
191	onion	kg	550	15	1	II
192	radish	kg	170	7	1	II
193	carrot	kg	480	9	2	II
194	turnip	kg	290	5	2	II
195	beet	kg	430	17	1	II
196	sweet potato	kg	1200	12	3	II
197	arum	kg	970	30	1	II
198	pumpkin	kg	250	14	1	V
200	gourd	kg	120	2	1	V
201	bitter gourd	kg	400	18	6	V
202	cucumber	kg	130	4	1	V
203	parwal / patal	kg	200	20	3	V
204	jhinga / torai	kg	170	5	1	V
205	snake gourd	kg	180	5	3	V
206	papaya (green)	kg	270	7	2	V
207	cauliflower	kg	300	26	4	V
208	cabbage	kg	270	18	1	V
210	brinjal	kg	240	14	3	V
211	lady's finger	kg	350	19	2	V
212	palak/other leafy vegetables	kg	260	20	7	V
213	french beans and barbati	kg	244	16	1	V
214	tomato	kg	200	9	2	V
215	peas	kg	930	72	1	V
216	chillis (green)	kg	290	290	6	V
217	capsicum	kg	240	13	3	V
218	plantain (green)	kg	640	14	2	V
220	jackfruit (green)	kg	510	26	3	V
221	lemon	no	10	0.2	0.2	V
222	other vegetables	Re	78	2	0.4	V
230	banana	no	116	1.2	0.3	V
231	jackfruit	kg	880	19	1.0	V
232	watermelon	kg	160	2	2	V
233	pineapple	no	460	4	1	V
234	coconut	no	660	6.7	62.4	IV
235	guava	kg	510	9	3	V

code	item	unit	calories per unit (kcal)	protein per unit (gm)	fat per unit (gm)	food group
(1)	(2)	(3)	(4)	(5)	(6)	(7)
236	singara	kg	1150	47	3	V
237	orange,mausami	no	50	1	1	V
238	papaya	kg	320	6	1	V
240	mango	kg	740	6	4	V
241	kharbooza	kg	170	3	2	V
242	pears (naspati)	kg	520	6	2	V
243	berries	kg	530	18	2	V
244	leechi	kg	610	11	2	V
245	apple	kg	590	2	5	V
246	grapes	kg	710	5	3	V
247	other fresh fruits	Re	10	0.4	0.1	V
250	coconut (copra)	kg	6620	68	623	IV
251	groundnut	kg	5670	253	401	IV
252	dates	kg	3170	25	4	V
253	cashewnut	kg	5690	212	469	IV
254	walnut	kg	6870	156	645	IV
255	other nuts	kg	4100	108	300	IV
256	raisin (kishmish, monacca etc.)	kg	3080	18	3	V
257	other dry fruits	kg	3060	16	7	V
260	sugar - P.D.S.	kg	3980	1	0	III
261	sugar - other sources	kg	3980	1	0	III
262	gur	kg	3830	4	1	III
263	candy (misri)	kg	3980	1	0	III
264	honey	kg	3190	3	0	III
280	turmeric	gm	3.49	0.06	0.05	IX
281	black pepper	gm	3.04	0.11	0.07	IX
282	dry chillies	gm	2.46	0.16	0.06	IX
283	garlic	gm	1.45	0.06	0	IX
284	tamarind	gm	2.83	0.03	0	IX
285	ginger	gm	0.67	0.02	0.01	IX
286	curry powder	gm	0.80	0.08	0.02	IX
287	oilseeds	gm				
288	other spices	gm	3.60	0.14	0.19	IX

code	item	unit	calories per unit (kcal)	protein per unit (gm)	fat per unit (gm)	food group
(1)	(2)	(3)	(4)	(5)	(6)	(7)
290	tea : cups	no	27	0.30	0.04	IX
291	tea : leaf	gm	0	0	0	IX
292	coffee : cups	no	40	0.80	0.08	IX
293	coffee: powder	gm	0	0	0	IX
295	cold beverages: bottled/canned	no	80	0.5	0	IX
296	fruit juice and shake	glass	50	3	0.80	V
297	coconut: green	no	60	3.5	0.25	V
298	other beverages (cocoa, chocolate etc.)	Re	21	0.1	0.8	IX
300	biscuits	Re	59	0.8	0.3	IX
301	salted refreshments	Re	51	1.4	2	IX
302	prepared sweets	Re	39	0.31	2	IX
303	cooked meals	no	1200	25	20	IX
304	cake, pastry	kg	5000	65	24	IX
305	pickles	gm	4	0.10	0.30	IX
306	sauce	gm	0.60	0.03	0	IX
307	jam, jelly	gm	2.50	0.01	0	IX
308	other processed food	Re	51	1.4	2	IX
310	pan : leaf	no	2.20	0.16	0.04	IX
311	pan : finished	no	3.70	0.20	0.07	IX
312	supari	gm	6.55	0.21	0.59	IX
331	toddy	litre	380	1	3	IX
332	country liquor	litre	380	1	3	IX
333	beer	litre	380	1	3	IX
334	foreign liquor or refined liquor	litre	380	1	3	IX

National Sample Survey Organisation